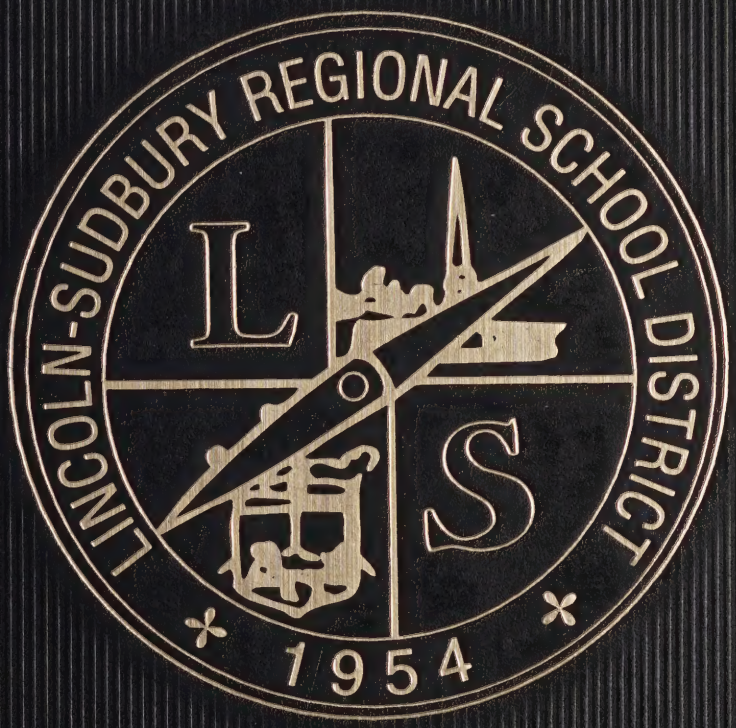

TRANSITIONS

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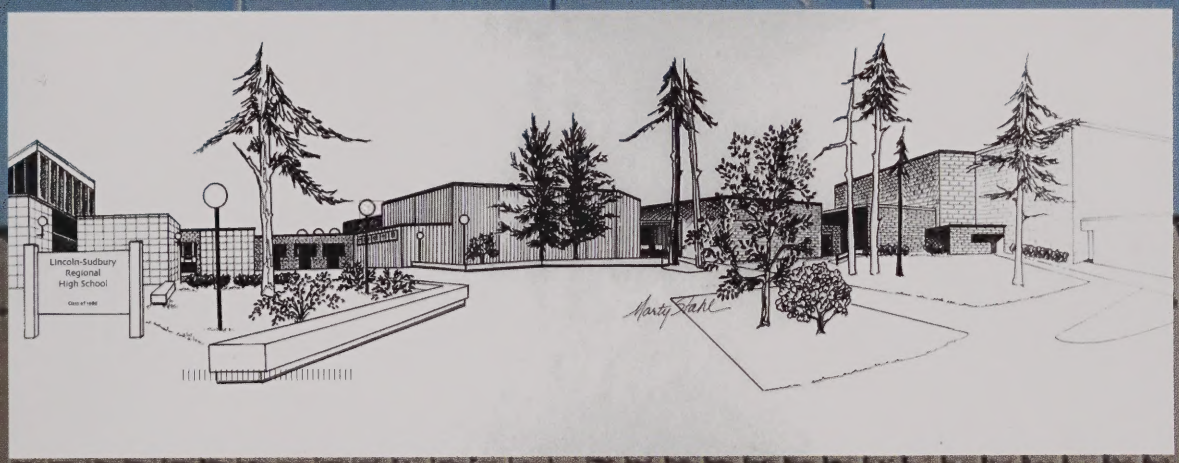
Volume XLVII

TRANSITIONS

DYAD 2004



LINCOLN-SUDBURY REGIONAL HIGH SCHOOL

390 Lincoln Road
Sudbury, MA 01776

978-443-9961

www.lsrhs.net

Rites of Transition, Time and Place

There's a place
Where even the searching sea
Finds a peaceful shore upon which to rest.

Where the fierce winds pause in stillness
To mull over a lifetime of force and strength.

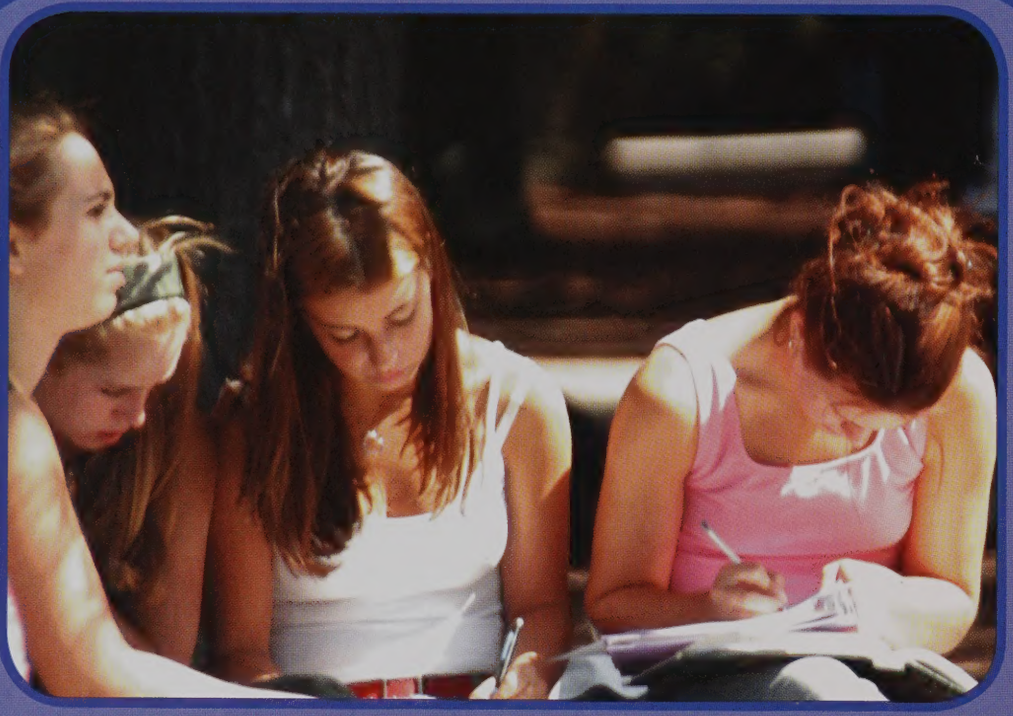
Where a rolling stone
Weakened from it's weary journey,
Ceases its steady pace, then nestles
Beneath a swollen bank.

Where even a wandering soul
Finds a broken heart in which
Love is asked to stay.

Where once null, the promises
At the end of the rainbow
Fill their pot of gold for forever.

When at last...
Even life must find a place
Where all the dreams once wished will find a smile
upon which to plant their final kiss.

WHAT MAKES LS a different kind of place?

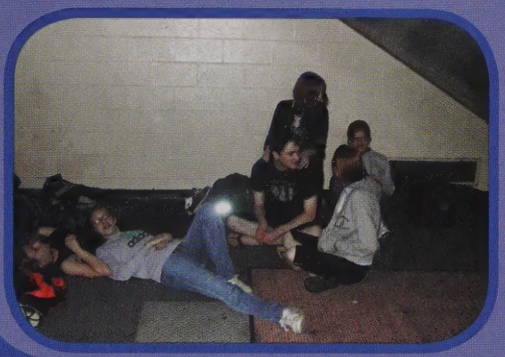


THE PEOPLE

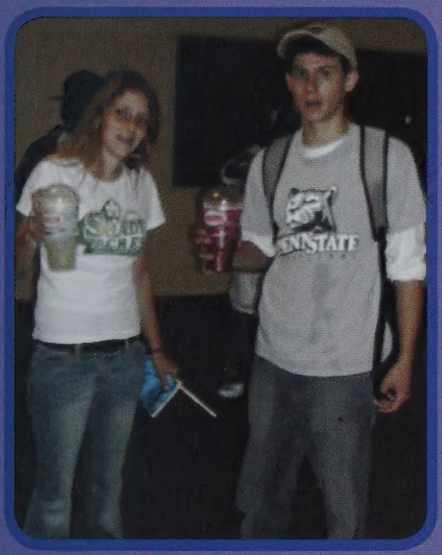
Look around. Everybody is different! Selfexpression is everywhere and nobody is ashamed to be themselves.

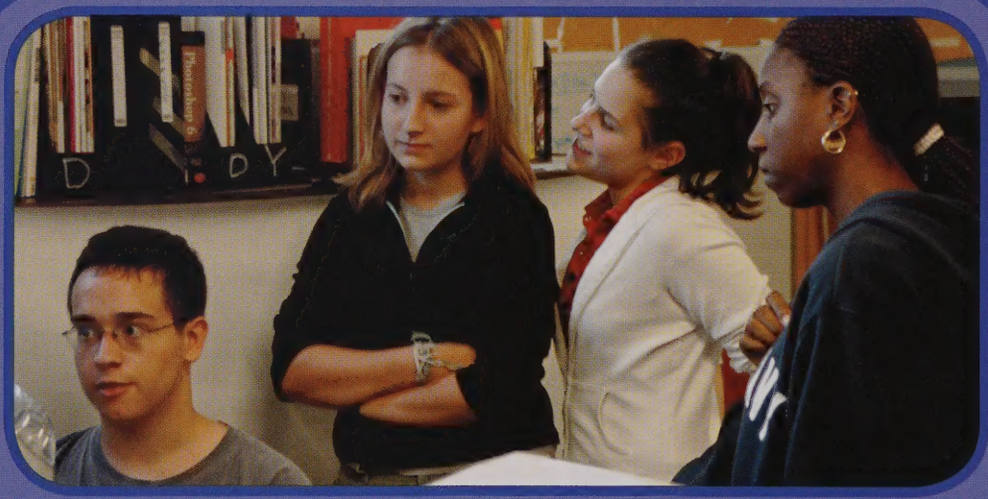
THE CLASSES

You want it, L-S has got it! From swinging in the trees to salsa to dancing in spanish.



THE ATMOSPHERE
Although L-S is one of the top schools in the state, the atmosphere remains very relaxed (usually).

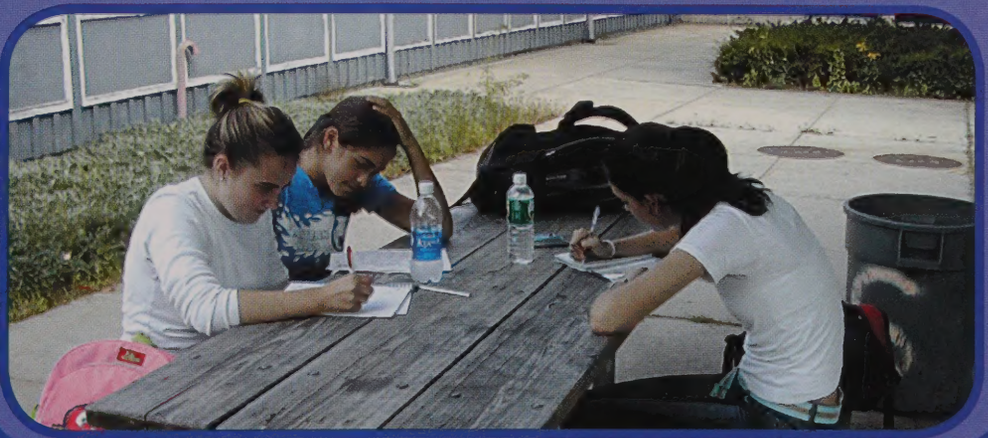




THE FREEDOM
On or off campus, L-S students are known for their independence as a result of the schools' very few rules.

THE COMMITMENT
The learning environment is very apparent as students learn independently with each other and from each other.

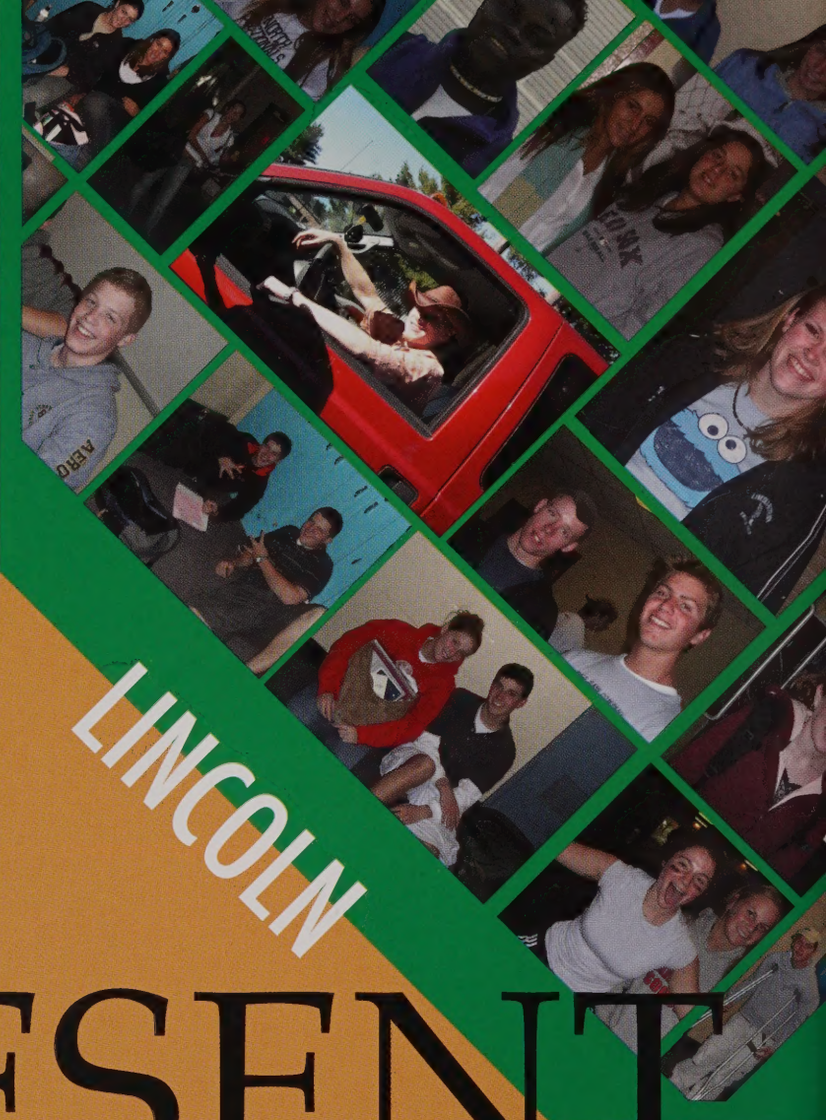
SOMETIMES
A picture is worth a thousand words!



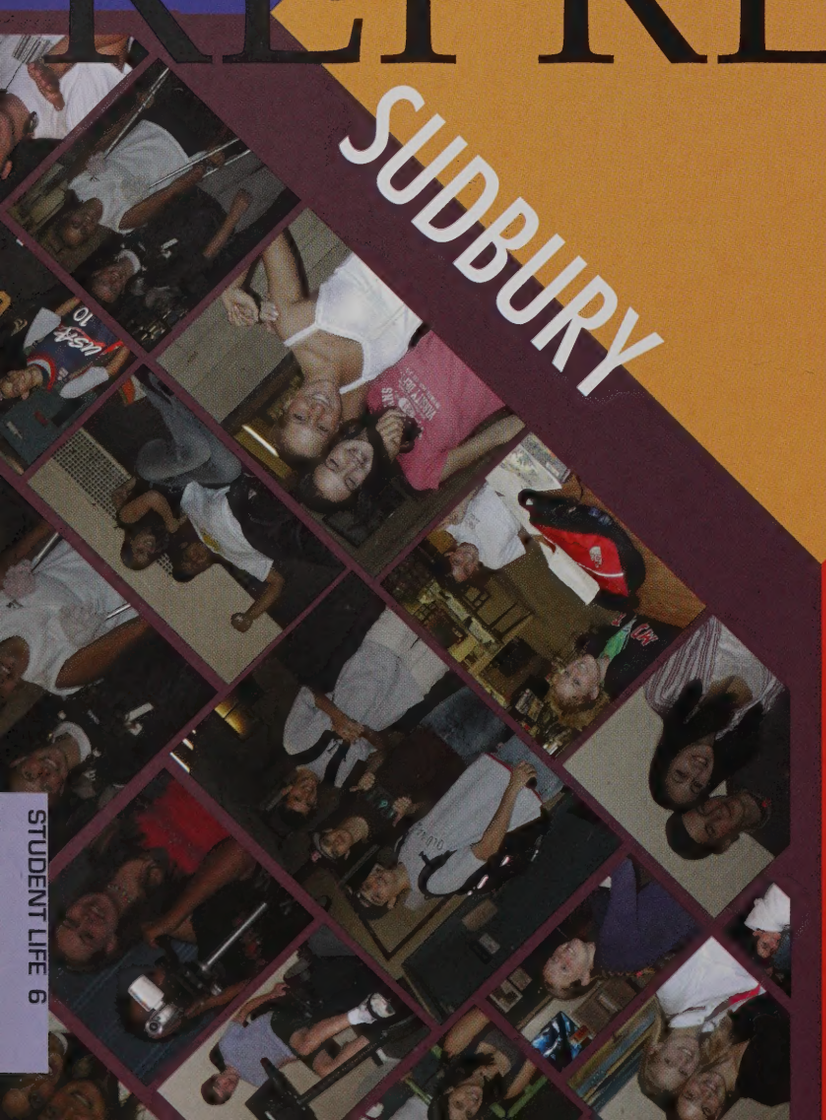
REPRESENT

BOSTON

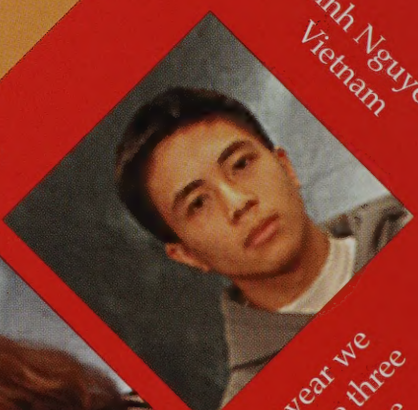
LINCOLN



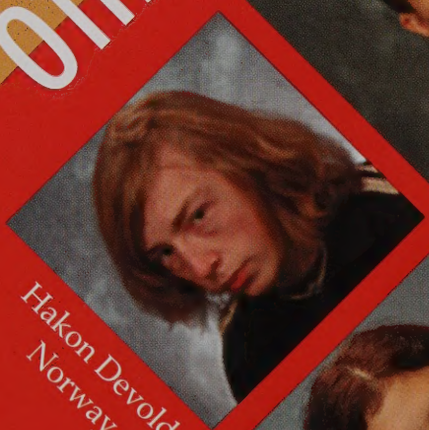
SUDBURY



OTHER



Minh Nguyen
Vietnam

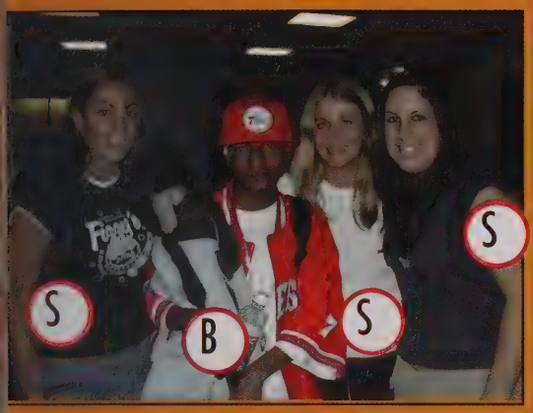


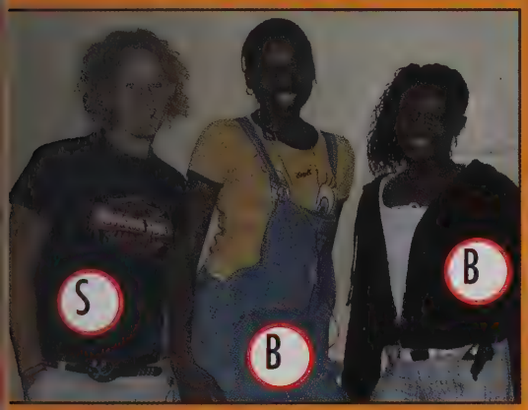
Hakon Devold
Norway

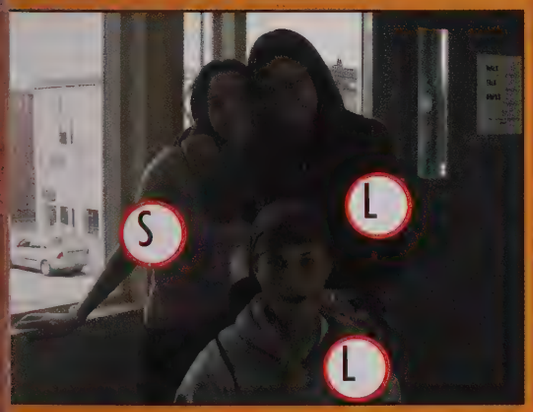
Manyana Sarudiansky
Argentina

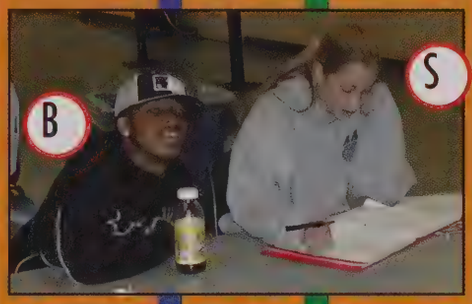
This year we welcome three exchange students to Lincoln-Sudbury.

BRINGING PEOPLE TOGETHER

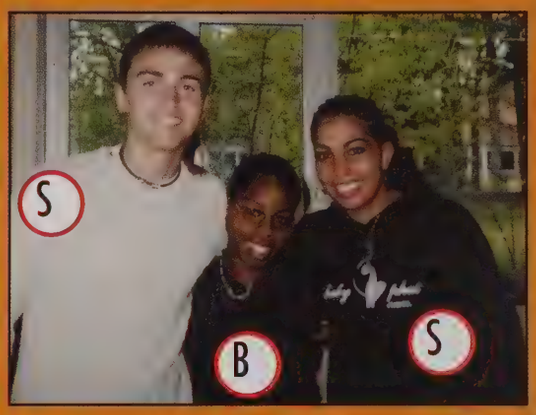








In addition to simply a school that is overflowing with diversity, the regional nature of L-S also provides students with incredible benefits. L-S kids are representative of towns, cities and countries distant from its location on Lincoln Road. Students from all over meet to form incredible friendships... among this aspect's many advantages.



LINCOLN

Lincoln is so small that its nice to be part of a larger community and meet people from other towns.
-Alanna Georges

SUDBURY

The diversity in kids makes for a good school culture! The towns that are combined to make up Lincoln-Sudbury Regional High School are very different from one another, and by interacting with people we learn a lot.
-Casey Gruttadaurio

BOSTON

The fact that L-S brings kids from different areas together is a benefit for everyone, meeting people you never would have met otherwise.
-Torrey Hullum

THE NEW SCHEDULE

Changes are arising everywhere! Although the new school will not be complete until the fall of 2004, that didn't stop administration from getting a jump-start on new policies. Even though the seniors will just barely miss the incredible new school, they were lucky enough to catch the new schedule... or not! A new daily routine certainly brings changes to the lives of students, and has been a huge topic of conversation.

BLUE WEEK

	Monday	Tuesday	Wednesday	Thursday	Friday
PERIOD 1	1	2	3	1	2
PERIOD 2	4	1	2	3	1
PERIOD 3		4	5	4	5
LUNCH	2	3	6		4
PERIOD 5	6	7	ACTIVITY	6	7
PERIOD 6	7	5		7	6

7:50 - 8:55 9:00 - 9:53 9:58 - 11:03 11:08 - 12:31 12:36 - 1:31 1:46 - 2:39

WHITE WEEK

	Monday	Tuesday	Wednesday	Thursday	Friday
PERIOD 1	3	1	2	3	1
PERIOD 2	4		3	1	2
PERIOD 3	2	4	5	4	5
LUNCH	1	3	7	5	4
PERIOD 5	7	6	ACTIVITY	7	6
PERIOD 6	6	5		6	

JESSE SACKNOFF

It was so hard to plan this schedule strategically, block 5 is everywhere!

LAURA MESSENGER

There is way too much homework and not enough free time!

MICHAEL GRANT ANDREW

ABBY KELLOGG

The days go by so slow because there are so many classes!

LAUREN VECCHIONE

I have all blocks 5 and 7 free, that means my weekends start at 12:00 on Fridays.

"There are more blocks everyday, that means more frees."

"If I decide not to go to my elective, I've got 9 frees a week...that's fine with me."

"I am disappointed. I've got a lot of free blocks, but they are too short to do anything."

ASK A SENIOR

Seniors are generally known for their abundance of free time, and occasionally their "slacker" schedules. This year could be different with the schedule change, lets see...

"There is no time! We have so much homework every night, PLUS applications... Okay, so we have a lot of free blocks, but spend them doing work!"
-Danielle Angueira & Jennie Williamson

"I don't like the fact that half lunches are so short, seniors can barely go out to eat!"
-Mieke Debeuckelaer

"I dont mind, I have free blocks all the time! I am so glad im not a freshman this year!"
-Matt Moore

UPPER CLASSMEN

Initially everybody complained about the new schedule, is it really that much worse?

"Yes! Last year the teachers tried to make us stop complaining by saying they would give less work... not happening."
-Sarah Levy

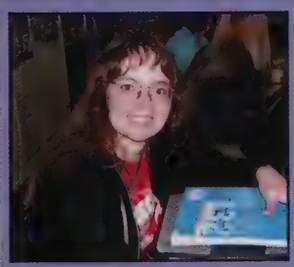
"It is so complicated! Each block begins and ends at such random times! We don't need that!"
-Janelle Lopez

"It is worse! Yes we have more frees, but there is less time to do work in school and fewer activity blocks, so it's harder to get things done in school."
-Ashley Carpenter

FOR THE BEST?

There are obviously both good and bad aspects of the new schedule. Overall, was it a good idea for the Lincoln-Sudbury school system?

"Not at all, athletes are at a disadvantage because we get home from practice late and have tons of homework to do. I had three tests today!"
-Evan Phelps & Andrew Reich



"In most ways no, but there are a few benefits. It is easier for kids to pay attention in class because they aren't so long!"
-Delia Gleason

"No! There are very detrimental effects to science and math."
-Adam Wiercinski

UPSIDE OF THE SCHEDULE

"Classes are so short! Last year classes were an hour and fifteen minutes, I am thankful for anything less than that!"
Craig Pessolano

"On 'Half-Days' we get out of school at 12:36, not many schools can beat that."
Danielle Angueira

"We get out early every Wednesday!"
Maggie Walsh

"Full lunches last 83 minutes... that is one long lunch!"
Ashley Platt

DOWNSIDE OF THE SCHEDULE

"Activity only meets once a week!"
John Crosby

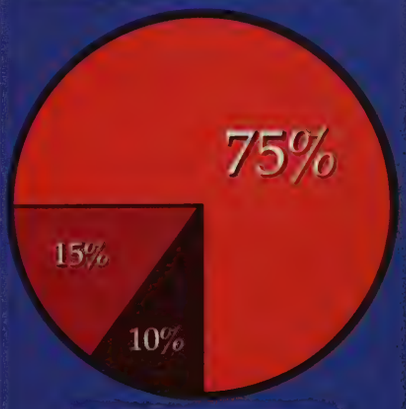
"Waking up 10 minutes earlier really does make a difference"
Daniel Giorgetti

"We have more classes each day, that means more homework each night!"
Aziza Hussain

"LS teacher's tests are just too long for these short periods!"
Stacey West

"It is impossible to go out during a short lunch, they are too short!"
Torrey Hullum

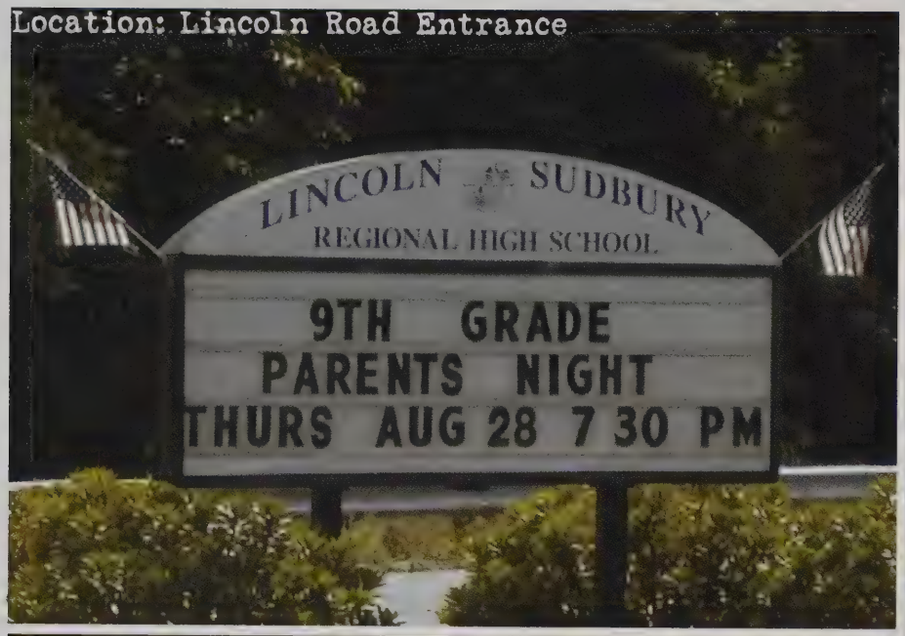
SUMMING IT UP



75% Disapproves
15% Indifferent
10% Approve

The Signs Of L-S

Location: Entrance to the parking lot

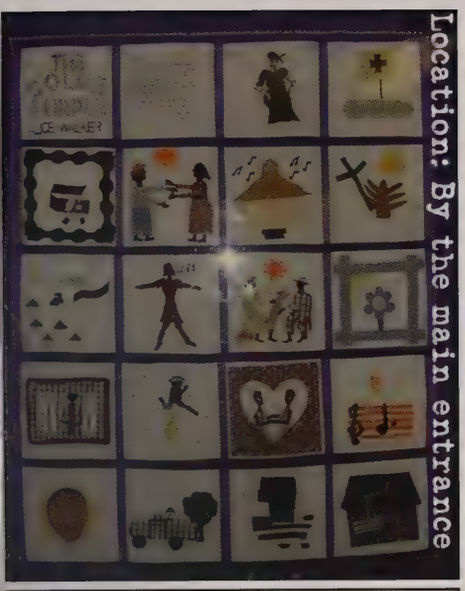


Location: Lincoln Road Entrance

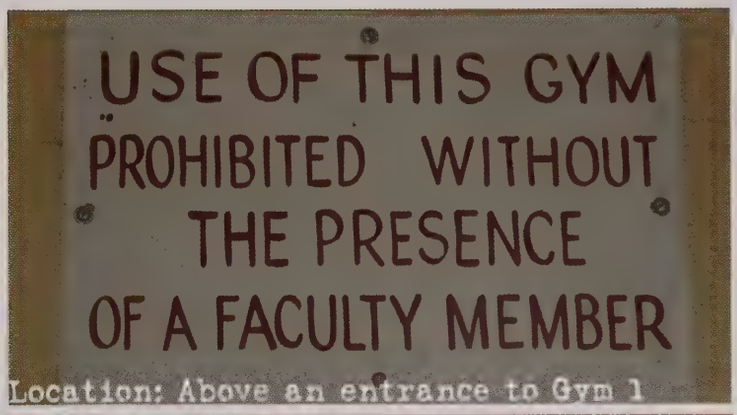
Location: In Yellow Hall

Location: Outside Gym 1

Location: On the Field



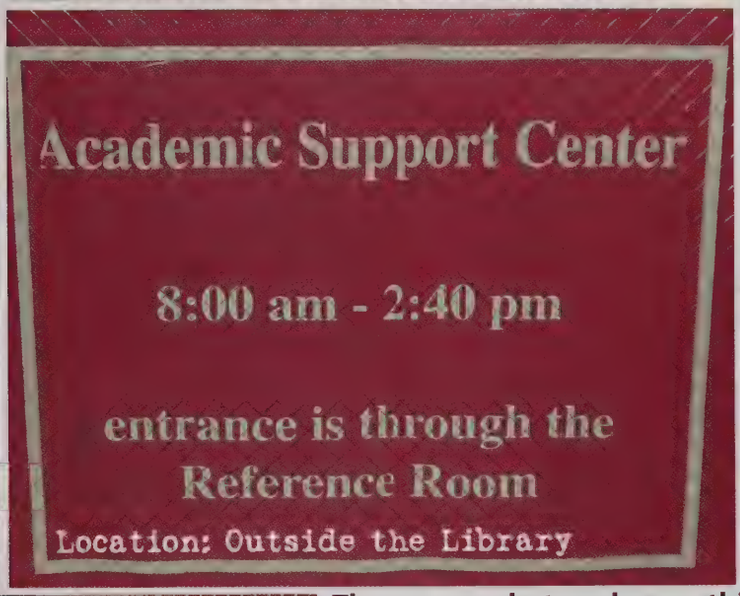
Location: By the main entrance



Location: Above an entrance to Gym 1

Location: on the Ramp

Location: The Library

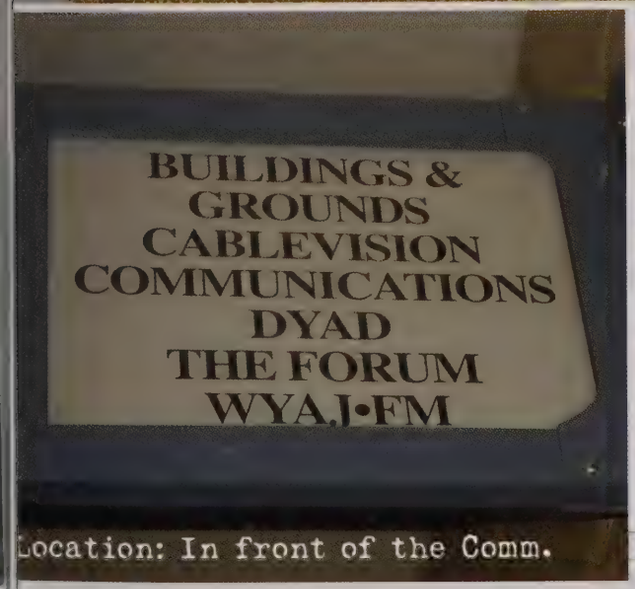


Location: Outside the Library

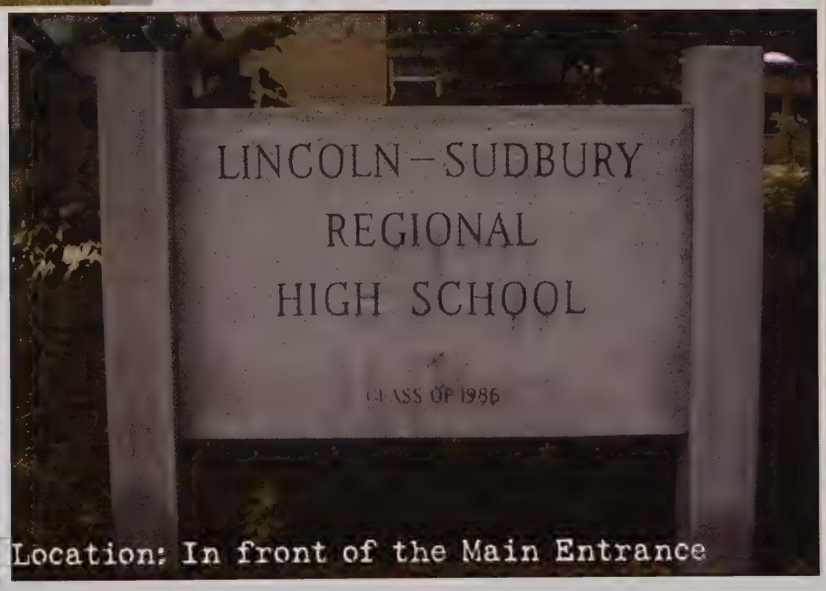
Location: Inside the Parking lot entrance

These are what make up this school, signs can tell you anything about a building, such as its uses, the occupants - almost anything that you need to know, you can learn from the signs. Just like in this old school building that we have all come to know and love, these signs give you a sense of what life was like here and what might have gone on. When you look at a sign, you are looking at more then a piece of paper or some painted wall, you are looking at the essence of the building itself. Now we take a closer look at the signs that make up this school.

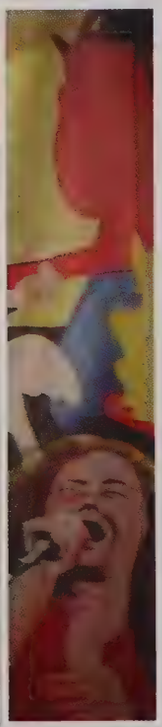
-Daniel Giorgetti



Location: In front of the Comm.



Location: In front of the Main Entrance



WHERE DO YOU GO

FOUR CORNERS

"I CAN ALWAYS COUNT ON FINDING FRIENDS HERE NO MATTER WHAT TIME OF DAY. ALSO, EVERYONE KNOWS WE ARE SENIORS SINCE IT'S RESERVED FOR SENIORS ONLY."

1.

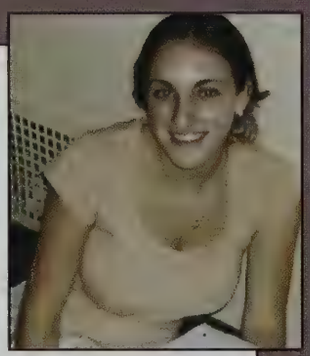
THE CAFE

"I COME HERE SO I CAN DO MY HOME-WORK... THERE IS A LOT OF ROOM TO WORK. SINCE ALL THE FRESH-MEN HANG OUT HERE, I KNOW I WILL BE ABLE TO FIND MY FRIENDS."

2.

OUTSIDE THE CAFE

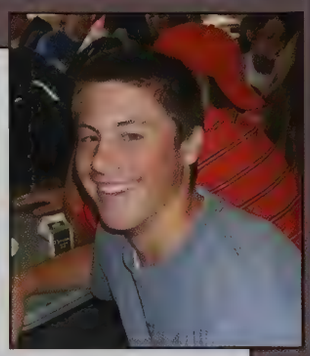
"THE CAFE IS TOO LOUD AND CRAZY. IT'S FUN TO SEE EVERYONE WALK BY ON THEIR WAY TO LUNCH AND CLASS. I CAN ALWAYS FIND MY FRIENDS HERE."



3.

BLUE HALL

"YOU NEED TO WALK THROUGH TO GET TO MOST CLASSES SO ITS A GOOD PLACE TO MEET UP WITH PEOPLE. THIS YEAR IT HAS BEEN VERY QUIET, GOOD FOR LAST MINUTE WORK."



4.

ONE

TWO

THREE

FOUR

"I CAN ALWAYS FIND

ELIZABETH SLETZINGER

JULIA VAN WORT

ALISON LEVINE

JOSHUA DEANE

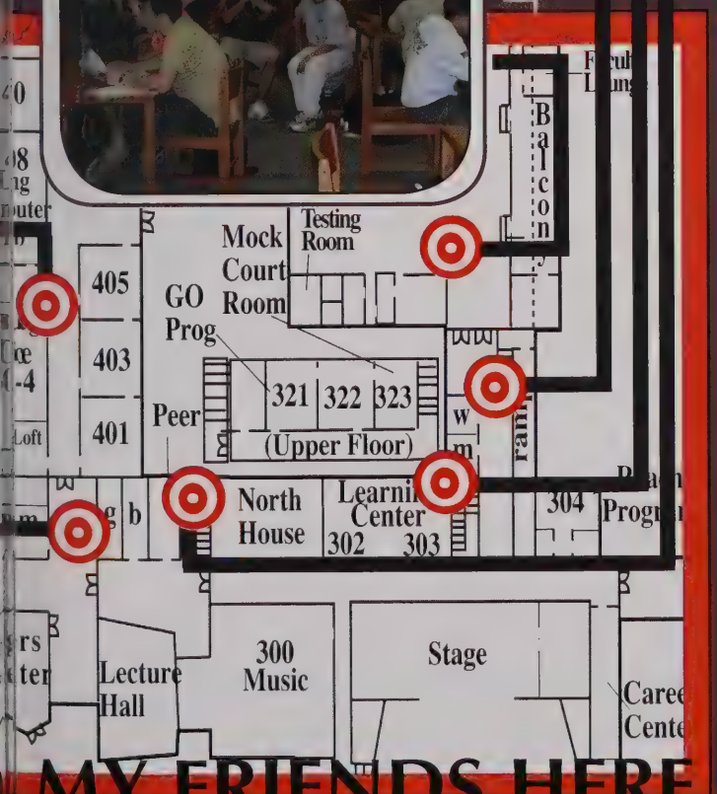
BETWEEN CLASS?

FIVE

SIX

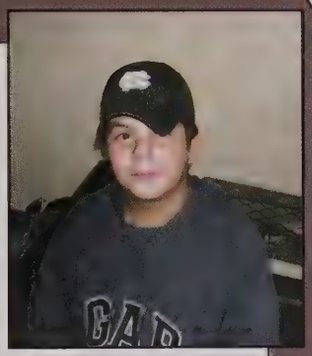
SEVEN

EIGHT



UNDER THE STAIRS

"IT'S PRIVATE AND WE CAN BE OURSELVES. WE HAVE THE DOOR OUTSIDE FOR FRESH AIR AND WE CAN QUICKLY CUT THROUGH TO GO TO OUR CLASSES."



MAX REUBEN

5.

OUTSIDE THE LIBRARY

"THERE IS ALOT OF ROOM FOR ALL OF OUR FRIENDS TO FIT. WE CAN MAKE AS MUCH NOISE AS WE WANT AND NOT WORRY ABOUT DISTURBING CLASS."

SAM SHORTELL

6.

THE SECOND STAIRS

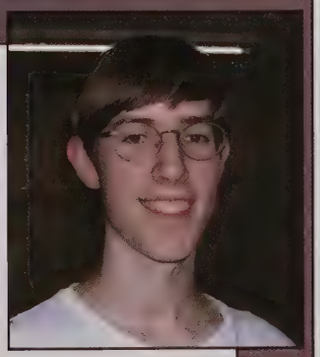
"WE LIKE THE MURALS. THE ARTWORK IS ALL VERY INTERESTING AND WE ENJOY BEING AROUND THEM. WE ALSO LIKE THAT IT IS SECLUDED HERE. NOT ALOT OF POEPLE PASS BY."

BRIAN GERSHON

7.

THE LIBRARY

"THE CAFETERIA IS TOO CROWDED. IT'S ALSO A LOT OF FUN TO ANNOY THE LIBRARIANS. THERE ARE ALWAYS LOTS OF PEOPLE AND ITS EASY TO GET WORK DONE."



JOHN BRANDON

8.

MY FRIENDS HERE..."

The LOOK

Express yourself....

Lincoln-Sudbury has a wide variety of fashions throughout the school. These fashions change from one year to the next. From preppy to punk, and everything inbetween, students have the freedom to express themselves through their clothing on a daily basis...and they sure do!

"While there are 'bad hair days,' I have discovered that there are plenty of 'bad clothes days' too. I think that since my own high school days I have found comfort to be more important than fashion, and that pretty much carries forward to the present. I much prefer a good pair of blue jeans, the right sneakers, and a good fitting shirt. Color coordination is of course also important. You know it immediately, if what you have on doesn't feel right, doesn't look right, so you don't feel right, or too great about yourself. You'd just as soon hide away all day and not be seen in public. I suppose if I were smart about it I'd keep just the right outfit stashed somewhere at work, but I don't think I'll ever get that organized!"- **Mr. Sarapas**

MOVE OVER HOLLYWOOD...

Amanda Outly (12) looks comfy and cool in this getup. Perfect for lounging around yet appears a bit dressed up implying though went into planning this outfit. Perfect for a regular old school day.

Nicole Zaia (11) appears straight from the Vineyard as a picture perfect prep. Nicole combines comfortable designer styles spiced up by an eye catching Louis Vatone purse.

Ian Holmes (12) is caught wearing clothes that are comfortable yet eyecatching. Very stylish and perfect for the clubs, it is clear this man knows how to dress and puts effort into his wardrobe.

Valerie Roche (12) looks pretty in punk. A definite standout as Valerie perfects the "I tried" and "I didn't try" in perfect proportion.

THE FASHION POLICE...

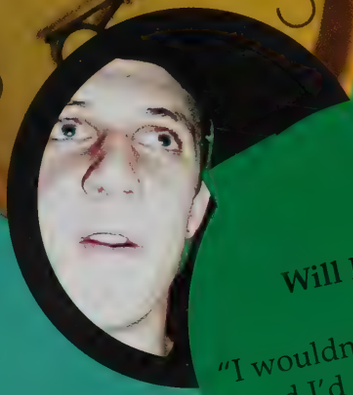
"I choose my clothing based on the classics: Ralph Lauren Polos and Oxfords are a must. Hand bags are great accessories with Kate Spade, Prada, and Herme's topping my list of favorites. I also love sweaters, especially Fair Isles and Cable Knit Cashmeres. If you buy it at Ralph Lauren, Brook's Brothers or Pink (London Shirt Store) or it's being worn on the East Hampton's Show Circut, you'll probably find it in my closet." -**Nikki Zaia (11)**

"For me, the way I dress isn't a matter of impressing other people. It is about how I feel about myself. I like to wear simple, classic clothes because they let me feel comfortable and confident. Personal favorite places to shop are:: H&M, Banana Republic, and the good old Salvation Army. In the end, unless I can look in the mirror and smile, it isn't worth wearing."
-**JD Bean (12)**

"I dress to what I think is comfortable, but still slightly stylish. I like to wear jeans and a t-shirt or sweatshirt because it's when I feel most comfy. Express and Abercrombie and Fitch are where I get most of my clothes, because they are the clothes that I like and can get for reasonable prices." - **Brigit McDermott (12)**

Do you have a minute...?

FREE BLOCK IN THE MORNING...WHAT DO YOU DO?



Will Kaplan (12)

"I wouldn't know I had one, and I'd probably come to school."

Alex Burpee (12)

"I'd catch up on my beauty sleep."

Kristin Spinosa (12)

"I'd go to Dunkin Donuts before I got to school."

Nick D'Innocenzo (10)

"I would have a mass gathering under the stairs, it's never too early for a good gathering.'"

CLASS IS CANCELLED, 50 MINUTES FREE...

Brad Chase (12)

"I'd continue the nap I started taking the class before."

Scott Milley (11)

"Go to Finagle, get bagles and chuck them at cars...like I did today."

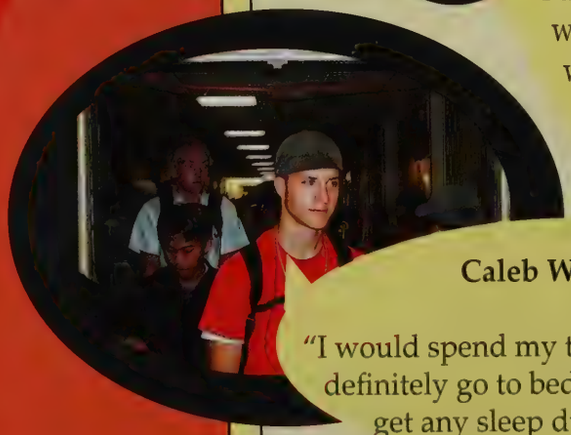
Peter Wade (12)

"Do donuts in the courtyard after chilling in my car for a while and listeing to Phish."

NO HOMEWORK...

Chris Worrel (12)

"I don't do any homework, so my night wouldn't be any different."



Caleb Wilson (10)

"I would spend my time working out, and definitely go to bed early cause I barely get any sleep during the week."

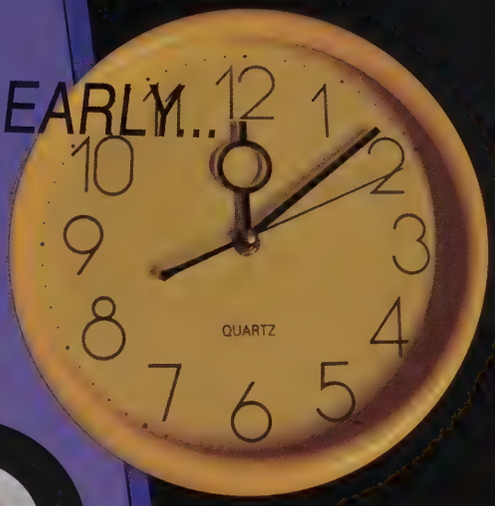
YOU GET OUT OF CLASS 5 MINUTES EARLY...

Eric Schreiber (10)

"I'd use that time to get to my next class since most of the time they're on the opposite side of the school."

Hallie Moran (12)

"I would go to four corners to find my friends."



HOW DO YOU SPEND THE NIGHT?

Justin Rodis (11)

"Friday nights are nothing like studying by the fireplace while drinking some of my mother's delicious hot chocolate , and reminiscing about the week as a whole with my boy Shwin."

Matt McMullen (11)

"I would go to a friends house and do anything but homework."

Amber Howland (10)

"Either hang out with my friends, or watch the Simpsons."

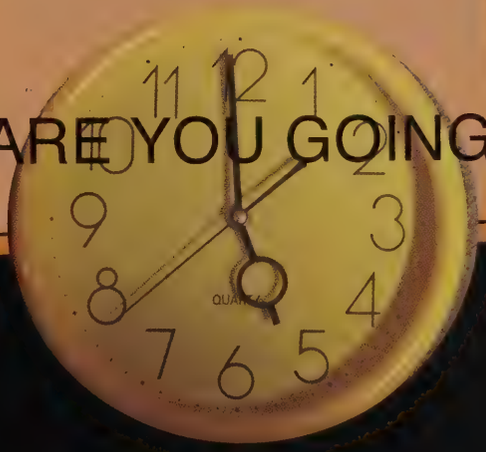
Alex Feldman (9)

"I'd have a girls night!"

Mallory Ruymann (11)

"Football game!"

FRIDAY NIGHT...WHERE ARE YOU GOING?



What Will You Miss?

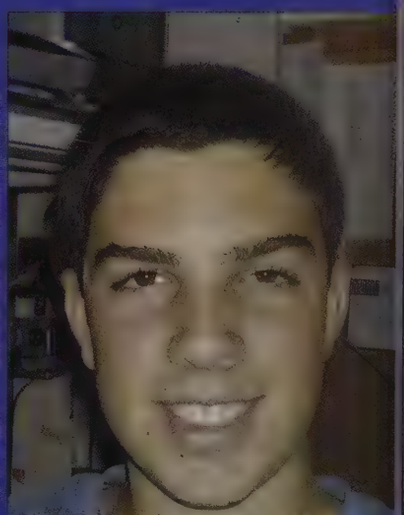
The Current Building is in its Final Year... How will it be Remembered:

"I'm not going to miss anything... I won't miss the math hall, the math office- spent way too much time there. But I'd say that I'll miss the excitement of the language hall. It's always fun fighting through that."

-Ben Page (05)

BEN

JAKE



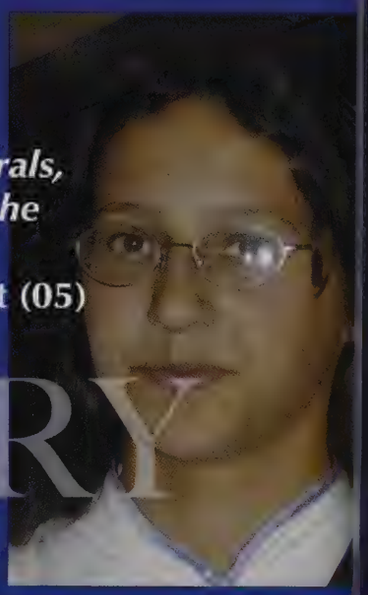
"Miss something? I won't miss anything... I'm looking forward to the new school!"

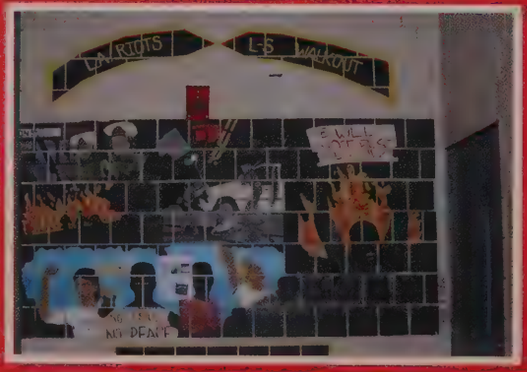
Jake Levinson (05)

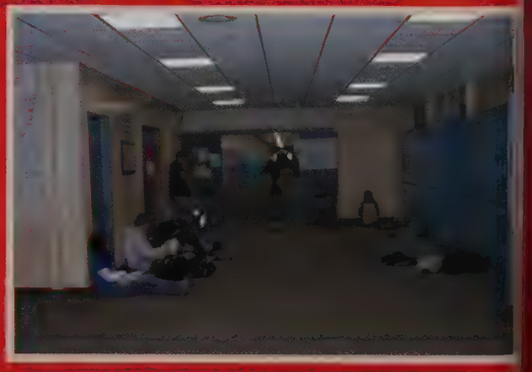
"Probably all the murals, and the drawings in the bathrooms."

Hilary Lockhart (05)

HILARY







WILL

"I'm going to miss how the building incorporates indoor and outdoor. It's overall old school style."
Will Purcell (05)

RACHEL

"I'm gonna miss my house [South]... Mailbox area on one side and homework area on the other..."
Lauren Singer-Katz (05)

LAUREN

"I will miss being able to walk in a circle and see all my friends in one round."
Rachel Sillman (05)

MIKE

"The hominess... It's very unique."
Mike Schneider (06)

WILL

"I won't miss the busy cafe or freshmen clogging up hallways. I'm looking forward to a bigger building."
Will Hagenian (05)

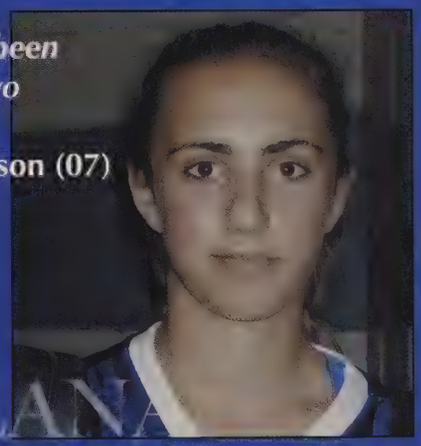
"The thing I'll miss the most... the leaks! There's leaks in the library, the chorus room and the math hall! No you can't write that!"
Gabe Brooks-Harris (05)

GABE

"Four Corners- it's kinda fun. I won't get a chance to enjoy it. Also the murals, it's really sad that they are going to take them down."
Hayley VanSteenburg (06)

HAYLEY

"Uh, I've only been here for like two days!"
Elana Carlson (07)

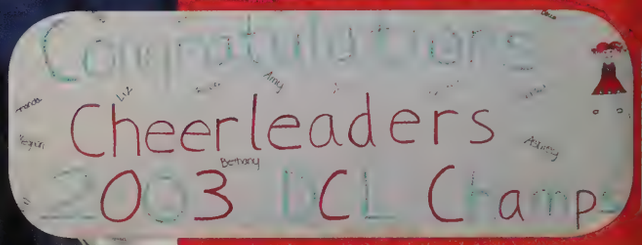


ELANA

WARRIOR PRIDE

As you can see, L-S fans really get into the games, and sometimes feel like they are winning along with the teams themselves.... this picture really makes you wonder what's going on in the game, huh?

Girls joined in on the boys spirit and wore their favorite players jersey to school this day.



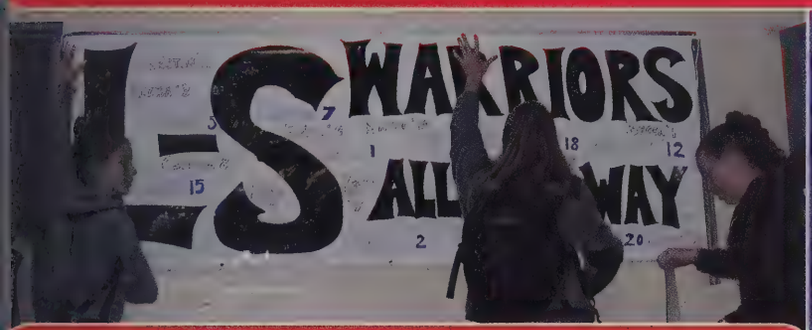
The cheerleaders post signs around the school bragging about an achievement... but as DCL champs, they sure earned their bragging rights.

LINCOLN- SUDBURY HAS A LONG TRADITION OF VERY STRONG SCHOOL SPIRIT... WHETHER FELLOW TEAM MATES OR FELLOW TEAMS, TRADITIONS, SUPERSTITIONS AND ALL AROUND SUPPORT IS PROMINENT.

Pam Spuehler, Alaina Jenkinson and Erica Osganian (04) show loyalty to the team by toughing it out in freezing temperatures at an early morning game, half dressed!

Who wouldn't play well with fans like this! Support for individual players is common and contributes to the overall proud atmosphere.

Lauren Vecchione helps team mate Erica Coolbaugh with her war paint to show off school spirit before a big game.



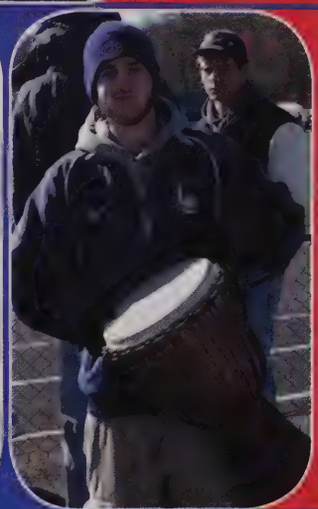
Julie Graceffa tapes up a banner in four corners to remind the school that the team plans to go "all the way!"

Jessica Wagner helps get everyone pumped for a big game... by the end of the day L-S looked like a hawaiian luau... the warriors won by the way

These boys want to make changes, and take the girls' jerseys for a change. Is this real school spirit or do they just want to show off their muscles...definitely both!

How's this for superstition... the football captains sign the legs of the field hockey players each year before the Westford game. Here Captain Dana McNally autographs Christine Sinnegan's leg for good luck.

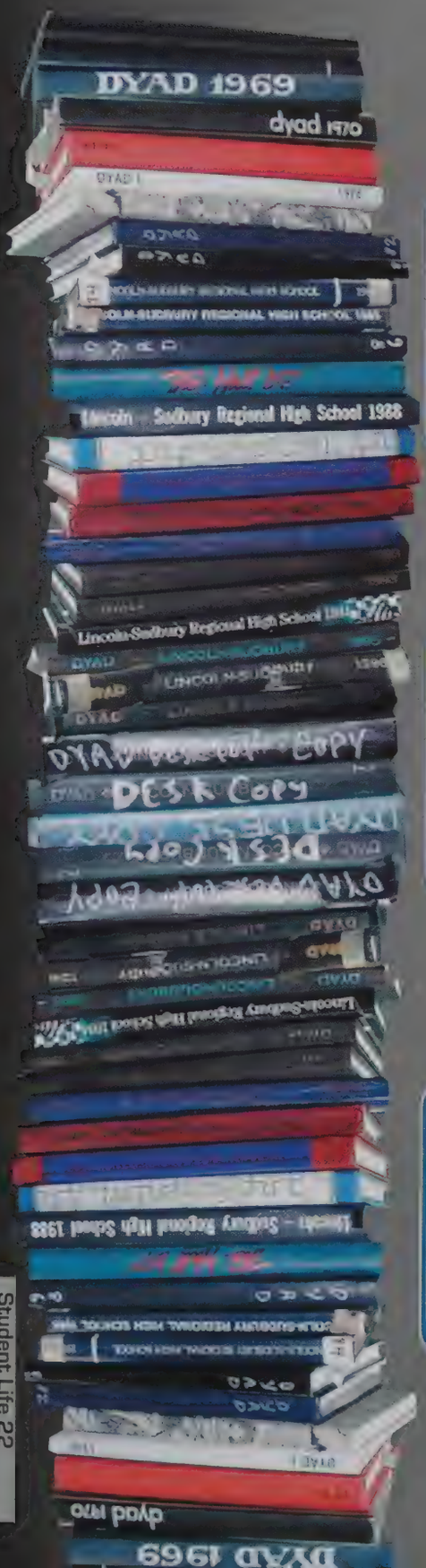
Daniel Henaghan stands on Rt. 20 advertising the Hockey car wash.... working to raise money for the Lincoln-Sudbury hockey program.



Fans danced to Reggie Silvers drum to keep warm as they cheered on one of the coldest days of the year!

Dyad in transition

47 years of school memories



1996 - The first yearbook that contained a Dyad on Disc. At first it was a CD but later it became a DVD.

1958 - The first yearbook that was named Dyad. Since then every yearbook has been named Dyad.

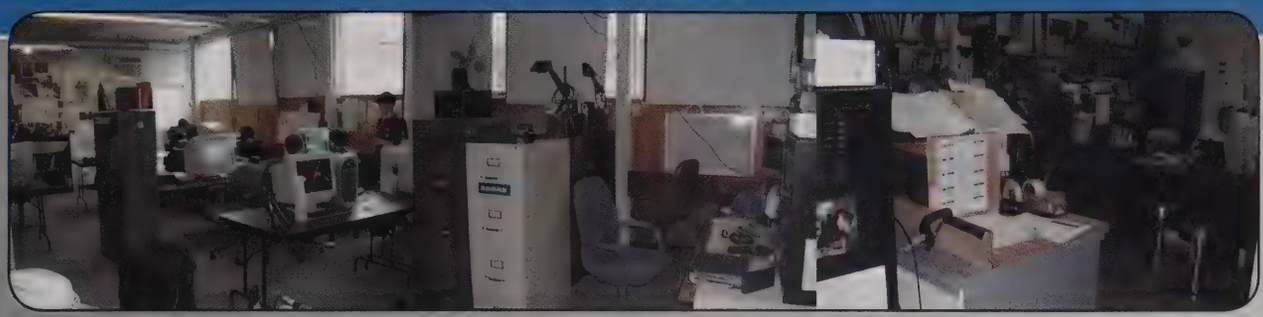
1956 - The first ever yearbook published in this school. It was named the 1st yearbook.

Dyad: the coming together of two parts. One part is technology one part art. Every year since 1956 Lincoln- Sudbury High School has published a yearbook. Dyad represents over 40 years of work done by LS students and faculty. New students join every year continuing the publishing of the yearbook.

Technology has made the process of creating a yearbook much faster. We have gone from sending telegrams to publishers, to sending e-mails to publishers, from CDs to DVDs. Computers and new technology has have played a big part in the creation of the yearbook.

Of course the yearbook would be nothing without it's staff. The year book staff is made up of talented EICs, edi-

Fred Walker
The media director of the school and faculty advisor of the yearbook. He and Chuck assist the school in all it's audio-visual needs.

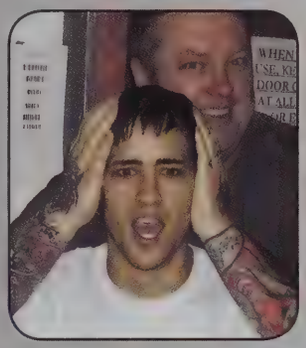


The Dyad office. This is where it all happens. Over 40 years of EICs, Editors, and Staff have worked right here in this office.

tors, and staff with eye for creativity. Every year the book always gets better. When the first book came out there were no color pictures or DVDs. With technology advancing everyday, the yearbook will continue in to improve in the years to come.

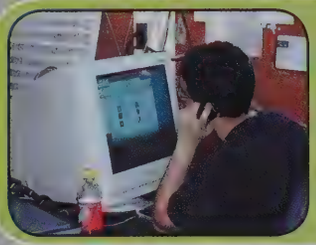
Many people just see the yearbook, but no one ever sees the amount of hard work and dedication that goes into it, because of this the yearbook will continue to improve in the years to come.

-Prashanth Gubbala

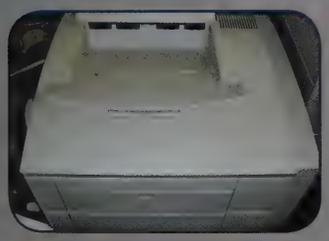


Chuck Despotopulos
A vital part of making the yearbook. Chuck is the audio visual assistant of the school. Shown here with Bruce Millet.

Computers,
Such as this one, have made it easier to make the pages for the book. They also make the Dyad on Disc possible.



Daniel Giorgetti (05) works on the computer while talking on the phone.



Daniel Giorgetti (05), Alaina Jenkinson (04), and Stacey West (04) the EICs of 2004.

Maggie
The printer that Dyad staff have named Maggie.

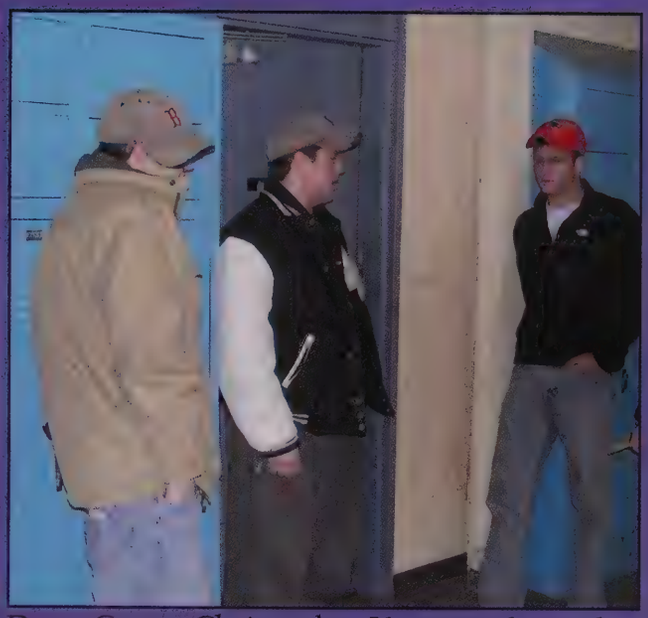
The Great Wall
The great wall of pictures of Dyad.

Senior

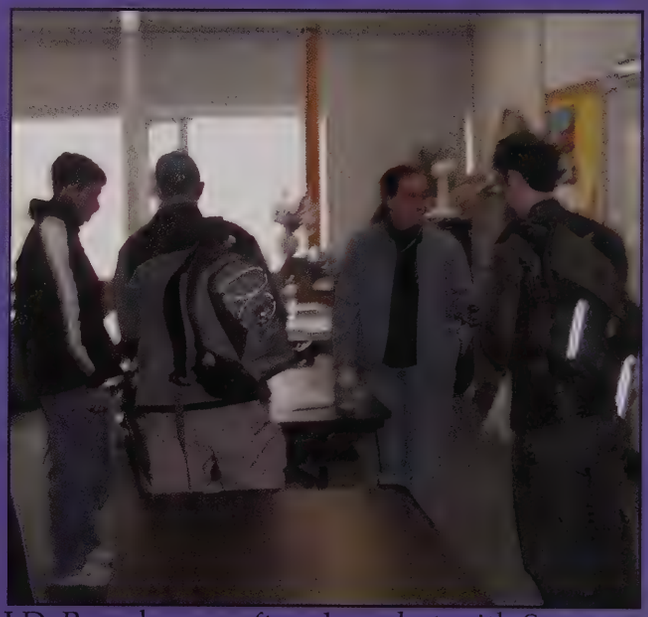
Senior year... can you believe it is already here! At times it flew by and at times it passed slowly. The important thing is that we had fun, made incredible friends and formed countless memories that will stay with us as we approach the next stage of our life and say goodbye to Lincoln-Sudbury. This year was full of important decisions as well as new changes in an overly familiar setting.

'our corners, chaotic as usual as Anna Tonelli and Adam Swain igure out where to go to lunch today.

'eter Wade looks like he is up to something as he strolls through our corners and smirks at the camera.



Drew Crane, Christopher Kaczmarsky and Todd Norley wait around in four corners.

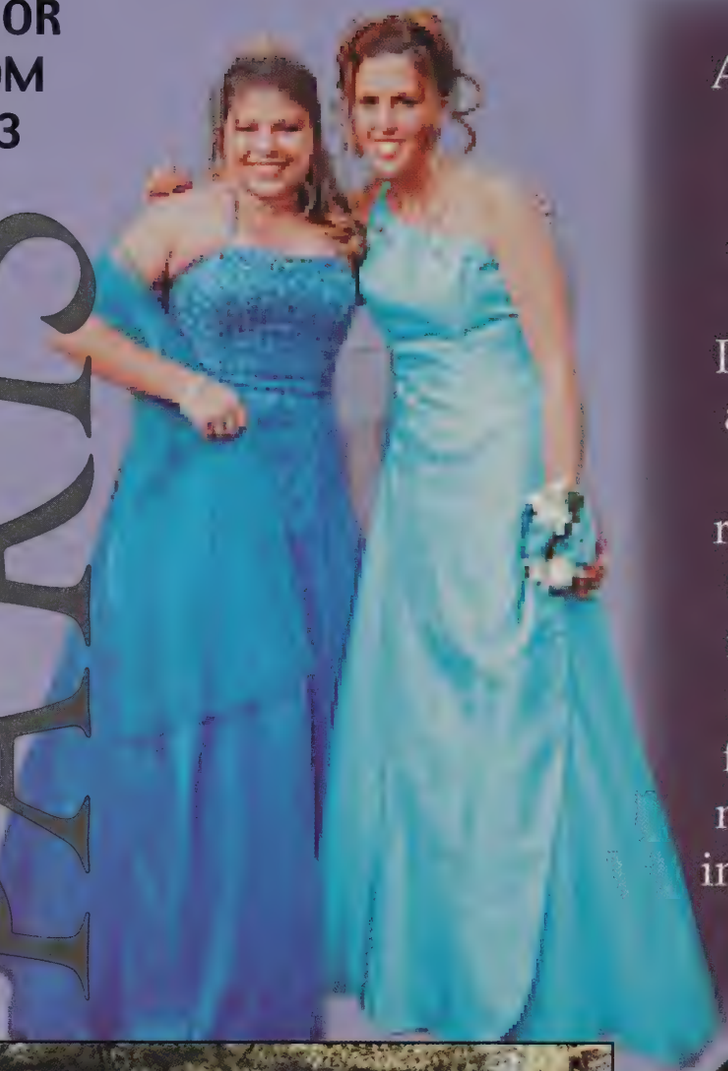


J.D. Bean has an after class chat with Senora Robertson.

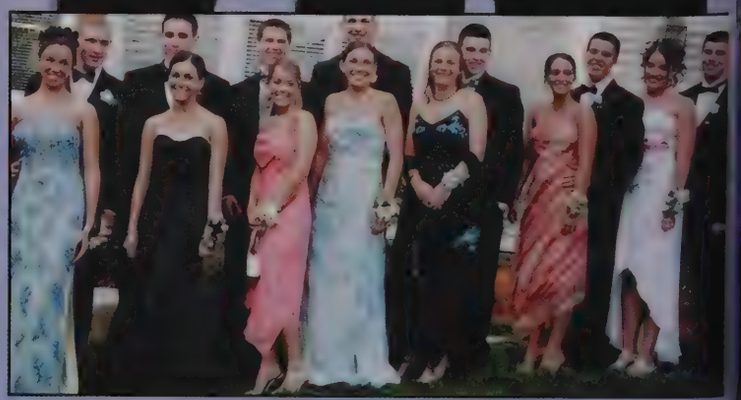
Andrew Chabot, David Bryant, Matthew Moore and Jonathan Hagarty have a before class chat in the hall.

JUNIOR PROM '03

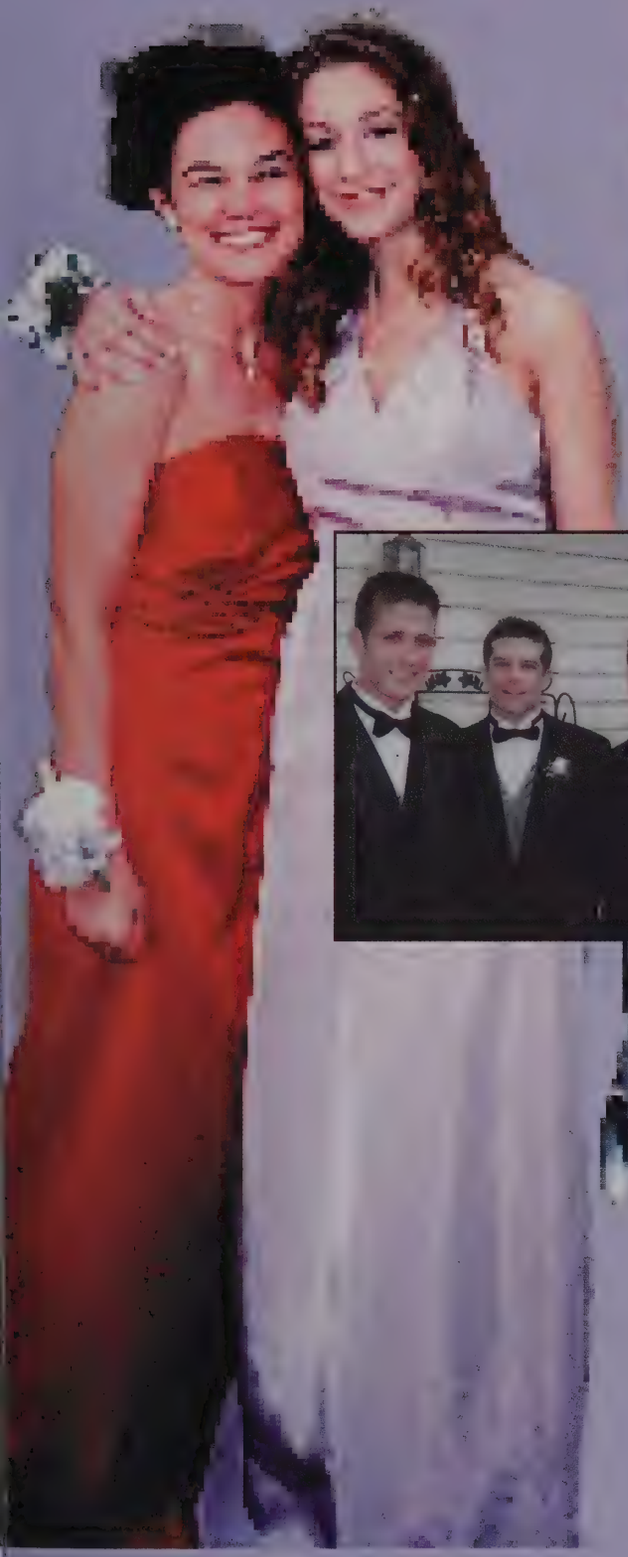
AN EVENING IN PARIS

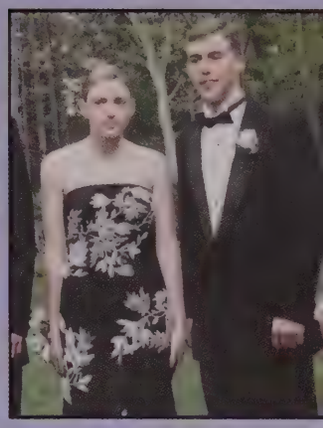


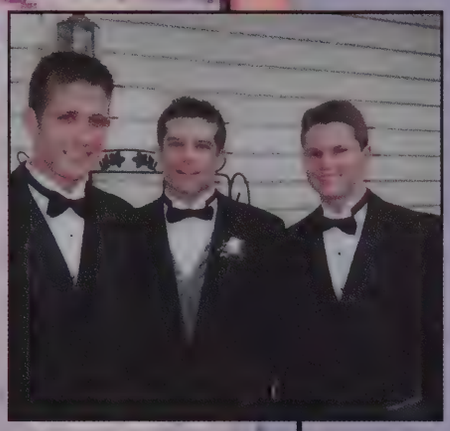
After waiting for two years for our very own prom, the day finally came... Junior Prom of 2003 happened to fall on a beautiful warm spring day. Pre-prom parties were packed and the night officially began as we stepped into the Marriott in Cambridge. A night of food, fun and dancing began instantly. For some the night ended at 11:00, for others the festivities lasted long into the night... or for some, the morning! Junior prom was a success.



BEFORE







MANY SENIORS WENT WITH SENIOR DATES, WHILE OTHERS BROUGHT STUDENTS FROM OTHER SCHOOLS AND OTHER GRADES... THIS LED TO A VERY LARGE NUMBER OF PEOPLE.

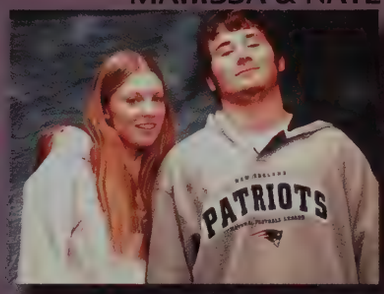
AND...AFTER

A SENSE OF IDENTITY

SUPERLATIVES

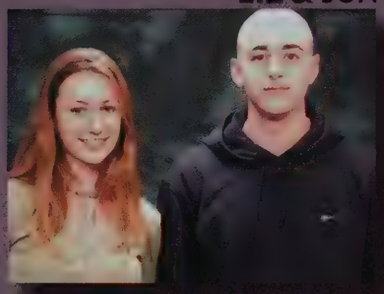
BMOC/BWOC — ASHLEY & MIKE

CLASS CLOWN — MARISSA & NATE



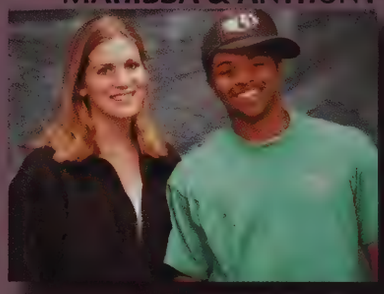
LOUDEST PERSONALITY — TORREY & JON

MOST ARTISTIC — LIZ & JON

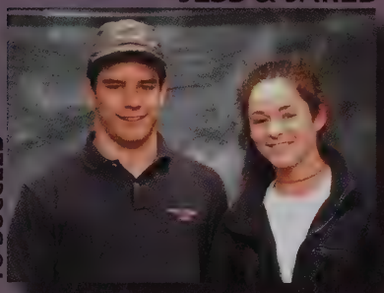


MOST ATHLETIC — PAM & DANA

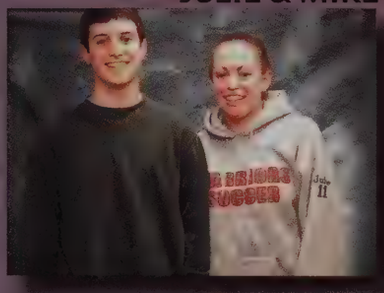
MOST FLIRTATIOUS — MARISSA & ANTHONY



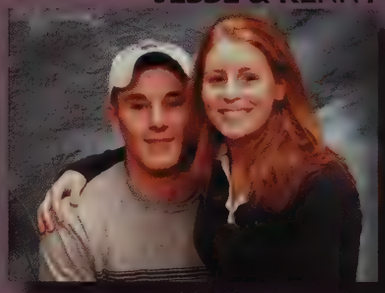
MOST LIKELY TO SUCCEED — JESS & JARED



BEST PERSONALITY — JULIE & MIKE



BEST COUPLE — JESSE & KENNY



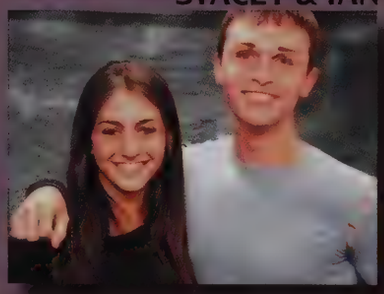
MOST MUSICAL — MELISSA, KATE & CASEY

THREE MUSKETEERS — DREW, BLAKE & CHRIS

MOST TALKATIVE — LIZ & ASHWIN

BEST SMILE — BECKEY & TODD

BEST DRESSED — STACEY & IAN



MOST REBELLIOUS — ALEX & JASON

MOST THEATRICAL — CAITLYN AND THOMAS

MOST LIKELY TO TAKE OVER THE WORLD — ELLIOT

NO PHOTO AVAILABLE

"Says least thinks most
Alison Chichowlas
&
Adam Chao

STANDING OUT

A

B

C

D

E

F

1. Amanda Kerns
2. Evan Phelps
3. Marissa Henaghan
4. Adam Wiercinski
5. Charles Wilkinson
6. Cory Byrnes

ANSWERS: A:3,B:2,C:5, D:1,E:4,F:6

IMAGINE

IN TWENTY YEARS

MIKE REICH will be the owner of an all night dance club.
NATHALIE BISHOP will be a famous runway model.
SARAH MACONE will be driving monster trucks.
ELLIOT BELL-KRASNER will be handing out election pins.

"I WOULD ELECT"

MIKE REICH
"BIGGEST GOSSIP"
-STACEY WEST

MARIE SMITH
"MOST AWESOMEST"
-CASEY GRUTTADAURIA

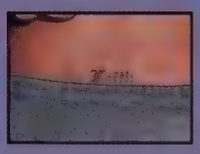
MIKE MCGUIRE
"ALWAYS LATE"
-EMILY SWANSON

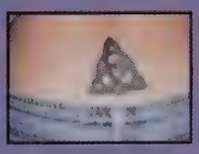
ERIC PHIEFER
"BEST (BOY) BUTT"
-PAM SPUEHLER

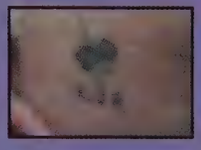
GOT INK?

For most seniors, another landmark of the year is the big eighteenth birthday. Can you match these people with their tattoo?

1. Jennie Williamson
2. Ariel Aeronovits
3. Karen Gately
4. Alex Russ
5. Marissa Curren

A


B


C


D

E

ANSWERS: 1:B, 2:A, 3:D, 4:C, 5:E

Senior DRESS UP Day

ASK THE BOSS

"You can't really understand L-S if you don't understand Senior Dress- Up Day. It's not just about costumes, it's about attitude. It's as though Mardi Gras comes to L-S once a year for a day that's funny, whacky, ironic, and surprising. A true L-S Thing." -Dr. Richie

The Performers

Stacey West, Pam Spuehler, Alaina Jenkinson, Amanda Kerns, Karen Gately, Ashley Milley, Lauren Shaw, Jessie Wagner, and Lauren Vecchione make up a portion of the Dirty & Co., who danced to Christina Aguleira's song Dirrty..

Megan Cappelloni, Stephanie Canning, Abigail Meeks, Kara Mullaney, Jackie Forman, Lauren O'Bray, and Brigit McDermott dance to the music.

Trevor Wissink-Adams, Steve Patton, Todd Norley, Nate Miller, Sean Wright, and Eric Pheiffer reinacted the Village People's YMCA.

Evan Phelps, Ben Tatkow, Anthony Jones, Mike Reich, Jon Albanese, Jeff Goodman show the crowd what the Lion King was all about.

JD Bean, Bruno Seraphim, Jason Bello, Thomas Dichter, Mr. Danko, and Casey Gruttaderia acted the part of the popular television series, Queer Eye for a Straight Guy.

Torrey Hullum, Tiara Thomas, Shalayah Coleman and Porsha Abrams dressed symbolizing different countries and played Carnival...pumping up the crowd and getting everyone out of their seats

Barbie and Ken, also known as Charlie Landsman and Chris McDonough, dance to "I'm a Barbie Girl."

Chase VanSteenburg ran across the gym dressed as a mailbox.

Sam Smith, Matt Moore, Sal Moskowitz, and Andrew Chabot appear to be an 80s music video. Sam Smith tops it off by moon-walking across the floor.

Kenny Hanchett, Cullen Beatty, Michael DiMaggio, and Dana McNally shoot hoops and get low to Shake Ya Tail Featha.

What is Senior Dress Up Day all about?

Erica Hinteregger (11)

"Senior dress up day is all about seniors letting loose and having fun by dressing up and making fools of themselves for a whole day."

Sam Bores and Jimmy Lesko (11)

"Senior dress up day is an opportunity for seniors to abuse even more priveldges by pushing the limits of "appropriate" in costumes you would often see on a on a 6-year-old."

Parrish Polk (9)

"The day is about having a good time, being different, and being silly. I think that the seniors did a good job this year."

Priest Eric Sax poses with a few of the school girls: Allison Askinazi, Gal Lipetz, Kristen Dacey, and Christina Simollardes.

Kristen Palmer, Maggie Mayer, Pooja Balarom, Sarah Harvey, and Laura Arrellano-Weddleton strut there stuff.

Can you say 'Girls Gone Wild?' Abby Fischer, Jessica Schaub, and Amy Rushfirth sure can!

Which cereal do YOU like the most? Nancy McDermott, Jessica Golden, Anna Banerjea, Jenny Bodenstab, Johanna Costello, Catherine Boland, Lisa Roughsedge, Kristina Brumme, Lauren Ting, and Jessica Majno cover our favorites.

Fraternity Brothers from Old School Blake Barrett, Drew Crane, Dan Pierra, Jim McCann, and Chris Kaczmarsky.

They love Rock 'N Roll... Kate Maier, Sarah Streisand, Samantha Koch, Rebecca Jennette, Kristin Spinosa, and Marissa Henaghan.

Ariel Aronovitz and Christian Von Stackleberg dressed up as a rabbit and "white trash."

Ryan Moynihan styles as the man of the night...check out how many watches he has on!

Suddam Hussain (Charles Wilkinson) with his blow-up girl.

Jon Kurland easily passeed as Jim from American Pie.

Alex Burpee captures the ape!

REFLECTIONS

ON THE CLASS OF 2004

"I'm so excited to finally be a senior just because I've seen all my sisters go through it ... and I was always jealous."-Jesse Sacknoff

"My senior year was so awesome! It's the one moment you wait for the whole time in high school. You finally get the privelege of senior frees, the spot at four corners, and the parties on weekends...it's an unforgettable time in life."-Samantha Koch.

"High school is the stage in life when we learn how to succeed, be responsible, develop social and academic skills, and to learn more about ourselves. It's our launching pad to the real world of adulthood."-Henry Chen

"L-S has taught us all a lot about ourselves. The opportunities and freedoms we received put much of our educations in our own hands and has allowed us all to formulate our own motivations for our lives now and in the future."-Cara Kramer

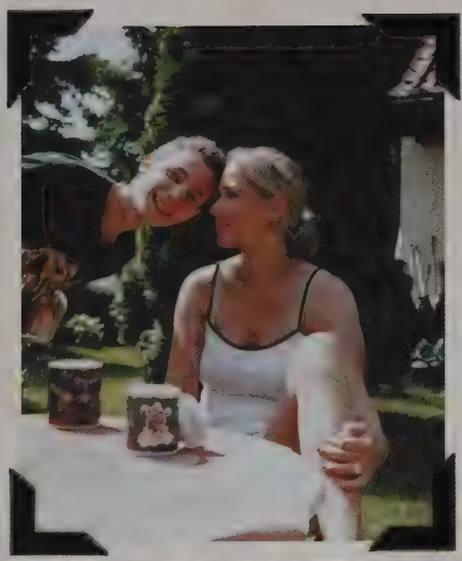
Senior Year Memories

THE SCRAP BOOK

LINCOLN SUDBURY REGIONAL HIGH SCHOOL
CLASS OF 2004

steppin' it up

SENIORS



Steven Patton and Sean Wright know the Class of 2004 is the best.

Although technically still juniors, once the seniors of 2003 graduated the Class of 2004 began celebrating their seniorhood.

Rune Aabo

Tak for jeres support gennem alle disse aar. Det har vaeret rart at have saa ungdommelige foraeldre. And to all my friends...thank you for these amazing years. To end with "til min kaereste: selv om jeg ikke har kendt dig saa laenge har du stadig haft stor betydning for mig."

Abdul-Hakim Abdullahi

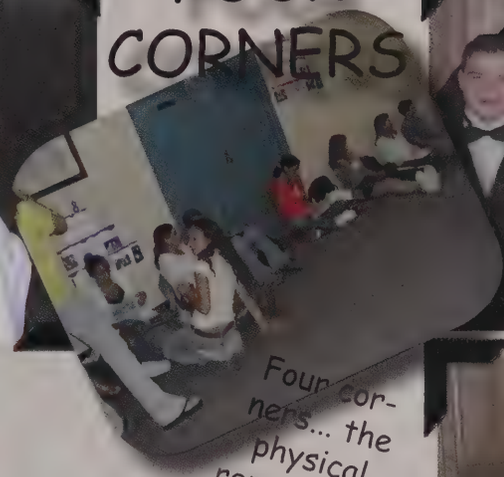
Porsha Abrams

HOLLA AT THA FAM(LUV YA) Words of Wisdom: Sometimes people strive to accomplish their goals and others are handed to them/dont give up on yourself because of a struggle. My '04 Squad: AT, TH, SC, TT, TF, '05, '06, '07 ain't nothing compared to Us!! Some hate me some love me/but there aint no one above me :) PORSHA

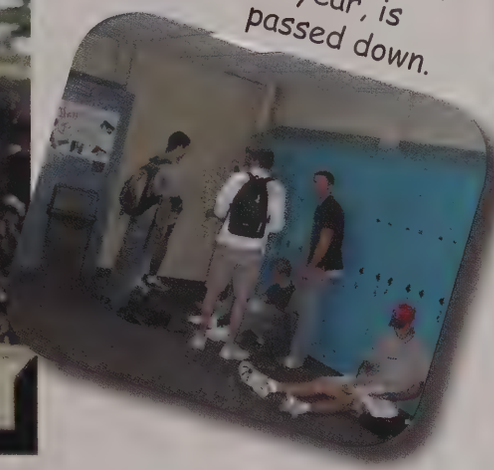
Marcie Akrivellis

Holla!MadeIt.MomThanks4BelivinInMe&ForEverythingUDo4MeTeachers&CentralThanks4AllURHelp2myGirlz KW SG SM NY Never4Gotten URTheThe1sWhoKnow MySecrets LuvU MissU. Roy U R MyDestiny WordsCantDescribeMyLove4U Crew-TimeIsGoinBySo FastStayTrue2Yourselves7KeepItReal. Haters-UWereNeverThoughtOfTwice. ~One

FOUR CORNERS



Four corners... the physical representation of senior year, is passed down.



it starts...

Jonathan Albanese

I'd rather laugh with the sinners than cry with the saints. The sinners are much more fun. Mom and Dad I ouldn't have made it without you. Thanks for always being there for me. Triangle for life! Mat an Brad you're my brothers and I will never forget these years and look forward to many more. Towers for life! To my boys I will always remember the times we had and the victory laps we ran.

Michael Albano

"To the world you are one person, to one person you could mean the world" JKL
Thank you Mom & Dad for everything, helping me get through these four years has been fun but tough. Jules, thanks for being a great sister and friend. I guess I'm finally out, to the class of '04, peace be the journey.
The big guy - BANO

Jonathan Andersen

"Everyone hears what you say.
Friends listen to what you say.
Best Friends listen to what you don't say.
We all take different paths in life,
but no matter where we go,
we take a little of each other
everywhere."
Thanks to:
My friends for 4 awesome years
Mom Dad AJ: What would I do without you?

Good Luck 2004

Danielle Angueira

Lain&Manda-I love you girls, the memories we have will last a lifetime. sss. Dirty&CO. Mom&Dad-thank you for everything, without your help I would be nowhere. Nicole- You'll always be my favorite sister, ILU. Lainey- lucky for life... Goodluck '04- we keep the ODP alive

A huge disappointment to many of us... a senior year with no home fields.

"It's a huge disadvantage to being a senior because you have to pack your car with underclassmen to shuttle them to practice everyday. Also, if we had AB at home then it would've been an entirely different game, and if it were at home then they wouldn't have mounted a second half come back."
-Todd Norley

"I believe that not having fields at L-S is used to our advantage. The drives over to our playing fields allows us to have valuable bonding time and get mentally prepared for the practice or game. It makes our teammates closer and therefore able to work together better. I don't look at the no field situation in a negative way."
-Pamela Spuehler

Nevertheless, L-S teams performed outstandingly, winning the "Boston Globe" Larry Ames Award.

NO HOME FIELDS!

David Antico

"In the end, everything we did, is just everything we've done"- Corey Taylor. I want to thank my mom, and mike, who have helped me so much. I love you guys. Nick, you and I might be different, but I am still proud of you. I love you. LS Football, Wrestling, and Baseball.

Gowri Aragam

"The artist is nothing without the gift, but the gift is nothing without the work"
-Emile Zala

"Have aspirations, not expectations"
-Stanley

"Have faith, and happiness is yours"
Thanks

Laura Arellano-Weddleton

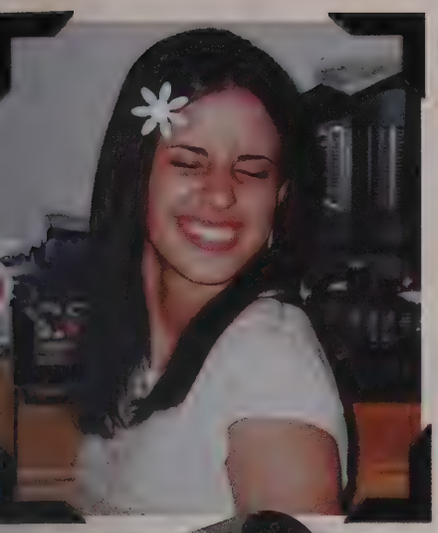
you've been more than a friend to me/ and you'll never know what it means to me/ just to know you've been on your knees for me/ and you have blessed my life more than you'll ever know
- watermark

thanks mom, dad, willy & all my friends - i love you!

1 corinthians 13

Maggie Arnold

"The first step to getting the things you want out of life is this Decide what you want."
To my friends, thanx for making it all worth it. M&D-I love you & thanx for the support.Luke-hold the fort down while I'm gone.LSsoccer4ever.
Shout out to the Speak Easy gang
"Float like a butterfly, sting like a bee."



The annual Junior vs. Senior Powder Puff football game was quite a hit this year. Seniors showed who was boss with the incredible 39-6 victory.

maybe the trick was the team sleepover the night before.

Ariel Aronovitz

f u die will I get word that ur gone
Vill I hear it in passin conversation
Vill I stop short n fall 2 the ground
Distance is short when ur hand carries
Vhat your eye found
Hold my hand just one more time
see if your really gunna meet me

MyTrueFriendsYouKnoWhoYouAre
ThankuBecuzINowKnoWhoIAm
DdyMmAdmYy ilu

Alison Askinazi

"Stay far from timid,
Only make moves when your heart's in it,
And live the phrase sky's the limit"
-Notorious B.I.G

Craig Audin

Some men see things the way they are and ask, "Why?" I dream things that never were, and ask, "Why not?"
-George Bernard Shaw

Sack, Gui, Marc, Neil, Brian, Amy, Burps, And All Others, U Know Who You Are, Its Been Fun, Mom Dad Chels & Leigh, Thanks For Being There, LS Lax Forever, To All Thats Been Said

Shukriyyah Augustus

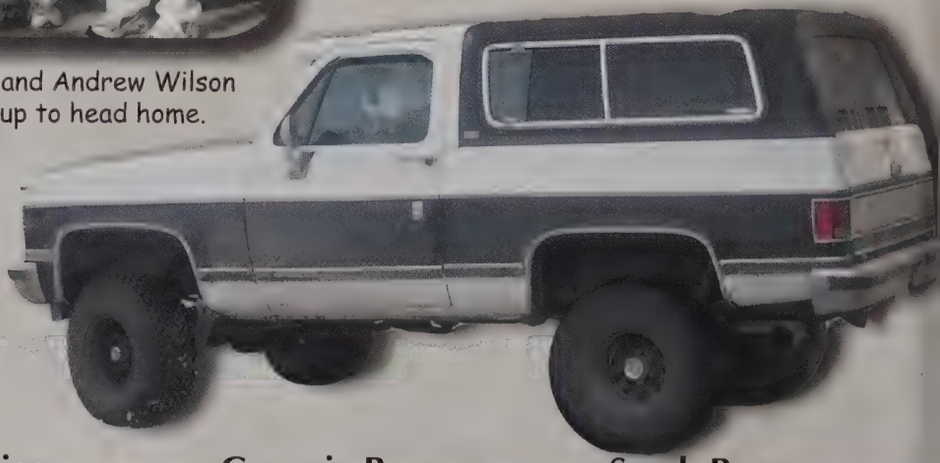
I'm so happy that I am outta here! I wanna thank my mom and my big brother Shawn, I luv yall so much! 2 my gurls: Nicole we been cool since we were young. U my gurl 4 life. Sybille, I'm so happy that we met and held a strong friendship! 2 those who don't matter: When I C U it's ON!! I'M OFF THIS!!
much luv,
Kri-Kri

parking at school... such a relief

Except the fact that parking permits cost $200!.

Steven and Andrew Wilson pack up to head home.

REMEMBER WHEN...
Despite the fact that seniors paid a fortune for their permits, they came to school exam week to find a parking lot full of underclassmen vehicles. Seniors resorted to illegal spaces and received tickets.



Jason Sewell's car dominates the parking lot.

Pooja Balaram

"So what, I've got a smile on."
-John Mayer

For every friend that I've spent the last four years with, here's to all of our memories...
Prithvi- The coolest brother I could ever have.
Mom & Dad - No matter where I go, I'll always be your baby

You've made my life amazing, I love you all...Good Luck '04!!

Anna Banerjea

"True Friendship bridges every barrier- laughs at every obstacle"

To all my friends, may the laughter never die, I will never forget you. To my family, you're the best.

Good luck with the future,
I love you all.

Genevie Barco

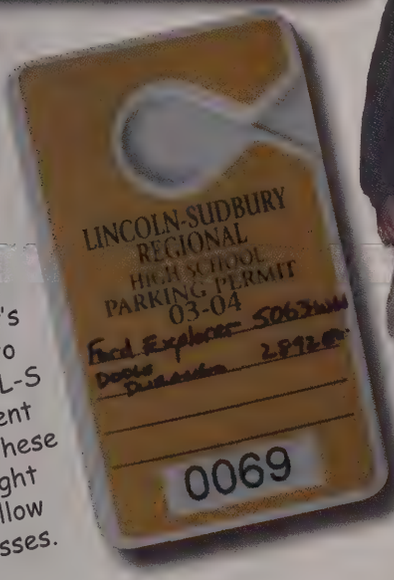
"If you don't like something, change it. If you cannot change it, change your attitude. Do complain" Maya Angelous
Thanks to everybody.
My families, friends, teachers, helpers, mentors and counselors.
JS, AN, BB, AB, TL, TT, NS, TF, RS, BM, LG, JR, APR, LH, KH, VH, CG, MN, MSR, TJ, CC, CW, LH, MS, AS, HA, AP, SL, and BO.

Sarah Bargmann

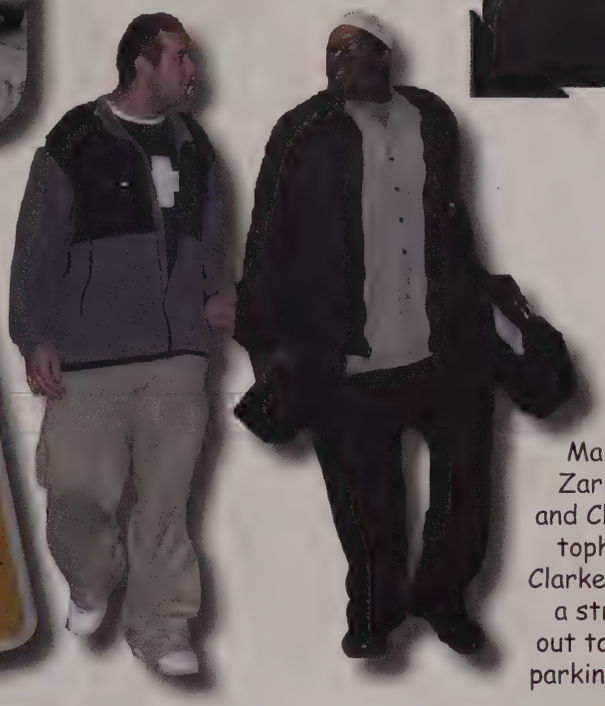
"The pain of parting is nothing to the joy of meeting again."
-Dickens

Thanks to...
My Lincoln girls- we finally made it.
To all my friends + Gator girls you got me to where I am today MDJL and of course SF thanks fo all your love and support.

Now spoiled by nearby parking, we complain about getting one of the end spaces in the parking lot.



Driving around town, it's easy to spot a L-S student with these bright yellow passes.



Mark Zaring and Christopher Clarke take a stroll out to the parking lot.

Blake Barrett

So why would you care To get out of this place You and me and all our friends Such a happy human race
-DMB

Thanks Mom, Dad, and Aus you have always been there for me. Kaz, Drew, P, and Jim, every night was better than the last.
Kings of Crunk

J.D. Bean

If you want to view paradise, simply look around and view it. Anything you want to do, do it. Want to change the world? There's nothing to it.

I bet the golden tickets make the chocolate taste awful.

-Willy Wonka and the Chocolate Factory

Cullen Beatty

Oh no, now I have to get a life. Life's like a back flip... If u try, you may just end up breaking your neck, but how GLORIOUS would it be if you made it...

Looking back on my high school career, I truly wish I had gotten half as much play as my pool table did.---I am the Master Beats

Mia Becze

We shall go on to the end. We shall fight...with growing confidence and growing strength, we shall defend our island...We shall fight on the beaches, we shall fight on the landing grounds, we shall fight in the fields and in the streets, we shall fight in the hills; we shall never surrender.
-Churchill

May your life be like arithmetic:
Joys added.
Sorrows subtracted.
Friends multiplied.
Love un-divided.

After a long day of school, Adam Chao unloads his heavy bag into his car.

Can you believe we are finally seniors! It seems like just yesterday we were entering L-S for the first time as Freshmen! Jason Bello and Sarah Harvey have remained friends over the years.

Adam Swain waits for class to start.

David Bryant is impatient.

Practical Application - Dan Clark
He's teaching her arithmetic,
He said it was his mission,
He kissed her once, he kissed her twice and said,
"Now that's addition."
And as he added smack by smack
In silent satisfaction
She sweetly gave the kisses back and said,
"Now that's subtraction."

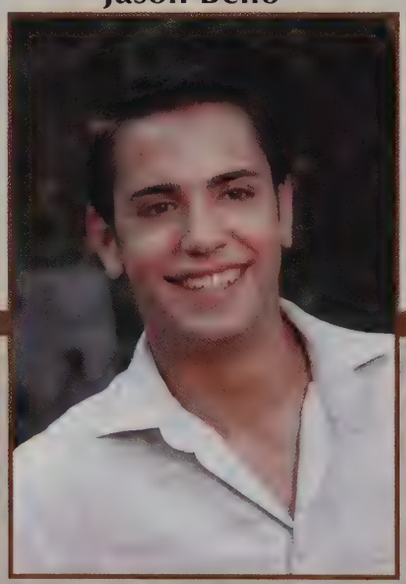
Then he kissed her and she kissed him.
Without an explanation,
And both together and smiled and said,
"That's multiplication."
Then Dad appeared upon the scene and
Made a quick decision
He kicked that kid three blocks away
And said, "That's long division!"

Elliot Bell-Krasner

"ASK NOT what your country can do for you... ASK what you can do for your country."
-John F. Kennedy

To all my friends and teachers at LS: Live Long and Prosper

Jason Bello



And what you wished for could come true,
You aren't surprised love, are you?
-Guster

Thank you, Mom, Dad, Terri, and friends.

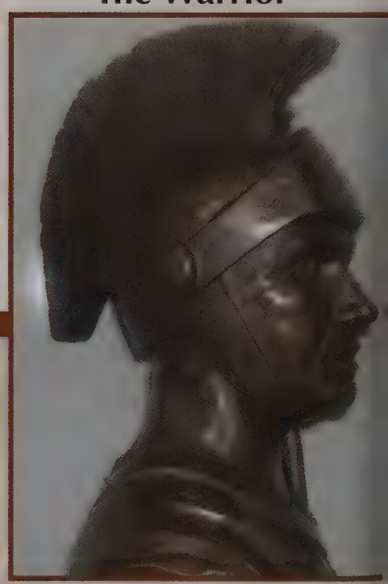
Best wishes to all in the future.

Andrew Bender

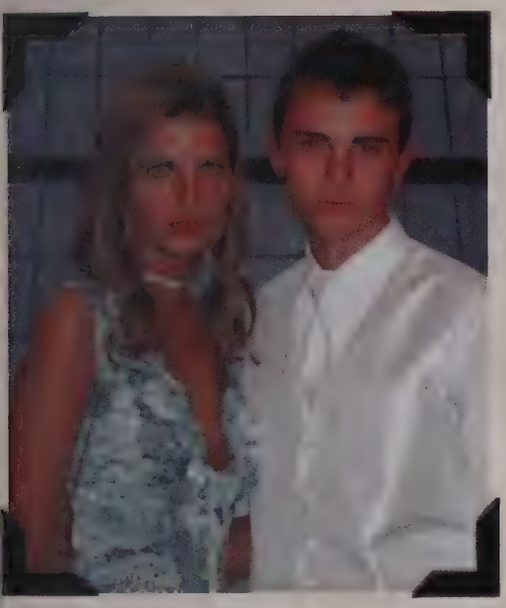
Time is truly wastin'
There's no guarantee
Smile's in the makin'
You gotta fight the powers that be
-Isley Brothers

Shout out to the LNC Crew,
we know its been good times

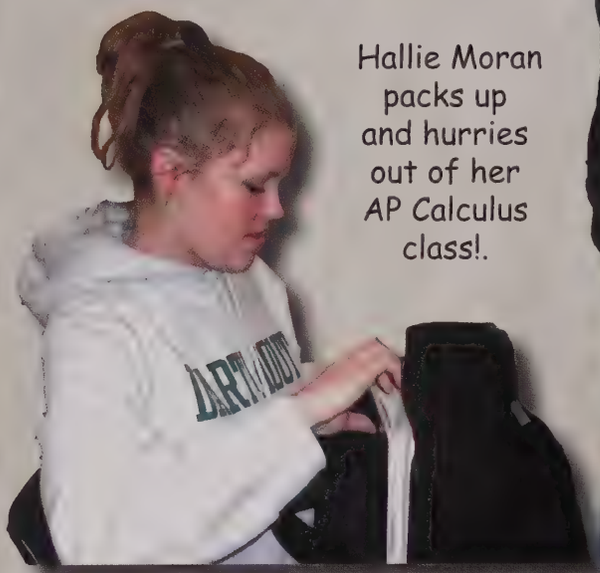
The Warrior



Harry Goldberg doesn't seem too thrilled to be going to class.



LONG DAYS!



Hallie Moran packs up and hurries out of her AP Calculus class!.

Kathleen Biggins

Nathalie Bishop

"Life is what you make of it"
Mom + Dad- I love you.
Thank you for everything

"The more you learn, the more you realize how little you know."

Ian-No quiero estar sin ti.
RuskiT <3

Michael Blouin

"If you come to a fork in the road, take it." -Yogi Berra

I want to say thanks to my mom and dad (for the love, advice, and gas money), and my friends (for being the coolest people in the world).

I couldn't have asked for better.

And now, let the games begin...

Jennifer Bodenstab

MomDadKdawg, you are larger than life, thank you for being my everything. ily.

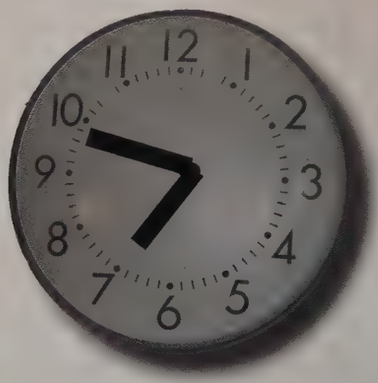
Vener, I won't forget, cause you just make me smile. ily.

& Homegirls, you've given me irreplaceable memories.
thanks for the laughs.
We laughed hard. ily'all.

"If life gives you lemons..."

RISE AND SHINE!

Looks like Michael Madden is having a long day.



This year... class begins at

7:50

What were they thinking! It's hard enough to stay awake in class!

Ashwin Gargeya kicks back to take a break.

They say "it's only 10 minutes earlier."

But it sure feels like more.

Catherine Boland

"..make some kind of fruity juice" Mum,Dad,And,Nelly- you guys are amazing- I'm so lucky! I love you. Nelly, I forgive but I will never forget!

Friends+Neighborettes: Thanks for the endless laughs and good times. I'll miss u! Jsho:Kyle+Big Boy4Life.

Rach:thanks 4 always being there =) TB+JM

Danielle Boot

"Whatever our struggles and triumphs, however we may suffer them, all too soon they bleed into a wash, just like watery ink on paper." ~Arthur Golden

Thanks to everyone who has taught me something along the way!

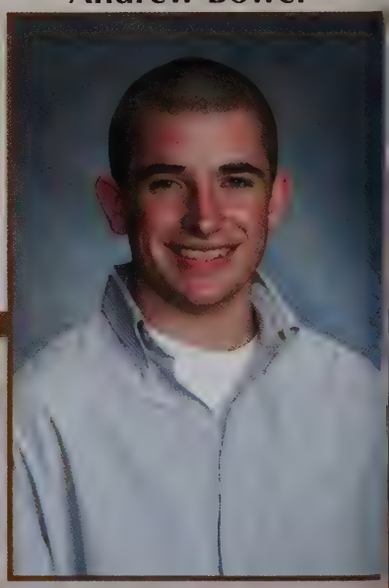
Emma Boswell

"It is not the years in your life, but the life in your years that counts." -AS

Thanks to my family for all the love and support. I love you and I'll miss you.

My friends- thanks for making my life amazing. You guys are the best!
*GDLK '04

Andrew Bower



BEAUTY SLEEP

Jon Albanese catches a few winks of sleep before he needs to head back to class.

Carly Leusner knows how it's done and stops at Starbucks on her way to school.

Nate Miller can't resist the comfy corner in four corners.

"After going to bed late, it's a pain to wake up ten minutes earlier to sit in a boring class... it does make a difference."
-Stacey West

Libby Boymel

"Yesterday is history,
Tomorrow is a mystery,
And today? Today is a gift.
That's why we call it the present."

Mark Bradford

"Hey guys! Big Gulps, huh?
Well, cya later!" -D&D

Thanks a ton to my family, teachers, coaches, & OLF. Where would I be? Friends- thanks for the times

"The only obligation which I have a right to assume, is to do at any time- what I think right." HDT

LSXC -CDE

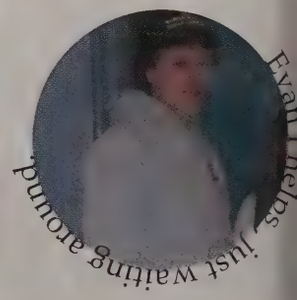
Vanessa Bramberg

John Brandon

"I HAVE STEPPED OUT TO LUNCH"

Senior year should be full of long, laid back lunches. On the contrary, lunches are considerably shorter than in the past, making it necessary to rush in and out.

Christopher Forde looks like he is in deep thought.



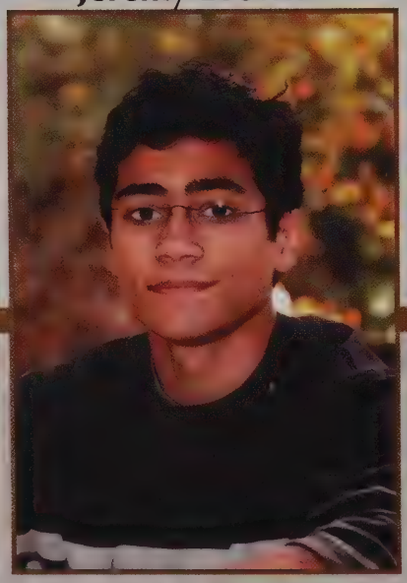
Evan Nichols, just waiting around.

Matthew Brockman

"Every minute of every day,
Somewhere on the planet,
it's snowing" -Warren Miller

"And I'll be there." - Me

Jeremy Brown



Kristina Brumme

"Not only do we have the power to dream but also the power to make our dreams come true."

Thanks Bear, Mumses, Kurt, Morms & Morfs for your love and support. Thanks to my friends for making these four years memorable, especially NM, LT, JM, & CL. Here's to more great memories to come! Good Luck 2004!

David Bryant

"If your map was torn,
navigate, navigate
All makes sense now
If your compass broke,
navigate, navigate
All makes sense now"

Thanks M+D, Alison and my fellas Jon, Chabot, Sammo and Gangles and those who helped get me through high school! Thanks for putting up with me!

Take it easy, '04!

GOODNOW LIBRARY
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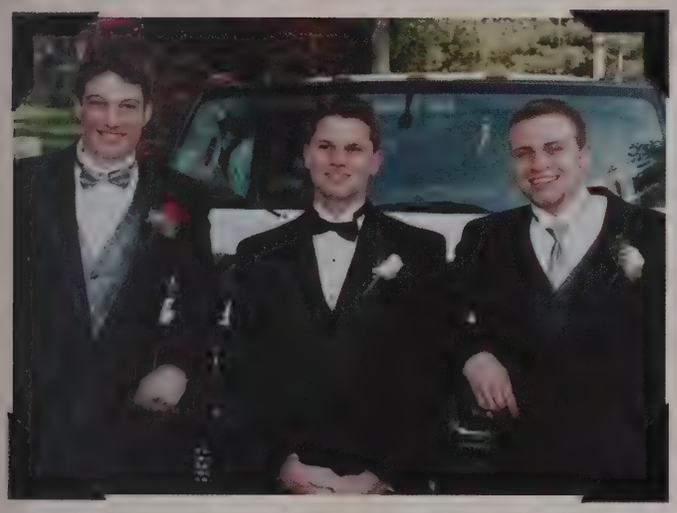
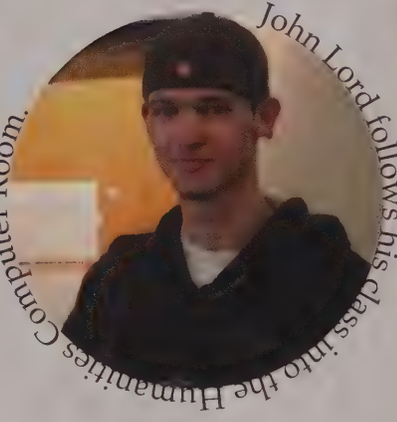


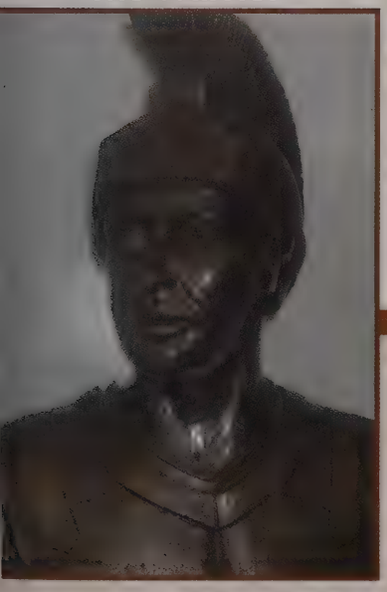
Jonathan Bean casualy walks to his car.

Chris McDonough Did you hear the one about the ...?



John Lord follows his class into the Humanities Computer Room.

The Warrior



Alex Burpee

Goodbye to all my friends at home,
goodbye to people I've trusted.
I've got to go out and make my way,
I might get rich you know
I might get busted.
- Steve Miller Band

Mom, Dad, + Marissa - Thanks for your support, guidance, + love.

To my friends- Much love for great times + laughs.

Best Wishes '04

John Bush

"Soulshine
It's better than sunshine,
Better than moonshine,
Damn sure better than rain."

Thanks Family and Friends.

DS- "a miracle to me."

Cory Byrnes

"If you want the ultimate, you have to be willing to risk the ultimate price, its not tragic to die doing something you love." P.B.
To everyone who has helped me along the way, thank you, i couldn't have done it without you.Ash-Thanks for everything, love you. Muffin ILY. Mom Dad, Taylor, Brendon, and Kyle, the past 17 years have been unforgettable.

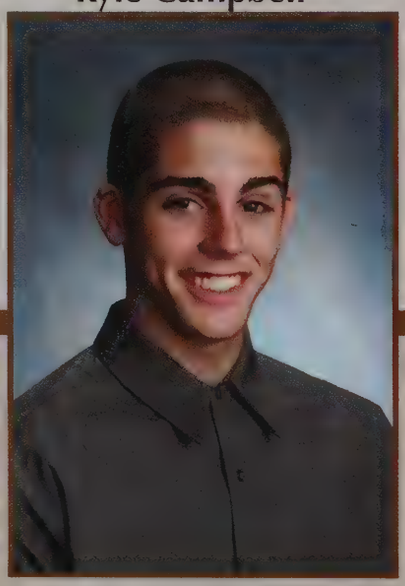
I HOPE YOU DANCE ...

SCHOOL DANCES

love 'em or leave 'em

Sean Byrnes

Kyle Campbell



Stephanie Canning

"To laugh often and much
To win the respect of
intelligent people
To earn the appreciation of
honest critics
To find the best in others;
This is to have succeeded."

M,D,B- I love you more than words can say-Thanks for everything.
Girls&Guys-It's been amazing-Thanks for the memories.
Forever & A Day
GDLK '04

Yuan Cao

"Man does not appear to me to be intended to enjoy felicity so unmixed; happiness is like the enchanted palaces we read of in our childhood, here fierce, fiery dragons defend the entrance and approach; and monsters of all shapes and kinds, requiring to be overcome ere victory is ours."
-Count of Monte Cristo

"A cup or a cone...?" -Unknown

Ashley Milley poses pretty for a picture as she heads out for the day.

Here's to the crazy ones. The misfits. The rebels. The troublemakers. The round heads in the square holes. The ones who see things differently They're not fond of rules. You can quote them. Disagree with them. Glorify or vilify them. But the only thing you can't do is ignore them. Because they change things. They push the human race forward. And while some may see them as the crazy ones, we see genius. Because the people who are crazy enough to think they can change the world, are the ones who do.
-Apple Computer Ad

Michael Capizzi

"Other things may change us, but we start and end with the family." Mom, Dad, Jess, Carrie, Trina, Phin, and Andy, I love you.

LS and Fessy-Thank you for everything, keep making memories. hbc..."please stand by the shore."

"There's east and there's west and there's everywhere life. I know I was born and I know that I'll die the in between is mine. I am mine" ~PJ

Ashley Capone

"All the years combined, they melt into a dream..."-GB
Girlies and Skippy- Thanks for keeping a smile on my face.
Mom+Dad, Jenn Liz Pam Ali- Thanks for all your help.
JP-"Though the course may change sometimes, rivers always reach the sea."

DIRTY FOREVER

Meaghan Cappelloni

"Go confidently in the direction of your dreams. Live the life you have imagined."
Mom & Dad~thanks for your support and encouragement. I love you. Alison & Lauren~ good luck, I'll miss you guys. Girls~ thanks for amazing memories, you're the best!
Forever & a day...

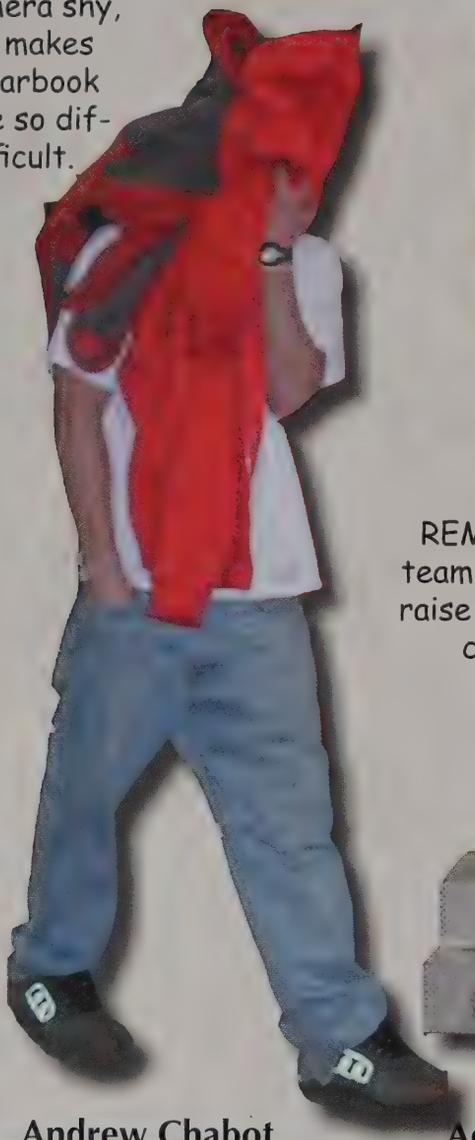
Good Luck '04

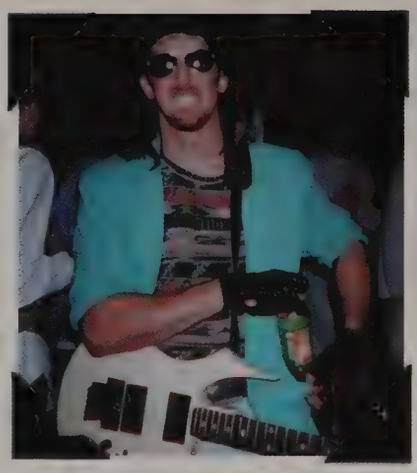
Ashley Carpenter

To family, friends and everyone else I've met along the way...

Thank you
Congrats '04!

Camera shy, it makes yearbook life so difficult.





ROBOTICS TEAM

REMEMBER WHEN... The robotics team sold Krispy Kreme doughnuts to raise money for their trip. The boxes could be seen all over school.

The Robotics team is, (in actuality) a close knit conglomerate of juvenile homonids, united (in mind only) through their common chemical attraction to metallic remotely controlled devices. These beasts are constructed in dark, subterranean expanses, wrought out of complex alloys and material compounds. Should you desire to affiliate your person with this group of homosapiens arrive at (by any means of locomotion) during the allotted coordinates in spare time (ACA, room 007).
-Felix Lufkin and Brendan Vitz

Andrew Chabot

"I wanna reach out and touch the flame, where the streets have no name." -U2

Thanks to my family and my closest friends, you'll never know how much you mean to me. Thank you everyone that has been there for me in the good and bad times. It's been a great four years, thanks for all the fun!

Adam Chao

"Young people are in a condition like permanent intoxication, because youth is sweet and they are growing."
-Aristotle -*Nicomachean Ethics*

"God does not play dice."
-Albert Einstein

Brad Chase

"Well, in the end my friend we will all be together again, clutching onto my hand, in a valley we'll stand, just living again..."
-O.A.R.
M,D,H-Thnks4allUrSupportOvrTheYrs...ILoveYouGuys-TRIWllNverDie..LionKing...ChelsUrTheBestThingThatsEverHappenedToMe...I Love You. DBK. Bcheezy Out.

Caitlin Chen

"When life hands you a lemon, say yeah. I like lemons, what else ya got"-unknown.
It's been an experience- good, bad, and always amusing. Thanks to my family and friends for all your support. Thanks JP for all the lessons you have taught me about literature and life. Good luck '04-enjoy!

INDEPENDENT STUDIES

Many seniors enrolled in an independent study rather than a curriculum course. Is it slacking off or genuine interest... probably both.

"I think independent studies are great, especially senior year when students really start thinking about what they plan on studying in college. It is also alot easier to focus when you are working with a teacher one on one in a subject you enjoy. I studied the Chinese language and history with Mr. Grace"
-Alaina Jenkinson

I wanted to do an independent study this year with Mr. Hosford as a follow up for research that I did over the summer in Russia. The independent study was created so we could process the data that we got during our trip and turn it into something useful."
-Daniel Kamen

Anna Banerjea looks cute as she relaxes in the halls between class.

They build too low who build beneath the skies.

Henry Chen

No matter how tough the battle, there is always a way to win. If you lose but try your hardest, you will win the battle inside yourself."

Thanks so much to Mom and Dad. Yo holla B2! We BEAST.

Tina Chen

"When you wake up in the morning, Pooh," said Piglet at last, "what's the first thing you say to yourself?"
"What's for breakfast?" Said Pooh. "What do *you* say, Piglet?"
"I say, I wonder what's going to happen exciting *today*?" Said Piglet.
Pooh nodded thoughtfully.
"It's the same thing," he said.

Alison Cichowlas

"I love deadlines.
I like the whooshing sound they make as they fly past."
-Douglas Adams

There's never enough time, is there? Especially here in high school, when our years are so long and not long enough. Make the most of it, always.

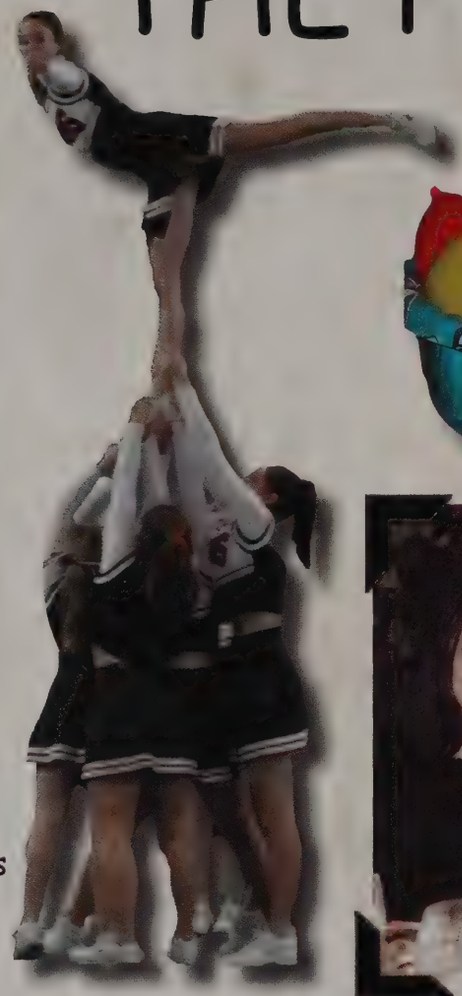
"Calendars are for careful people, not passionate ones."

Christopher Clarke

Mom & Dad, you've been w/me thru it all, music, trips to LS; I'm not where I am today w/out you- I love U both- Thank You.
"We do not remember days, we remember moments." C. Pavese
Music fuels my soul,
family fuels my heart,
friends fuel my love of life.
Armstrong- thanks for everything.

Peace Out.

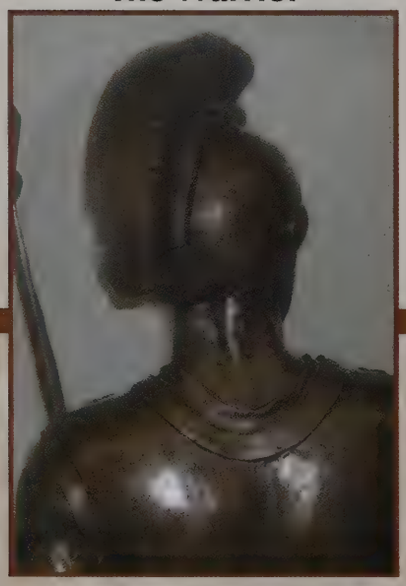
THE PEP-RALLY



"The pep-rally was an exciting event... performing in front of teachers and students was our chance to show off the talent we really had... It was alot of fun."
-Samantha Koch

REMEMBER WHEN... there used to be a huge bonfire before the big Thanksgiving football game....we missed that this year!

The Warrior

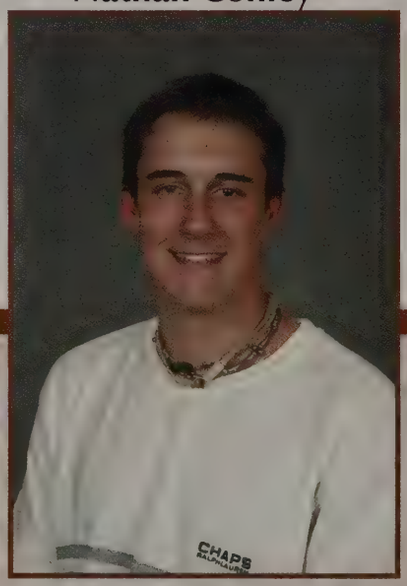


Shalayah Coleman

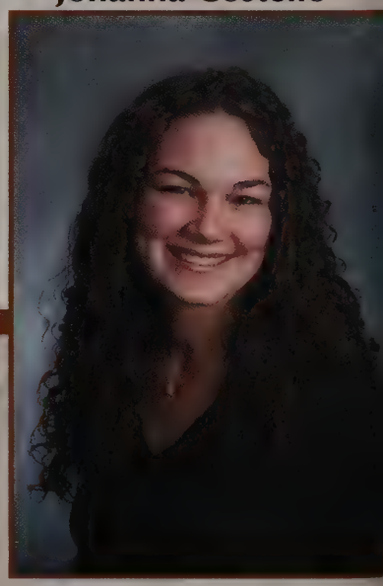
I can't believe I'm finally out of here! Thanks to my family for all their love and support. Mommie I love you! To the teachers: Thank you! To my "04" ladies, we held it down for four years! No other class can compare to us. Good luck ladies!
PYT FOR LIFE! :)

"Miss Me Now, Miss Me Later, Hugs & Kisses to all the Haters!"

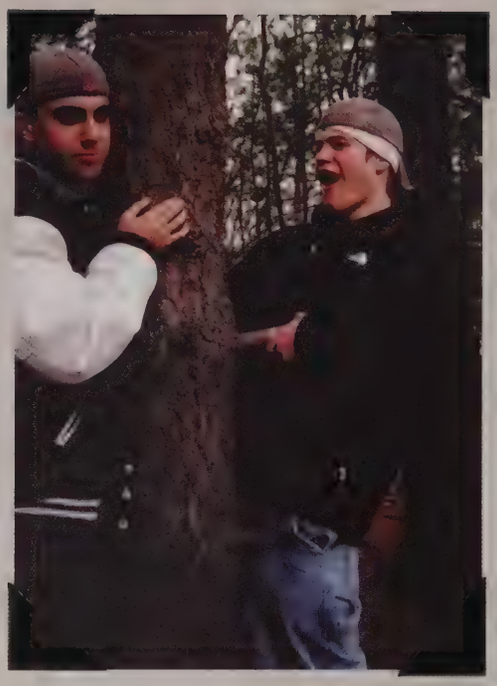
Nathan Conley



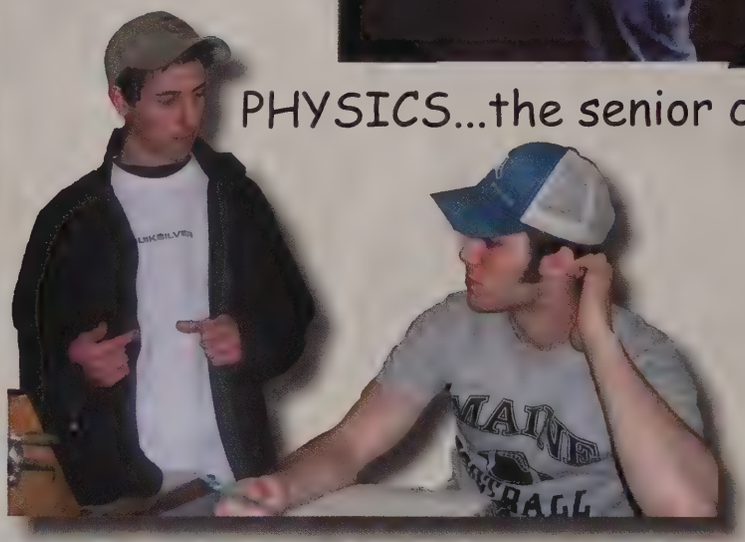
Johanna Costello



"With friends even the dull moments become exciting...these are the best days of our lives."
Girls thanks for all the laughs and crazy, fun times!
MDAMSM I love you guys.
Thanks for EVERYTHING!
To my little girls AMSM Well always be close no matter where we are!
NY Girl Forever!!



"Most underclassmen don't know who I am. Physics is a senior class so I am a senior teacher."
-Elisa Mills (Physics Teacher)



PHYSICS...the senior class

JOULES?

Abigail Courtney

"I may not have gone where I intended to go, but I think I have ended up where I intended to be"
-Douglas Adams

Thanks mom, dad, and matty for the love and support I love you! "Pictures fade but memories last forever." Thanks to all my friends, I don't know what I'd be w/o u. Good Luck '04!

Drew Crane

"Life is one long weekend" -TB

Mom & Dad, I couldn't have done it without you.
Jess brent & shelby-
thanks for putting up with me.

Kaz p blake jim & jeremy- we made these 4 years unforgettable- kings of crunk baby
Britt, you're everything to me,
"lovely lady, I will treat you sweetly"

DIT DBK Good Luck 2004

Chanelle Cromwell

"Today is the tomorrow you were worried about yesterday."
Thanx 2 everyone who helped me through.
Mom, Dad, Lauren, & Darren ILY. I don't know where I'd be w/o you.
AnLdMcAlDp ILY girls u mean the world to me. Thanx to all my friends you made it all worthwhile.
"Don't be angry, don't be sad... and don't sit cryin over the good times you had."
GDLK 2004

Marc Cullen

Mom, Dad, Ryan, Lauren & Grandmere thanx for all the love&support.
My friends: the memories will never die. To all thats been said.

"United in this determination and with unshakable faith in the cause for which we fight, we will, with God's help, go forward to our greatest victory."
-Gen. Dwight D. Eisenhower

The road to success is always under construction.

A new school right in our own backyard!

Some people might think that is pretty cool... not us though!

Michael Cummings

Marissa Curren

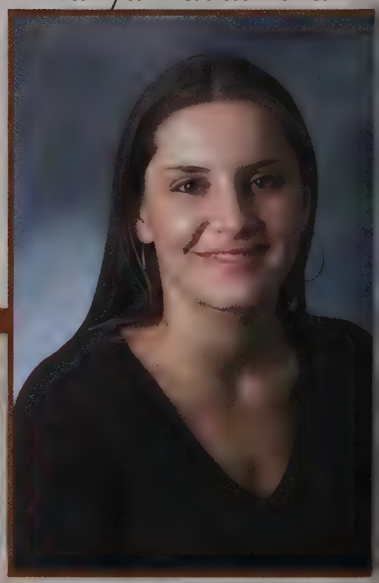
Thanks to everyone who helped
Mom, Dad, Mike I love you
I love my ladies!
Boys- Goodtimes ily

"Go confidently in the direction of your dreams. Live the life you imagined."
Dynamic Duo 143
Gdlk '04

Kristin Dacey

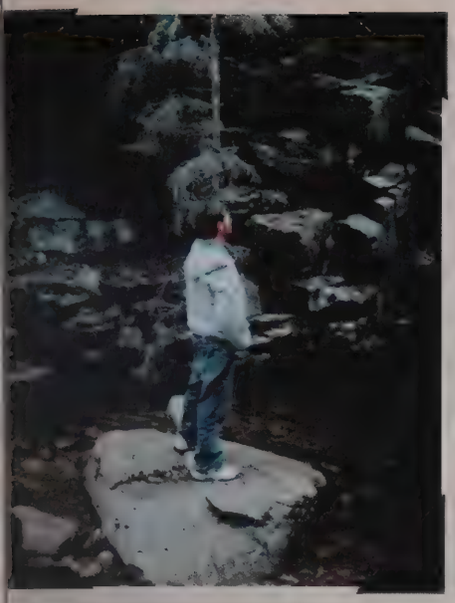
"Shoot for the moon, even if you miss you'll land amongst the stars."
To my friends: you know who you are - thanks for all the memories, stay true to yourselves!
M&D: thanks for everything, I love you forever!
Matt: good luck bud!
"We're not here for a long time, we're here for a good time."
2004

Tanya Dadasheva



"It is good to have an end to an end to journey toward, but it is the journey that matters in the end." -Ursula K. LeGuin

Thanks to everyone that I shared good times with - I won't forget them. Frenchie, it wouldn't have been the same without you <3
Mamula, Pap, i Valik, spasibo vam za vsyo, Ya vas lublu<3
Good luck '04!



REMEMBER WHEN...
The psychology class had to carry around lightbulbs and eggs as their very own 'Babies' for a week...

Eric Pheifer shows off his stitches from woodworking class.

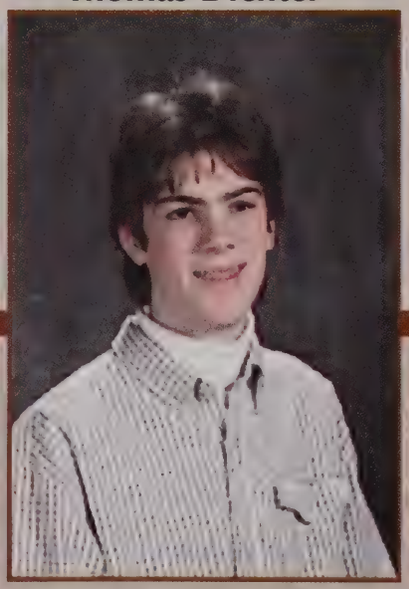
Jacob Daniels

Eachdaythatpassesisagift.Capturethe essence,thebeauty,thelift.Wecan absorbtheessenceofthemeaningof G-o.Wecan'tgetstuckinthesuperficial facade.There'smore2lifethan money&wealth,explorethebeauty ofcreation&payforgoodhealth-Andy Dekelbaum.Tomyparentsforalways beingthere,andmybrotherwhoisgetting here.Toallmyfriendswhomadethegood times great.Totheplayersandcoaches. P KB,BetaRhoPhi,Block2crew,and week-ends for life. AP ill always care about you.'04 i love you guys,good luck.

Mieke Debeuckelaer

"Other people may be there to help us, teach us, guide us along our path. But the lesson to be learned is always ours." -Melody Beattie.
Thanks to Mom, Dad, Jan, Kaat & my friends at L-S who've made a difference in my life.
Adam, "A part of you has grown in me. And so you see, it's you & me together forever & never apart, maybe in distance, but never in heart." I love you.
Good Luck 04!

Thomas Dichter



"You must be the change you wish to see in the world."
-Mahatma Gandhi

Lindsay Donaldson

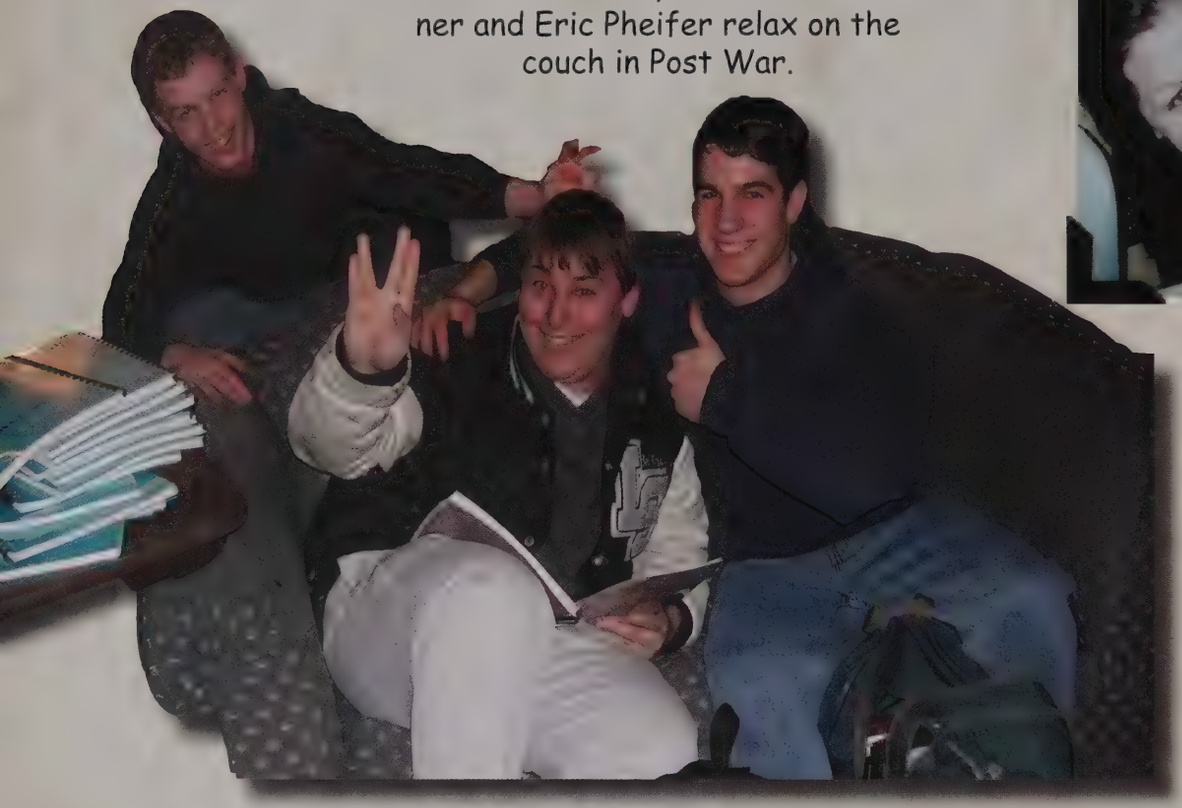
"Don't worry about the world ending today, it's already tomorrow in Australia."

Mom, Dad, Kate, Whitney, Ned thanks for your constant love and support. I love you.

To my friends, you've made it worthwhile, thanks for always making me smile.
"Be silly. Be honest. Be kind."

HANGING OUT

Michael Sacknoff, Elliott Bell-Krasner and Eric Pheifer relax on the couch in Post War.



Doors of opportunity don't open, they unlock; its up to you to turn the knob.

-Lily Taylor

Ashleigh Dunworth

"Here I am at last, and I will savor every moment out there."
-The Used
There have been ups and downs, but through it all I have no regrets, I value every person and teacher I met here at LS because I have learned so much, from so many different kinds of people.
Good Luck Class of 2004!
We're finally out of here!

Derek Duval

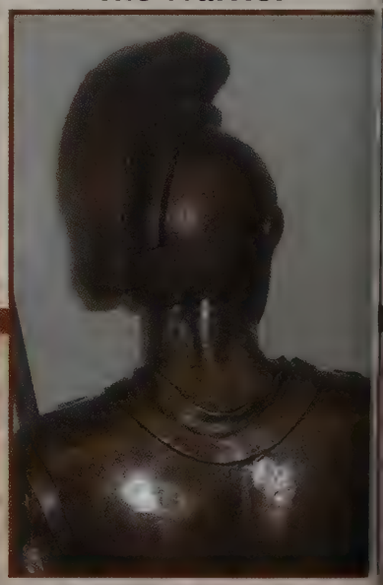
I have nothing left to say.

Derry Earle

"It is god to have an end to journey towards; but it is the journey that matters in the end."
-Ursula K. LeGuin

To my Lincoln Girls -
EG, SB, SL, MG, TWA
"Good friends are hard to find, hard to lose, and impossible to forget..."
-anonymous

The Warrior

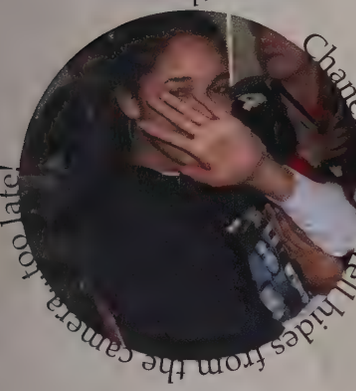


Maybe this helps Peter Wade think or something.

"What we think,
We become."
-Buddha

Marissa Curren doesn't seem that down about being in school.

John Brandon looks relaxed as he makes his way to his next class.



Chanelle Cromwell hides from the camera, too late!

Jason Fang

"Yes there are two paths you can go by,
but in the long run,
There's still time to change the road you're on."
-Led Zeppelin

"Here's to those who wish us well, and those that don't, can go to hell." -Elaine Benes.
Thanks to everyone,
M,D,S,MD,MM,MB...

Kathryn Fatherley

Rebecca Feldman

2myfamily:Wehaven'thadallcalmwatersbutyou'vemaderidingthewavesamazing.Ican'timaginea morelovingfamily.
Mikel,mysurvivor:thnku4alwaysbeingthere.sisters4alifetimeBFFs4evalLU.

Steve:"Sum1likeUmakesitall worthwhile" U'llalwaysBmy#1.Iloveu.

Grls:UvehelpedmeCwholtrulyam.
4ever&aday.
GdLk04*Thebesthasyettocome*

Elizabeth Fell

WALKING IN A WINTER WONDERLAND....

ICE COLD WINTER

Prior to January 16th, many students had unsuccessfully prayed night and day for a snow day. Students were shocked when they heard the news of school cancellation due to the cold! And DURING EXAMS!

Emily Swanson and Kathryn Smith exit into the cold

Amanda Outly is happy to reach the building!

let it snow, let it snow let it snow...

Lucia Ferro

"Be so happy with the way you are. Be so happy that you made it this far. Go on be happy now. Because this is something else."
-Mraz
Mom&Dad thanks 4 the love&support
Gina remember Im in front of u.
Maddog Space & LSFN thanks 4 the laughs. "see i'm all about them words" BeAvAFevA04

Todd Fickes

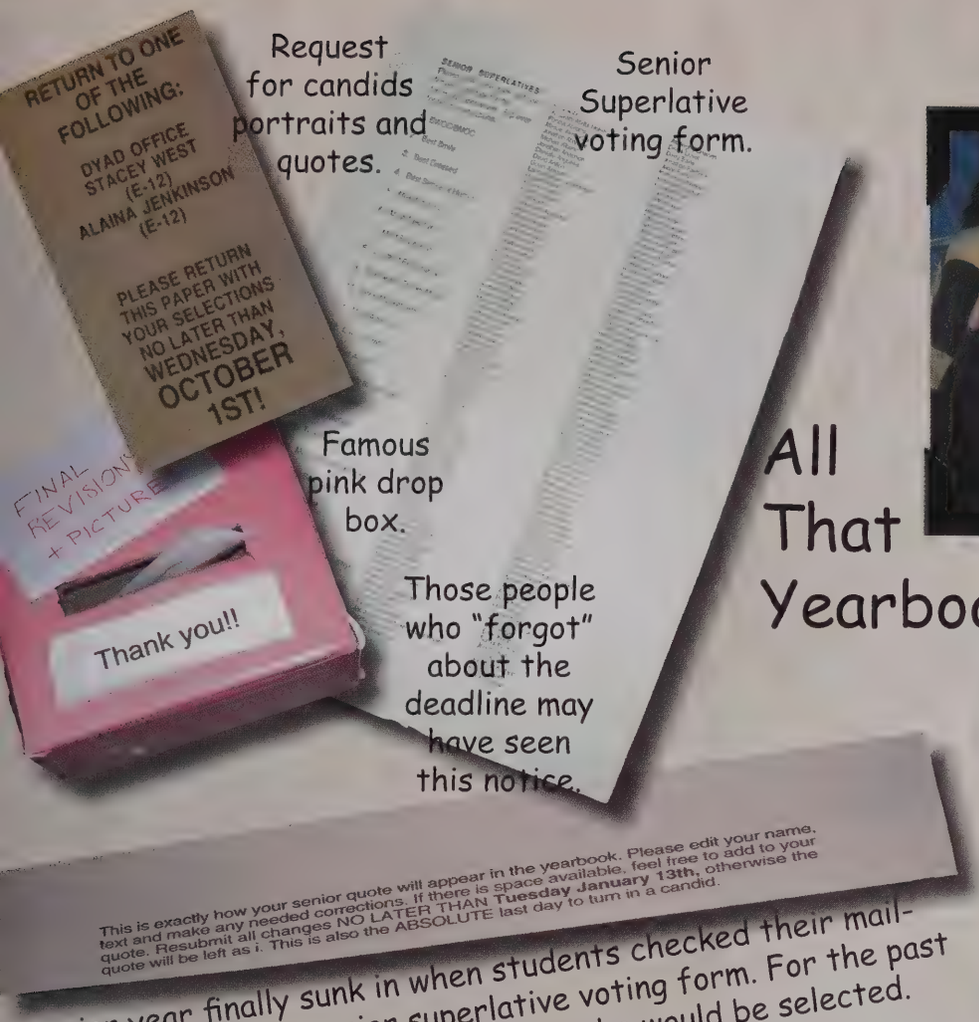
"We are all worms, but I believe I am a glow worm."
-Winston Churchill

Leah Fine

"You don't get to choose how you're going to die. Or when. You can only decide how you're going to live."
Joan Baez

Rebecca Fine

"If it seems like you'll never find your wishing star, maybe its your telescope-not your eyes-that need a tune-up..Think about it."



Request for candids portraits and quotes.

Senior Superlative voting form.

Famous pink drop box.

Those people who "forgot" about the deadline may have seen this notice.

All That Yearbook Stuff...

Senior year finally sunk in when students checked their mail-boxes and found the senior superlative voting form. For the past three years, seniors awaited to see who would be selected. This time it was us!

Abigail Fischer

We make a living by what we get,
We make a life by what we give.
-Sir Winston Churchill

To my family-your constant love enabled me to overcome any obstacle

To my friends-You made me laugh, gave the best hugs, and with you I could always smile.

Tiffany Fitzgerald

I don't have any shout outs... But, good bye to anyone who ever cared about me, and most of all good bye to those who made this experience hard. I am happy it's finally over, I guess I wont really miss the experience until it's gone.

James Fitzpatrick

"I know what your problem is. It's a Ford. You know what Ford stands for? Fix It Again, Tony."

"You're thinkin' of a Fiat, Dale."

-King of the Hill

Thank you Jackie, mom and dad

Stephanie Flavin

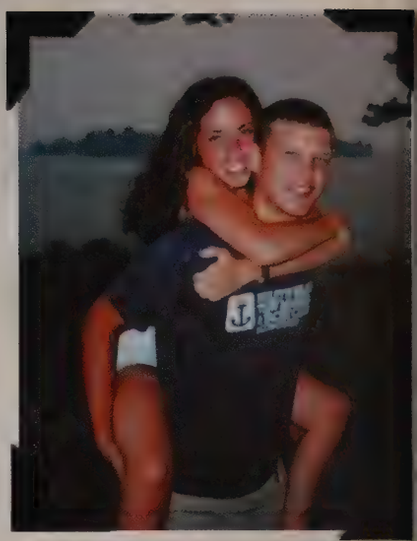
"Education is the ability to listen to almost anything without losing your temper or your self-confidence." -Robert Frost.

Thanks Mom, Dad, Jess and Christina for all of your love, support and encouragement, I would not have made it without you!

Congrats '04

Standardized tests... dreaded by almost every student. Some seniors take them as many times as they can in hopes to perfect their scores.

"Not that there's anything wrong with that."
-Seinfeld



Many senior spent countless hours flipping [not an SAT word] through this book.

TESTING!

"The SATs only measure how much you do on the SATs; they aren't an accurate demonstration of real intelligence... I think it's a waste how much money goes into the testing company, when time and money could be spent in more worthwhile areas." -Abby Meeks

Christopher Flawn

Christopher Forde

Jacqueline Forman

"We're never gonna survive
Unless we get a little crazy"

Thanks to everyone
who helped me
get a little crazy, especially:
Mom-4 showing me who I want 2 be
Dad, Laurie&Brian-for the support
& Anna -myFavSissy- for my smiles
Girls- special times~Forever&ADay
Evan- I'll always be your Phoph, ILU

04 "We'veOnlyJustBegun"

Luke French

To Mom, Pop and Gram,
Thanks for the wisdom, the skill
and the knowledge.
Ticking away the moments that
make up a dull day. You fritter
and waste the hours in an off-
hand way. Kicking around on a
piece of ground in your home
town, waiting for someone or
something to show you the way.
-Pink Floyd-

SLACKING OFF!

Seniors are known for their tendency to lose focus in their studies towards the end of the year.

Derek Duvall works on another masterpiece.

Nathalie Bishop searches for her keys.

Have a vision not clouded by fear.
-Cherokee Proverb

Michael Leonard and Alexander Hamwey look like they played a good game.

Stephanie Gannon

If you're going to walk on thin ice you might as well dance~

For all the good times~
MA, SM, JC, LP, CR, SH, WK, NY

Ashwin Gargeya

LIL SHWIN
3,6 9, School is fine (I guess)
It only took 4 years & not 9
(GET LOW) x6
From the cafeteria
To science hall
I'll miss you guys big or small (small!)
hopefully I got into college,
...which doesn't rhyme at all (all!)
Ay skeet, skeet...

Its been 4 glorious years.
And with that...Shwin is out.

Karen Gately

"Yes, there are two paths you can go by, but in the long run, there's still time to change the road you're on."
-Led Zeppelin
Thanks Mom, Dad & Mike for everything. ILU.
To all my girls DIRTY FOREVER-you are the best, we have so much fun together & I'm going to miss it. To my boys (you know who you are) Thanks for always being there.
Ryan, you mean everything to me. I love you so much.

Jeremy Gentel

"Determination is the strength needed to succeed"
Dan Gable

To all my boys...
We are the Kings of Crunk
And as we go on to bigger and better things I've only got one thing to say...

Peace we outta here!

JOBS

As senior year draws on, students begin to think about life after high school and the need for money. The solution... Get a job!

David Antico hangs out in the cafe.

Jeremy Gentel looks sick of school.

Torrey Hullum studies hard...but who knows what Atiya Townsend is up to.

WORKIN' IT

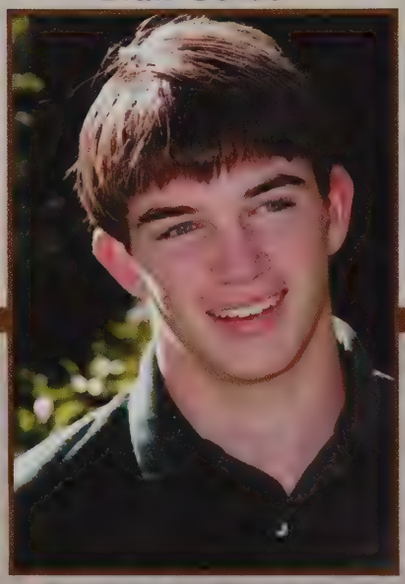
Matthew Moore focuses all of his attention on his drawing in his art elective class.

Evangelyn George

Mom, Dad & Zoomy, thank you for everything.

TWA, you've made the good years great.
My superwomen- Derry, Maggie, Sarah and Sarah, you girls are the greatest.
"The road to a friend's house is never long"

Evan Gerbe



"Sail Faster Guys Sail Faster!" Sob MVY. Castine.BBN.Brewster.Manchester.Hingham.Cold.Wet.SnackShack.Wayland.Worcester> CBI.Duxbury.GYBE HO! Adam & Matt thanks for being there. Thanks to all of my teammates for 3 amazing seasons of racing. Hiking strap?!

Thanks to my parents for always being there.

Christopher Getz

Courtney Giannetti

Dan, what can I say you're my everything, and my inspiration forever. MWAH!
Mom, Dad, Louis thanks.
The Concord Road Crew
Sarah,Ryan you guys are the best!
"I an't goin' down until the sun comes up." Garth Brooks
KW, AC, CH, Jody your the BEST!
Thanks to my MEGA family!
R.I.P Al and Baron we miss you 2004!

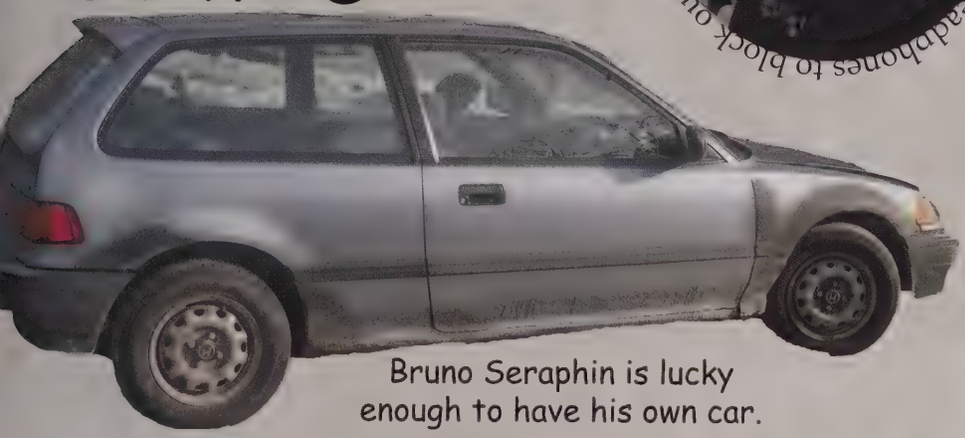
Sarah Pizon navigates us to the language office.

Jonathan Mutch sits on the stairs to pass time.

CARS

Some seniors couldn't possibly live without them.

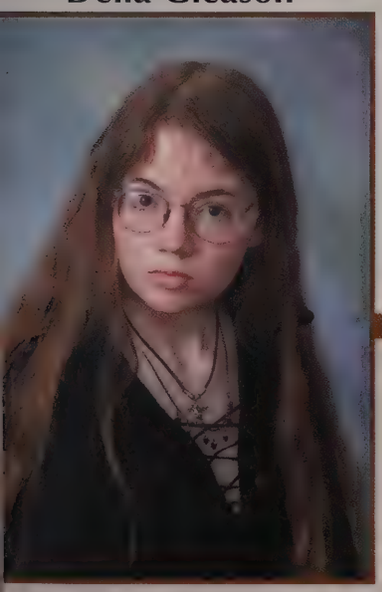
Todd Fickes uses headphones to block out noise in the cafe.



Bruno Seraphin is lucky enough to have his own car.

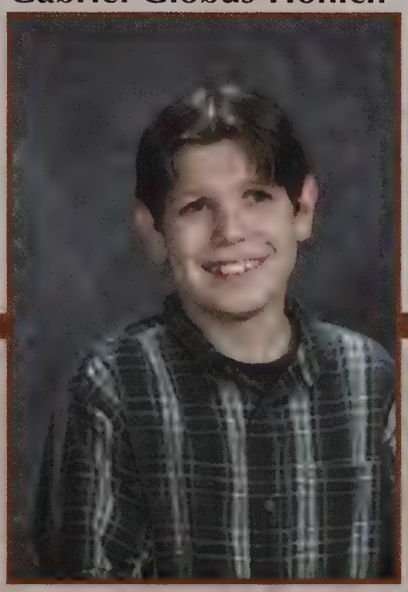
Benjamin Tatkow, Michael Capizzi, Stacey West and Jennie Williamson looking for attention.

Delia Gleason



Only two things are infinite- the universe and human stupidity, and I'm not so sure about the universe." -Albert Einstein

Gabriel Globus-Honich



Make My Funk The P-Funk
Love,
Gabe

Scott Glovsky

We are all sick and tired of being sick and tired.

Mom, Dad, and Jay thanks for all the words to get me here, I love you.

Billy, Shaun, Bardsley-Don't forget the late nights out of our minds.

BP SL KC AL PW thanks for hookin it up when I was broke.

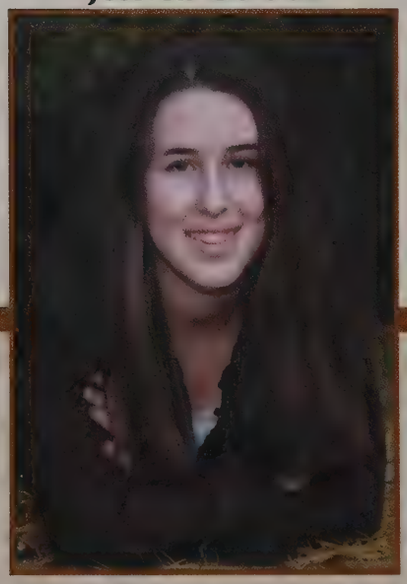
Thesixyearplanisfinallyover3schools, numerouspeopleandmyparliaments

Harry Goldberg

TRAFFIC!

Many underclassmen being dropped off, few entrances and a very strict drop off rules. Traffic has become a nightmare. This situation has had devastating effects for those seniors who like to roll out of bed fifteen minutes before class.

Jessica Golden



"The truth is, a person's memory has no more sense than his conscience, and no appreciation whatsoever of values and proportions." Mark Twain

Mom, Dad & Julie- Thank you for all of your support!
To my friends and neighborettes- Thank you guys for so many wonderful and crazy times.

Jeffrey Goodman

"The only obligation which I have a right to assume is to do at any time what I think right..."
-Henry David Thoreau
Shout out to all my friends and to the great times we had.

Thanks Mom, Dad, Julie, & Fluffy.
I couldn't have done it without you guys. Luv ya.
I will always remember my grandparents.
Thanks for all your support.

Julie Graceffa

This is the time to remember
cause it will not last forever.
These are the days to hold on to
cause we won't although we want to.
This is the time...
JeanieTommyMatty love ya.
To the gals who put up w/ my jokes,
thanks for all the laughs.
-forever & a day-
Say goodbye to the oldies
but goodies;
tomorrow isn't as bad as it seems

Nathaniel Greaton

"Seeking means: to have a goal; but finding means: to be free, to be receptive, to have no goal. You, O worthy one, are perhaps a seeker, for in striving towards your goal, you do not see any things that are under your nose."
-Siddhartha, Herman Hesse

It is a curse to the class of 2004, there was never traffic before this year. We have to leave earlier in order to avoid it." -Prashanth Gubbala

JAM!

It's snowing, and everyone wants to beep at the person ahead of them . There is a line of cars and five minutes until class starts... problem.

Evan Greene

"What we do in life, echoes in eternity"
-Maximus Decimus Meridius

To Mom, Dad, Frank and Bry, thanks for everything, I love you guys.

Thanks to all my friends who I have shared many good times with: Hamwey, P, Charles, Jake, Mat, Jeremy, Brad, Drew, Kaz, and the rest of the crew, good luck.

Casey Gruttadauria

Speak Easy - Represent
"Yes I know my enemies
They're the teachers who
taught me to fight me.
Compromise, conformity,
assimilation, submission,
ignorance, hypocrisy,
brutality, the elite;
All of which are
American Dreams"
-Rage Against The Machine
"Know Your Enemy"

Prashanth Gubbala

"It is easy in the world to live after the world's opinions; it is easy in solitude to live after our own; but the Great Man is he who in the midst of the crowd keeps with perfect sweetness the independence of solitude." - R.W.. Emerson

Thank you to my family and all my teachers for all your love, kindness, and support.

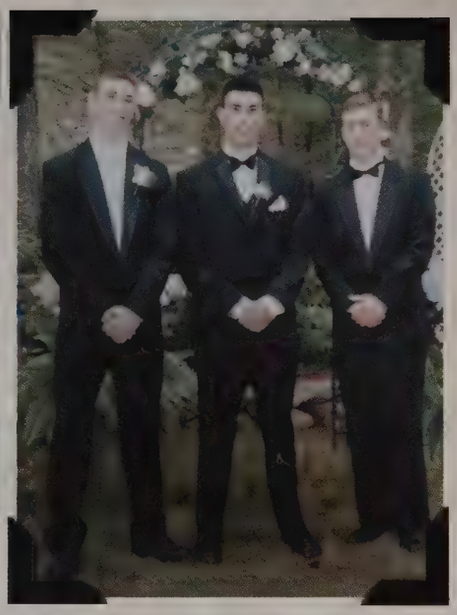
Good luck class of 2004.

Jason Haber

"If a man does not keep pace with his companions, perhaps it is because he hears a different drummer. Let him step to the music which he hears, however measured or far away." -Hank Thoreau

Thanks mom, dad, Ben and Josh for always being there and caring.

Thanks to the clan for
all the great times.
LSXC 03-CDE



SENIOR MIDTERMS

"All responsibility is officially over, its second semester."
-Blake Barrett

Jan Wright struts down the hall.

Ashley Miller manages her time by working in school.

Amanda Hogan sets herself up for a good study session.

Ben Tatkow, Blake Barrett, Chris Kazmarsky, Jon Kurland, Jim McCann, and Mike Capizzi turn to see what's happening.

Caleb Hagarty

I love you Mom, Dad, Eric, Alana and Melanie.

To all my friends, thanks for the good times over the past four years.

Jonathan Haggerty

Thanks for the great times, don't know what I would have done without you.
Dave, Chabot, Gangles,Samwize and the all important Jane.
From cheesy bread to the mullets, its been fun.
Thanks to everyone else for always being there,
RLR special thanks.
I'll miss you all. Good job '04

Vanessa Hammond

It has been such a wonderful 4 years here at L.S. thank you love you always
Mom, Dad, Keath and Joey.

Alexander Hamwey

Thank you to Mom, Dad, Jaclyn and my grandparents love u always
Gido-I know your watching over me
I'll love u always.
Jason (J-man)- BF4L- Sunday Night BBB-BQubed
JB,LB,JS,EG I love you guys.
Thanx for everything.
Jacque you mean so much to me
LS football "04" D-line baby
Yeah "Black Shirts"
Good Luck Class of 2004

It's kind of fun to do the impossible. - Walt Disney

Kenneth Hanchett

I did it Mom, this was for you!
Dad, Abby, Emmy I love you all
Jesse-here for you always Babe,
I love you.
Boys it's been a blast...party on!
Girls you made it awesome!
WarriorHockey#18
Good Luck '04
"...Yeah man that's good stuff..."
-KC

-HANCH OUT-

Sarah Harvey

"All my world is a narrow bridge.
The main thing is not to be afraid."
-Rabbi Nachman

Thank you to everyone who
supported me through the years.

Good Luck 2004!

Ashlee Hazeltine

"And I finally decided my future lies,
Beyond the yellow brick road."

To Mom & Dad - Thank you for
believing in me.

To friends (you know who you are)
Thanks for everything.

"We're not 21, but the sooner we are
the sooner the fun will begin." -D/C

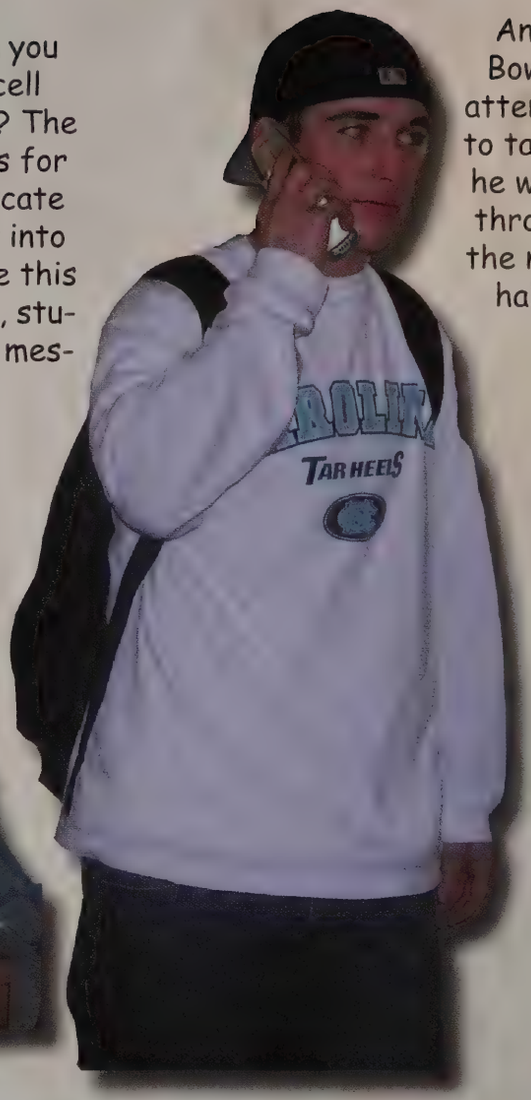
Marissa Henaghan

"The memories I've held
shall never be erased
and the friends I've made
shall never be replaced."

Thanks for all the fun nights.
You know how we do!

Graham- Thanks for everything,
near or far, always by my side,
I love you.

How many times can you remember hearing cell phones go off in class? The standard procedure is for the teacher to confiscate the phone and turn it into housemasters. Despite this strictly enforced rule, students manage to text message in class.



Andy Bower attempts to talk as he walks through the noisy halls.

Mieke Debeukelaer uses the 'behind the bag' text message trick in class.

CELL PHONES

Melinda Hileman

Nina Hirsch

"In the name of God, and of the great generations from which she receives her great gift of nationality, America calls us her children to her flag." Semper Fi!

Thanx mom, LM, AL, SP + CF

Amanda Hogan

"You know the Dread Pirate Roberts? You are friendly with such a man?"
"It's a little more than that, Buttercup," Westley said. "I dont expect you to quite grasp this all at once; just believe it's true. You see I *am* the Dread Pirate Roberts."

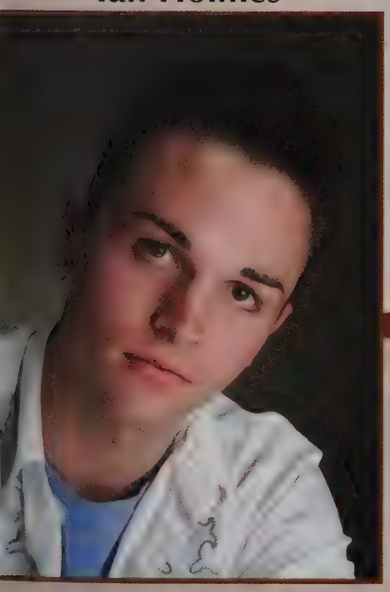
Zachary Holcomb

INVASION OF STINK BUGS

These bugs almost became as common in L-S halls as students. People often had to look at the ground when they passed through the glass hallway to avoid squishing these friendly stink bugs.

"The golden opportunity you are seeking is in yourself. It is not in your environment; it is not in luck or chance, or the help of others; it is in yourself alone."

Ian Holmes

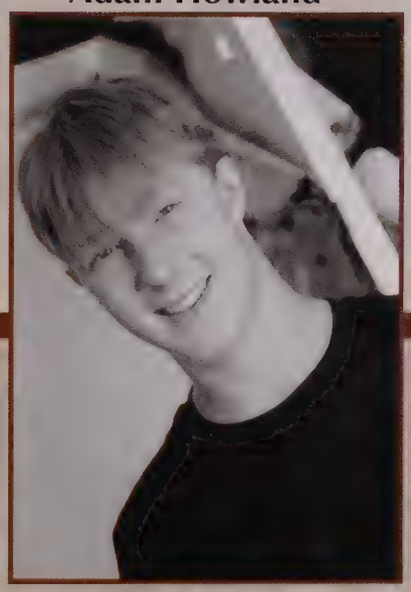


Mom, Dad, Stef, Jen- I love you
Thanks for your love and support
"Life is too important
to take seriously."

Nattie-
I love you. No quiero estar sin ti.
"Friendship is 1 mind in 2 bodies."

Everyone else-you know who you are
I love you!
"The best way to predict the future
is to invent it"

Adam Howland



Of all I've learned 'till the end
A friend is a friend is a friend
And to all of you I know so well
There's just one thing i'd like to tell
"I love you all"
Will always and forever
Echo down those halls
Adam Howland and Denise Duval
Congratulations Last Graduating
Class of Lincoln-Sudbury
D'Originale!

Torrey Hullum

"never attempt to put yourself
in the majority"
For far more than you'll ever
realize thanx Mom and Dad.
Thanx to the adults
whose actions were far more, or
less, than your job descriptions.
Lincoln:
Thats whats up!
The rest of my 'heezeez I love
y'all too! Alright, that's it.

David Hunter

"Life is full of journeys,
High School is but only one."

Abby Courtney and Mr. Banta are caught chatting.

REMEMBER WHEN... Mike Reich, Evan Phelps and Jared Nicholson dressed up as Santa, Mrs. Claus and an Elf then handed out candy at school.

hang on...

Aziza Hussain

Listen to that which cannot be heard
with your ears.
Listen to the whispers of your heart.
*
In my world, snowflakes and raindrops come together as one.
I hold out my hand to catch each
Raindrop and thank God for this
beautiful miracle.
~SUMMER 2001~
"The night's departed; yet, my friend,
Our story's not yet at an end."
-Robert Browning
GOOD LUCK, CLASS OF 2004!

Asuka Imagawa

We never know how high we are
Till we are called to rise
And then if we are true to plan
Our statures touch the skies-

The Heroism we recite
Would be a normal thing,
Did not ourselves the Cubits
warp
For fear to be a King-

By *Emily Dickinson*

Alaina Jenkinson

"the world is a better place
because of those who refuse to
believe they cant fly."
thank you mum daddy brad will
and sss, the sisters i never had. ily.
my girls, boys and 2004, we rocked.
"you have to forget about what other
people say. you have to go on and be
crazy, craziness is like heaven."
odp forever! my crew, mad love.
lifes sweet when you've got the 13
most wild, crazy, fun and loving girls
on your side..dirty forever.
mandy pura vida*daniela lucky for life

Rebecca Jennette

"ThereRSoManyTimesLooking-
BackWhenIWasSoAfraidAndTher
You'dComeToMeAndSayToMeU
anFaceAnything" MyGirls-
UKnowHowWeDo! ILYSoMuch,
I'llNever4GetTheMemories.BFF!
MyBoys-UCanAlwaysMake
MeSmile! CB-ILYHunni! Alz-
GoodLuck,MuchLuv! Chris-ILov
YouSoMuch,ThankUInAdvance!
MichaelPaul-ILY&MissU!M&D-
ThankUILY! GL'04

"It is an honor to be on the student senate and represent the student body of Lincoln-Sudbury. We have accomplished a great deal this year. Not only have we brought back the school dance but we have expanded the L-S culture." -Evan Phelps

THE STUDENT SENATE

Thomas Dichter gets ready to enter the cold as he starts to put on his coat.

"You never leave someone behind, you take a part of them with you and leave a part of yourself behind."

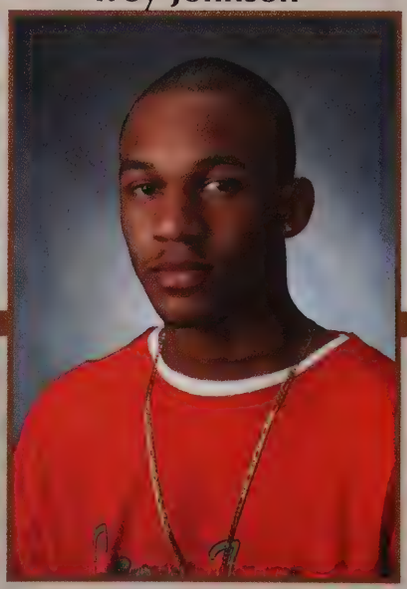
Christopher Johnson

Nicole Johnson

I wanna thank my family, i lov u! Mommy lala. 2my Lil Bros: Nathan&Derix ur #1 in my heart. Daddy I'll always be ur lil gurl! 2my gurls: Kri-Kri&Sybille, You've been there through everything, much luv 2 the both of u!

"U can judge me all you want, But leave the verdic 2 ur self."

Troy Johnson



I have been through hard times and I have been through good times so peace to all my boys and cool teachers.
so what more can I say but...I'M OUT.

Anthony Jones

Mami & Daddy thanks 4 the love, support and care-were almost done-I love you

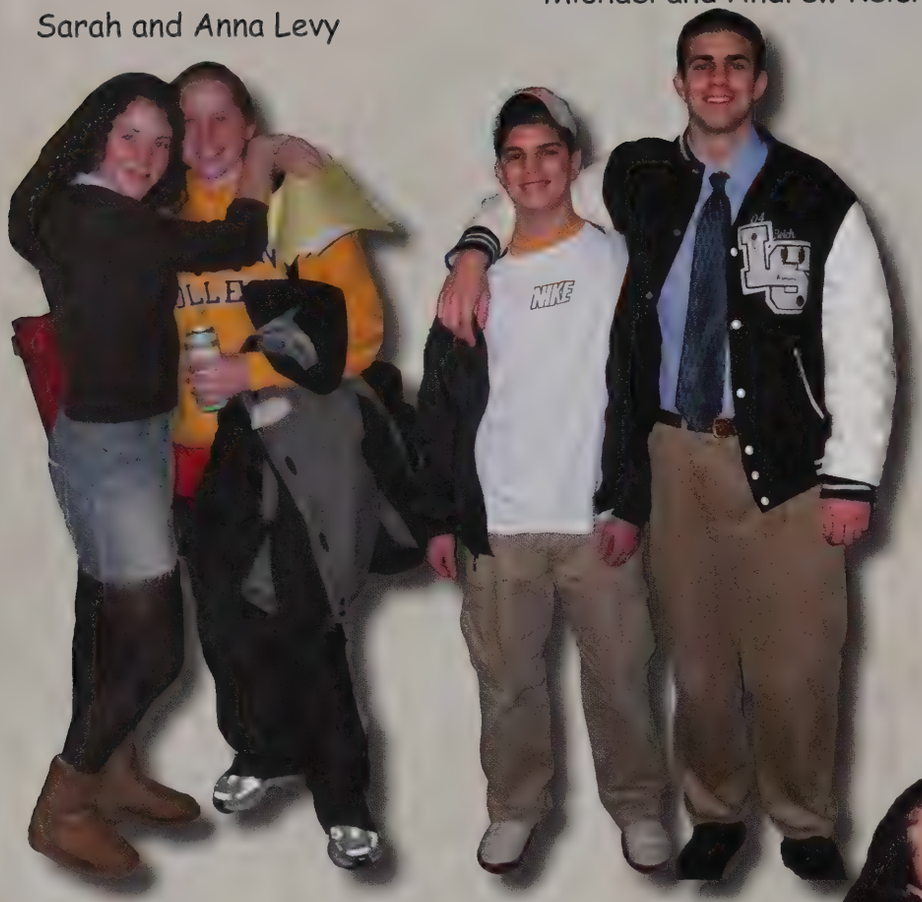
McCann's, you have been my 2nd family, much love & thanks.

Thanks for the memories-
Only at LS

Peace im out W/LOVE--AntJHolla

Sarah and Anna Levy

Michael and Andrew Reich



"I drive him to school every day. When I see him give him the occasional "hi" if he is lucky. However when my friends see him they attack him and they try to embarrass him which always works. Having a bro in school isn't so bad."
-Daniel Pereira

"I never see my bro, so it's chill....I guess the school is big enough for the two of us."
- Cullen Beatty

Ariel and Johanna Costella

Tara and Brigit McDermott

Brendan Jones

Christopher Kaczmarsky

"The future is no place to place your better days"
Drew,Blake,P,Jim and the boys, have we had a good time or what? every weekend crazier than the last.
Court Chels Mom Dad-
I wouldn't be here without you guys I love you.
Not even a million years could make you what you are Christina
KINGS OF CRUNK!! PEACE

Daniel Kamen

Goodnite goodnite sweet dreams crazy Karl Marx I too wish the state would wither away
(into a world without countries
& their great draggy nationalisms
& their great draggy governments
which aren't our ideas of
communities of love)
So good night old comrades
the good days are gone
forever so goodbye

William Kaplan

424, I got ninty-nine problems but a b aint one... Thank you everyone who believed in me, will not disappoint you.

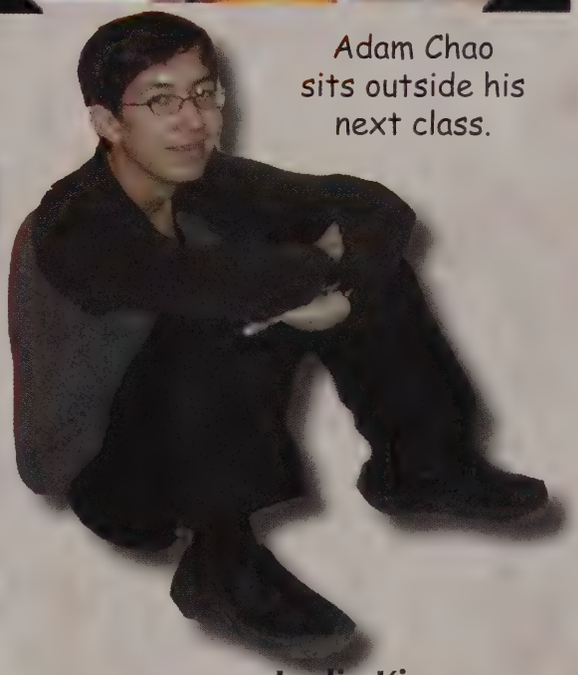
What is it like to have someone from your family in high school with you?

Michael Muldoon heads home.

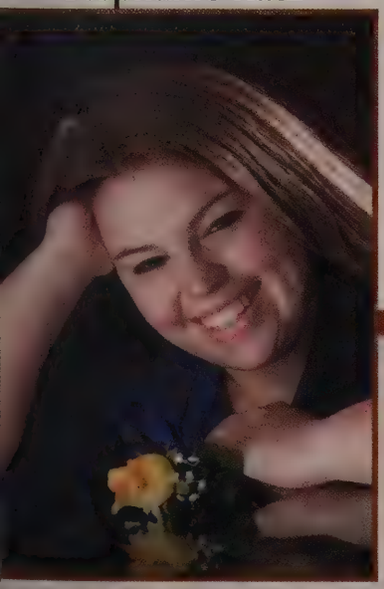
Kristina Brumme enjoys the warm weather outisde.

Adam Chao sits outside his next class.

Jim McCann relaxes in class with his feet propped up.



Stephanie Katz



"This is my family, I found it all on my own, its small and broken but its good...its still good"
Ad, Bri, Dad, thnx for believing you are the wind beneath my wings! Mom, wherever you are, you are my inspiration & ILU!
JZ,SM,BG, ILU! Where would I be w/o you?
"Reality is wrong, Dreams are for real!"
GL '04

Amanda Kerns

"The real meaning of travel is the discovery of oneself through contact with other people."
(PURA VIDA) -Paul Tournier

Mom, Dad and Natalie-Thank you for everything. I love you.
Deeca + Lain- You are my girls I don't know what I would do without ya'll.
DIRTY FOR LIFE
-we have had some crazy times.
SSS Need I say more. I love you girls.

Peter Killeen

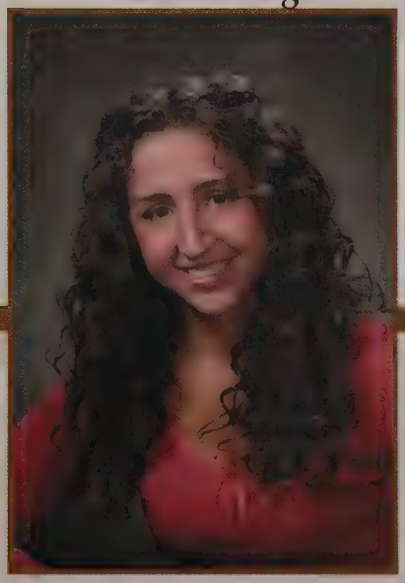
Leslie King

"Hope is the destination that we seek. Love is the road that leads to hope. Courage is the motor that drives us. We travel out of darkness into faith."
-Dean Koontz

"What lies behind us and what lies before us are tiny matters compared to what lies within us."
-Ralph Waldo Emerson

Charlie Lands-man, Todd Fickes, Chris McDonough fight the cold weather.

Rachel King



Traffic cones, London, CapeFest '02, parallel lives, Deep South, Tom+John, all the walks, "Keith's '03", DP's, the lists...
...thanks girls,
for years of entertainment.

"Maybe we'll meet again further down the river, and share what we all discovered...then revel in the view."

Alena Klimovitzky

Fate only takes you so far, when you get there it's up to you to make it happen.

Lesley Kline

To M&D, Thank you, thank you, thank you! You guys have made me who I am today.
To Laur, Ace, Oli, I love y'all more than you'll ever know
To my friends, you guys are my everything. ILU.
Special shout-out to Stacia, our friendship has carried me for the past twelve years.
"Saying goodbye, why is it sad? Makes us remember the good times we've had." -The Muppets

Brian Knight

"An' as the eagle leaves the nest, It has so far to go."
-Jimmy Page

Liz Robbat, the all-time wrestler fan, is caught watching another game.

Michael Muldoon plays low in spanish class.

Samantha Koch

Mom&Dad-u have 4-ever changed my life, thanks 4 all ur support. K,S,W&J, good luck in years 2 come, ILY. K&J best wishes.
Ant-u have always been there 4 me, thanks hobo.
Boys- u made times fun.
My Ladies- Many memories, i couldn't have done it without u girls. U Kno How We Do!
Benjamin- u made my every dream come true.
Gd Lk 04!

Jeremy Kolb

Cara Kramer

Never fear you've reached the end of the road in life, 'cause just around the bend, there's another intersection to cross.

Elisa, you taught me so much, you're my best friend and I love you! Mom and Dad, what more can I say other than thanks for all you have done for me, xoxo.

Class of 2004, I'll never forget ya!

Jonathan Kurland

"There's so much left to know, and I'm on the road to find out."
-Cat Stevens

"I can believe anything as long as it is incredible."
-Oscar Wilde

CDE L-S XC '03 DWB

Christian VonStackleburg draws diligently in art.

Prashanth Gubbala works on a yad on disk.

Lauren Savit laughs with her friends in the hall as she tries to get work done before next block.

Dana Lampert

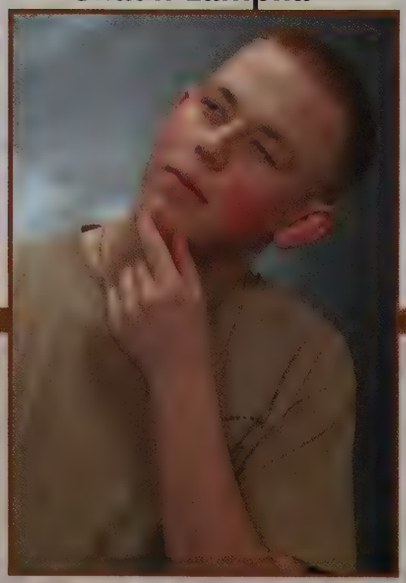
"Look, if you had, one shot, one opportunity, To seize everything you ever wanted. One moment. Would you capture it, or just let it slip?"
-Eminem

"An acre of performance is worth a whole world of promise."
-Red Auerbach

Mom, Dad, Seth, and Josh-
I can't thank you enough!

Good Luck 2004

Shaun Lampila



Charles Landsman

"probably not likely." G-Jizzle

Thanks Mom and Dad for always being there for me.
Sam, Ted and Ellie,
you guys are the best.

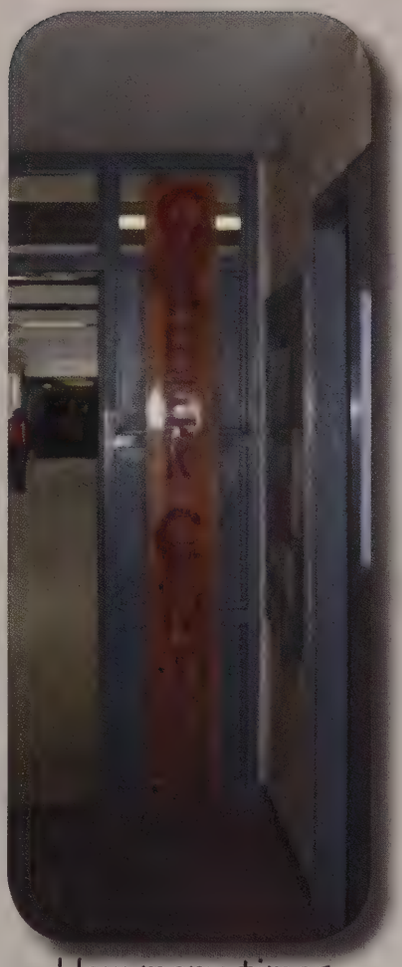
To all my friends,
good luck in the future.

Jennifer Lawhorn

"Ill remember the strength that you gave me now that I am standing on my own." Mom Dad, K&C thanks for everything love you.
ladies thanks for always being there. dan thanks for staying by my side, ILY:) boys-mra, you made me who i am. nyc, sball11, florida, parties,celts. Goodluck 04!

The Career Center is the place where mainly second semester juniors and first semester seniors research colleges. The Career center is also the meeting place where college representatives meet with students. The career center is certainly a visitor attraction.

It looks small but the Career Center is filled with valuable information.



How many times a day do you pass this sign?

Ms. Hawes waits in the Career Center to assist students.

JOBS ANYONE?

Tanishia Lee

Ashley Leger

Thanx Mom + Dad, I love U!
Sean UR the MAN
Thanx NH + LM for everything!
I love you guys.
BJ even though we grew apart a bit I am always here.

Michael Leonard

Carly Leusner

"We see from where we stand."
-Haitian saying

Thank you: Mom, Dad, Chelsea, Raquel Teachers, and Friends

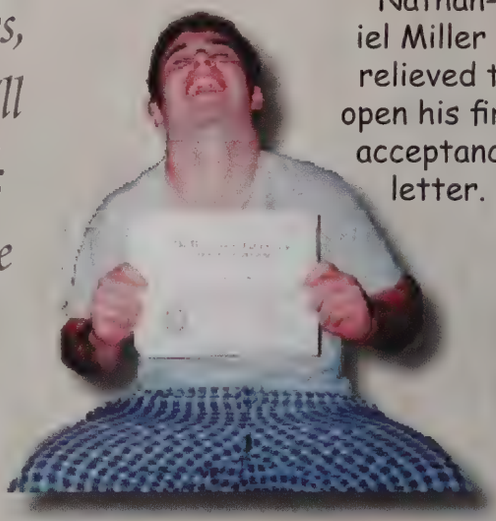
"I didn't begin to touch until i felt what wasn't there." -Bob Dylan

"I've never been so stressed in my life. It's a lot of pressure, and a lot of work. You basically work your whole high school career for this one moment."
-Brigit McDermott

"If I could envision a hell, it would be having to repeat the college process over and over again." -Becky Feldman

COLLEGE ACCEPTANCES

Be curious always, for knowledge will not acquire you; you must acquire it."-Sudie Back



Nathaniel Miller is relieved to open his first acceptance letter.

Alexandra Levy

"Success will not lower its standard to us. We must raise our standard to success."

LD & CC- "A good friend is hard to find, hard to lose, and impossible to forget." Thanks for all the great memories!

Mom, Dad, Erika & Robert-you made me who I am today. Thanks for your love and support.

Benjamin Levy

Mom and Dad- thanks for your support. Hannah- hope you have as much fun at LS as I did. Thank you to all my friends. AR and KS you have always been there for me. To the world you might be one person, but to one person you might be the world.
-Unknown
Samantha I will always love you.

Sarah Levy

"A moment is a lifetime...but only for a moment."

Mom, Dad: I'll never quite escape nor, in my inmost heart, ever quite wish to.

Juls,Ann: use the strength that carried me, luv you both.

My Lincoln Grls! I'll 4EVER luv
"Friendship is the shadow of the evening, which strengthens with the setting sun of life."

Tracia Liang

"Falling leaves return to their roots" -Chinese proverb

Thanks to all of you who have stood by my side through the hardest of times, and laughed with me in my happiest moments. Thanks Mom and Dad Thanks to all my friends, you know who you are. I WORSHIP THE PURPLE QUEEN! (that's Victoria, obviously!)

Aziza Hussain and Charlie Wambolt look like they are enjoying themselves.

Jason Fang is decked out in wrestling gear.

Rune Aabo waits while Sarah Harvey takes a locker stop.

GOOD FRIENDS

Ashley Linden-Demers

"It's kinda of fun to do the impossible." Jess ILY more than you will ever know, always-thank you. J thanks for letting me be your Bruins girl.
Good times my boys & my girls 143 always!
Mom you're amazing, thank you. Dad,Kath,Kit & AB- Thanks for always supporting me, love you!
Good Luck '04

Gal Lipetz

"Dance like no one is watching and love like you've never been hurt."

To my family, thanx for all your love and support, I love you! To all my friends, thanx for making the past four years amazing,
I love you all!

"These are the moments I'll remember for the rest of my life, and I couldn't ask for more."

James Long

"If you want to experience all of the successes and pleasures in life, you have to be willing to accept all the pain and failures that come with it."MH

Thanks Mom, Dad, family and friends for all the good times.

John Lord III

Thanks to all my family and friends who helped me do what was needed to graduate. Couldn't have lasted without my friends. JD, JB, Morgan and JM, NC, CF, MR, MM...can't say em all.
Bye LS.

MEET THE BAND

Speak Easy is the hottest band to hit LS since They Might Be Giants. With their infectious reggae-grooves and hard-rocking anthems, they've been known to captivate crowds and rock their socks off. If you feel it getting chilly down below, Speak Easy is probably around.

Felix Lufkin

By Narayana's widespreading tree whose leaves are songs, on the grass plateau high on the sacred and eternal breast of Kailasa, the Players met under the colored shadows and asked: "What shall we play next?"

Matthew Lynch

Phoebe MacNeill

"Carpe diem! Seize the day boys! Make your lives extra ordinary!." -Dead Poets Society

Val bff.
Conor, Tom, Jeff and the rest of the posse I love you guys.
"Smoke, dude, smoke?"
"Dead"
"Peace"
"War"

Sarah Macone

"If you're not living on the edge, you're taking up too much space."
Good Luck '04, We are out!
Thomas thanks for always being by my side. I love you.
Concord Road Crew Forever!
Big thanks to
Mom, Dad, Jesse,Molly and Jenny couldn't have done it w/o you all.
Special thanks to SK6AD.
Thanks for all the good times.
IHDWJLJWCHCKJSKWMLALD.
Can't forget the guys in the shop.

Speak Easy started three years ago under the name "Me John & Casey". Since then, they've had the good sense to kick out the "John" and stop being a bad band. Over the years they have developed into one of the best bands L-S has ever seen. They have acquired Jameson Hollis, Kevin Verni, and Maggie Arnold, turning them into the most unstoppable quintet ever."
-An anonymous fan

Michael Madden

Take your time,
Don't live too fast
troubles will come
and they will pass.
Go find a woman
and you'll find love.
And dont forget son,
There is someone up above
and be a simple kind of man
be something you love and understand.
Lynyrd Skynyrd

Caitlin Maddix

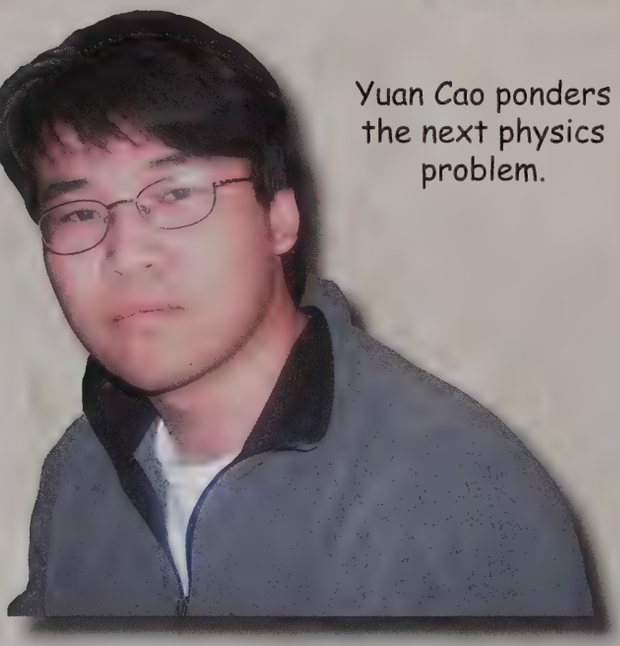
"Funny when you're small the moon follows the car. Does no one but you see? Hey the moon is chasing me."
-DMB

Mama Maddog, you are my favorite mom.
Loosh, Space, Caroline, Danielle, Becca & everyone else who I am NOT forgetting, THANK YOU for so much more than you know.
To ALL my taxis, THANK YOU.

Michael Maguire

The Warrior

REMEMBER WHEN...
big Joseph Mills "Joe" hurt his leg and was in a wheel-chair. Lots of students volunteered to push him to classes?



Yuan Cao ponders the next physics problem.

Katherine Maier

"By the time I recognize this moment, this moment will be gone, but I will bend the light, pretend that it somehow lingered on."
-John Mayer
To Mom, Dad, and Alex, Thanks for the guidance and support, I love you! Girls, You know how we do! Brandon, you put the color inside of my world.
Good luck '04!

Jessica Majno

"If not now what then?
We all must live our lives
Always feeling
Always thinking
The moment has arrived."
-Tracy Chapman

Mom, Dad, Lindsay and Greg, thank you for the endless love and for always keeping me grounded. I love you so much. NMLTKBCL: I owe these last four years to you.
Good luck '04!

Stacia Marcelynas

"No one told you when to run, you missed the starting gun, So you run and run to catch up with the sun but it's sinking, racing around to come up behind you again." -Pink Floyd

"...Oh Yeah..."-Anonymous
(you know who)

Thanks a bunch

Lindsay Matthews

"Come to the edge", He said. They said, 'We are afraid.' Come to the edge, He said. They came He pushed them, and they flew
-guillaume apollinaire

all you need is love
-john lennon

SOME MISTAKES ARE TOO MUCH FUN TO ONLY MAKE ONCE.

Michael Albano looks prepared for the day

Jessica Wong and Caroline Miller are very hard at work.

Matthew Mattioli

Maggie Mayer

I am a work in progress dressed in the fabric of a world unfolding.

Out of context, I seem so strange.

-Ani DiFranco

James McCann

"I will go in this way and find my own way out." DMB

Blake, Drew, Kaz and PPPP we went huge.
Mom Dad Ryan Brendan, Ant and Greg thanks for always being there.
Kings of Crunk.

Andrew McCarthy

Boys, we stuck together and had some great times. Ladies, try not to miss me too much.
Mom, Dad and Kate, you've been there through thick and thin.
Thank you.
Keep the party going '04

Warrior Hockey #1

"It's hard to be humble, when you're as great as I am." -M. Ali

"Good , better, best. Never rest until your good is better and your better is best!"

Melissa McTyre dreams of life outside L-S

Marissa Sheldon has something on her mind

Dana Lampert has entered the building

Emily McCormack

It's been a wild ride
I wouldn't change a minute
I can't slow down inside
This is why I live it -311
My guys and girls, what a wild ride
these years have been.
The best is yet to come
forever & a day.
MDEJK, thanks for always being there
for me, ilu.
We always knew that we could.
Thank you if you too thought we
would -311

Brigit McDermott

"We all take different paths
but no matter where we go
we take a little of each other."
To my Girls&Guys U made these last
4 years unforgettable, we always had
fun, thanks for the memories and
laughs. Forever and a day.
AG- Gdlk+Have fun.
MDTGJSR- I couldn't have made it
without you. ILU
T&G-enjoy the years to come, they
go by too fast.
Good Luck '04

Nancy McDermott

"Launch yourself on every
wave, find your eternity in every
moment." -Thoreau
Mom Dad and Kristy thanks for
your love and support, I couldn't
have done it alone-love always.
To my friends-
you made it all worth while,
thanks for the good times.
Go LS swim. Good Luck '04.
"Don't let your dreams be
dreams."

Christopher McDonough

A great catch is like watching
girls go by- the last one you see i
always the prettiest.
Mom and Dad, thanks for all the
support over the years. I couldn'
have done it without you and I
love you both with all my heart
To my friends, best of luck, and
I'll always remember the TD's!
LS Baseball, LSBS, 2-Seamerz

DRAMA

For good reason, Alexander Sheff earned the reputation as one of our school's "drama kings."

To act, or not to act? If you would like to give it a shot, apply here.

Lauren McMahon

"This has all been wonderful, but now im on my way." - Phish
M,D,K- I am who I am b/c of your love and guidance. Thank you so much, I love you!
SP, CF-So many forgotten memories...It's been fun. Thanks for the kindness. luv 4 ever.
huh...wha?
Thanks to all my kind buds
spark it
"Dont think about what you left behind." -Grateful Dead

Dana McNally

"Soon you will have forgotten everything, and everything will have forgotten you." - Marcus Aurelius

Mom and Dad, thanks for all of the help and support over the years, I love you.
Brooke and Geoff, the two of you were the best thing a younger brother could have growing up, thanks for all the guidance my past four years.

BH+D, DWB, LS Lax and Football, all my friends...it's been a blast.

Serena McNeil

Life without love is no life at all.
-Divinehi

There are no coincidences.
Everything is meant to be.
Thank you Mom and Grandma.
I love you.

To all my friend, thanks for being there for me when i needed you the most.

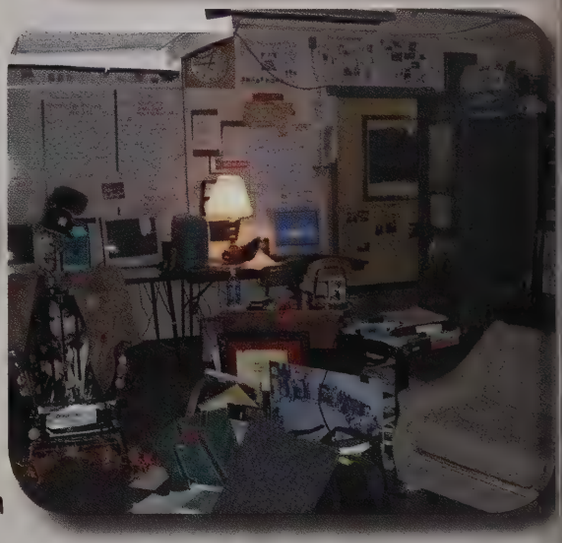
Catherine McTyre

"What good is sitting all alone in your room? Come hear the music play. Life is a cabaret old chum. Come to the cabaret." -Cabaret
Mom, Dad, Michael, Jamie & Jenn- I love you all so much, but you knew that already!
To my friends-ya'll mean so much to me. Thanks for being there.
And to my chicas- keep singing girls! 2004.

THE FORUM

"The forum is basically my home away from home. The staff here is great and it's quite a friendly atmosphere all the time. When our deadlines come, it's a little hectic, but it's all enjoyable and we have a great time together." -Mark Bradford

Sean Wright catches up on school news.



Melissa McTyre

"Things are getting curioser and curioser!" -Disney
Mom, Dad, Jen, Michael and Katie, I love you all so much! Thank you for being there.
To all my friends...Hey yea! My Chicas, I love you guys! To Holly and Smithy, thank you for everything.
Remember...
"Don't dream it, be it."
-Rock,y Horror

Abigail Meeks

"So don't you sail upon the shoreline and say you're satisfied
Choose to chance the rapids
And dare to dance the tide".
WCDA 7 years-you'll always be home.
ASP*01*02*03*04
my buds:blondies,b-lish,TT,SO's...
4ever&aDay.
M,D,Em(slims),Ted(BB),Luce~
luv u always
"...So I will sail this vessel
Until the river runs dry".

Christina Merullo

It's true, these past 4 years have flown by, but with them I have gained many memories that I will never forget. Thanks to my family and my friends for always being there to support me, I couldn't have done it without you.
Good Luck Class of 2004

Daniel Michelson

Good luck in the future everyone. As I leave, I believe my controversial (to put it mildly) positions are best explained by what Eugene Debs said when he was confronted with the prospect of being arrested for speaking his mind; "If this be treason, let them make the most of it."

DETERMINATION

Success is to be measured not so much by the position that one has reached in life as by the obstacles which he has overcome while trying to succeed." -Booker T. Washington

Jared Nicholson mentally prepares himself before his wrestling match against Weston.

Samuel Smith care to share, What's so funny?

Sarah Pizon is in the middle of a sentence

Stephanie Flavin always has a smile

Caroline Miller

"Always do the right thing. This will gratify some people and astonish the rest."
-Mark Twain

"The secret of getting ahead is getting started."
-Agatha Christie

Nathan Miller

Thanks Mom, Dad, Matt, and Dana for helping me get through everything.

PKB. Never forget the good times.
L-S Wrestling and Football

Class of 2004, best of luck.
See you later.

Ashley Milley

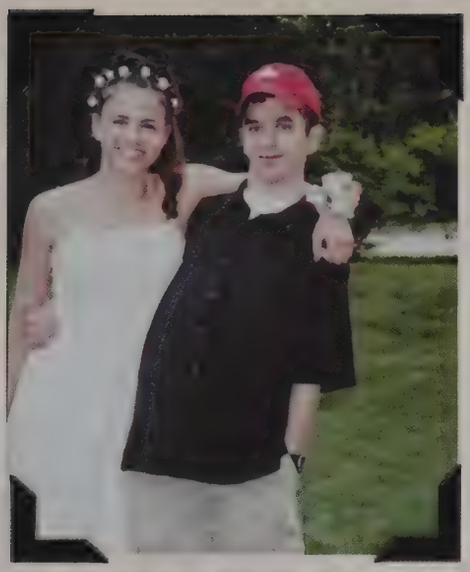
"Live with reckless abandon"
Mum, Dad, Steve and Scott thanks for always being there!
I love you.

To all my girls, you made it all worth it.
Dirty & Co.

EAGLES ARE FLYING OUT

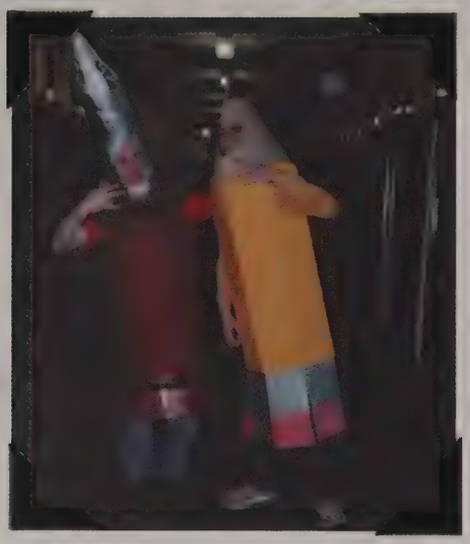
Joseph Mills

"I am not the smartest or most talented person in the world, but I succeeded because I keep going, and going and going."
-Sylvester Stalone



looking DOWN

Seniors...big, scary and running the school.



Anatomy class works with the brain: Emily Swanson, Kimberly Walsh, Marc Cullen, Carolyn Miller, Michael Capizzi, Rachel Sennett, Craig Audin, Jessica Wong, Guillaume Rousson, Beth Osborn, Derek Duval, Michael Sacknoff, Mr. Alwan, and Brian Knight.

Matthew Moore

Matthew T. Moore

We've done four already

Hallie Moran

mom dad j- thanks.
boys and girls- you guys are amazing, how could I forget ...naked**** dance, my little fluffy wuff/juggies, X, "you were asleep with your head in a trash-can," greece 03, jpa thanks for listening.

"and in a thousand years and a thousand tears, I'll come finding my original crew."- o.a.r.

Daniel Morgan

"Empty your mind, be formless, shapeless-like water.
Now you put water into a cup, it becomes the cup.
You put it in a teapot.
Now water can flow
or it can crash!
Be water, my friend."
-Bruce Lee
Thanks to my family, especially Justin, who always seemed to be there, and my friends.

BIGGER AND BETTER.

Dustin Welch looks like he is packed up and ready for class to end.

"Beginnings are scary. Endings are usually sad, but it's what's in the middle that counts. So, when you find yourself at the beginning, just give hope a chance to float up. And it will."
-Hope Floats

growing UP

Thomas Dichter is happy as can be.

Ashley Carpenter working on her broadcast journalism.

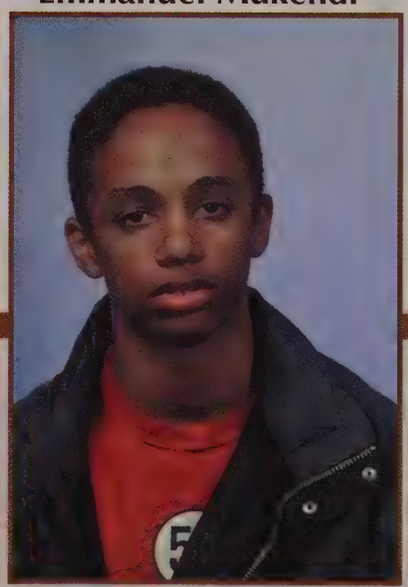
Saul Moskowitz

"When fate closes a door, go in through a window."
-Unknown

Ryan Moynihan

Mum, Dad, Gram and Nanny, thank you for all your help and support. Thank you's to everybody else that deserves it. Courtney and Sarah, you guys know the Concord Road crew will live on forever!
To all my friends,
it's been a great time.
"I didn't jump, I fell"
It's 2:39, school's over, and it's time for me to go.

Emmanuel Mukendi

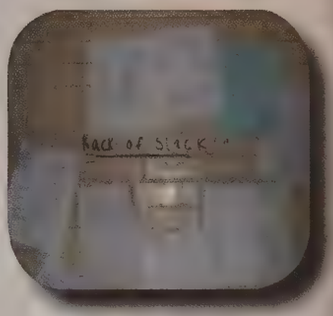


Michael Muldoon

"Take your time, don't live too fast, troubles will come, and they will pass. Go find a woman and you'll find love, and don't forget son, there is someone above...
And be a simple kind of man."
-Lynyrd Skynard

Thanks to my Mom, Dad, Krysten, Family and Friends for all the support over the years.

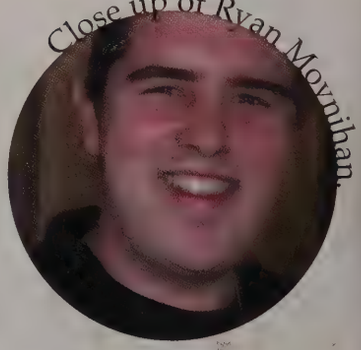
SLACKING OFF...



The question is, when exactly does SENIORITIS kick in? Most of the seniors respond second semester. Others said once they get into college or even the first day senior year starts!

Earning a 69% or below on papers, quizzes, projects and tests earned seniors the right to post it up and brag that they just don't care anymore!

Kate Maier and Samantha Koch relax after finishing first semester.



Close up of Ryan Moynihan.

Kara Mullaney

Mom, Dad, Erin, and Andrew,
Thanks for always being there,
I love you!

Girls- you are amazing, thanks for all the laughs.
"You can tell we're friends because we're always having way more fun than it really makes sense to be having..."

-Forever and a Day-

Jonathn Mutch

To my friends, family, and anybody else who has helped me through the years:
thank you, I love you all.
To anyone who tried to stop me, laugh now, because in a few years you'll be pumping gas into my Ferrari.

HOLLER!!

John Narcus

In1981mymammagavebirthtoagodgivenheavenlyson,againin1985. Untilthehorrorbegun,itsuddenlyslippedfrom2to1. Icantgoonwithout mybetterhalf,rememberthetimesweewouldplayandlaugh,Thetruthwas hiddenbehindamask. Timeshavechanged,theresonlyonethingIknow, I will never ever forget my BIG BRO. R.I.P.

peace fools

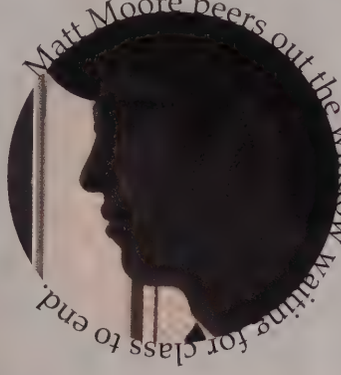
William Navikas

Thanks to my friends and family who have helped me throughout the years. Mom, Dad, Amy, and Deb-without you, I could not have made it this far. Thanks for everything; you mean the world to me.
Mom R.I.P. you mean everything to me and I will never forget you I am always thinking of you.

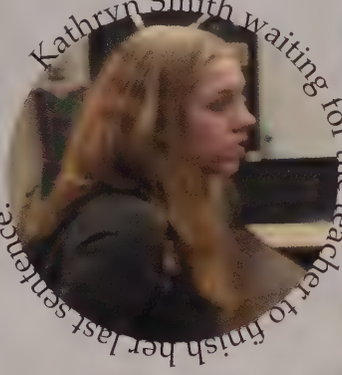
2-Seamerz 4 Life

"Senioritis- the inflammation of the senior. It first kicked in right after first quarter ended; I found myself sitting down at my desk with my homework in front of me, telling myself 'I don't really need to do this.' It's contagious too. You see other people slackin' and you can't help but to do the same."
-Ben Tatkow

Chris Price shows off his smile.



Matt Moore peers out the window waiting for class to end.



Kathryn Smith waiting for the teacher to finish her last sentence.

Sean Neri

Goodbye all, and good luck. The one thing I've learned, is that life is to short to worry about tomorrow. If we could all stop waiting for the best to come, we'd see we have everything we'd ever need waiting for us at home.
Mom, Dad, Sofia, and Jesse thank you for teaching this to me.
I love you all.

John Nesky

Jared Nicholson

"Whatever you do, do with all your might." -Cicero.

Thanks for everything Mom, Dad, and Justin.

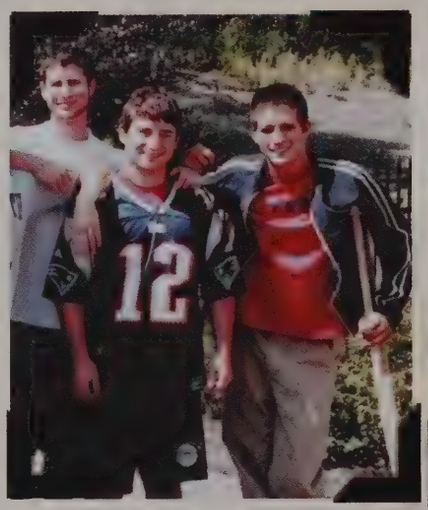
LS Football, LS Wrestling, LSBS.
DWB.

Angela Noon

Who's to say where the wind will take you. Who's to say what it is will break you. I don't know which way the wind will blow. Who's to know when the time has come around. Don't want to see you cry I know that this is not goodbye. -U2-
C M K MJ party of 5 no one can break the bond we have.
M&D I love you & thanks to all of you for ALWAYS being there.
NYNJ fam&Sar Ly
Thanks and goodluck girls.

STEERING COMMITTEE

The 2004 Steering Committee has played a big role supporting and planning for the Class of 2004 since day one. Maintaining economic status for the needed functions and planning enjoyable events.



Rachel Sletzinger asks assistance from a friendly librarian.

Kites rise highest against the wind, not with i

Todd Norley

"May your strength give us strength, may your faith give us faith, may your hope give us hope, may your love give us love." -Bruce Springsteen

Thanks Mom Dad Zack and Ashley for everything you've done. I love you all.
PKB Chiefy22BLACK SHIRTS '03
EDP tubeoftheday RSFPB-thanks for the memories 2004

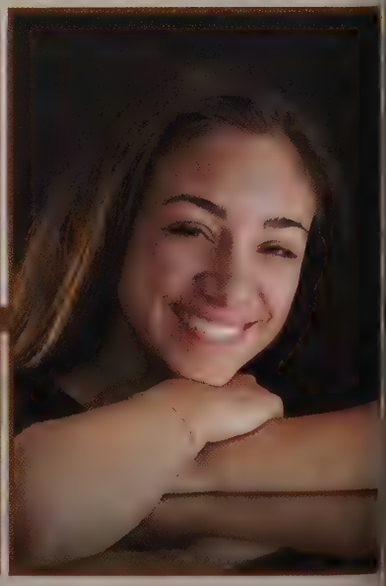
Kate O'Bray

BeCourteous2AllButIntimateWithFew
&LetThoseFewBeWellTriedB4UGive
ThemUrTrust
TrueFriendship
IsAPlantOfSlowGrowth&Must
WithstandTheShocksOfAdversityB4
ItIsEntitled2TheAppellation
Mum+D ILoveUalways
L-URThePerfectLittleButTallerSis
L2-URMyBest+MostLoyalFriend
Girls & Guys -Thanks4TheFun
I'll NeverForgetU
Forever&ADay

Lauren O'Bray

"Don't walk behind me, I may not lead
Don't walk in front of me, I may not follow
Just walk beside me and be my friend."
ToTheGirls&Guys-Thanks4The
MemoriesLaughs&4SpicinThingsUp
M&D-Thanks4YourLove&Support.LY.
L-I'mAlwaysHereForYou
K-NoOneCanReplaceYou
K&L"GodMadeUsSisters,HeartsMade
UsFriends."
Forever&ADay

Lauren Occhialini



"You and me and all our friends, such a happy human race."-DMB
Ali,You're my support. I wouldn't be here without you. Thanks for being my best friend,I'amo.
Stud, 2 words, Thank You.
To my Friends: Thanks for making the bad times good and the good times even better. ILY all.

Oh, It's just Me!

AIM HIGH

Move over cheerleaders, it looks like a new stunt crew. Jared Nicholson, Ben Tatkow, Evan Phelps, Todd Norley, Mike Reich, and Jon Albanese prove us wrong!

Have a vision not clouded by fear.
- Chinese Proverb

Elizabeth Osborn

"I cannot name this,
I cannot explain this,
and I really don't want to
just call me shameless.
I can't even slow this down,
let alone stop this,
and I keep looking around
but I cannot top this."
-ani difranco

Erica Osganian

"I know its hard 2 keep an open heart when even friends seem out 2 harm u but if u could heal a broken heart wouldnt time be out 2 charm u."
Friends and family I <3 u guys and I owe everythign 2 u thanx 4 all the great times.
DMG I <3 u thanks for always being my psychiatrist BFF.
Dynamic duo 143
Evey new beginning comes from some other beginnings end.

Amanda Outly

"Happiness is like a butterfly: the more you chase it, the more it will elude you, but if you turn your attention to other things, it will come to sit softly on your shoulder." -Thoreau

"Let us be grateful to people who make us happy; they are the charming gardeners who make our souls blossom." - Proust

Tess Palin

"I don't want dancers who want to dance. I want dancers who have to dance."
Thnk u 4 all those who understood I had 2 dance.
M&D-thnku4always supporting me
H-I luv u more than life
& respect u more than any1.
T- thnk's 4 always being my cool big brother.
J-U truly R my big pumpkin!
I'll miss u most of all
GOODLUCK2004

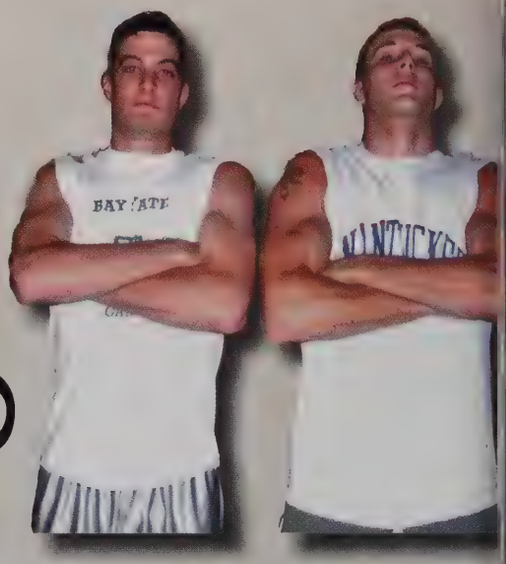
FITNESS CENTER

Resort to the fitness center to relieve stress, to stay in shape and to have fun.

A good work-out is a nice way to wind down after a long day of school

Alex Burpee and Kenny Hanchett, twin towers after a visit to the Fitness Center..

PUMP IT UP



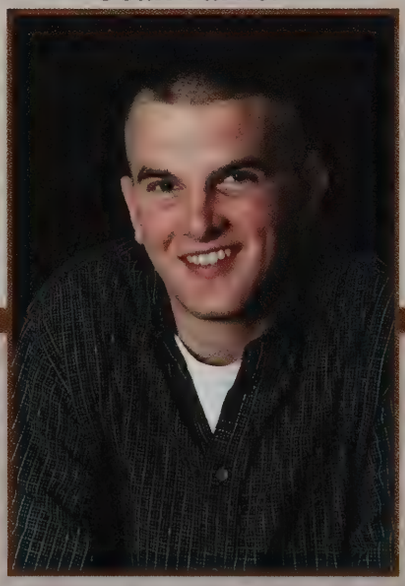
Kristan Palmer

"Do not follow where the path may lead. Go instead where there is no path and leave a trail."
-Ralph Waldo Emerson

Justine Pang

Cest a cause que tout doit finir que tout est si beau.
(It is because everything must end that everything is beautiful)
-C.F. Ramuz

Sean Parker

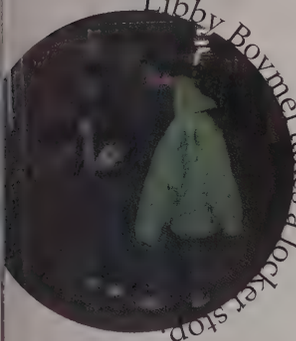


This has been the most fun 4 years of my life. Im gonna miss all you guys when we go our separate ways but we'll still chill. I love you guys Flawn, Nin, Lauren, and all the rest. Times were real DANK.Thanks to my fams, I couldn't have done it without you. Ma+Pa, Low, Ry-dog, Seth & Cody. I love you Karise more then anything. When I think about you everything else in my life means nothing in comparison. Good Luck to everybody, its been awesome.

Vikas Patel

"It's interesting to leave a place, inter esting even to think about it. Leaving reminds us of what we can part with and what we can't, then offers us something new to look forward to, to dream about."
-Richard Ford

Thanks Mom, Dad, Hirsh and friends
SLSXC: CDE

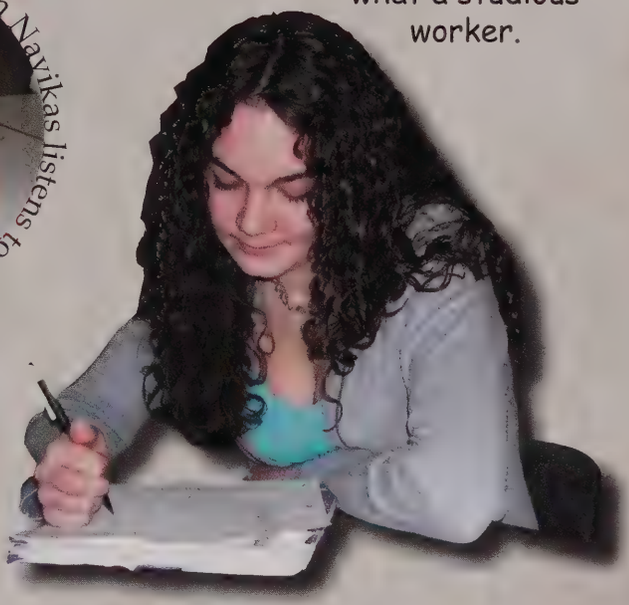


Libby Boymel takes a locker stop

Lesley King walks around during lunch

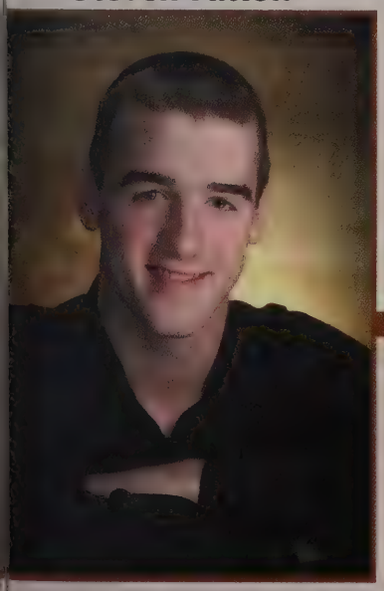
William Navikas listens to his friends jokes

Johanna Costella- what a studious worker.



"What we see depends mainly on what we look for."-Sir John Lubbock

Steven Patton



"I hurt myself today, to see if I still feel."
-Trent Teznor
Speak Easy represent
PKB, RSFPB, EDP, DOMC, PSOMC, VP, tres amigos...
that about sums my high school career.
J-Bo you rock my world
LS is a great school, I've met some great people I've had a great time
I'll see you when i sees you

Daniel Pereira

"Don't lose the dreams inside your head,they'll only
be there till your dead, dream..."-
dmb- Blake,Drew,Jim,Kaz
Unforgettable times every single weekend,life long memories.
Everyone else, party on.Jen, love you always.Mom,Dad,Jon,Nick
thanks for everything,I Love u all.
KINGS OF CRUNK!!
peace 04'

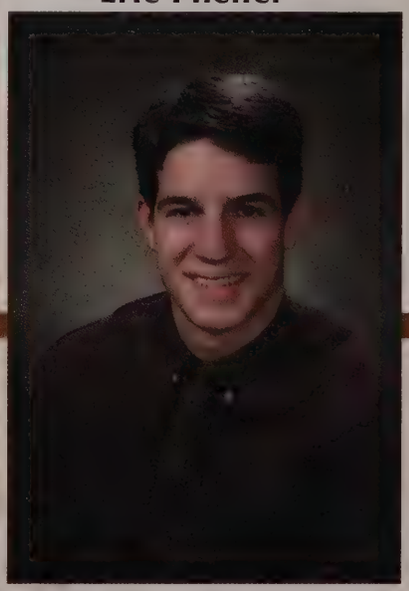
Sarah Perry

"Never doubt that a small, group of thoughtful, committed citizens can change the world. Indeed, it is the only thing that ever has."
-Margaret Mead

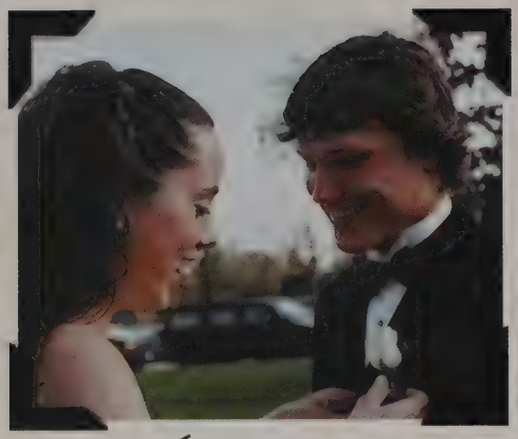
Much love to, Mom, Dad, Ben, Emily, Granddaddy and S&W

You Know!
#1 LS Hockey Forever! FH #43

Eric Pheifer



"Say what you have to say, not what you ought. Any truth is better than make-believe."
-Henry David Thoreau



ACTION

One day we must come to see that peace is not merely a Distant goal we seek, but that it is a means by which we arrive at that goal. We must pursue peaceful ends through peaceful means.
-Dr. Martin Luther King Jr.

Bruno Seraphim and Joanna Crawford talk about upcoming MLK events.

REACH

Evan Phelps

"Bless my eyes this morning,
JAH sun is on the rise once again.
Way earthly things are going,
Anything can happen." -BM

Mom, Dad and Kricket
Thanks for the love and support.
LS Football, Lax & Seniors,
you have made it worthwhile.
JW, TZ-Plympton Road Crew
Phoph you mean the world to me
AMANDLA! NGWETHU! DWB!

Andrew Pierre

Sarah Pizon

"It's choice, not chance, that
determines your destiny."
Jean Nidetch

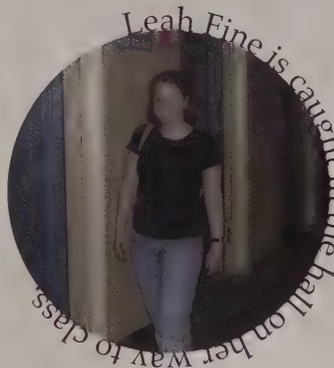
Mike your so good to me,
I LOVE YOU!
BE best friends ILY and miss you.
EAGLES (AMPS) flyin out !LU!
CVS PW JL LF xoxo
Man+Bru: bisous!

Danielle Pomarole

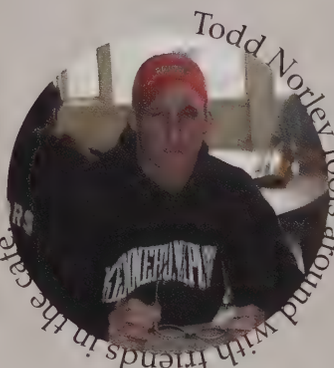
"Don't ever compromise yourself
cause you're all you've got."
Mom, Dad -My #1 fans, thank
you for always being there for
me.
Leslie- I'm so proud of you,
pomarole pride never forget. I
love you.
BM/MO-I couldn't have done it
without you, love you always.
Forever & a day, ilu girls
LS Soccer #18 Love the game

The MKL office is always open and welcoming for those who would like a taste of community involvement.

MLK ACTION PROJECT



Leah Fine is caught in the hall on her way to class.



Todd Norley fools around with friends in the cafe.

Meghan Cappeloni gets a quick bite to eat.

Christopher Price

It's here I was on my way, hanks to you I'm much obliged, for such a pleasant stay."
-Jimmy Page

Brian Prozeller

"They may forget what you said, but they will never forget how you made them feel."
-CWB

To the friends I will neve forget, good times we've had...
Thanks Mom, Dad, Sarah, and Scotty for everthing.

DRIVE SAFE '04

Gregory Rasmussen

"In the face of darkness, Resilience was shown, Through the Best&Unforgetable times we've grown, By myself yet never alone, In my mind I'm always at home." -Unknown

AR, GR, SL, JS, G, DP, FL, CVS, NIZ, AB, Kat, MW, NC, Senior/Concert crew & atkinson, thank you.

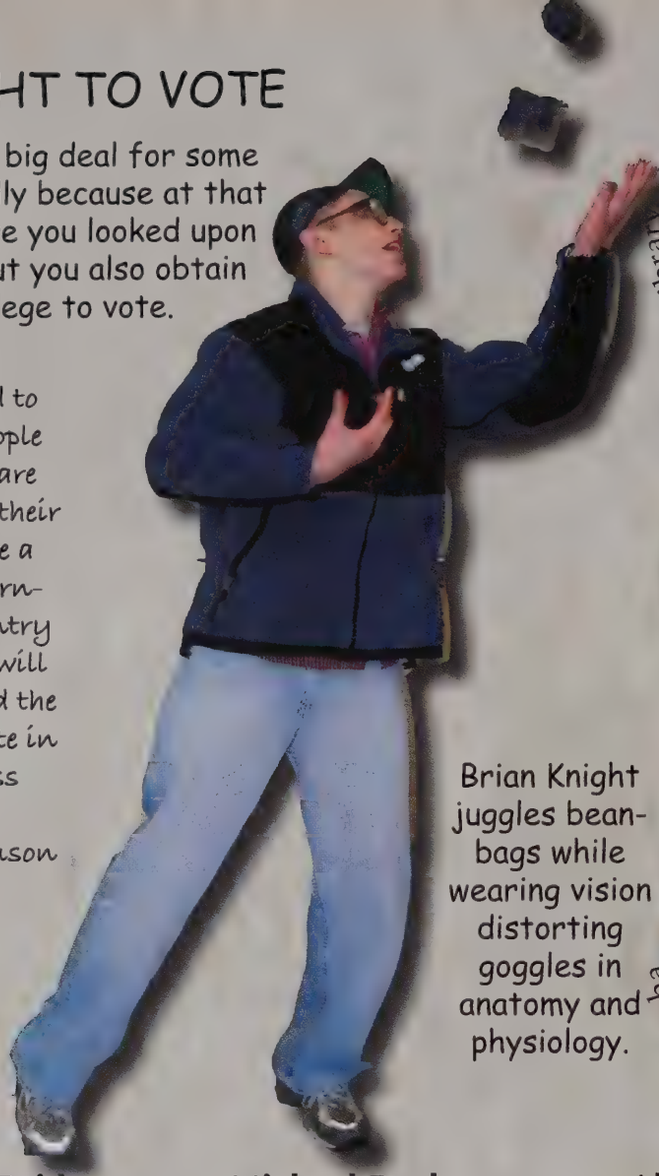
Michael Reich

"Wherever you are, it is your friends who make your world."
Andrew Mom Dad
Thanks For the Love and Support.
Here's a Toast to
The Lion King, The Ladies,
Football All-You-Can-Eats,
Montreal Bball, LS Tennis, Nor22,
Santa, The Club, Albee Fire,
DWB, OP MB, J Co-Presidents.
ODP KEEP THE DP ALIVE! Chief

THE RIGHT TO VOTE

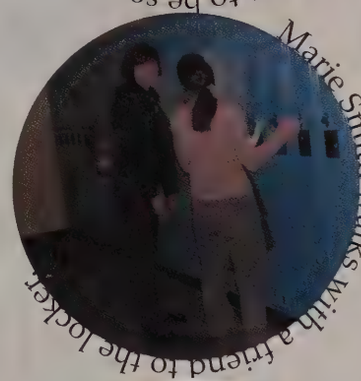
To turn 18 is a big deal for some people, especially because at that age not only are you looked upon as an adult, but you also obtain the privilege to vote.

"I am so excited to vote! I think people who don't vote are acknowledging their liberties to have a say in the government. This country is based on the will of the people, and the people need to vote in order to express that will."
-jennie Williamson

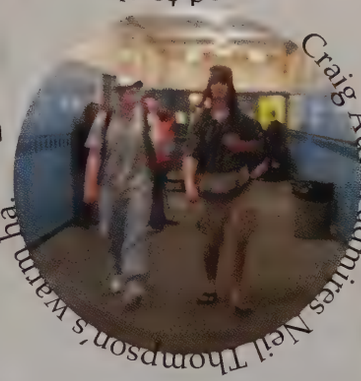


Brian Knight juggles beanbags while wearing vision distorting goggles in anatomy and physiology.

Gary Zelakovsky doesn't wanit to be seen in the library.



Marie Smith walks with a friend to the locker.



Craig Audin admires Neil Thompson's warm ha

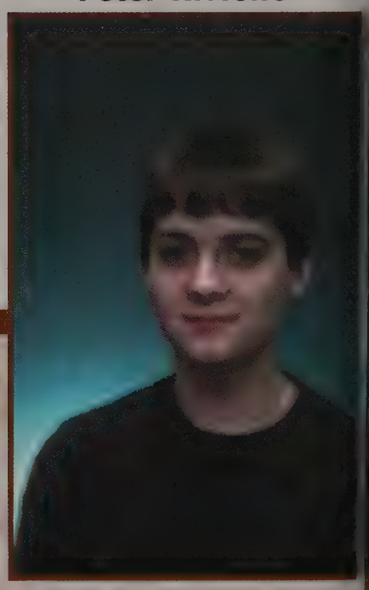
Shaun Lampila tries to look serious.

Garrett Reid

Michael Reuben

Alexander Ricker

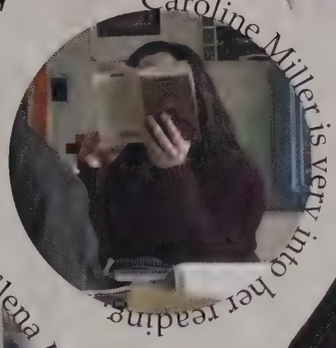
Peter Riviello



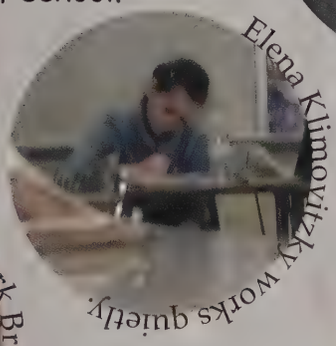
We had alot of fun
but now were done
so crack another bottle
and drink until we see the sun
AB,SL,GR,JN,KC,DW,
JS,TW,CVS,MW
to everyone else that i'll never
forget
keep the name alive

HARD WORK PAYS OFF

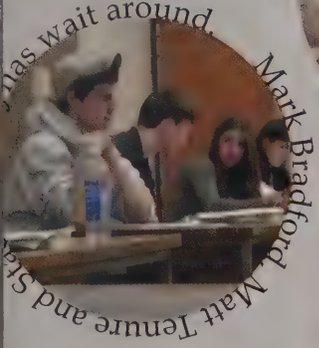
Valerie Roche plays with her kitten outside of school.



Caroline Miller is very into her reading.



Elena Klimovitzky works quietly.



Mark Bradford, Matt Tenure and Ste[illegible] has wait around.

John Neskey shows us a balancing act in the middle of the hall.

Elizabeth Robbat

Jason Robison

Valerie Roche

Sometimes I have to forgive you all for being so young, with the whole world before you! -Mr. Ward
FMCN: No half measures!
To the lads: Never forget the great times we've had- ROCK ON!
Girlies! Brush yo' shouldas off!
There are no great deeds-only small deeds with great love
Con, Mom, Dad, Orla+Ronan-
Go raibh mile maith ogat!
We are all in the gutter, But some of us are looking at the stars.
-Oscar Wilde

Lisa Roughsedge

"It is good to be spontaneous, it is good to be thorough, it is good to have something that inspires you." -Paul McCartney

Mom & Dad: I love you thanks for everything.

Friends: You guys are hilarious! Thanks for all the good times.

Guillaume Rousson

Don't try to make life perfect by only making friends with people like you, embrace those who are different, and open yourself to the amazing aspects of life.

"You miss 100% of the shots you never take." -Wayne Gretzky

LS Puck '04

~to all that's been said~

Amy Rushfirth

"Old friends pass away, new friends appear. It is just like the days. An old day passes, a new day arrives. The important thing is to make it meaningful."
-the Dalai Lama
To my crazy family-thank you for everything, except Mogs. Jink-CSI
To my biffers,
remember... "Headlines dont sell papes,newsies sell papes"

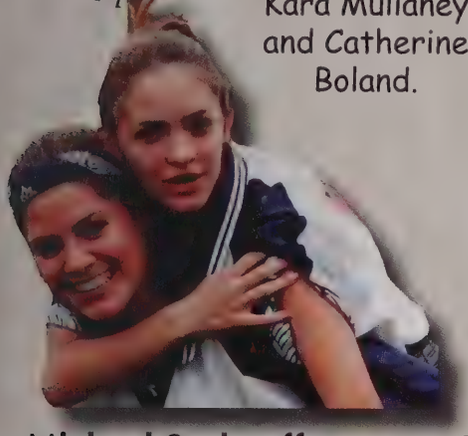
Alexandra Russ

Mommy, Bissy, Lilly
I love you.

Jesse Sacknoff

"When you look at your life, the greatest happiness is family happiness."
SarLindsNelEmMike-
Thanks for paving the way, althoug its hard bringing up the rear.
love you guys always.
M+D- I'm the last one!
Thanks for everything ily.
Ken-thanks for being there always-iluvu
To my girls, DIRTY FOREVER!

Kara Mullaney and Catherine Boland.



Abby Fischer is happy to carry the load: Lauren Savit.

"I will love the moment when I launch my cap into the air with my friends by my side ready to smoke some cigars and celebrate."-Alex Burpee

Michael Sacknoff

EventsHappen,Good&Bad,Thngs
UWant2Remember&ThngsUDo
UCantChangeTheThngsUOrOthe
rsHveDone,AllThatUCanDoIs
Look4ward2TheThngsUWant2Do
TheGoodThngsThatMakeU4getT
heBadInUrPast,UMayNotBeAble2
ChngeThePastButTheFutureIsUrs..
MaybeIllMeetUThere~Me
Thanks,UKnowWhoUR
Juice-IllMissU,IGotUrBack,
ToAllThatsBeenSaid.

Lauren Savit

"I shall miss these things when it all rolls by." -Dave

Mom, Dad, Matt and Hilly thanks for everything.

to my friends, neighborettes & Stanley: I heart you guys so much thanks for the crazy times and the memories.

Eric Sax

"Our greatest glory consists not in never falling, but in rising every time we fall."
--Oliver Goldsmith
"The best way to predict the future is to invent it."
--Alan Kay
Thank you everybody who has been there for me all these years, especially my parents, family and friends. I wouldn't be here without you all. And Good Luck class of 2004. I can't believe it's over.

Jessica Schaub

"Sometimes You Just Have To Take The Leap & Build Your Wings On The Way Down."
Raquel- Nothing Compares 2 Our Crazy Plans & Spur Of The Moment Missions.
Thanks 4 Always Being There.
Our Lives Will 4 Ever Be Parallel.
Kyle & Big Boy 4 Life -CBo- We Made It Through 2 The End!
Thanks 2 My Friends 4 The Fun Times & Family 4 Your Unlimited Support.
ILuvU!

The bonds students were able to make with teachers will also never be forgotten.

WHAT WE WILL MISS

Alex Hamwey, David Antico, and Troy Johnson walk out of the cafeteria.

"What I'll miss most about L-S is chilling every day with the kids I've hung out with my whole life."
-Andrew McCarthy

"I will miss my friends the most because of the memories we shared together."
-Carolyn Wilde

The Warrior

Christopher Sege

"Your heart knows in silence the secrets
of the days and nights.
But your ears thirst for the sound
of Your hearts knowledge."
-Kahlil Gibran

Thanks to Mom, Dad and Jon especially.
Also thanks to my great friends, Jon, Mike, Mike, and Pete.

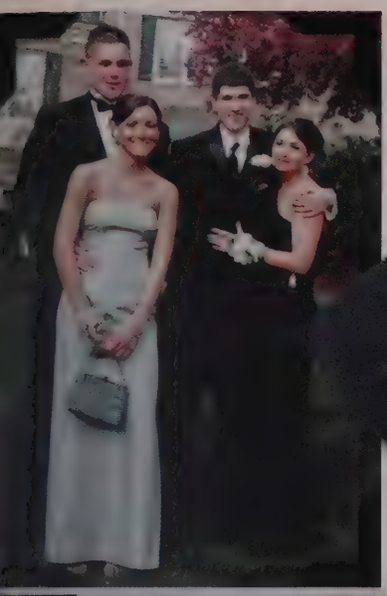
Rachel Sennett

"Which way ought I go?" "That depends on where you want to get to," said the Cat. "I don't much care where-" said Alice. "Then it doesn't matter which way you go," said the Cat. "-so long as I get *somewhere*," Alice added. "Oh, you're sure to do that," said the Cat, "if you only walk long enough."

Bruno Seraphin

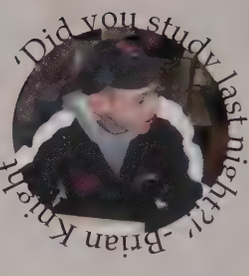
"Paz: es lo que quiere y necesita el mundo."
~Cuban Mural

"Life without me would be even more unbearable."
~Lestat



"We threw the best parties and were all friends with each other...plus we were the hottest grade! Everyone will always remember us."
-Marissa Henaghan

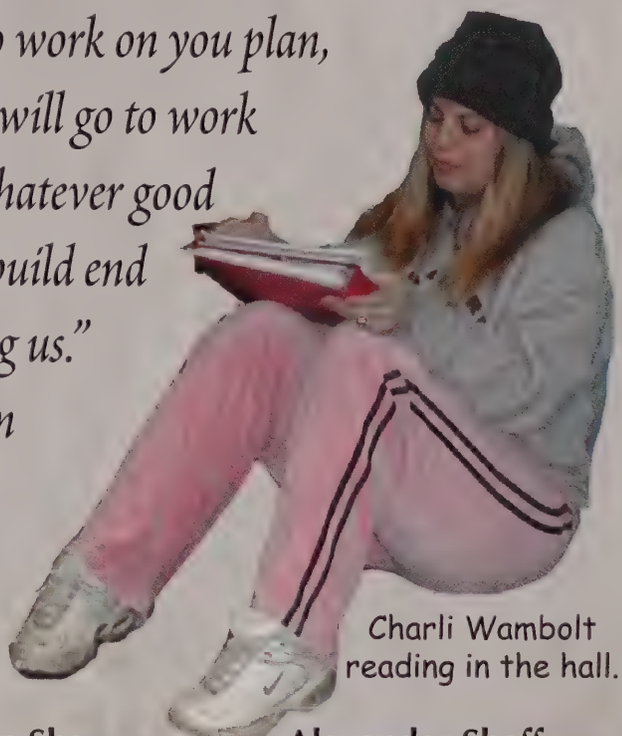
Craig Audin making a funny face.



'Did you study last night?' -Brian Knight

Luke French is stopped to take a picture in the hallway.

"If you go to work on your goals, your goals will go to work on you. If you go to work on you plan, your plan will go to work on you. Whatever good things we build end up building us."
-Jim Rohn



Charli Wambolt reading in the hall.

Jason Sewell

Lauren Shahian

"We all take different paths in life, but no matter where we go, we take a little of each other everywhere."

Mom Dad Heather & Matt~ Thank you for always being there for me and supporting me through everything~ I love you. To my friends, thanks for all the memories and laughs. Good Luck '04!

Lauren Shaw

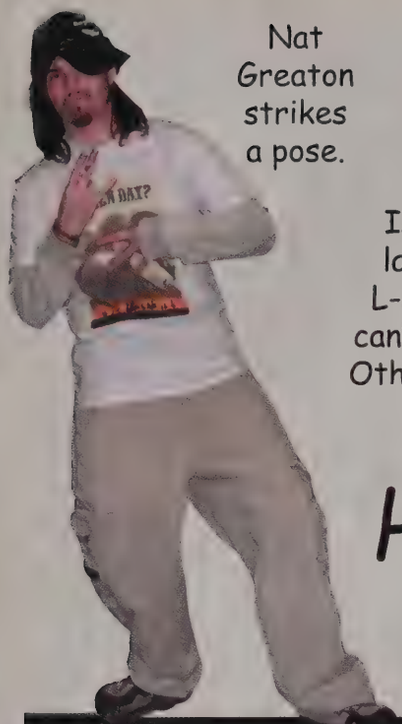
You only live once but if you live it right once is enough.
ILU Mom&Dad2
& JB, EB, DS, AS, CB, JS
little drops of rain whisper of pain tears of love lost days gone by my love is stronger with you their is no wrong.
Dustin I love you.
AC: and then he said!
DIRTY FOREVER!
2004 it was a blast!

Alexander Sheff

Thank you every teacher from whom I've ever learned. Thanks Mom Dad Ben Deb & Virginia. Ms. R & Jenn my first book is for you. Those of you who are my friends, consider yourself thanked & don't forget to think. Remember there is no "sped" kid.

"Is this not the best of all possible worlds?" - Voltaire

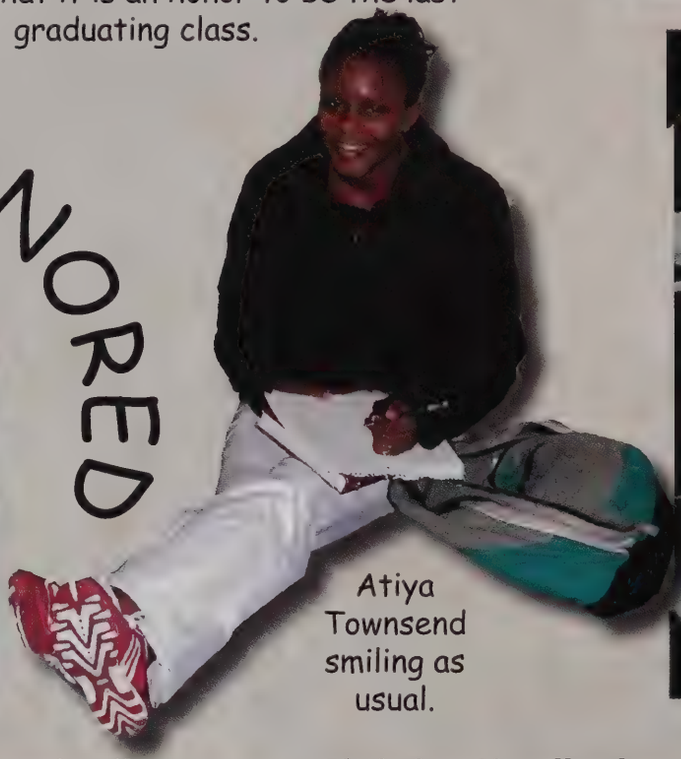
LAST CLASS GRADUATION



Nat Greaton strikes a pose.

Is it a good or bad thing that to be the last class to graduate from the current L-S? Some say that it is bad because we can't come back to our old stomping ground. Others say that it is an honor to be the last graduating class.

HONORED



Atiya Townsend smiling as usual.

Marissa Sheldon

"Enjoy the little things, for one day you may look back and realize they were the big things."

To my friends,
thanks for all the good times.

Mom, Dad and Keith, thank you for your endless love and support.
I love you.
Good Luck 2004!

Reggie Silver

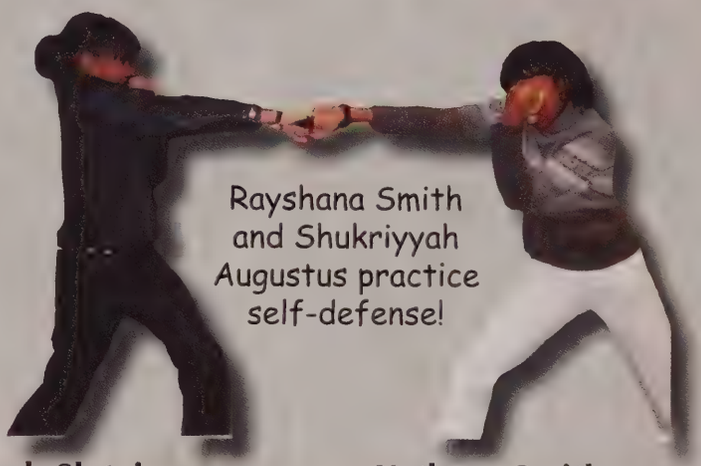
"You live among illusions and in a world of apparitions. But there is a reality. You yourself are this reality, but you don't know this. If you awaken to this reality, you will see that you are nothing and being nothing--you are everything."
-Kalu Rinpoche

Christina Simollardes

"The future belongs to those who believe in the beauty of their dreams."

Mom, Dad, Nick...I love you more then anyone in the world.
Thank you doesn't cover it.
To my friends: laughing is what we will always do best, 143.
"The memories of yesterday will last a lifetime."
Best Wishes 2004!

Christopher Simon



Rayshana Smith and Shukriyyah Augustus practice self-defense!

Elizabeth Sletzinger

"Happiness is like a kiss.
You must share it to enjoy it."

~I luv u Rachel and Sarah! My life is nothing without you.
~I luv u Mom. Without you I could never have made it this far.
~Girls! These last four years will never be forgotten. I love you all!

Rachel Sletzinger

Thank you to all my friends who made me so happy.
Carolyn, I will never forget the times we had together, I love you BFF.
I LOVE you Sarah, Liz, Mom, Dad.
You will always be with me.
"You've always known the right words to say. Somehow you make all the clouds go away. From the first day we met, I knew it was true. There's simply no one else quite like you."
-Heather Lowenberg

Sarah Sletzinger

"It's something unpredictable, but in the end it's right, I hope you had the time of your life."

Thanks for always being there Mom.
I'll never forget you Dad.
I love you both.

Here's to the most amazing friends in the world!
And to Liz and Rach~
We'll always be together.

We made it LS '04!

Kathryn Smith

"Be glad of life because it gives you the chance to love, and to work, and to play, and to look up at the stars." -Henry Van Dyke

Special thanks to my family and friends, you've been wonderful.
Greece 2003: Can I have some more chocolate please?

Good Luck Class of 2004!

Charles Von Stackelberg and Peter Wade, don't forget your sunscreen!

Trevor Wissink-Adams hurries out of the freezing cold

Jonathan Anderson...are you paying your bills?

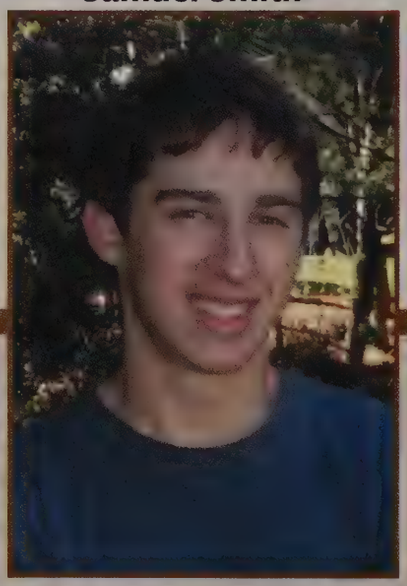
Marie Smith

"Now the wonderful
world is born,
In an instant it dies,
In a breath it is renewed.
From the slowness of our eye
And the quickness of our hand
We believe in the world."
- The Mahabharata

Rayshona Smith

1st I wanna thank GOD. I also
wanna thank my family 4 all da
support w/in my skool years.
Exp. my Mommy.
1 Luv 2 all my girlz
who were there since day 1.
U know who U R.
4 life. Ryde or Die 2 da end.
Neva give in 2 da haters
b/c they WILL come.
Bring it b/c I aint neva scared.

Samuel Smith



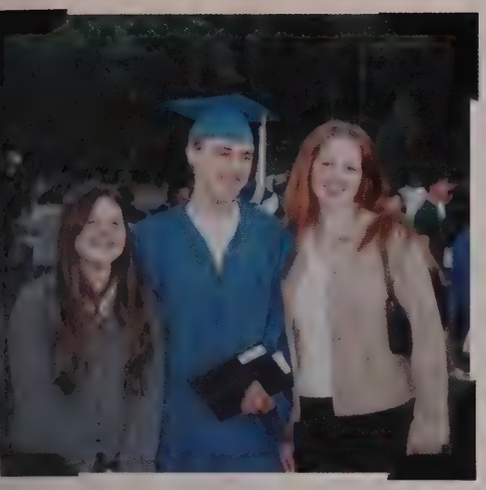
"I am here in my mold
But I'm a million different people
From one day to the next."
Bittersweet Symphony, The Verve

Thanks to everybody.
Yes, I mean everybody.
To the people who deserve
special thanks, you know who
you are. If you don't, I do,
and I appreciate it.

Kristin Spinosa

"So many people have come and
gone, their faces fade as the years
go by. Yet I still recall as I wandet
on, as clear as the sun in the
summer sky."

I will never forget you all. Thanks
for the memories, we had fun.
YOU KNOW HOW WE DO!
Mum&Daddy-Forever young...
Scott-I am lucky to be yours ILY.
Good Luck '04!



Katheryn Fatherley doesn't feel like making a stop at her locker.

"THE ONLY WAY TO HAVE A FRIEND IS TO BE ONE."

-Ralph Waldo Emerson

Pamela Spuehler

Our memories of yesterday will last
a lifetime. We'll take the best, forget
he rest and someday we'll find these
are the best of times.
MomDadRJ I luv u so much

Without your past, you have nothing
on which
to build your future.
Good Luck '04

"In 1000 years + 1000 tears,
'll come finding my original crew."
DIRTY FOREVER.

Allison Stack

My precious child, I love you
and would never leave you...
When you see only one set of
footprints
it was then that I carried you.
-Footprints

Thank you: God, Mom, Dad,
Tommy, Katie, SW, BS, ER,
my fam.

John 10:3-4

Jason Starr

LS has been a great place and I
will always remember it.

Thanks to all my friends.

Alex you are the man:
BBB! All the time, anytime.
Thank you Ash: Bruins Girl Ily.
Mom, Dad, and fam,
I owe you so much.

Michael Stern

"All I want from life is
an honest week's pay
for an honest day's work."
-Sgt. Bilko

GOING PLACES

Lauren Occhialini, Carly Leusner, Anna Tonelli, Hallie Moran, and Beth Osborn squish together for a big group hug.

Cullen Beatty sitting at his usual spot...on top of the trash can!

SENIOR TRIPS

Many groups of seniors celebrate their graduation with a fun-filled trip.

"Senior trips...we hear nothing but good things but it is so hard for everyone to get it together! There is so much planning but it's going to pay off!"-Kristin Spinosa

Sarah Streisand

"What lies behind us and what lies ahead of us are tiny matters compared to what lies within us." Dad Thanks for your guidance and support&Mom, for always being there for me, I love you!Sam&Alex Gdlk and have fun!Girls, You know how we do,love you! Mike, You've made me a better person, I love you! Gdlk'04!

Adam Strock

Samuel Sundborg

Then as it was
then again it will be.
Though the course may change sometimes,
rivers always reach the sea.
-Jimmy Page

Adam Swain

"Man is the artificer of his own happiness"
-Henry David Thoreau

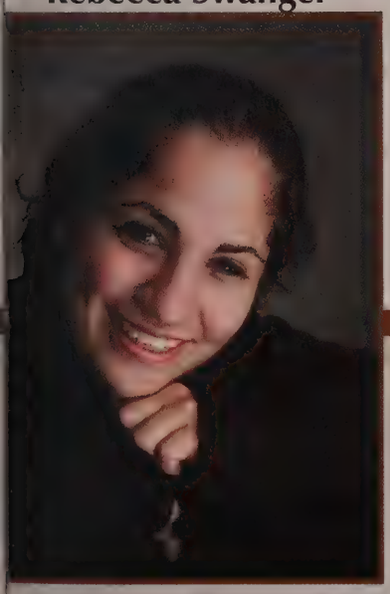
Many thanks to my family

Much respect to the whole LNC crew

Amy Rushfirth, Trevor Wissick-Adams, Kevin Verni, and Sean Wright goofing off in the hall.

LIVIN' IT UP

Rebecca Swanger



"If I had a world of my own, everything would be nonsense; nothing would be what it is, because everything would be what it isn't. And contrary wise, what it is it wouldn't be and what it wouldn't be it would."
-Alice in Wonderland

"I want a baby cow, but only if it doesn't grow up..."

Emily Swanson

"Obstacles are those frightful things you see when you take your eyes off your goal."
-Hannah Moore
Girls Soccer '03 - "Get low"
Mom + Dad Thank you for endless support, patience and love. C + A make me proud girlies, Love you all!
Good Luck '04

Benjamin Tatkow

"A journey of a thousand miles, begins with a single step." Mom, Dad, Abby, Matty, I wouldn't have made it without you. Lion King, DD Capi, Goo's Rip, OP MB, DP Kings, LS Baseball- Who's gettin' the tube? Nora- You are and will always be my *S.L.* Don't ever let that light burn out.
Good Luck '04!

The Warrior

Get with the AOL lingo!

ttyl gtg brb jk mmm w/e lol haha btw

Senior Class Connected Online

Basically our entire class corresponds with one another via instant messaging or emailing. It helps many people form relationships with others, and it also makes it easier to talk to many people at once instead of just talking to one person on the phone.

"I don't know if it is because our grade does very little work, or is just very multi-tasking, but we are always online making plans for the weekend, and talking about all the crazy things that go down."-Dana McNally

Matthew Tenure

"Dear Gas Man Packed Up and drove to Aspin." Dumb & Dumber. "I feel the need, the need for speed" Top Gun. "You don't fly up a hill, you struggle slowly and painfully, and maybe...you get to the top ahead of everybody else" Lance Armstrong. Thanks Mom, Dad, Steven, and all my friends, it was lovely LSXC:CDE

Jacqueline Tessel

"We're in the 90's mother, it's fancy jam time." - Albert Brooks

Thank you mom and dad for getting me back where I belong. KT and Jme = bestest friends forever!

I love you James, you Mr. Fancy Pants!

Tiarah Thomas

I jus wanna say thanx2my fam&teachers4helpin me through these past 4yrs&most of all I wanna thank my homegurls.If it wasn't4yall these past yrs, would have been borin' as all h*ll.Porth ums,Torr,Tia,Tiff,&Shay I luv yall like my sistas. I'm outta here!

"Don't be mad cuz I'm cute, be mad cuz ur not!"

Neil Thompson

Thanks Mom, Dad, Derek and Corey for all the support. Thank you to all those who have been there and helped along the way. It was a short 4 years but the best 4 years.

"Character is defined when no one is watching." LS Lacrosse

Where does the senior class shop?

Each member of our grade has their own style from vintage clothing all the way to designer knock-offs.

Paris

Solomon Pond Mall

Kittery Outlets

London

Natick Mall

New York City

Boston

Prudential

Cape Cod & the Islands

Tax-Free New Hampshire

Shoppers World

North/South Shores

Copley

Chestnut Hill Mall

Will we all come back and be loyal to these shopping places...or will we broaden our horizons and explore new stores?

Friends Caleb Hagarty and Kimmie Walsh strike a pose on Senior Dress-Up Day.

Eric Thumma

Jason Thumma

Lauren Ting

It is only with the heart that one can see rightly; What is essential is invisible to the eye
~ St. Exupery
Thanks for everything Mom, Dad, Michael-I love you. To all my friends-thanks for the smiles, laughs and memories, you made these years amazing. To the girls who've been there from the beginning-I'll never forget you! I'll miss you all. Good luck '04

Anna Tonelli

"And I'll be back round again/yes I'll walk in time with you old friend/and we'll find that place we had danced in so long ago."-DMB
Thanks to:My fam for their luv&support, my teachers for encouragement & my friends for 4 unforgettable yrs!
"You must be the change you wish to see in the world."
-Ghandi

Most memorable classes...

MATH
ART
ENGLISH
LANGUAGE
HISTORY
SCIENCE
WELLNESS

"I like physics and psychology because not only do I find that the teachers make the course interesting, but the classes are fun as well. Also, it is fun to be in a learning environment with friends I enjoy being with." -Jeffrey Goodman

Alexander Burpee's car awaits him in the parking lot.

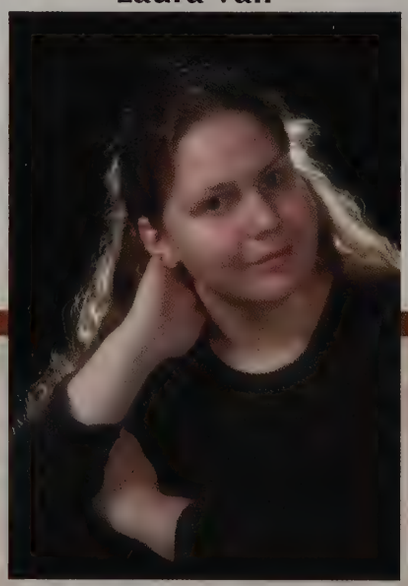
Atiya Townsend

Now its time to go. I have a lot of memories here: some good some bad in the end they have made me who I am now.
To my family thank you for you love and support.
To Leshawn I love you (Bonnie & Clyde 2 the End).
To the girls PA, SC, TT, TH stay up and at 'em.
To the class of '04 we had fun- and I'm gone.

Jessica Trovato

"Every new beginning comes from some other beginning's end."-Semisonic
MomDadMattKendallBrendon,NoWordsCanExpressTheLoveIHaveForAllOfYou.ThanxForBeingThereForMeThroughEverythingILU!AshYouAreMyOtherHalfF&FAlwaysILUMoreThanAFatKidLovesCake.AnnaBethKimmieAbstaChicasAndTheBoysThanksForTheGoodTimes-GOODLUCK!

Laura Vail



Thanks to everyone who has helped me along the way

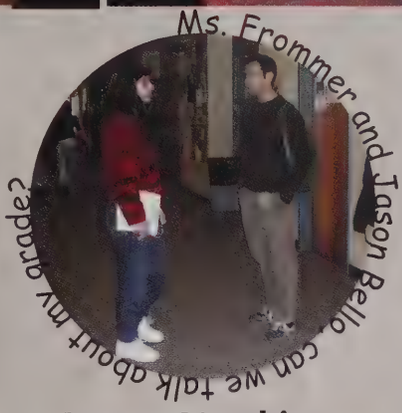
"There will be an answer... Let it be"

-the Beatles

Michael Vale

First and foremost, I would like t thank God. Tremendous thanks also to Mom, Dad, Jennifer, Peter, Andrew, Elizabeth, David, Victoria, Stephen, Mary, Steve, and Spike for all the support tha they gave me throughout the pas four years.

With so many great classes offered, it's hard to go wrong at L-S. These classes and teachers inspire students so much that some will never be forgotten.



Chase VanSteenburg

"I don't want to be immortalized through my works! I want to be immortalized through *not dying!*
-Woody Allen
Thanks Mom, Dad, and Hayley for your love, support, and understanding. I couldn't have done it without you.
And to God
"I can do everything through Him who gives me strength."
Philippians 4:13

Lauren Vecchione

"The most wasted day of all is that which we have not laughed"
Mom and Dad, thanks for all your love and support. Tara and Lyss, I feel as though we have become closer each year, good luck in years to come.
"We all take different paths in life, but no matter where we go, we take a little of each other everywhere."
-Tim McGraw
Girls, we have had so much fun together, thanks for all the memories.
I <3 you girls, DIRTY FOREVER

Kevin Verni

"In Heaven all the interesting people are missing"- Nietzsche

Thanks to all current and former members of Speak Easy, John Bush for quitting Blue Moon Saturday, VOD (the pop-punk revolution), Suburbanized, Lo Tov, and all my family and friends.

Brendon Vitz

Congradulations to the class of yore
We final rulers of the corners four
Questioning 800's on the SATs
Beseeching MCAS gods,
let me pass this please
Books binders, backpacks,
weighing nigh a ton
Robotics, track, Frisbee, now all that is done

Alas, alas farewell my class
I'm off to kick some college..
studying.

IS THE CLASS OF 2004 THE GREATEST OR WHAT....

"This is a joke, right?"
-Jennie Williamson

Marie Smith and Casey Gruttadauria goof around in the hall.

"We don't need a reason for being the best....everyone just knows that we are."
-Lauren Vecchione

Charles Von Stackelberg

Now if you're feelin kinda low about the dues youve been payin, futures coming much 2 slow & u want 2 run but somehow u just keep on standin, can't decide on which way 2 go. I understand about indecision but I dont care if I get behind, people livin in competition...all I want is 2 have my peace of mind.
-Boston

Peter Wade

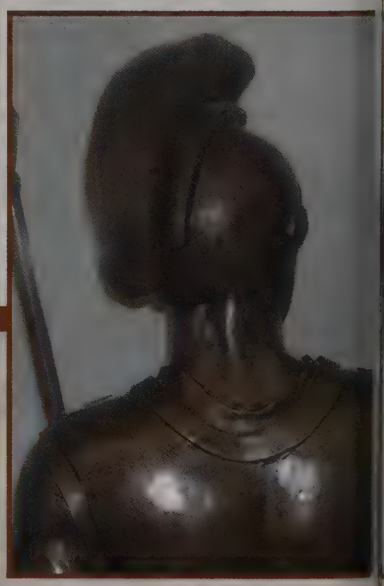
Thanks to my family for the motivation I needed, I love you guys. And thanks to my nice kind buds that have helped me through these years, Senior year has been ridiculous.
"And things are true that I forget but no one taught that to me yet."- Phish
SENIORS 2004 THIS IS ONLY THE BEGINNING...
"littering aaaanndd..."

Jessica Wagner

Thanks Mom, Dad and Jake for all your love and support.
I love you.
Brian, thanks for always being there, you will always be my BG.

Girls, thanks for all the memories. DIRTY FOREVER.
LS soccer, State Champs!
Good luck '04.

The Warrior



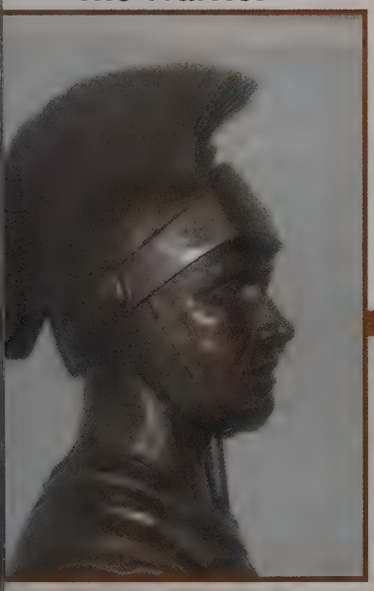
2004 BABY!

"Our class is the best because we MAKE the parties and we can make even the most boring nights interesting and fun. Everyone would be lost without us."
-Karen Gately

I've always felt it was not up to anyone else to make me give my best. -Akeem Olajuwon

Joseph Mills is looking friendly as always.

The Warrior



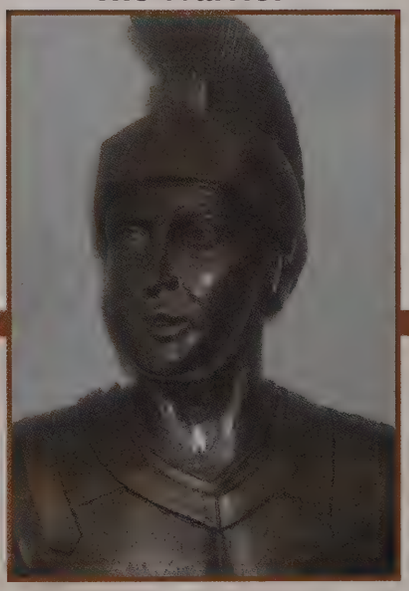
Kimberly Walch

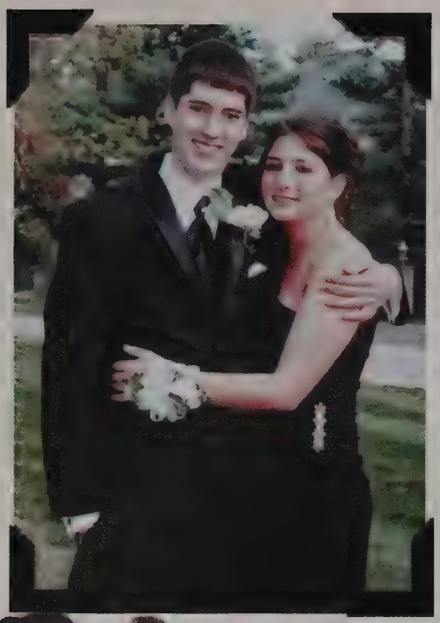
"True Friends are hard to come by, harder to leave, but impossible to forget."
Though Friendships may grow distant, the memories they leave behind will never be forgotten.
I miss you Al, Mega Clydesdales will live on forever in my heart, thank you Gus.
Mom, Dad, Jess, Jeff, I love you.
GD LK 2004

Charli Wambolt

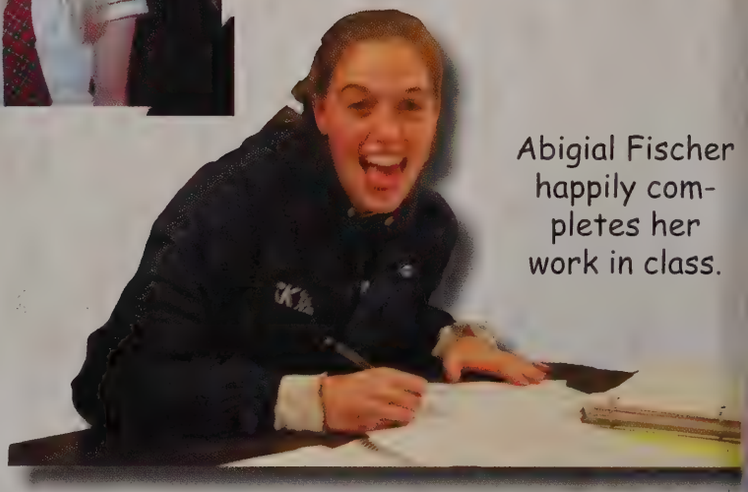
'But seek ye 1st the Kingdom of God and all these things shall be added 2 u' Matthew 6:33
143 Thnx Mom + Dad, Nana + Grampy, Wambolt Family
Val + Lae143 GGWO. Devin + Cody you can do it 143.
RD, MF, CO, LS, MD, STICK-IT
MD-TRUST GOD, 143, AMOR DA MINHA VIDA
LS GIRLYS - GUYS - Go LS beat AB

The Warrior





Rachel Sletzinger, Carolyn Wilde, Ariel Aronovitz and Alexandra Russ hit up the mall.



Abigial Fischer happily completes her work in class.

Dustin Welch

Thanks to everyone who helped me get here, Mom + Dad, Lauren I love you and there will always be a place for you in my heart! To everyone that put me down, Look I did it!

Stacey West

Live With Intention.Walk to the edge.Listen hard.Laugh.Practice Wellness.Play with abandon. Continue to learn.Appreciate your friends.Choose with no regret.Do what you love.Live as if this is all there is.-Maryanne Radmacher
Mom, Dad, Josh thanks for helping me get where I am today 143.
SSS and my 13 girls-love you.
DIRTY FOREVER
my boys- thanks for everything.
SENIORS '04- keep on dancin' ODP.

Adam Wiercinski

"Man is something that must be overcome; and therefore, you shall love your virtues, for you will perish of them."

~Friedrich Nietzsche

Carolyn Wilde

"Dream as if you will live forever
Live as if you will die today"
M&D: Thanx 4 your support
P: gdlk
To all my friends: Thanx for the memories+laughs
RS: ATrueFriendIsSome1WhoRe aches4YourHand&TouchesUrHe art, BFF
"I can't remember all the times I tried to tell myself to hold on to these moments as they passed"

"I look back on my four years in this building I call my high school, at times looking at the walls as those of a prison, at times looking at the walls as those of the pathway to freedom. During this time, I have matured in many ways, not only expanding my knowledge, but also increasing my understanding of those around me and my surroundings. This period of my life has come to an end, having offered me all that it could. I will look back on these four years with a sense of appreciation, gratitude, and satisfaction, ready to take on the challenges of the "real world." I thank my teachers for their patience and dedication to my learning, and I thank my peers for helping me grow into a stronger person. With this in mind, I am ready to say "goodbye" to L-S, and I hope that you, my friends, are ready to as well." - Aziza Hussain

o know the road ahead, ask those coming back. -Chinese Proverb

READY OR NOT...

Charles Wilkinson

Call it a clan, call it a network, call it a tribe, call it a family. Whatever u call it, whoever u r, u need 1. I wouldnt be here w/out mine. There rent enough stars in the sky to count ow many times I hv thanked god for ringing u into my life. Andrea, u are everything I dreamed of.
"we shall defend our island, whatever the cost may be, we shall fight on the beaches, we shall fight on the landing grounds , we shall fight in the fields and in the streets, we shall never surrender." -Churchill

Jennie Williamson

"The road goes ever on and on, down from the door where it began. Now far ahead the Road has gone, and I must follow, if I can, pursuing it with eager feet, until it joins some larger way where many paths and errands meet. And whither then? I cannot say." -JRR Tolkien
To my girls: We had it all! Thanks for the crazy memories. I love u all so much- DIRTY FOREVER! SSS always! EP-thanks for always being there. M,D&A- I would be nowhere without your love and support. I love you.

Andrew Wilson

"I don't do English good"

Steven Wilson

"It is going to be sad to leave a place so familiar and especially all the familiar faces... its going to be a huge challenge to adjust to something new, but I think we are all looking forward to a challenge."
-Jessica Wagner

"Leaving my friends to go to college is going to be the hardest thing I've ever done; that's why I am having as much fun as I can with them until time runs out. Yeah, I will find new friends, but I will never forget (well its impossible to remember all of them... there are so many) the memories we had together. Its going to be hard leaving, but we will catch up on missed time in the summer of '05... that's for sure" - Daniel Pereira

Kate O'Bray and Stephanie Canning looking good.

LEAVING FRIENDS

"I will miss my classmates the most, how I have grown up with them, and I will also miss all the teachers who supported me and had faith in me."
-Rachel Sletzinger

Sara Wishner

"You have brains in your head. You have feet in your shoes. You can steer yourself any direction you choose. You're on your own. And you know what you know. And YOU are the one who'll decide where to go." Seuss
Good Luck '04!
Thanks for the memories!
Specials thanks to AN RB Fred MyFam AS.

Trevor Wissink-Adams

"You know Hobbes, some days even my lucky rocket ship underpants don't help."-Calvin

Thanks Mom and Pops - to all my pals I have had an unforgettable time - Evangelyn thanks for the memories

"Be who you are and say what you feel, because those who mind don't matter and those who matter don't mind." -Dr. Seuss

3 Amigos - PKB - DWB

Abigail Wolf

"'Cause you'll have bad times, but that'll always wake you up to the good stuff you weren't paying attention to."

-Good Will Hunting

Amy Wong

"If you haven't got anything nice to say about anybody, come sit next to me."

-Alice Roosevelt Longworth

Thanks for everything everyone!

"I dread the day I must part with my that is the day I will have to stand on my own... without someone behind me to pick me up when I fall... without a shoulder to cry on when I shed a tear... without someone to lend a hand when I'm in need... for they're the ones who help me face my biggest fears... but what happens when my biggest fear is the day I have to leave my best friends..."
-Julie Graceffa

Derry Earle, Maggie Arnold, Sarah Levy, and Eva George can't stop laughing..

Peter Wade, Ariel Aronovitz, and Christian Von Stackelberg relax.

"Friendship is always a sweet responsibility, never an opportunity."

Jessica Wong

"Don't walk behind me,
I may not lead.
Don't walk in front of me,
I may not follow.
Just walk beside me and be my friend."
-Albert Camus
Thanks Dad, Mom, Jen and Toaster for all of your support and encouragement, and all my friends for all the good times that we had.

Christopher Worrell

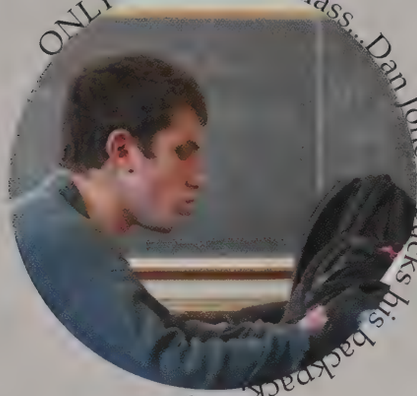
Ian Wright

Sean Wright

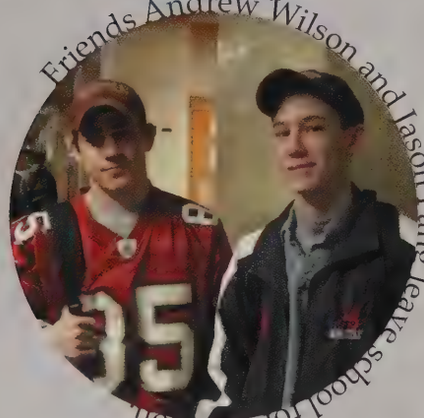
A good way to make god laugh is to just tell him your plans for the future.
good times, great memories:
PKB, EDP, SBs, PG, DDP, RFPB, LSLAX, VillagePeople
boys we made a good run
ladies take care.
thanks so much mdmkb i couldn't have done it without you.
peace i'm out.
My styles kinda fat reminiscent of a whale...

TIME FLIES WHEN YOU'RE HAVING FUN

"Senior year hit me like a pistol whip in the back of the head."
-Jonathan Mutch



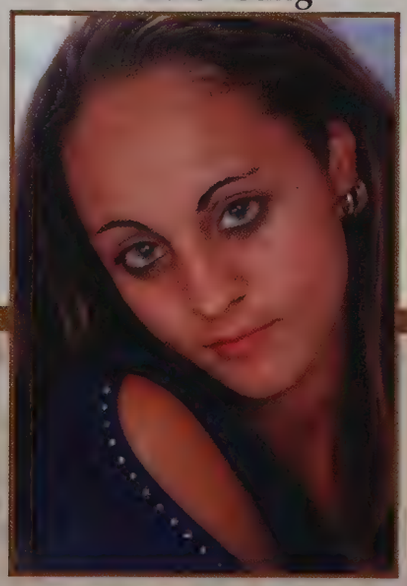
ONLY a 50 minute class...Dan Jone unpacks his backpack.



Friends Andrew Wilson and Jason Fang leave school for vacation

FLY

Nicole Young

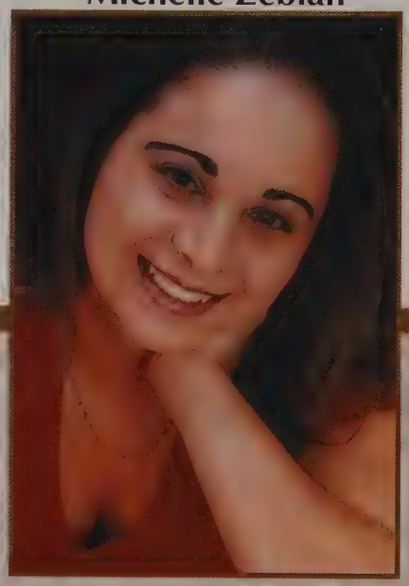


They always say that time changes things, but you actually have to change them yourself.

Mark Zaring

Life is what u make it to be
Make it what you want it to be
Thanks to all those who made it possible, mom, dad, dino, heather, MC, AH, DG, and all those who have pushed me that extra mile.
Thanks to teachers and coaches for not letting me quit.
Much love to all that I know.

Michelle Zebian



"Everything we see or seem is but a dream within a dream."
-Edgar Allen Poe

The Cure
"While hard work may not kill you, it's perfectly capable of destroying your competition."
-ABC Sports

Gary Zelyakovsky

All these years...

Built me up to be here. I have learned whose real and whose not. My answer to you is to stay true, and watch out what they might do to you. Theres good and bad people. If you don't live for something you'll die for nothing.

(Korn/ Limp Bizkit/ Hate Bread)

Ashley Linden-Demers and Christina Simollardes are all smiles.

Time is what keeps everything from happening at once. Procrastinate later.

"It seems like just yesterday I was sneaking out the back entrance of the school to go out for lunch because I was too young for a max ed card, now in May I will be leaving for good..."
-Cory Byrnes

"The past four years of my life have gone by so fast that it is a blur."
- Brad Chase

Nathalie Bishop and Ian Holmes celebrate.

WARRIORS
11
WARRIORS
3
WARRIORS
6

SUDBURY

Chase Vansteinburg
Stephanie Flavin
Justine Pang
Stacey West
Mark Zaring
Emma Boswell
Lauren Tipp
Jeffrey Goodman
Stacia Marcellenas
Matt More
Daniel Morgan
Jon Mutch
Felix Lufkin
Evan Greene
Sarah Wishner
Jonathan Albanese
Emily Mcormacks
Tina Chen
Chris Flawn
Gal Lipitz
Jaqueline Tessel
Evan Gerbe
Sam Smith
Nancy McDermott
Marissa Sheldon
Ashley Linden Dimers
Brian Prozeller
Shukriyyah Augustus
Amanda Outly
Lindsay Matthiews
Evan Gerbe
Daniel Michaelson
Ian Homes
Marissa Curren
David Bryant
Maggie Mayer
Leslie Kline
Nathalie Bishop
Jessica Majno
Caitlyn Maddix
Jessica Trovato
Sarah Macone
Cuhell Beatty
Kristin Dacey
Christina Simmolardes
Scott Glovesky
Asuka Imagawa
Samantha Koch
Jeremy Brow
Jeffrey Goodman
Amy Wong
Emma Boswell
Libby Boymel
Matthew Brockman

THE END

Adventure isn't hanging on a rope off the side of a mountain. Adventure is an attitude that we must apply to the day to day obstacles of life -- facing new challenges, seizing new opportunities, testing our resources against the unknown and in the process, discovering our own uniqu potential.

John Amatt

Junior

We are no longer underclassmen. Things are finally starting to look up. The privilege to leave campus, ability to drive a car and other new opportunities make Junior Year what it is. On the other hand, Junior Year is also filled with AP courses, standardized tests and a growing concern for college applications. However, amidst all the chaos of freedom, academics, music, sports, acting and whatever else one may do, it is important to remember to never forget one's sense of individuality.

One more year to go...

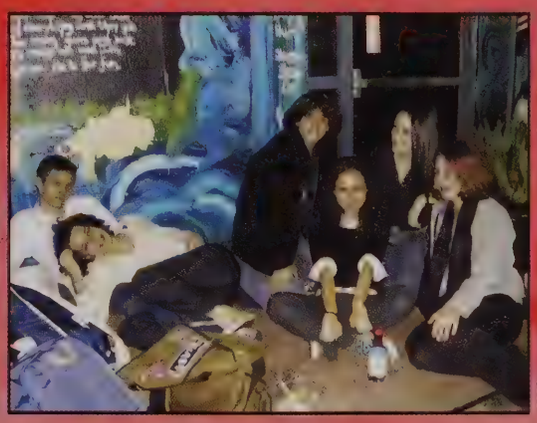
ONE WORD
TO DESCRIBE JUNIOR YEAR

Nicole Haartz	Fun
Helen Desrochers	Crazy
Mike Caldara	Busy
Tess Curran	Stressful
Erica Roper	Crap
Jan-Michael Harvey	Hectic
Laura Hynes	Long
Wiliam Fatherley	Boring
Amanda Mullin	Sucks

How many students to a table?.

Lunch in a classroom: getting away from it all.

Jonathan Segé, Chris Sanford, and Curtis Lawhorn.



The steps are a cool place to hang between classes

Owen Tryder picks a fight in the hall.

Jeff Devine is lost in his studies during Chem 1.

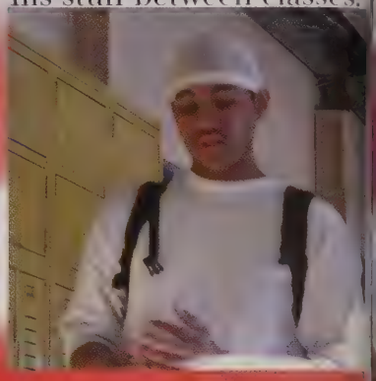
Mallory Ruymann, Sam Daniels, Alanna Pithis group hug.

Mike Crowley and Matt Berg holding tuning forks.

Sam Chandler: no worries 'cuz he's not in a hurry.

Lauren Rees is pretending to look busy.

Jamal Edmond is struttin his stuff between classes.



Mike Caldara during science wondering what he is doing here and why he is doing it.

Meredith Church in history taking a break.

Joseph Acuek
Samuel Adams
Kaitlyn Adams-Lukowsky
Marina Agapakis
Christopher Ahern
Timothy Anderson
Nicholas Antico

Rachel Antion
Marcus Arthur
Daniel Asadorian
Christine Bachman
Jacob Baldassini
Benjamin Baltimore
Paul Baranowsky

Brittany Bascom
Saam Batmanghelidj
Christopher Baum
Sarah Baumgardner
Clio Beatty
John Beebe
Randy Bennett

Matthew Berg
Daniel Berkowitz
Peter Berman
Anson Biller
James Binder
James Bing
Joshua Biren

Anna Bishop
Spencer Boege
Sybille Boivert
Erin Bonney
Sam Bores
Margo Bossom
Amanda Bowen

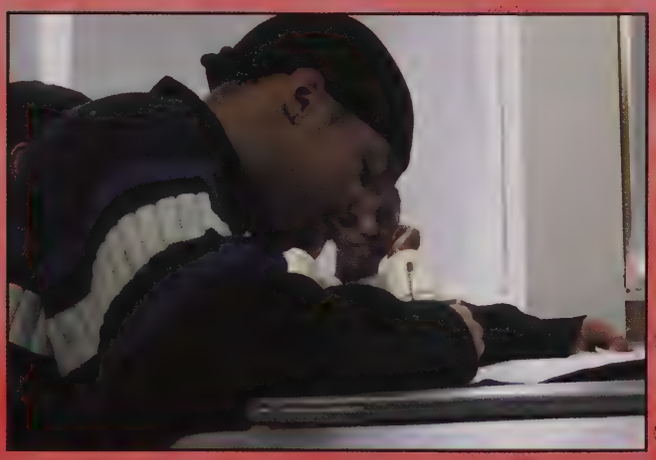
Conor Boyle
Thomas Boziuk
Vivienne Brand
Daniel Braun
Kathryn Brewer
Tamera Brooks
Gabriel Brooks-Harris

Amanda Brower
Laura Butkus
Charles Butler
Sharina Byrd
Michael Caldara
Jared Cameron
Nicole Campbell

Julia Canestraro
Robert Canning
Mary Caras
Amanda Casale
Alexander Casciotti
Renee Cebra
Samuel Chandler

Right after school we are...

The lucky juniors who were able to get into a psych class are seen with their 'babies.'



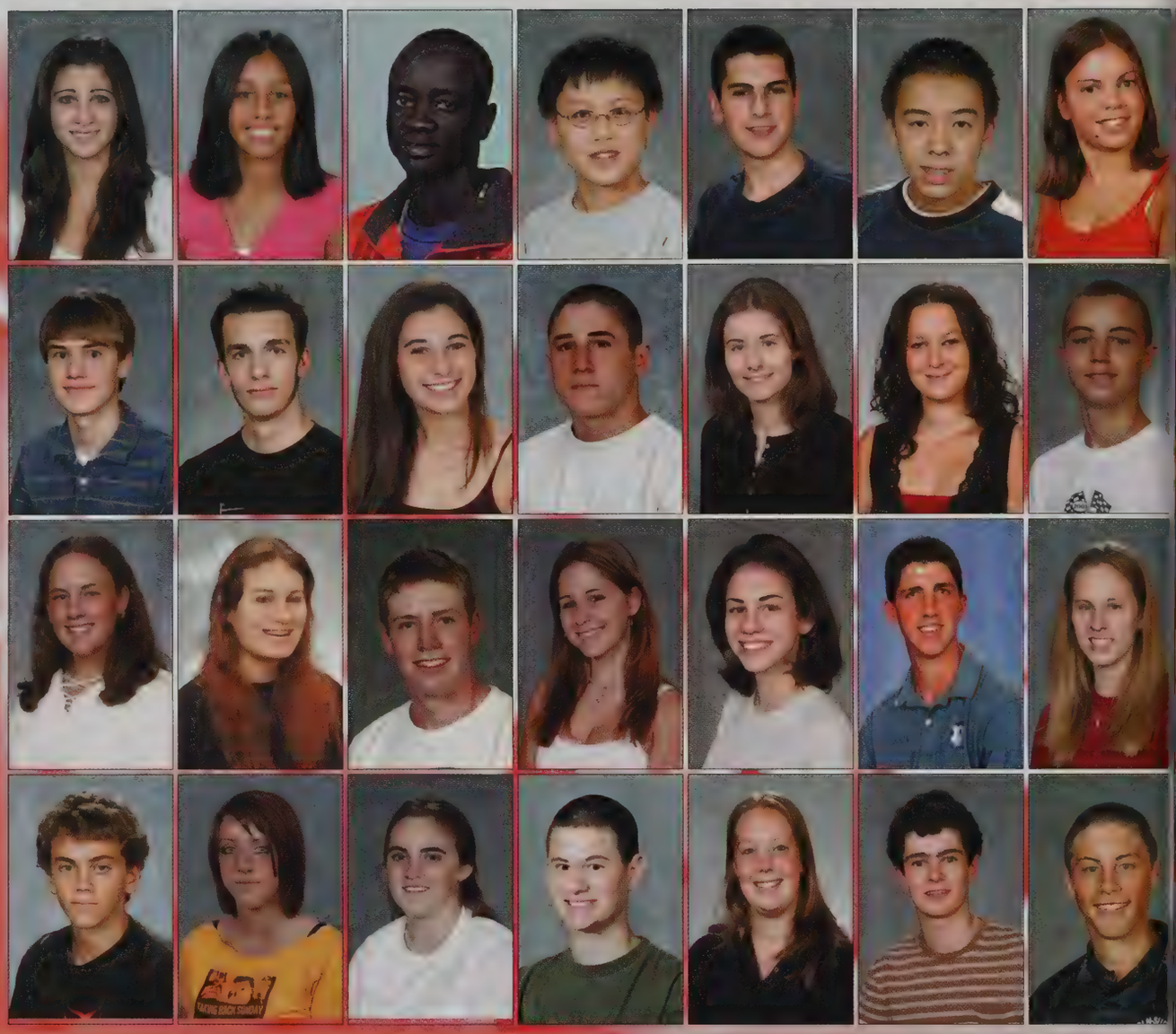
Corey Owens concentrates when he sees the camera.

Hannah Chapel
Alyssa Charsky
Charles Chayor
William Chen
Armen Cholaghian
Alexander Chu
Meredith Church

Andrew Clark
David Close
Kate Colantuono
Adam Cole
Elizabeth Coleman
Audrey Collins
Thomas Confort Jr

Emily Connor
Katherine-Marie Conover
Daniel Cook
Ashley Corbett
Elizabeth Corbett
Adam Cove
Sarah Crampton

Michael Crowley
Kate Curran
Tess Curran
Jeffrey Dale
Kelly Daniels
Samuel Daniels
Joshua Deane



DUDE

MATCH THE FOLLOWING PEOPLE WITH THEIR CAR

A

B

DAVE CLOSE DANIELLE DOREY

C

D

CHRIS AHERN DAMON GOVERNALE

E

LAURA MESSINGER

1.

2.

3.

4.

5.

ANSWERS: 1D, 2C, 3A, 4B, 5E 6E

dances are a great way to blow off stean

Omi Stone and Amanda Mullen are intent on thei wellness class

Meredith Church gets ready for the start of Law and American Society.

he Class of 2005 studies hard, but we party harder.

...and here's an example of that studying.

Lauren Rees hangs outside the cafe with her friends

Julie Sesnovich chills before math class begins.

Shanell Saunders jokes around in science class.

Whitney Deck
Nikolas DeFilippo
Meghan DeMeyere
Helen Desrochers
Jeffrey Devine
Hakon Devold
Danielle Diarbakerly

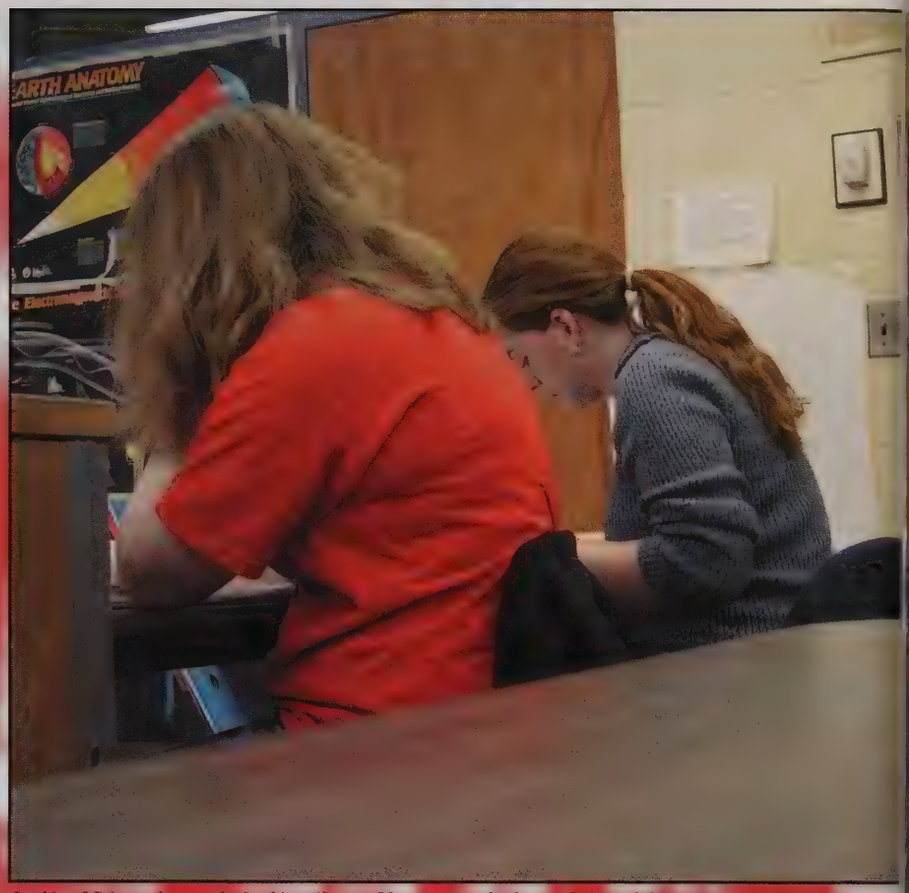
Hannah DiCicco
Daniel Dicker
Sarah Donohue-Rolfe
Danielle Dorey
Julia Dowling
Jacqueline Doyle
Eric Driver

Mary Duggan
Lisa Duke
Denise Duval
Jamal Edmond
Natasha Eilbert
Koby Elias
Alec Ellsworth

Gaelen Engler
Kathleen Epstein
Kara Evancich
Shanna Evans
Nancy Fang
William Fatherley
Jason Fazio

Adam and friends with time on their hands.

Lauren Rees and Sam Daniels chat in Art.



Julie Wood and Julie Sandler work hard in Chemistry.

TAKIN' IT EASY

Laura Fideler
Benjamin Foley
Jason Forino
Eva Fowler
Stephanie Frank
Curtis Freedman
David Friedman

Laura Frisoli
Brian Frye
Julia Fuchs
Michael Gannon
Sara Gentile
Alanna Georges
Brian Gershon

Charles Gimber
Daniel Giorgetti
Stephanie Goldman
Damon Governale
Meghan Grant
Jennifer Grasso
Elisa Guanci

Ricardo Guity
Claire Guthy
Dina Gutsol
Nicole Haartz
Eric Hagarty
William Hagenian
Robert Halliday

Jeffrey Hamilton
Sarah Anne Hampton
Michael Harty
Kevin Harvell
Jan-Michael Harvey
Bailey Heaps
Christine Heerwagen

Jeffrey Higgins
Thomas Hilperts
Erica Hinteregger
Mark Hodoian
Samuel Holbert
Laura Houpt
Laura Hunter

Troy Hurt
Laura Hynes
Yana Jaffe
Hillary Jarmulowicz
Benjamin Jarrett
Matthew Jennings
Kevin Jones

Billy Kaplan
Kathryn Kazior
Sarah Keating
Stephen Keller
Abigail Kellogg
James Kelly
Peter Kim

JUNIOR YEAR IS PURE CHAOS!

ACADEMICS
CARS
COLLEGE
FEATHERLAND
HIGHSCHOOL
JUNIOR
LINCOLNSUDBURY
SPORTS
WARRIORS

B	S	G	S	W	O	D	W	F	J	H	Z	F	H	B	I	M	C	Y	Y
X	M	Y	E	C	B	A	L	E	U	S	I	C	P	A	I	O	J	R	J
C	D	D	Q	X	R	T	G	A	N	T	Y	G	E	N	L	U	U	U	E
C	O	B	X	R	A	R	X	T	I	R	H	Z	H	L	L	B	Y	M	S
M	G	N	I	K	V	M	U	H	O	O	O	W	A	S	D	F	T	S	N
D	O	O	Z	O	G	R	S	E	R	P	Z	G	O	U	C	Z	I	T	J
O	R	W	O	O	A	R	M	R	U	S	E	C	S	D	G	H	K	T	D
S	S	V	H	B	E	T	N	L	J	X	S	N	G	F	I	Z	O	I	A
H	H	F	X	R	B	Y	I	A	S	P	L	S	R	A	C	T	E	O	N
H	M	N	Y	A	W	O	H	N	A	O	T	U	Y	D	H	S	B	L	L
R	V	D	F	E	Q	S	I	D	C	A	C	A	D	E	M	I	C	S	S
R	B	X	Q	Y	B	B	W	N	B	S	S	J	F	M	X	P	Q	I	G
Z	D	U	A	U	M	J	I	C	G	Q	B	D	E	Z	T	I	H	X	P
D	A	M	L	Q	O	L	F	U	E	X	Q	G	E	C	O	H	O	Q	C
M	Z	C	O	C	P	L	Y	Y	E	U	G	F	Z	S	N	Q	I	W	W

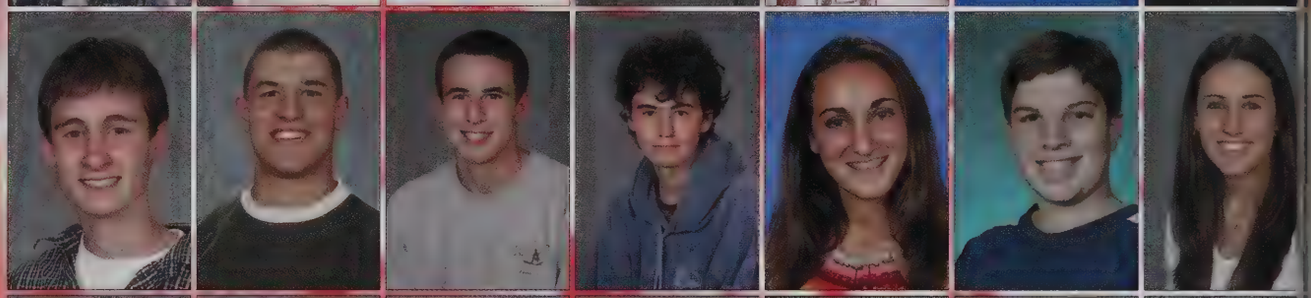
Chelsea Medvedeff and Alison Levine relax with lollipops in math class.

Molly Schwartz and Helen Desrochers pose for this heart warming picture.

Katharine Kindick
Ashley Kleeman
Lauren Konopacz
Dana Kraus
Tyler Krone
Jaime Lam
Robert Landry

Andrew Larsen
Stephen Lauer
Curtis Lawhorn
Benjamin Lawton
Christine Lee
Christopher Lee
Daniel Legere

Timothy Leggett
James Lesko IV
John Letizi
Aaron Levine
Alison Levine
Jacob Levinson
Nora Lewitus



Alexander Lieblein
Nanxi Ling
Hilary Lockhart
Michael Lombardo
Robert Loomis
Janelle Lopez
Robert Lowry

LOOKING BACK...

Clockwise starting at left: Randy Bennett, Ben Jarett, Nick Stanton, Bailey Heaps, Alanna Georges, Bobby Canning, Gaelen Engler, Mike Cordo and Emily Stone; Owen O'Connor, Erica Hinteregger, Melissa MacPhee, Sam Shortell, Chris Baum and Marina Agapakis; Kevin Jones, Jackie Risser, Shanna Evans, Krista Panetta; Sara Nicholson and Ben Page; Paige Salvia, Sam Shortell, Owen O'Connor, Marina Agapakis, Nancy Fang, Alyssa Martino and Ali Sternburg

WASHINGTON DC

The gang on the steps of the Lincoln Memorial.

Fellow classmates bonding while on the road.

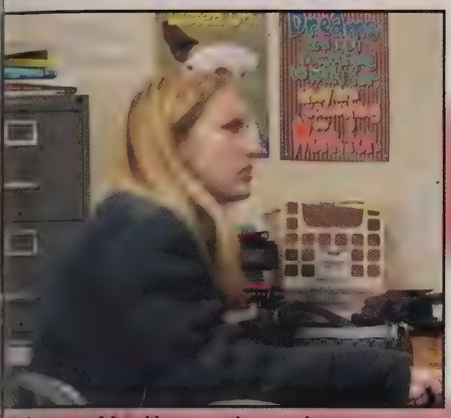
NEW YORK

This place was such a zoo; National Zoo, that is.

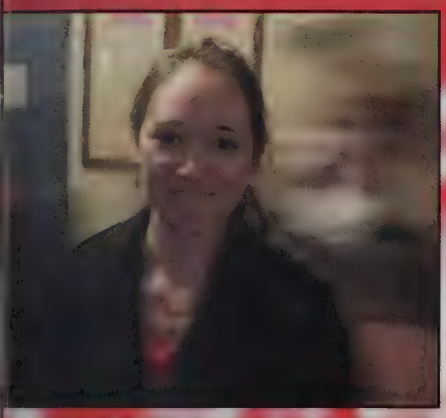
Kate Colantuono, Dina Gutsol, Alex Schwartz

The gang checking out a DC monument for the camera.

Chrissy Lee and Gaelen Engler enjoy the view.



ristin Walls paying close tention in class.



lolly Schultz pausing as the orld rushes by.

COLLEGE

HAVE YOU STARTED THINKING ABOUT THE BIG "C" WORD YET?

YES

obviously! this is such a huge process!

NO

are you kidding me! I am still a junior!

"I'm gonna pull a Rudy!"
-Helen Desrochers

"I have another year to think about it."
-Nicole Haartz

"It's the intellectual choice."
-Omi Stone

"It's very stressful, and I'm too busy for it right now."
-Denise Duval

"Yes, a little bit."
-Erica Reiner

"Whoa, I have to go to college?"
-Nathan Ungerleider

note: this poll was taken in January, opinions could have changed, but maybe not.

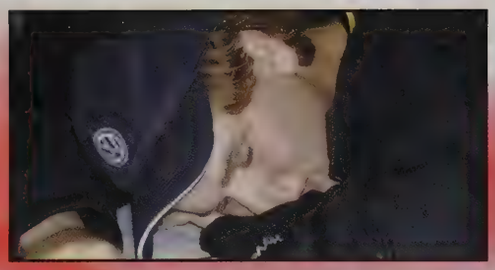
John Mackinnon III
Christopher MacLeish
Melissa MacPhee
Eva Maloney
Christopher Mandonas
Nalini Margaitis
Alyssa Martino

Christopher Matlick
Patrick McCarthy
Gerald McElroy
Stephanie McGrath
Caitlin McMahon
Sean McManus
Matthew McMullen

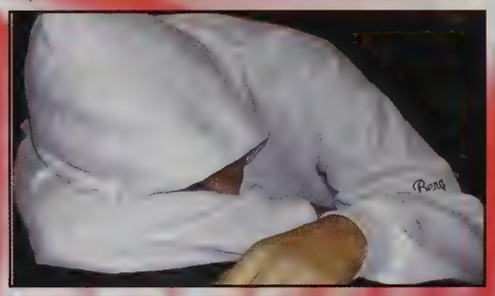
Ashley McQuillin
Chelsea Medvedeff
Emily Mele
Laura Messinger
Elianna Miller
Scott Milley
Brian Moore

Ralph Wiggum
Jonathan Mueller
Anita Muhammad
Amanda Mullin
Kandace Nadelberg
Matthew Natoli
Christopher Nelson

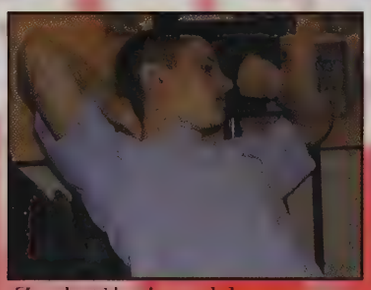
TIRED... WHY WAIT



Kyle Shulman



Matthew Berg



Zach Sheingold

Katie Kindick

STRESS LEVEL

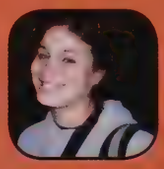
On a scale of 1-10, 10 being the most stressed out that you could possibly be... where are you?

Junior year is known for the huge amount of stress on students as they anticipate applying for college in the near future.

7 HELEN DESROCHERS

6 SCOTT RICHARD

6 STACY STRAIT



5 KATY CONOVER

4 KATE CURRAN

Rachel Neurath
Minh Nguyen
Peter Nhiany
Sara Nicholson
Andrew Noland
Nicholas Noyes
Owen O'Connor

Ryan Ostar
Corey Owens
Kereisha Owens
Joshua Pacheco
Benjamin Page
Krista Panetta
Elizabeth Peirce

Christina Pello
Christine Pennington
Andrew Pheifer
Samantha Pike
Mariana Pimenta
Alanna Pithis
Ashley Platt

Andrea Poldoian
Ramona Pollack
Katelyn Porter
Amber Postell Reynolds
Harrison Precourt
Joshua Prince
John Pringle

Eric Procopio
Rachel Procter
William Purcell
Yakov Rabinovich
Nicholas Rahall
Rachael Ralby
Mary Rando

Lauren Rees
Esau Reid
Erica Reiner
Jordan Rice
Andrew Richard
Scott Richard
Joseph Richmond

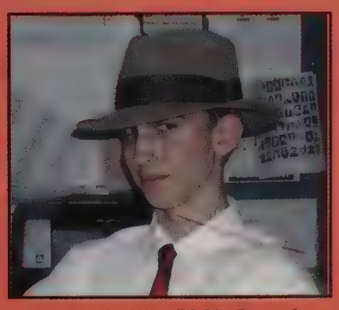
Jacqueline Risser
Andrew Rocklage
Justin Rodis
Erica Roper
Craig Rozelle
Mallory Ruymann
Jessica Ryan

Amy Saint
Paige Salvia
Ian Sanders-Fleming
Julie Sandler
Christopher Sanford
Shanell Saunders
George Sauter

STRESSED OUT

the myth says that junior year's supposed to be the hardest. Well, it's true. We actually care about our grades this year. That could make a difference...

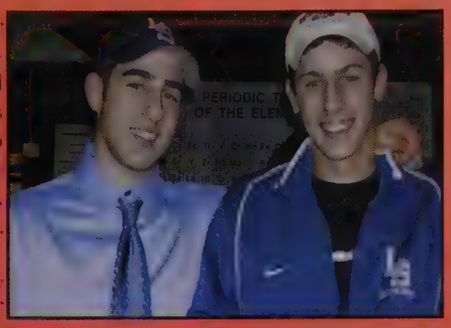
"I'm stressed enough to have considered taking medication." - Jacob Baldissini



"Stress is like PMS. It makes you sick and @#%^S%, but you get over it." - Ben Page

Andy Pheifer - "Combining sports and academics has never been so tough...and my hockey stick broke.

...PS I love my mommy."



Randy Bennett laughs and mocks- "Sometimes I go home at night and cry. I grip my teddy bear very tight and vow to never let go."

WHAT IS THE LEADING CAUSE OF STRESS?

PARENTS

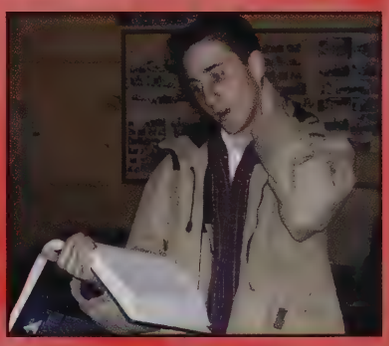
COMPETING WITH FRIENDS

TEACHERS

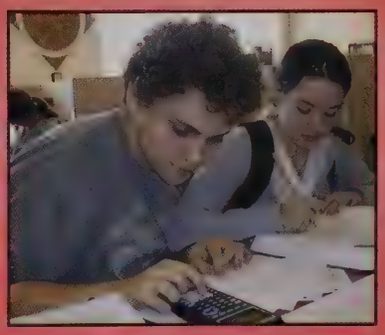
SPORTS

SO MUCH HOMEWORK!

STANDARDIZED TESTS



Even Gerald McElroy needs a dictionary occasionally.



Gabe Brooks-Harris, and Monica Walker working feverishly to finish homework.

Alessandra Sax
Molly Schultz
Alexander Schwartz
Jonathan Sege
Julie Sesnovich
Allison Shapanka
Mark Shaw

Zachary Sheingold
Noah Shifman
Simon Shnapir
Samantha Shortell
Kyle Shulman
Erin Sidorchuk
Rachel Sillman

Brooke Simon
Lauren Singer Katz
Adam Siskin
Andrew Smith
Emily Smith
Matthew Smith
Paul Albert Soliman

Cristina Sousa
Jennifer Spatola
Michela Stager
Brenton Staniar
Nicholas Stanton
James Starr
Ali Sternburg

Dave Close is already confused, and he hasn't even looked at the real test!

Ali Sternburg wisely reads through the guidebook before test day.

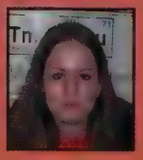
SAT Perfect Score:

1600

THE SATS

ARE THEY REALLY THAT BAD?

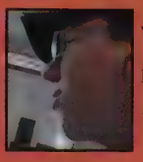
"No"
-Helen Desrochers



"It's all stuff you learned before high school."
-Erin Sidorchuk

"No, it is very straight forward."
-Ali Sax

"Yes, they are because it give colleges another way to discriminate against people"
-Dan Giorgetti



"Of course, it's another way make your life suck."
-Kevin Harvell

wen O'Connor: is lieved that the day over.

what makes juniors, juniors

"We are trying to study to make up for the last two years of doing nothing!

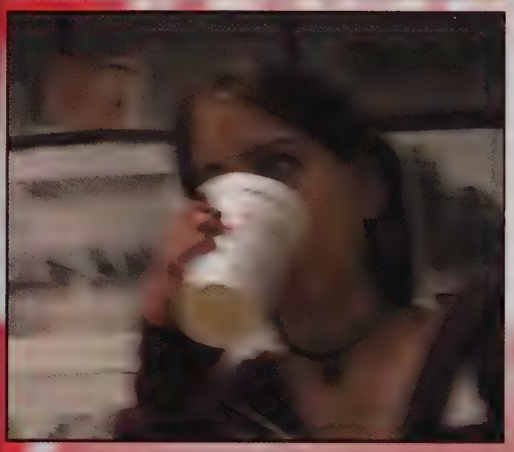
"We are looking forward to being Seniors in the new school but dread the fact that we will be as lost as the freshmen"

"We can finally park at Featherland but have to walk fifteen minutes to and from Featherland!"

"We can use our Max Ed cards to go off campus!"

"We think about standardized tests at least once a day."

"We have perfected procrastination."



Denise Duval starts her day with a hot cup of coffee. Chelsea Medvedeff, Alison Levine and Alanna Pithis strike a pose.

Gianna Stewart
Justin Stewart
Gregory Stiegel
Timothy Stoll
Emily Stone
Naomi Stone
Stacy Strait

Jacqueline Sullivan
Kelly Sullivan
Laura Sutton
Dana Swartz
Ian Taylor
Rebecca Taylor
Jeffrey Teig

Michael Toran
Julie Triba
Owen Tryder
Bradley Tunis
Ashley Turner
Svetlana Turova
Nathan Ungerleider

Alyssa Vecchione
Michael Vernacchio
Anjuli Wagner
Daniel Wald
Thomas Waldron
Monica Walker
Kristen Walls

HANG ON!

Ben Lawton and Andrew Smith enjoy the warm cafe.

Katherine Kazior, Julia Fuchs, and Erin Bonney bask in the sun.

The best time of the day ...somewhere

Who would have thought, years ago
That one day I would be here?
I thought life gets easier as I grow,
Independence would solve it all.

I thought freedom would be easy,
No worries, just the laughs.
No one told me about the mistakes,
That would make me cry,
No one told me about the friends
Who'd catch me when I fall.

They are what I'll remember
On those times when I'm lost.
They will be my support
When all the world falls away.
They will be here loving me
When the world doesn't care.

I never said thank you
For the times you stood up for me.
I never stopped to tell you
What you mean to me.
So, let me take a minute,
To say that I'll be here for you.

Harrison Precourt is going to get a shock from Owen Ty[illegible]

Jeff Devine, Julia Dowling and Mike Thompson talk about junior life.

Ian Sanders-Fleming, Brian Gershon know something we do[illegible]

`Yun Wang
Brandon Ward
Gene Washington
Matthew Weidman
Benjamin Weiler
Sarah Westbrook
Gregory White

James Wilkinson
Jamel Wilson
Claire Winchell-Manning
Caroline Wise
Julie Wood
Rachael Wyant
David Wylen

Christopher Young-Zawada
Nicole Zaia
Deron Zambruno

Despite the work, we are still all smiles!

Sunlit juniors at L-S: put them in a brochure.

Julia Fuchs and friends flash signature smiles.

Elizabeth Peirce and Nalini Margaitonas pause for a pic.

These boys are kicking back with a few drinks.

What do you think about Exams?

"I don't like them, who does?" -Eric Hagerty

"Everyone has exams; they prep you for college." -Dan Wald

"Getting out early is good, but studying outweighs that benefit." -Nick Antico

"They aren't that bad; you have a 1/2 day, but the test counts for a large portion of your grade." -Rob Lowry

The busy cafeteria, or commonly known as the cafe, is Grand Central Station.

Nathan Ungerleider could be a future lawyer, waiting in the law room.

Jason Forino seems to be concentrating; don't bother him.

Ryan Ostar, Christine Lee, and Molly Schultz--don't just stand there.

Sophomore

Sophomore year... we are too young to be considered upper classmen but too old to be babied. We don't have to prepare for college or the SATS, but the fear is lurking in the future as we are expected to begin to accel now that we have had a year of adjusting. Looking down at the younger kids seems a familiar feeling, and it is hard to believe that we were once in their shoes.

f checkers is your game, then why not uper size it?

hristine Rodrigues doesn't look very upset o be in school this morning.

Kelly Fitzgerald takes a picture break from her work in class.

THINK BIG

the typical sophomore complaint:

"we aren't the youngest, we aren't the oldest, we aren't overly preparing for college yet...we are ignored!"

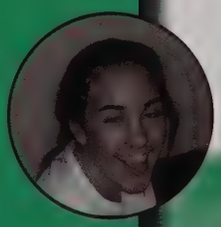
How do you feel about this?

Brendan Quinn

"True dat but we can't do nuttin about it."

Emma Mushnick

"I can't drive or leave campus."



Rebecca Epstein

"I'm glad we don't have to prepare for college."

Alec Corliss

"We are the top of the lower class, so I guess we have that."

Tania Abedian
Jeffrey Ackerman
Nelson Agamah
Samantha Amate
Kelly Anderson
William Anderson
Alexa Andrew

Nicholas Andrews
Alexander Atkins
Danielle Aucoin
Nicholas Avgerinos
Cristina Baez
Tyler Baker
William Baldelli

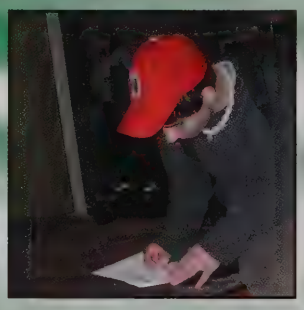
Nathan Banks
Lindsay Bartlett
Theodore Bascom
Rashad Batts
Adam Bazari
Laurel Bell-Krasner
Terri Bello

Melanie Bender
Yuna
Jared Berkowitz
Sterling Berliant
Carolyn Bernier
John Besemer
Christina Blaney

Kelsey Bodenstab
Collins Boland
Lauren Boothby
Douglas Bradford
Matthew Brais
Amanda Bramberg
Amy Briggs

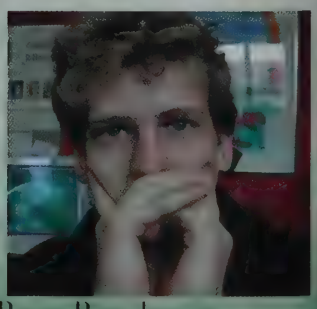
Tomas Gonzales, Dan Henaghan, and David Rudolf...this looks like a circus act.

Alex Calandrella with a quick finish before class.



Jessica Taylor and Jesse Walch kill time between classes.

Lauren Cullen and Sarah Faulkner pose for a picture. Sarah dosn't seem comfortable with the idea.



Ross Brockman works on his new beat.

STEPPIN' IT UP

UP UP AND.....AWAY

ow does it feel to NOT BE THE YOUNGEST?

Brendan Quinn
"It stinks!!!"

Tony Lopresti
"Well I'm the youngest in the grade anyway"

Allison Cappelloni
"I feel older"

Diana Hubbell
"vast improvement over being a freshman"

Mike Manno
"cool 'cause the freshman are hott"

Molly Roderick (07) and Mandy Bramberg find lounge in the hall.

Listen my children and you shall hear of the midnight ride of Paul Revere.

Ross Brockman
Alice Brooks
Frederick Brown
Ryan Brown
Brian Bruce
Alison Bryant
Aaron Burdette

Shawn Butte
Cherelle Bynoe
Kyle Byrnes
Alex Calandrella
Devan Campbell Jr
Alison Cappelloni
Marett Carey

Leah Carolan
John Carpin
Hannah Caruso
Shannon Casey
Julianne Chabot
Benny Chen
Christopher Cheng

Eric Chi
Ke'cia Childs
Jennifer Cole
Michael Coleman
William Collins
Mariano Colon
Erica Coolbaugh

John Cordo
Alec Corliss
Arielle Costello
Benjamin Coyne
Jessica Crane
Amy Crosby
Jonathan Crosby

TELL ME ABOUT IT...

ASK THE PROS

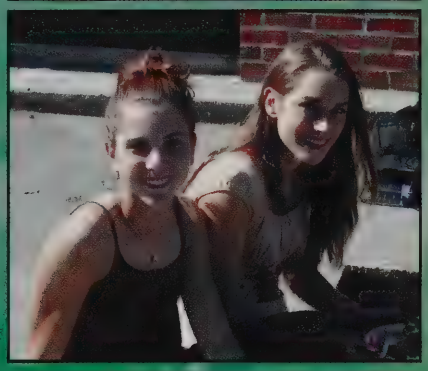
WHAT IS IT REALLY LIKE TO BE A SOPHOMORE THIS DAY IN AGE?

"It's like being a freshman only it stinks more."
Leah Carolan

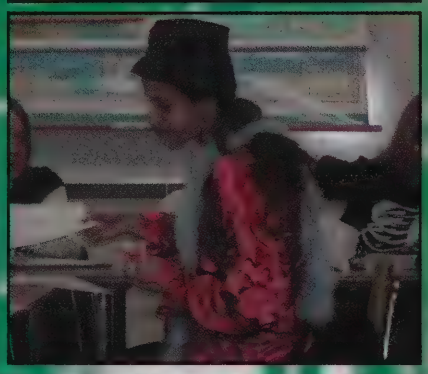
"It's like every other year, only harder."
Dan Meretzki

"ummm...I have to go to class now."
Ted Griswold

Amanda Glanz and Arielle Costello



Haley Vansteenberg and Kelsey Bodenstab



Christine Rodrigues tries out a new look

Zach Kazin is packing up.

Sean Crow
Lauren Cullen
Caitlin Cumming
Tegan Currie
Nicholas D'Innocenzo
John D'Isidoro
Alexander Daly

Amelia Daniels
Jack Darcey
Isaiah Davis
James Davis
Molly Deacutis
Courtney Defrancesco
Robin DeSantis

Laura Deshmuk
Tiffany Diarbakerly
Ashley Dillworth
Andrea DiManno
Kate Donaldson
Jesse Doran
Margaret Durlacher

Rebecca Epstein
Elliot Erwin
Elizabeth Eustis
Daniel Fairbank
Sara Faulkner
Patrick Feger
Christopher Fell

Maxwell Finn
Kelly Fitzgerald
Molly Fitzgerald
Elizabeth Francis
Lauren Frank
Samuel Freund
Dana Friedman

Rachel Garabedian
Adam Gardner
Colin Gaw
Aaron Gerry
Eliot Gibbs
Brendan Gilroy
Amanda Glanz

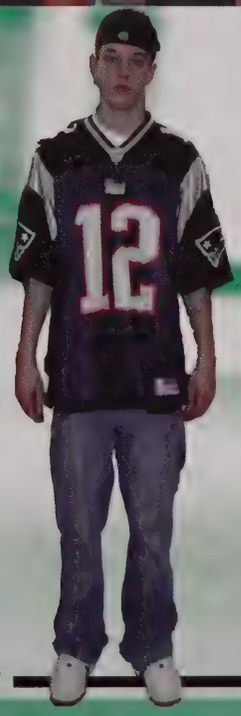
Amanda Glick
Stephanie Globus-Hoenich
Jordan Glovsky
Tomas Gonzales
Alexander Gottlieb
Julian Governale
Lucy Green

Bridget Griffin
Theodore Griswold
Jaime Gruttadauria
Alexander Gutowski
Alana Hagarty
Andrew Hall
Christopher Hall

Justin Hall
Benjamin Halsband
Kimber Hamill
Michael Hamill Jr
Justin Hamilton
Elyse Hannigan
Clark Hayes

Daniel Henaghan
Alexandra Hendelman
George Hicks
Lia Hicks
Laura Hodoian
Keyauna Hoffman
Shira Hoffman

eth Francis prepares for her 1st class f the day... thank goodness.



Mike Tzovaras, Jeff Ackerman and Matt Brais step out(side) for a long awaited lunch.

re you PERMITTED?

lassmates that you have known since a young age DRIVING can be a very scary thought... what do you think?

" Well...I don't have my permit yet, but I can now bum rides off of my friends"

elsey Bodenstab

"Now me and my friends can 'hang out' in my car."

Ross Brockman

"Its fun 'cause I can almost drive!!!"

Kristen Loughry

Niki Holtzman
Grant Hornung
Karen Howard
Amberley Howland
Diana Hubbell
Brittany Hurd
Nicole Hurley

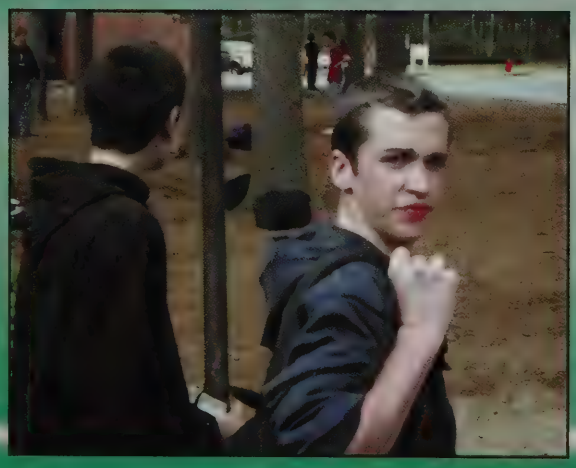
Catherine Ingard
James Jackson
Caitlin Jaeger
Julia Jannsen
Nicole Johns
Nathan Johnson
Peter Jones

Amber Kafalas
Annelies Kamen
Nicolas Kane
Alison Kaplan
Lily Karian
Peter Karian
Zachary Kazin

Meghan Kennedy
Robert Kindell
Caitlin Klinger
Justin Kloc
Kelly Koch
Erik Kong
Johanna Kozak

Jennifer Kukis
Robert Lallier
Adam Lane
Bethany Lataille
Andrew Lauer
Candice Lee
Madaline Lee

Maria Petkova looks so interested in todays subject.



Christopher Hall wasn't expecting this picture.

Has sophomore year been satisfying?

60% are satisfied
40% are unsatisfied

THE RIGHT TO CHOOSE! THE POWER

Sophomore year, students have the ability to not only choose their elective course but their English courses as well.

HOW DOES IT FEEL?

"A lot better then being placed in one automatically"

Caitlyn Wasserman

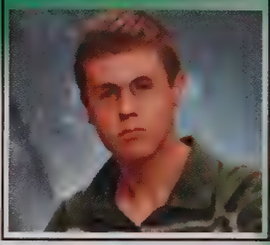
"It's fun to be able to choose your classes but then...you have to take them"

Catherine Ingard

"Better because now I can choose the class I like"

Jeffrey Rand

"Its good because I can choose an easier English class and focus more time on the harder classes."



Jacob Rathjens

Max Leinweber
Rebecca Levy
Jeffrey Link
Kelsey Link
Anthony LoPresti
Kristin Loughry
Shaina Low

Cheryl Lund
Lindsay Majno
Kelly Maley
Daniel Malkin
Adam Manchester
Alexandra Mandelkorn
Michael Manno

Gary Marcelynas Jr
Michele Markowitz
Jessica Mattioli
Vincent Mauro
Christopher McCarthy
Brian McDermott
Tara McDermott

Sally McInnes
Timothy McKinnon
Andrew McLellan
Thomas McNabb
Madeline Meagher
Tracie Medley
Nikhil Mehta

Heather Mellish
Benjamin Meltzer
Daniel Meretzky
Jessica Merwin
Benjamin Michel
Sarah Michelson
Dennis the Menace

STRIKE A POSE

Jessica Taylor and Jesse Walch enjoy the weather.

Honor Pope-Lance picks up a few moves from a friend.

Maddy Meagher, Kate Sherrer, Kelly Maley Christine Smail, Caitlen Jaeger, Haley Vansteenberg crowd in.

Jessica Romain and Margaret Durlacher wait around.

Lauren Cullen, Sarah Faulkner and Alex Daly.

Jessica Milberg-Haydu
Alexander Miller
Matthew Mirigian
Amanda Moritz
Sam Mueller
Daniel Mullen
Brad Murray

Jeremy Murray
Emma Mushnick
Emma Nathanson
Amy Navikas
Justin New
Alexander Nisetich
Jennifer Noce

Zachary Norley
Sean O'Neill
Alison Occhialini
Daniel Ollquist
Brittany Paluch
Jasmine Parham-Herring
Michael Pearson

Craig Pessolano
Maria Petkova
William Pettengill
Kristin Phelps
Shakiena Phifer
Erik Phillips
Catherine Pickering

Guy Pistone
Leslie Pomarole
Honor Pope-Lance
Jennifer Price
Sarah Prozeller
Brendan Quinn
Leigh Quirk

Caroline Radulski
Jeffrey Rand
Blake Raphael
Jacob Rathjens
James Ravesi
Thomas Rhodes
Matthew Rice

Miles Riemer-Peltz
Christine Rodrigues
Jessica Romain
Rebecca Romash
Fiona Romeri
Max Rose
David Rudolf

Rebecca Sandler
Joshua Savel
Emily Schlomann
Michael Schneider
Nina Schrager
Eric Schreiber
Julie Schuerhoff

Bryanna Seymour
Matthew Shahian
Jonathan Shapiro
Meaghan Sharkey
Alexander Shaw
Brittany Shaw
Jeffrey Sheehan

Kate Sherrer
Sara Shobin
Sarah Shore
Jeffrey Shuman
Jesse Shusman
William Silton
Anna Simon

FILL IN THE BLANK

Sophomore year has been ADJECTIVE. It was a ADJECTIVE experience for us because we had more PLURAL NOUN than ever before. No longer are we PLURAL NOUN. Don't get me wrong, we are still PLURAL NOUN, but that will change next year. We can't wait to VERB and VERB like we see the older kids doing. In the mean time, we keep ourselves busy with other things. During school we VERB with each other, VERB efficiently in class and VERB in clubs, sports and other activities. It is a very ADJECTIVE lifestyle, but we VERB it!

Andrew Skelton
David Sliski
Christine Smail
Andrew W. Smith
Brenton Snodgrass
Katie Soja
Leo Karlo Soliman

Patrick Spiegel
Christine Spinelli
Ariel Sternberg
Scott Stevenson
Christine Stott
Danielle Sullivan
Kristen Sullivan

Claire Swanson
Sherry Sybertz
Stephanie Tan
Daisuke Tanaka
Jessica Taylor
Michael Taylor
Samuel Thomas

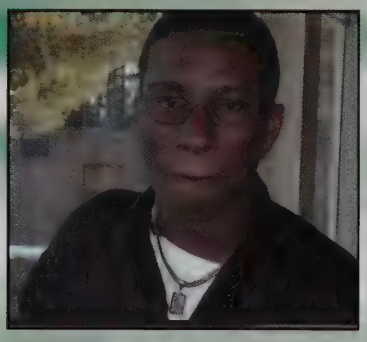
Bethany Thompson
Michael K. Thompson
Christine Timmermans
Ashley Tomassian
Dania Tonelli
Marissa Tonelli
Ashley Trowers

Michael Tzovaras
Michael Ullman
Hayley VanSteenburg
Michelle Vasapolle
Roberto Vasquez
Courtney Vataha
Nicholas Venuto

CAUGHT YA

Becca Epstein, Katie Woodward, Sarah Shore, and Alison Cappelloni take a breather.

Nelson Agamah; read my lips!



Kelly Anderson, are you winning?

Leah Carolan voices her opinion.

Jeff Wurm with no comment.

MINE MINE MINE

ARE YOU ONLY ATTENTIVE IN CLASS ?

Dan Cook thinks he owns this place.

or can you match the following posessions with their owner?

2

1

5

Answers: 1. Robert Lailler 2. Kevin Winston, 3. Madaline Lee

Cortlan Vitz
Ashley Wagner
Jessica Walch
Jillian Walker
Ashley Walsh
Christa Walsh
Margaret Walsh

Devin Wambolt
Stephanie Washington
Caitlyn Wasserman
Haley Watson
Alexander Watts
Kimberly Weaver
Jennifer Weingarden

Debra Weisberg
Sarah Wells
Daniel Wells IV
Madeline Welsh
Helen Wen
Lauren Westling
Vynelle White

Katherine Wiercinski
Philip Wilde IV
Seth Williams
Andrew Williamson
Caleb Wilson
Brendan Wimberly
Kevin Winston

Katie Woodard
Michael Wright
Nathan Wright
Peter Wright
Jeffrey Wurm
Lucy Yao
Gregory York Jr

Erena Young
Richard Young
David Yu
Douglas Yuen
Katherine Zackin
Andrea Zeytoonian
Emily Ziobrowski

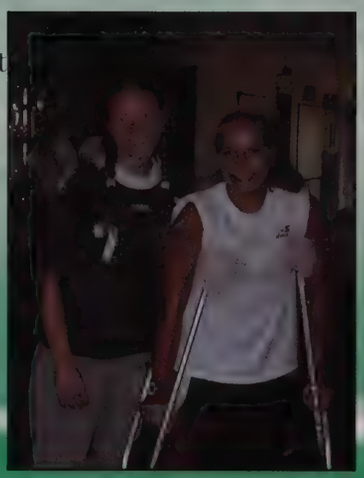
Alex Gutowski, Mike Coleman and James Davis look like they needed a break.

slowly but surely

Ashley Wagner, and Jessica Crane rest outside the cafe.

Nick Andrews takes advantage of the Fitness Center

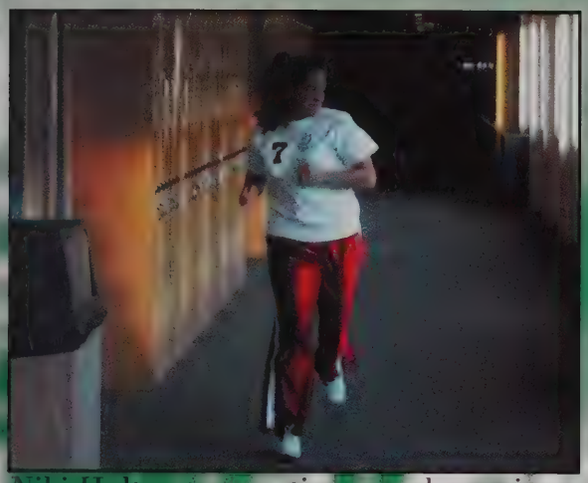
This group felt that they should enjoy the nice weather before it got too cold. Smart thinking. (The January Freeze of 04 is on its way).



Lauren Westling walks to class with injured Madeline Meagher.

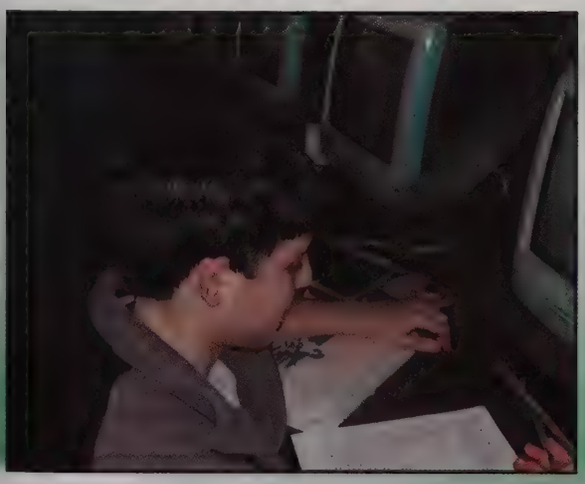
CHANGES

what changes do you anticipate in the future?



Niki Holtzman practices good running form after school in the hall.

Don't look now, but we're being watched.



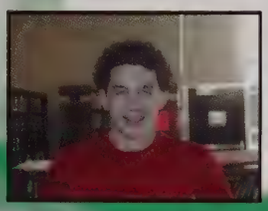
Dan Malkin is hard at work in the computer lab.

Candice Lee
"Hold on a second I need to make a call"

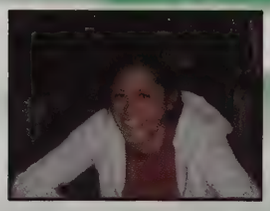
Jeffrey Wurm
"A haircut!"

Alec Corliss
"Nothing big, you know the little things"

Andrew Williamson
"Flying cars!!!!!"



Jack Darcey
"A clean school and fun trees"



Emma Mushnick
"Seniors will get lost in the new school"

Kyle Byrnes
"Robots take over the world"

Sterling Berliant
"World Peace"

Freshman

After surving three years of middle school, the Class of 2007 feel that they are ready for a more mature learning environment. These same freshmen feel that L-S is the perfect fit. Lincoln-Sudbury has the freedom students crave and also has an exciting, inspirational and stimulating learning environment.

Courteous Ben Papapietro guides Eric Pennington who is having trouble seeing.

Ryan Hunter-Jones and Matt Brewer are looking sharp.

Waiting for your bus can be a daunting task, but these girls seem to enjoy it.

Elizabeth Catinella, Andrew Mullaney, Asher Watson and Kevin Arvid study hard, but still manage to have a little fun.

TAKING OVER...

Samantha Abrams
Eric Adams
Elizabeth Agamah
Darren Agarwal
Julianne Albano
Taylor Alexander
Kevin Aravind
Ashley Arayas

Manal Assil
Chelsea Audin
Gregory Avgerinos
Zori Babroudi
Madelyn Bacon
Steven Baez
Steven Baillargeon
Prithvi Balaram

Nathan Balser
Matthew Barrie
Zachary Baumer
Steven Beattie
Brendan Beatty
Laura Bergstein
Taylor Berliant
Evan Biller

Brandon Blake
Brendan Blake
Christopher Bleck
Edwin Bleiler
Maya Bloom
Christopher Boland
Peter Boswell
David Boulos

Khoree Bowden-Redd
Rae Bradley
Evelyn Brand
Katherine Braun
Matthew Brewer
Nathan Burke
Liza Burkin
Robert Burns

EMBARRASSING FRESHMEN MOMENTS

embarrassing moments...don't worry, they happen to everyone, but some definitely blow all others

"At the beginning of the year, I walked into the wrong locker room."

"When I was playing volleyball, I tripped over myself while I was serving and landed on my face."

"The cashier at Abercrombie had to chase me down the mall because I forgot my ten dollars worth of change!"

" I was swimming at someone's house and I was too nervous to ask where the bathroom was so I went in the pool, my little sister noticed it and screamed!"

"I dove headfirst into a soccer post during a game and had to be carried off in a stretcher in front of everyone!"

"I fell down the escalator in the mall!"

Brooke Tocci, Divya Munjal, Rae Bradley, Cori Carvelli and Liz Catinella smile on cue.

Carolyn LaRow and Madeline Rimpas stroll through the cafe for some lunch. Kaitlyn Messinger, Casey Casper, and Katie Braun pose for a picture.

Hanging in the halls between class. Watch the time!

Marissa Keller and Jess Perry are all smiles when they see a camera.

PLEASANTLY SURPRISED...

Entering L-S as freshmen on the first days of school, we didn't know what to expect... scary teachers, hours of homework and many distractions...we found that while most issues remain debatable, one thing is for sure, the teachers rock, and can actually relate to students! (Who would have thought!)

WE PUT THEM TO THE 'EMBARRASSING MOMENT TEST...

"In eighth grade, I had a crush on a girl so I decided to get in a tree outside her window and sing to her. When she came to the window, I tried to jump out, but I got stuck in the branch by my underwear. The tree pulled my underwear out from under my shorts. The next day all my friends stood around the tree and saluted my underwear."

"The first day of school, I was getting on the bus: my bag opened, my books fell in the mud and to make matters worse, there were a bunch of seniors behind me to watch it all unfold."

"I sent an email about someone to that person."

"I fell down a flight of stairs at a wedding!"

...AND FOUND IMPRESSIVE RESULTS

Rob Pessolano and Matt Savit like their new cafe.

Make new friends and keep the old.

NO WORRIES...WE'RE ADJUSTING JUST FINE!

Nap time! Welcome to high school-boys.

Everybody loves Leek aka Peter.

Kevin Hannigan and Jason Orlando look sharp.

Laura Noce and Meghan Trefry unite.

Jennifer Macone seems to be enjoying her lunch.

D'Anna Byrd
Adrienne Calandrella
Alexander Campanella
Erica Canestraro
Elana Carlson
Corinne Carvelli
Elizabeth Catinella
Justin Chang

Gregory Cheek II
Brian Chen
Victoria Chen
Tyler Cichowlas
Cassandra Clark
Jessica Clark
Mary Clemens
Scott Cohen

Nicholas Colantuono
Mark Collins
Lisa Colombo
Richard Cooper
Amanda Corbett
Casey Craig
Christopher Crowley
Ghost

Katherine Dahlgren
Milan Damirjian
Brenna Deck
Kayla Defrancesco
Patrick DeMarle
Samuel DeNormandie
Brian Devaney
Julia Devine

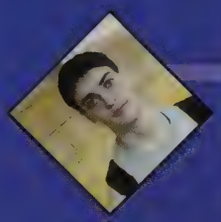
Sara Dicker
Katherine Dickinson
Courtney Dill
Brittany Dillworth
Timothy Dingman
Christopher Donovan
Bridget Doyle
Christopher Drake

NEW PLACES NEW FACES...

"Before ariving at L-S, one of the ideas that scared me most was joining with students from another town....exciting but different, and I was worried abo how well we would get along."

Combining with students from other schools can be a bit scary, but quickly the different groups mesh together to form amazing friendships.

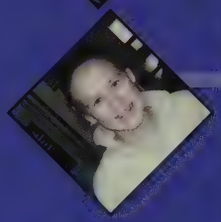
BEFORE AFTER



I don't think much has changed -Jeff Stone

I wasn't sure what to expect. -Chelsea Audin

L-S is much bigger than I thought. -Peter Boswell



Once I got ued to the change, it wasn't a big deal. -Courtney Dill

I like L-S, it's much better than middle school. -Luis German

Benjamin Driver
Christine Duggan
Ghost
Daniel Duval
Adam Echouafni
Keturah Edwards
Elizabeth Elfast
Colin Ely

Clare Engler
Andrew Essington
Rebecca Falender
Shelley Fang
Alexandra Feldman
Nicholas Felici Jr
Nia Ferguson
Brittany Filker

Ryan Fitzgerald
Amie Fleming
Ryan Flynn
Adelle Franchek
Adam Fullerton
Curt Ganeles
Yosha Gargeya
Jennifer Garrett

Kyle Gerbe
Luis German
Anna Germanotta
Gina Giambalvo
Rebecca Gish
Daniel Glanz
James Gleason
Michael Gleason

Brian Glowacki
Carmen Gochenour
Joshua Goldberg
Julie Goniwich
Julie Goodman
Benjamin Gossels
Nicholas Grasso
Owen Griffin

Rachel Haberman
Shannon Hache
Jacob Haendel
Russell Halliday
Emily Ham
Jaclyn Hamwey
Kevin Hannigan
Lauren Hardardt

Cadence Hardenbergh
Linda Hart
Christopher Harvell
John Hayes III
Brittany Healy
Spenser Heaps
Thomas Hebble
Kathryn Heerwagen

Alexandra Henderson
Marissa Herzog
Eric Hill
Emily Hinteregger
Tracee Hocking
Raychelle Hoffman
Thomas Howd
Nicholas Hunter-Jones

Alexander Isakov
Cameron Jackson
India Jackson
Jordan Jacobson
Jaclyn Jarmulowicz
Carl Jewell
Crystal Johnson
Sarah Johnson

Sybil Johnson
Ryan Joyner
Maya Kahn-Woods
Lindsay Kaplan
Perry Karn
Christopher Keating
Marisa Keller
Megan Kim

We're so happy to be here!

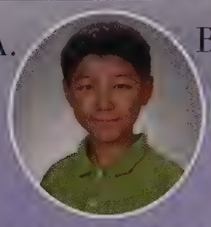
Where's the end of the line?

"It's all John's fault" says Perry Karn.

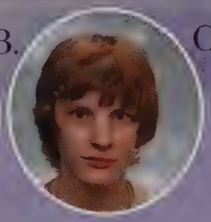
QUIZ

HOW WELL DO YOU KNOW YOUR CLASSMATES?

A.



B.



C.

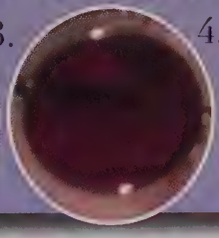
D.

MATCH THE OBJECT WITH THE PERSON

1.

2.

3.



4.

answers: A3, B4, C1, D6, E2, F5

Patrick Kimble-Bonny
Daniel Klein
Larina Kleynerman
Aileen Kline
Harjivan Kohli
Kendra Koop
Katherine Kraemer
Elisa Kramer

Belinda Lacombe
Carolyn LaRow
Jackie Laurendeau
Brittany Lawless
Kristen Leahy
Christina Leonelli
Chelsea Leusner
Alexander Levy

Anna Levy
Andy Liang
Lauren Libby
Jessica Lieberman
Andrew Lincoln
Kevin Liu
Nicole Lombardo
Kathleen Longo

Gregory Loucas
Connie Lu
Sophia Lufkin
Malena Lund
Jared Lynch
Peter Lynch
Chelsea Lynn
Noah MacNeil

Jennifer Macone
Molly Macone
Joseph Marcelynas
Michael Marolda
George Massey
Catherine Matthews
Ryan McCann
Andrew McCarthy

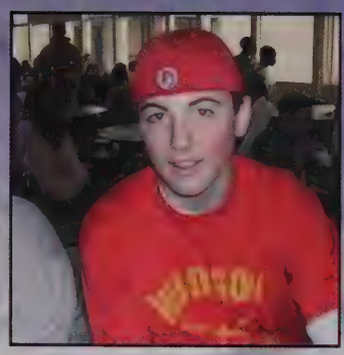
Friends outside the cafe raising money for a good cause.

Elisa Krame
Crystal John
son and Ma
Reuben get
ready to hea
to class afte
their long-
awaited free
block.

Good friend
chillin' in th
cafe.

eather Melsh is very good at multi-tasking.

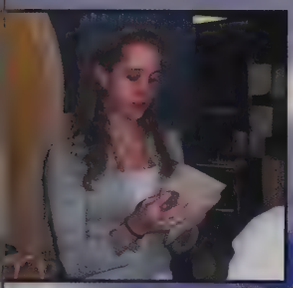
xxxxx and xxxxx spend time catching up.



Owen Griffin stops for a picture.

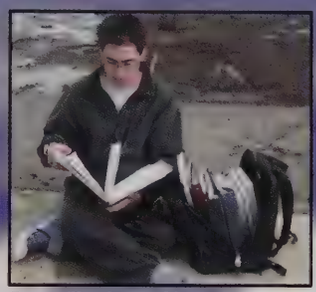
The typical cafe scene.

Nick Felici is caught while eating lunch.

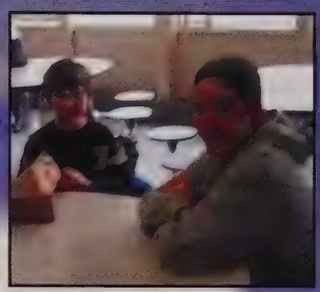


ittany Lawless
ally has a break
om class.

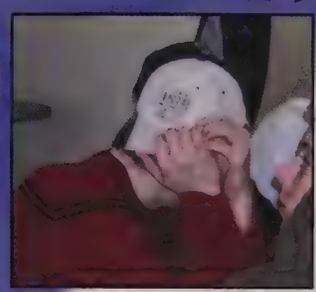
Mike Ronner does a little dance.



Jon Rahardjo uses his break productively.



Joe Marcelynas and Alex Campanella take a moment to rest.



Sean Pike is a little camera shy.

Peter C. McCarthy
Michael McCormick
James McDermott
Cherrell McKoy
Alison McLellan
Megan McPhee
Lauren McQuillin
Theodore Meeks

Sarah Mele
Kaitlyn Messinger
Melissa Metz
Brian Meyers
Cara Migliozzi
Audrey Miller
Matthew Miller
Matthew Mills

Emily Miner
Hannah Mode
Lee Morgan
Sarah Morse
Krysten Muldoon
Andrew Mullaney
Divya Munjal
Jacob Nee

Jonathan Nichols
Justin Nicholson
Anne Niemi
Laura Noce
Karl Nyangoni
Leslie O'Bray
William O'Brien
Anna O'Connor

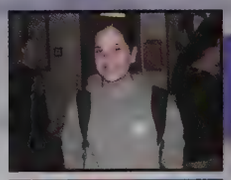
Clarissa Odence
Rachel Oldfield
Annikka Olsen
Jason Orlando
Stefan Ostar
Kayla Oteri
Amanda Padellaro
Katharine Palmer

FRESHMEN JUST WANT TO HAVE FUN

Normally when you want to find freshmen you can just stop into the cafe. This group kicks back with a few sodas.

THE BEST PART OF BEING A FRESHMAN IS MOST DEFINITELY

JACKIE



"We have way more privileges than we have ever had before."
Jaqueline Hamwey

JEREMY

"We're all in high school, but get much less homework than the other dudes."
Jeremy Ryder

ANNIE

"It is such a huge step from middle school, and it is all for the better."
Annie Wilkinson

JAKE

"L-S gives us much more freedom."
Jake Wagner

CAROLYN

"L-S treats the kids like adults, it's nothing like middle school."
Carolyn Swords

Benjamin Papapietro
Eric Pennington
Jonathan Pereira
Jessica Perry
Robert Pessolano
Brittany Phillips
Shanae Pierce
Natalie Piercey

Sean Pike
Michael Pithis
Elizabeth Plotts
Parrish Polk
Elizabeth Porter
Timothy Porter
William Powell
Michaela Precourt

Lauren Price
Lauren Prince
Ashley Pruitt
Samantha Quint
Nicholas Rader
Jonathan Rahardjo
Peter Ralli
Andrew Reich

Jonathan Remmers
Max Reuben
Derek Richards
Jane Ricker
Madeleine Rimpas
James Roach
Molly Roderick
Audrey Rogers

Michael Ronner
Nicholas Roopenian
Rebecca Rose
James Rowell
Ian Russell
Peter Ruymann
Caila Ryan
Jeremy Ryder

Katherine Sauter
Matthew Savit
Kevin Scanlan
Peter Schnorr
Daniel Schottenhamel
Amy Schultz
Ross Schultz
Daniel Schwartz

Jonathan Schwartz
Justine Selsing
Rosalie Sennett
Marsay Seymour
Lauren Sharkey
Scott Sheehan
Benjamin Sheff
Martha Shoemaker

Bryce Shulman
Alexandra Siegel
Julia Siegel
Benjamin Silton
Elyse Simberg
Nicholas Simollardes
Rebecca Simon
Jennifer Simpson

Christine Sinnigen
Quinn Morgendorfer
Alison Smith
Jesse Smith
Wade Smith
Aaron Snyder
Rachal Soares
Sarah Socha

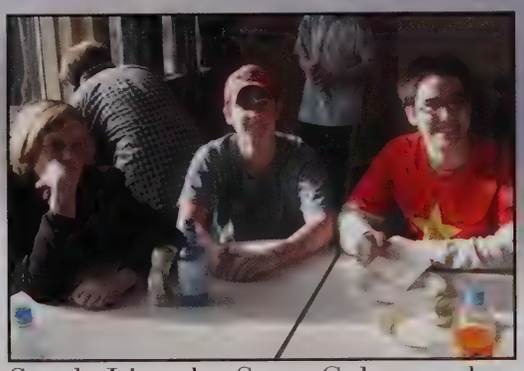
Rachel Solomon
Olivia Soloperto
John Spinelli
Blake Staley
Kevin Stansky
Phillip Stein
Lily Steiner
Jeffrey Stone

auren Hardart, Kendra Koop and atie Heeewagen are all smiles as hey study for a test in the cafe.

Nick Felici and Tommy Howd missed each other.

Now what do you suppose these guys are up to?

ayla Oteri and iza Burkin are aught in the all.



Sandy Lincoln, Scott Cohen and Jon Rahardjo, trying to look alert in the cafe.

Matthew Stranberg
Beth Sugerman
Daniel Sullivan
Matthew Sullivan
Patrick Sullivan
Carolyn Swords
Eric Swotinsky
Lee Syatt

Nicholas Szathmary
Alan Tam
Abigail Tatkow
Emily Taylor
Steven Tenure
Christina Terrasi
Allech Thomas
Michael Ting

Brooke Tocci
Tahj Townsend
Meghan Trefry
Tyler Tsugita
Shawn Tyler Jr.
Alex Vai
Andrew Vale
Julia Van Wart

Emily Vano
Christina Vogel
Nicholas Von Stackelberg
Jake Wagner
Leela Wagner
Jennifer Waldron
Sean Walsh
Benjamin Wasserman

Kristen Watkins
Asher Watson
Benjamin Watson
Jessica Webb
William Weddleton
Remy Weinberger
Mary Weinburg
Tupac

These boys are taking a break from class.

This group of girls paused for a moment to pose for a picture.

The typical freshman routine... getting on the bus.

Jackie Loureadea and Andrew Reich and Amanda Kerns (04).

xxxxxxxx and xxxx take their mind off of school with a little hackey-sack.

James Roach and friends make their-selves at home in the yellow hall.

_____ is one of the brave freshman that actually use their locers located in four corners!

FOR NOW FRESHMAN

STAUS IS FINE WITH US!

we asked fifty freshman, and the consensus was:

4%	96%
MIDDLE SCHOOL IS BETTER	HIGH SCHOOL IS BETTER

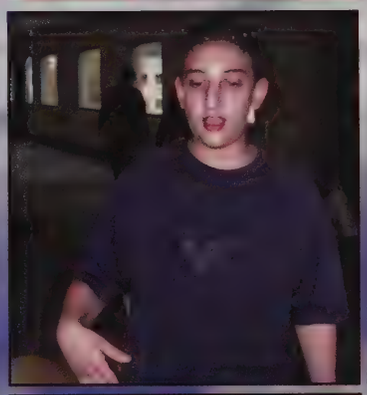
Many students avoide the crowd and eat outside.

Andrew Mullaney and Asher Watson eating lunch.

Jacjie Jarnalowitz and Jennifer Macone pose for a picture.

Mary Weinburg, Jim McDermott andAdelle Francheck don't seem to mind the cold.

These youngsters always have time for a picture.



Ben Wasserman attracts a crowd as he beat-boxes.

D'anna Byrd, Giselle Williams and Cherrell McKoy are all smiles.

Marcus West
Caitlin Whitehouse
Rachel Whitney
Ryan Whitney
Anne Wilkinson
Giselle Williams
Tavianna Williams
Christopher Williamson

Bianca Wilson
Michael Wilson
Brian Wilver
Simon Winchell-Manning
Margaret Wittekind
David Wong
Jennifer Wright
Sophie Wylen

Alyson Yacobian
Vatchel Younger
Gregory Yuen
Nicole Zais
Lane Zambruno
Heather Zaring
Angela Zeng
Tess Zinnes

Isabel Zuckoff

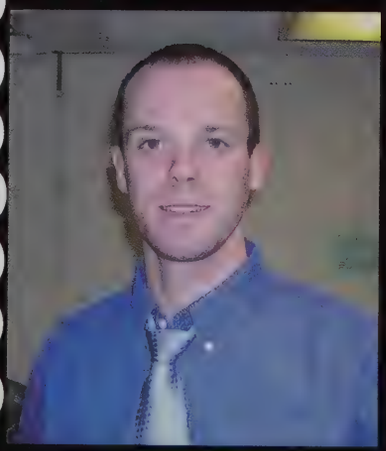
DREAM ON!

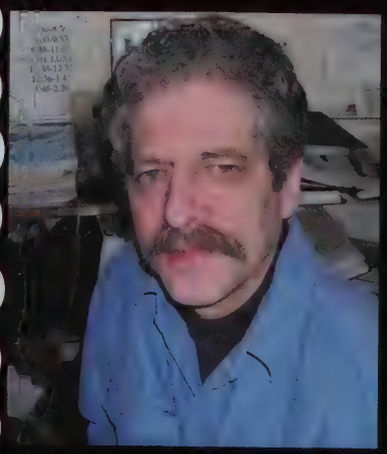
WHAT IS THE ONE UPPER-CLASSMAN PRIVILEGE YOU CAN'T WAIT FOR?

Tracey Hawking
"More variety in class choices."

Christina Terrasi
"Going out to eat for lunch."

Yosha Gargaya
"Driving to school and leaving when I want"





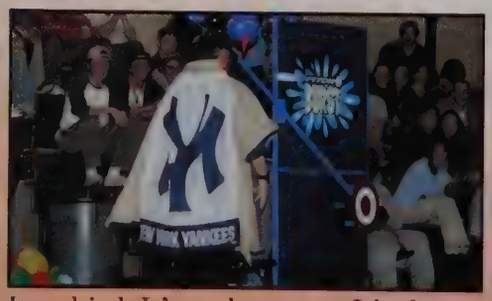
Granted this is the faculty variety show, this is a sight that should be seen more often as teachers how to celebrate completion of the day and great teaching as onlookers applaud.

Staff

They teach, they coach, and they administer detentions. Whether they notice it or not, staff members at L-S become a big part of student's high school life. Just about every member has been agonized over at one time, or many, during their career at L-S. It's not characteristic of an elementary school or junior high that you can actually hang out with a teacher. They know what they're doing-- most of the time at least. Sometimes this is because they've been there five, ten, twenty, and some even fifty years ago. The L-S faculty is something to boast about.

Nancy O'Niel sure can hold a crowd.

Anthony Rigoli tries his luck at the half court basketball contest.



Its a bird, It's a plane, no...It's the daring Bill Schector dressed as a super yabkee.

Rick Wise adds a few more names to his famous "cut parade"

Alfonso Abadia Language
Blanca Adams Language
Rami Alwan Science
Yoshitaka Ando Wellness
John Ansty Clinical Counselor
Beth Armstrong METCO
Charli Asta-Ferrero Science

Gail Baker SPED
Ned Banta Language
Robert Barnes GO
Marilyn Beaven Science
Leslie Belcher Wellness
Chris Belmont Wellness
Richard Berger Language

Karen Bernyk
Clinical Counselor
Kate Berry Math
Caroline Berz History
Debra Bieler Math
Virginia Blake Math
David Bloom Central
Maureen Bolton Science

Allison Brandes Science
Richard Brown Math
Mary Buonamico Central
Eleanor Burke
South Housemaster
Patricia Burkhardt REACH
Amy Butler SPED
Vicky Caburian Wellness

Donna Cakert Student Services
Marjorie Callahan
West House Counselor
Elizabeth Campbell GO
Joan Campbell Language
Nancy Carbutt South House
Lynn Carlson Student Services
Scott Carpenter
North Housemaster

Rebecca Carr English
Luis Castilla Language
Janette Cavallo Health Office
Nancy Childress Central
Rosemary Colson Curriculum
Dan Conti English
Joanna Crawford MLK Action

Sandy Crawford History
Karen D'Amore Language
Daniel Damelin Science
Thomas Danko Science
William Davison B & G
Mary Ann Dence English
Charles Despotopulos
Communications

LEARNING A LITTLE MORE

Many students are lucky enough to know their teachers on more than just a classroom basis as they form unique friendships.

DIRECTIONS: FILL IN BLANK WITH THE APPRPRIATE WORD

1) I bet you never knew that I -------.

Looks like Thomas Danko is having a bad computer day.

SEAN QUINN

I'm going to have a baby in January!

DAVE HOSFORD

I was struck in the head by a python.

KATE BERRY

I was born at Emerson Hospital.

LISA OLSSON

I used to wear a suit and makeup every day!

KIM SHULTZ

I play the drums.

KAREN FRITCHE

I went to interpreting school in Paris.

Nicole Digenis Science
Roz Drawas Career Center
Erin Eggers Science
Fred Egizio B & G
Peter Elenbaas Science
Carrie Embleton Math
Cynthia English Library

Nancy Errico Computers
Sara Fine-Wilson Art
Isaac Fisher SPED
Sarah Flandro Title 1 Coordinator
John Flynn East House Guidance
Donald Foss B & G
Peter Frederickson Central

David Fredrickson South House Guidence
Karen Fritsche Language
Susan Frommer English
Daniel Gabriner Math
Marie-Josee Galano Language
Maryellen Gallagher Registration
Joan Gaumnitz Health Office

John Germanotta Drama
Joshua Gilman History
Wendy Gilman SPED
Nancy Goldstone English
Melvin Gonsalves Wellness

Kim Goodwin Business
David Gotthelf Student Services

Debby Grace History
David Grace History
Mary Ann Grady Reach
Patricia Graham Reach
Douglas Grant Science
Leslie Gray
East Housemaster
Sarah Greeley Wellness

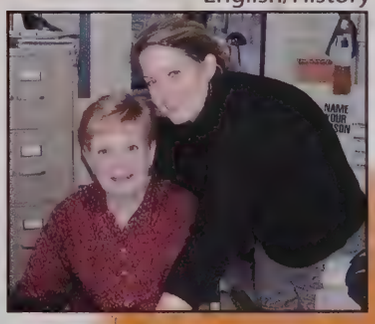
Donna Guarino Math
Linda Gustafson SPED
Caroline Han History
Nancy Hart
Main Office
Linda Hawes
Career Center
Mary Heinold Business
Lorraine Hodin History

Anita Honkonen Science
David Hosford History
Lynne Hunter SPED
Philip James History
Radek Janik Wellness
Alissa Jarvis Language
Timothy Jason English

Susan Johnson
East House
Shea Justice Art
Shoshi Kahn-Woods SPED
Judy Katalina
Campus Aide
Kenneth Kimura Art
Leslie Kmiec Library
Robert Kniffin
English/History

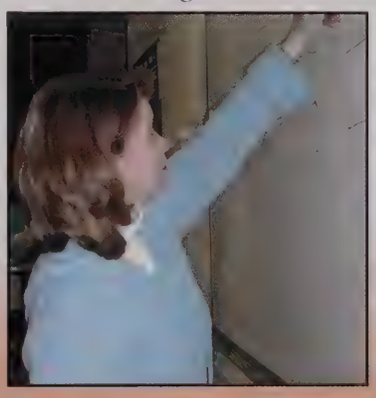
Bruce Millett and Mark Santoro donate a dollar have their picture taken with Santa Mike Reich (04) Mrs. Clause Evan Phelps (04) and Elf Jared Nicholson (04) Their donations went to support the Little Wanderers Foundation.

Annalisa Notaro prepares material before class.

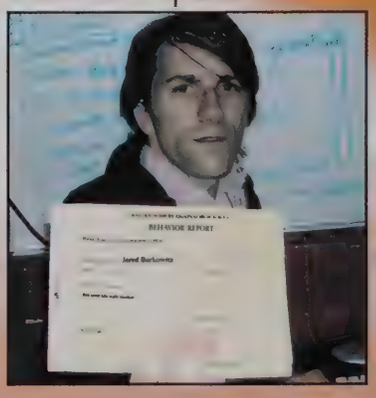


Gail Nozik documents health forms while Joan Gaumnitz looks on.

Elisa Mills maps out a physics problem on the board for eager students.



Mark Santoro is a student favorite, yet is famous for writing behavior reports.



Anne Kramer English
David Ledoux Computers
Susan Leichtman Clinical Counselor
Michele LePietre Language
Ann Marie Lesniak-Betley Library
Nancy Lopez Athletics
Tracie Lopez SPED

Lisa Lupinacci Language
Tracey Lyon West House
Michael Malone Math
Debra Marino TA
Harry Martinez B & G
Michael Mayer English
Kelly Mazza Wellness

Patricia McCann Language
Carmen McCarthy Language
Elizabeth McClung Math
Douglas McCraith Math
Merrie McIvor Language
Rachel McLean Main office
Maria Meisner North House Guidance

Paul Miceli B & G
Bruce Millet B & G
Elisa Mills Science
Brian Mohan Cafeteria
Jane Murphy History
Melisa Nasella History
James Newton History

INVOLVEMENT

WHERE SHOULD WE BEGIN?

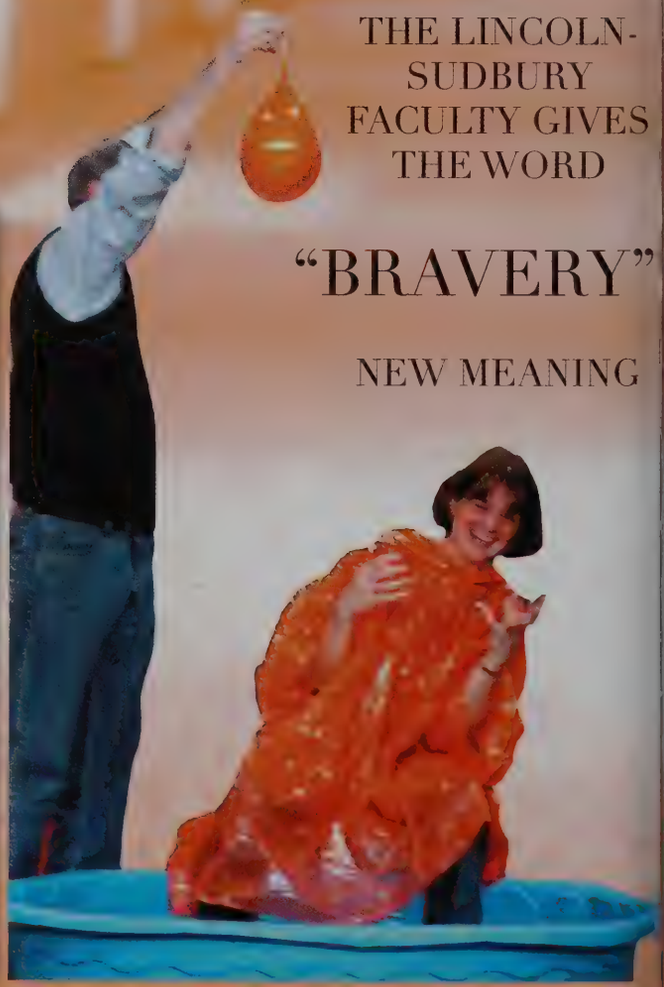
FUNDRAISERS, FUNDRAISERS AND MORE FUNDRAISERS...

LS teachers are always putting in extra time and effort to give extra help. Numerous fundraisers have proven that these guys go far beyond extra help and independant studies.

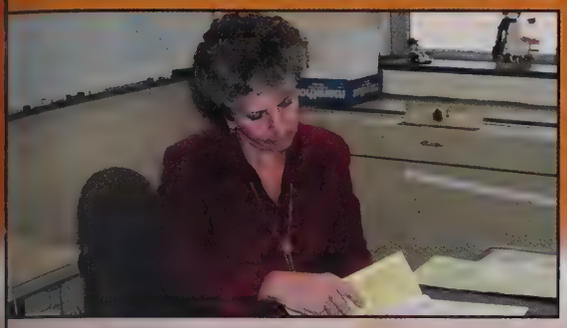
THE LINCOLN-SUDBURY FACULTY GIVES THE WORD

"BRAVERY"

NEW MEANING



WHAT IS THE BEST PART ABOUT BEING A MEMBER OF THE LS FACULTY?

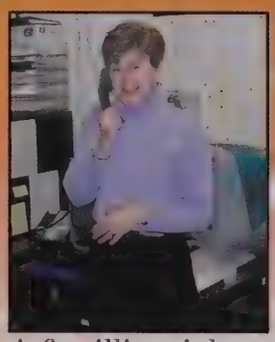


Marjorie Callahan takes a job to assist in the busy scheduling office. Looks to me like there were a few recent college acceptances...

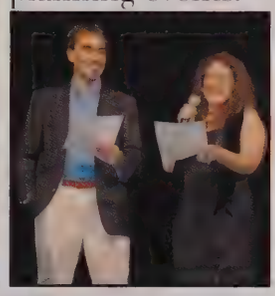
Vicky Caburian anxiously awaits, for she knows a sure shot. Lauren Vecchione (04) has quite the arm.

"The intelligence, energy and easy ways of my colleagues."
-Richard Berger
"Finding out what students think."
-Bill Ray
"The kids."
-Elisa Mills
"When the copy machines dont jam."
-Caroline Berz
"Working with such great people."
- Richard Brown
"The intellectual stimulation I get from the other faculty members."
- Matty Mcann
"The wonderful students."
-Michele LiPietre

"The wonderful students."
Michele Lipieze



A familliar sight, Nancy Lopez is busy plotting and planning events.



David Hosford and Danielle Weisse humor the crowd.

Jeanne Noonan Library
Meghan Notari Math
Annalisa Notaro English
Gail Nozik Health Office
Nancy O'Neil Athletics
Anne O'Reilly Student Services
Meredith O'Reilly SPED

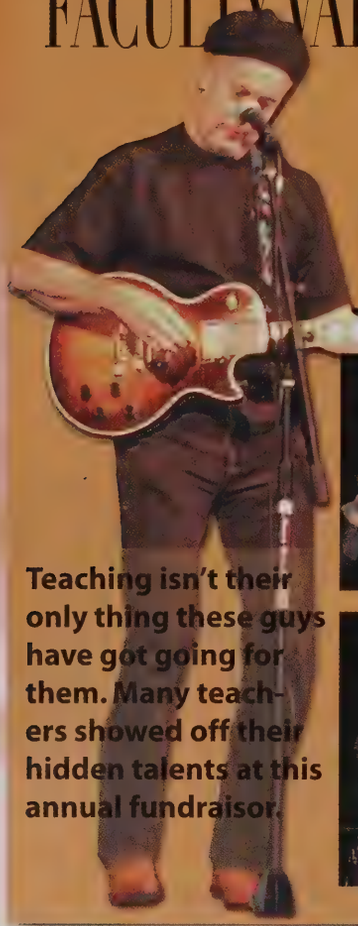
Ben Okiwe METCO
Lisa Olsson History
Joseph Pacenka Tech/Autoshop/ Reach
Samantha Parker Science
Pauline Paste Business
Connie Patten Science
Nyssa Patten ESL

Anita Pearson Main office
Lisa Peck History
William Pegram Science
Suanne Peterson Art
Shara Pilch Math
Judy Plott English
William Plott English/Drama

Deborah Proctor Administration
Sean Quinn SPED/ TA
Nancy Ragno Administration
Caitlin Ram ESL Tutor
William Ray English
Hanka Ray Math

FACULTY VARIETY SHOW '03

Students **thought** it was a bit like senior dress up day... I'm sure they would **disagree!**



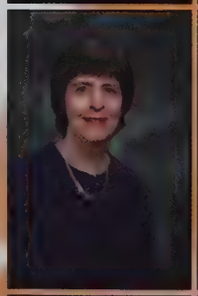
Teaching isn't their only thing these guys have got going for them. Many teachers showed off their hidden talents at this annual fundraisor.

Rebecca Reitz SPED
Anthony Rigoli B & G
Casey Riley English
John Ritchie Superintendent Principal
Silvana Robertson Language
Steven Roderick Science
Michelle Roderick White House Pre-school

Elizabeth Rose Library
Naomi Rosenthal GO
Kevin Rossley B & G
John Rossley B & G
Ian Ryrie West Housemaster
Robin Sallese TA
Barbara Salzman SPED

Allison Sanders-Flemming Science
Mark Santoro Campus Aide
Paul Sarapas FATA
William Schechter History
Carol Schroeder Math
Kim Schultz Language
Carleen Shaldone Business

Jean Sheehy SPED
Irene Sheldon Tutor
Andrew Shen History
Pam Shreve North House
Caroline Singler Science
Deborah Smith Music
William Snow North House Guidance



Mark Sobkowicz Science
Helen Sotiriou Math
Stephanie Stein English
Muriel Stern Riseman South Guidance
Nicole Stewart METCO
Marcelyn Stoda Wellness
Tanisha Tate METCO

Jennifer Tatro Learning Center/ TA
Signe Taylor Art
Karen Thomsen Language
Linda Twomey Language
Michael Vayda B & G
Jaclyn Volpe Math
Kittery Wagner TA

Margery Waldron Math
Anne Walker Art
Fred Walker Communications
Rachel Wallace GO
MaryBeth Walsh Main Office
David Walsh Jr. Computers
Brian Ward English

Beverly Weinberg Central
Lisa Weiss Math
Seth Weiss Math
Danielle Weisse English
Keith Whelan Central
James White History
Rick Wise Technology/ Autoshop/Reach

Paula Wolfe Art
Jaime Wong English
Richard Young B & G
Jane Young Math

NOW & THEN

1967 1969 1974 1980 1985

SPORTS

WARRIOR SPORTS, WHERE DOES ONE BEGIN? LINCOLN-SUDBURY TEAMS REMAIN TOP CONTENDERS TO PRESTIGIOUS TITLES YEAR AFTER YEAR THANKS TO TALENTED, COMMITTED AND ENTHUSIASTIC STUDENTS AS WELL AS TOP NOTCH COACHING AND MANAGEMENT.

SPORTS 174

GIRLS VOLLEYBALL

THE MOMENTS

Coach Katalina, Meaghan Cappelloni, Alison Cappelloni, Hannah Chapel, Nora Lewitus, Kelly Maley, Stacia Marcelynas, Ashley McQuillin, Katherine O'Bray, Jacqueline Risser, Lisa Roughsedge, Samantha Shortell, Kelly Sullivan

THE MEMORIES

Meaghan "I hate fake cheesy products" Cappelloni
Kelly "Can we do something else?" Sullivan
Stacia "I don't have a care in the world" Marcelynas
Nora "Dirty Dance" Lewitus
Kate "How's your love life?" O'Bray
Sam "I have a stalker" Shortell
Alison "I am a stalker" Cappelloni
Jackie "I am made of steel" Risser
Ashley "I'm a player" McQuillin
Kelly "I like smiling" Maley
Hannah "lefty" Chapel
VBALL '03: "You played Premierely" CHEESE..." It's a nacho ball!" "Hannah read me a story" SQUISH! Lacresha McEvil. TRUST ME... DP on the bus ride. Rainbow practice! Toboggan!! "That wasn't a very good hug." Hot tub confessionals... We love you Jorge!- "That's my car's name!" Bus ride lessons with Lisa, Hannah and Nora. EYE CONTACT! Meaghan's O CD- "Pull your socks up!" "You're not matching!" Gold full body spandex suits. GET LOWWWWW!!!

JUNIOR VARSITY

Janelle Lopez, Lauren Cullen, Clare Swanson, Annelies Kamen, Ali Hendelman, Lauren McQuillin, Liza Burkin, Jess Mattioli, Brittany Phillips, Kristin Phelps, Elana Carlson, Leslie O'Bray

FRESHMEN

Coach Hopley, Samantha Abrams, Abigail Tatkow, Melissa Metz, Sara Mele, Jaclyn Hamwey, Kayla Oteri, Katherine Braun, Corinne Carvelli, Rebecca Rose, Carmen Gochenour, Rae Bradley, Brenna Deck

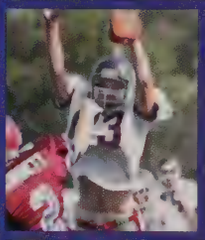
What can we say it's been an amazing season. It's hard to capture it in words. We'll miss spending our afternoons with you but next year we plan to visit, and cheer for all of you. The memories will never fade! We are so proud of this team and we wish you the best of luck in the 2004 season.
Love your captains,
Meghan, Lisa and Kate

CAPTAINS

Meaghan Cappelloni - Middle Hitter
Lisa Roughsedge - Outside Hitter
Kate O'Bray - Lieboro

FOOTBALL

THE MOMENTS



Coach Tom Lopez, Adam Cole, Christopher Sanford, Christopher Matlick, Zachary Norley, Andrew Skelton, Todd Norley, Dana McNally, Jamel Wilson, Corey Owens, Justin Rodis, Sean Crow, Daniel Braun, Evan Phelps, Bradley Tunis, Michael Vernacchio, Aaron Gerry, Anthony Jones, Joshua Prince, Jared Nicholson, Nathan Miller, Adam Manchester, Nichael Harty, Gary Marcelynas, Theodore Bascom, Matthew Shahian, Dan Jones, James Starr, Paul Baranowsky, Nathan Wright, Matthew Rice, Nicholas Rahall, Benjamin Jarrett, Andrew Rocklage, Justin New, Alexander Schwartz, Brendan Gilroy, Michael Caldara, William Collins, Michael Leonard, Nicholas Avgerinos, Benny Chen, Andrew Larsen, Henry Chen, Christopher Fell, Peter Jones, Jonathan Albanese, John Pringle, David Antico, Craig Rozelle, Alexander Nisetich, Brendan Wimberly, Patrick Spiegel, Michael Reich, Koby Elias, Michael Albano, James Lesko, Jeffrey Dale, Samuel Freund, Eric Hagarty, Brenton Snodgrass, Rashad Batts, Timothy McKinnon, Mark Zaring, Emmanuel Mukendi, Alexander Hamwey, Brad Chase, Michael Madden, Christopher MacLeish, Owen O'Connor, Jason Fazio

THE MEMORIES

Todd "call me T-Nizzle" Norley
Dana "Shut up Albanese" McNally
Jon "Shiny B's" Albee
Mike "Mr. Giggles" Reich
David "Donde esta la fiesta?" Antico
Brad "get this dude some goggles" Chase
Henry "What's a DP?" Chen
Anthony "No TD" Jones
Dan "Big Shirt" Jones
Alex "Guess how many tackles" Hamwey
Mike "Keep your Shirt on" Leonard
Nate "Mr. Potato Head" Miller
"Manny Moss" Mukendi
Jared "Fuzzy Rock" Nicholson
Evan "Did you toot?" Phelps
Mark "I got groupies" Zaring
Mike "Where's your toot?" Madden
Coach "daddy likey" Scaffidi
Coach "Got Jokes" Belmont
Coach "What'd you do Saturday?" Celino
Coach "Was Jamel in school" Lopez
Adam "Cricket" Cole
Jason "Very Cordial" Fazio
Koby "At least she wasn't my first cousin" Elias
Andrew "Dog Face" Rock
Jimmy "Are you Watching yourself" Lesko
Jamel "Who does that?" Wilson
Owen "Sunshine" O'Connor
Chris "I should be in college" Matlick
Chris "I'm going for three" Sanford
Mike "David" Harty

CAPTAINS

Dana McNally - quarter back
Todd Norley - wide receiver

FRESHMEN

Blake Staley, Edwin Bleiler, Michael McCormick, John Hayes, Jake Wagner, Mark Collins, Gregory Loucas, Ryan McCann, Daniel Sullivan, Karl Nyangoni, John Spinelli, Christopher Crowley, Brian Glowacki, Brandon Blake, Matthew Stranberg, Lee Syatt, Jacob Nee, Peter Ruymann, James Roach, Brian Wilver, Jacob Haendel, Peter Schnorr, Tyler Tsugita, Nicholas Roopenian, Ryan Joyner, Taylor Berliant, Derek Richards, Zori Babroudi, Justin Nicholson, Christopher Bleck, Peter Lynch, Matthew Brewer, Alexander Levy, Colin Ely, Jesse Smith, Jason Orlando, Timothy Porter, Gregory Avgerinos, Steven Baillargeon, Eric Pennington, Perry Karn, Andrew Reich, Kevin Hannigan, Nicholas Von Stackelberg, Brian Devaney, Sean Pike, Ryan Fitzgerald

CHEERLEADING

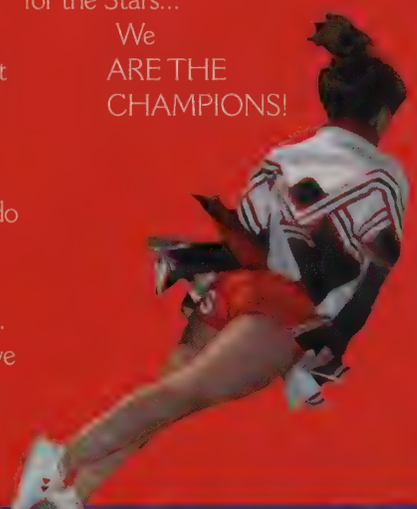
THE MOMENTS

Coach Trovato, Stephanie Canning, Rebecca Jennette, Samantha Koch, Bethany Lataille, Alison Levine, Chelsea Medvedeff, Christina Merullo, Amanda Padellaro, Elizabeth Peirce, Mallory Ruymann, Amy Saint, Brooke Simon, Jessica Taylor, Meghan Trefry, Caitlin Whitehouse, Sophie Wylen

THE MEMORIES

Thanks for a great season... LIGHTS OUT... let's turn this dance-floor into our own little NASTY world~ REMIX~ Nelly-style... Mal is HAIRLESS...Stop harassing Steph~ ...HOLY CRAP!!!...who would have thought we would have ever had to enforce a dress code? Elevate your mind... 1, 2, 3, Do the dance with me... Sing-a longs on the bus, We didn't do the banner... again!... ALL THAT JAZZ... Chelsea, what's that? ...LOUD... "Wacky Wednesdays"... GET LOW... "What number are we going to get for our facials?"... Our two little peanuts... Ali's amazing CDs...Cha-cha slide...Our crowd was huge, thanks guys!... Christie is the WOMAN... Cowboy Up, Buckle Down, Reach for the Stars...

We ARE THE CHAMPIONS!



JUNIOR VARSITY

Lauren Boothby, Jessica Crane, Elizabeth Eustis, Nicole Haartz, Kendra Koop, Sarah Morse, Bethany Thompson

CAPTAINS

Girls~

This has been the most unbelievable season. We really pulled together and worked incredibly as a team. The bonds we have made over the past few months go beyond the bonds of teammates. We're so proud of your hard work, dedication, and determination. We have achieved things far beyond the goals we have set for ourselves. Your spirit and enthusiasm helped to make this an unforgettable season. Thanks, Coach, for everything you have done for us; you showed us the way. Good luck next year defending our title. We know you can do it! DCL CHAMPS BABY!

Love Always, your captains,
Sammie Baby & Stephy baby

Stephanie Canning
Samantha Koch

BOYS X-C

Coach McMahon, Coach Hart, Coach Yury, Connor Boyle, Thomas Boziuk, Mark Bradford, Douglas Bradford, John Cordo, Benjamin Coyne, Jonathan Crosby, Andrew Essington, Benjamin Foley, Benjamin Gossels, Jason Haber, Daniel Kamen, Peter Karian, Daniel Klein, Tyler Krone, Jonathan Kurland, Stephen Lauer, Timothy Leggett, Aaron Levine, Andy Liang, Michael Lombardo, Robert Lowry, Alexander Miller, Daniel Mullen, William O'Brien, Sean O'Neill, Vikas Patel, Brendan Quinn, Zachary Sheingold, Adam Siskin, Andrew Smith, Wade Smith, Kevin Stansky, Scott Stevenson, Matthew Tenure, Benjamin Watson, William Weddleton, Michael Wright

THE MEMORIES

Nostalgia: From "having a team" to being 7-1. We're nasty! Some things to remember: Wright dusting us during captains prax... Karian fainting... best t-shirts ever...they can't censor us...yeah they can... coaching going insane at NS race- what motivation, Wayland is hell... running in the forty degree rain/wind... sweet sweet heat (the line-up at franklin)... khaki dude... alcupulcos fiesta...conservation forever.

And always remember that CHICKS DIG ENDURANCE (contrary to popular administration belief).

Captains' words to The Lineup:

Vico: Forever our pacemaker rabbit
Kamen: You breathe better with 'roids
Haber: "I gotta baby-sit in Philly"
Foley: Your my DCL all-star
Zack: You're a whiney shiney
Doug: Run fast even when Mark's not there
Condor: Cowboy up
Sprinkles: Get your head in the game
Millah Time: We don't quit at halftime
Wright: You're the man!
Gossel: Chicks dig huge calves
Crazy and Baker: Thanks

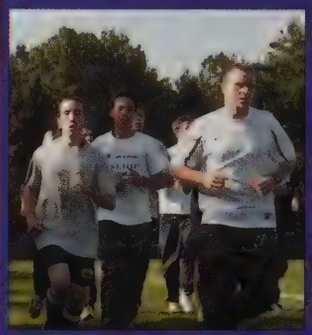
CAPTAINS

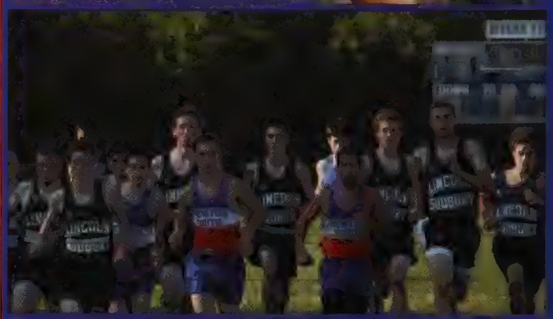
Matthew Tenure
Mark Bradford
Jon Kurland

Coach: Thanks for all the memories. No other coach compares (or has won NCAAs 3x)
Yury: You're the best coach ever- without you the season would have been 1-7
P.T: You're under-rated

Love,

Markus "I'm The Captain" Farkus
Jon "I have a bum knee" Kurland
Matty "Can't wait till 4X4" Tenure

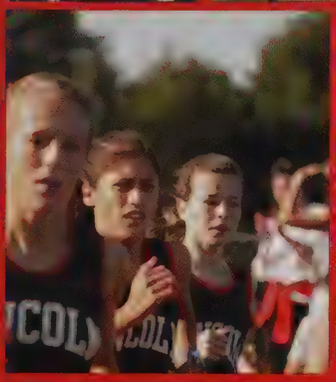


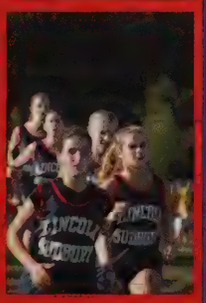


THE MOMENTS

GIRLS X-C

Coach McMahon, Coach Hart, Coach Yury, Brittany Bascom, Clio Beatty, Terri Bello, Carolyn Bernier, Maya Bloom, Lindsay Donaldson, Bridget Doyle, Mary Duggan, Christine Duggan, Margaret Durlacher, Kathleen Epstein, Stephanie Flavin, Elyse Hannigan, Lauren Hardart, Linda Hart, Abigail Kellogg, Larina Kleynerman, Candice Lee, Chelsea Lynn, Jessica Majno, Audrey Miller, Emma Mushnick, Amanda Outly, Samantha Quint, Jessica Romain, Alessandra Sax, Christine Stott, Emily Taylor, Madeline Welsh, Katherine Zakin





THE MOMENTS

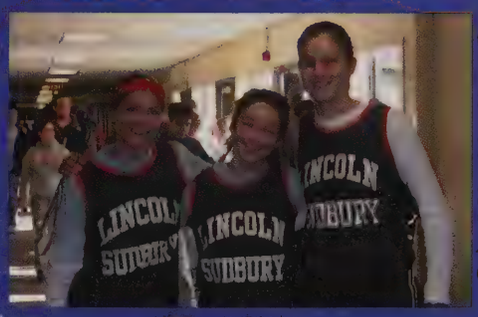
THE MEMORIES

Mary "Let's rock this b****!" Duggan
Jess "Is this car ever going to move?" Majno
Steph "I knew the car was parked the whole time" Flavin
Lindsay "Warrior Mile Queen" Donaldson
Emma "Do you guys think I made it into The Book this year? Mushnick
Brittany "Are the shirts in yet?" Bascom
Christine "You would love to give me a ride home" Stott
Jess "mer-WIN!" Merwin
Terry "Do you think I need another layer?" Bellow

We had so many memorable moments this season: Britt's restaurant fling- "now scowl and flex" and :"don't you want a picture with your waitress?" Steph and her doorknobs "Cut the goddamn corner and cheat like hell!" Is McMahon driving or is Lindsay? The bladder people...The EIMC: pio-bio, lollipop, luna, lay paxy" Can some of these guys take their clothes off so we can have them?" "Guys, they're really not that pretty" (Thanks N.N) "Come on girls, that just means that someone else told them we were pretty" West house Wednesdays and Sunday Funday Rundays..."Don't worry, we're not coming back!" Why isn't this car moving? We're never going to get out of here" Gosh, those are really busy PJ's" Stop looking at my pimple!" "Have you considered seeing a gynecologist? What's that coach?" "Wait they're actually going all at once" "O-that was fast!" Passing the Harvard girls (on their warm-up) "all you have to do is run wicked fast and stuff, okay folks?"

WELL, it's been another amazing season for the girls! We took the DCL title for the second year in a row and made an awesome showing at E-Mass's and States. Everyone's hard work over the summer absolutely paid off (right Terry and Emma?), not to mention the new additions to the team that definitely helped us along the way. Thanks for an incredible season. Good luck next years. A special thanks goes to our coaches: Thanks for your endless dedication and guidance. Yun, XC will never be the same without you! Girls don't forget to keep in touch, keep your head in the game, show the other teams you want it more, and remember "We're always on top!" Love your captains,

Jess, Steph and Mary



CAPTAINS

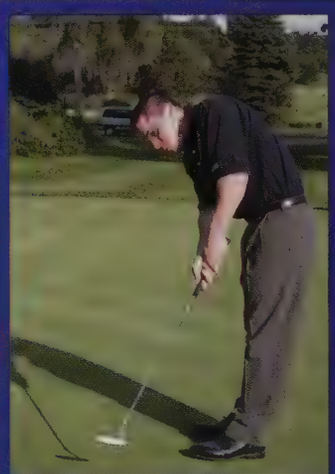
Mary Duggan
Jessica Majno
Stephanie Flavin

GOLF

Coach Dimaggio, Coach Mike Murphy, Blake Barrett, Joshua Biren, Marc Cullen, Jason Fang, Michael Gannon, Jeffrey Goodman, Jackie Laurendeau, Theodore Meeks, Christopher Nelson, Brian Prozeller, Joshua Savel, Danielle Sullivan, Benjamin Tatkow

THE MEMORIES

Blake "I almost killed Biren and Nelson" Barrett
Jason "I can beat up Biren" Fang
Josh "Shut up Fang, I hate you" Biren
Ben "There's a little thug in all of us" Tatkow
Chris "Where the hell am I?" Nelson
Jeff "Chicks dig the hook" Goodman
Marc "Hehe, I have a deep voice now" Cullen
Brian "My driving will kill you" Prozeller
Jackie "I puke before matches" Laurendeau
Danielle "The girl" Sullivan
Mike "Cannon rhymes with..." Gannon
Josh "Seriously, my dad is a plus 1" Savel
Teddy "Someday I'll be as ghetto as Tatkow" Meeks
Ken "Boys were NOT in Sudbury anymore" Dimaggio
Mike "Murphy Lee" Murphy



THE MOMENTS

CAPTAINS

Jeff Goodman
Josh Byron
Blake Barrett

Coach Kenny D,

Thanks for putting up with us all season. Not only are you a great coach... you are a true role model and a real friend. Good luck next season!

Love,
Blake, Jeff, Josh
and the team

THE MOMENTS

FIELD HOCKEY

Coach Caburian, Coach Bolton, Alison Bryant, Laura Butkus, Renee Cebra, Jacqueline Doyle, Abigail Fisher, Bridget Griffin, Erica Hinteregger, Melissa MacPhee, Ashley Milley, Lauren O'Bray, Alison Occhialini, Sarah Perry, Pamela Spuehler, Jacqueline Sullivan, Jennie Williamson, Rachael Wyant

JUNIOR VARSITY

Coach Bolton, Caitlin Jaeger, Ashley Tomassian, Dana Friedman, Molly Fitzgerald, Tara McDermott, Arielle Costello, Anne Niemi, Laura Noce, Martha Shoemaker, Andrew Zeytoonian, Liza Colombo, Kate Sherrer, Lindsay Majno, Andrea DiManno, Christine Sinnigen, Ashley Wagner, Malena Lund, Liz Cantinella, Lucy Green

FRESHMEN

Coach Greeley, Courtney Dill, Julie Goodman, Lindsay Kaplan, Marisa Keller, Katherine Kraemer, Carolyn LaRow, Brittany Lawless, Connie Lu, Sophia Lufkin, Catherine Matthews, Emily Miner, Madeline Rimpas, Justine Selsing, Julia Siegel, Carolyn Swords, Isabel Zuckoff

THE MEMORIES

Mozeltov-singing on the bus..."From the windows, to the walls!"...Scrumming! You want me to put what where?!..."Put them around the bottle"...Ali O, so when can you baby-sit for Caburian's baby?...UTIs ROCK! "You guys are like a UTI playground!" "Yes we are A-Balls"..."hey girls, wanna walk another ten miles in the ark to Westford High?" Special shout out to JEAN, we love you! "That's just so Dotty"...Drawing Triangles in the sand? "Ill add the stripes" -somewhere over the rainbow..."Hey guys, what's apple juice doing in the cranberry juice bottle?" "Why? Because were seniors and we can!"...Senior Chant.. Requiem for a Dream, sketch!..."I'll lick this cleaner than your windows!"..."I need you more tonight... I [really] need you more than ever!" - just for you Jackson!..."Guys, we need to have a serious talk... let's open the page to... 'protection'!" Clam Bakes and shuckin corn! Ooh Yah!... FINALE Desserts! YUM!..."2 to- U.C.H" Yeah Pammy!...

"You can put strawberries on the cottage cheese and call it a meal!" -Jax..."Bryan will come out looking like santa!" -A Mill... Provocative 'Ho-Trains' during practice? Oh yeah!...Dead baby jokes anyone? Wow, were going to Hell!

Girls

We couldn't have asked for a more incredible and memorable season. We've been through it all together girls from sweat, to smiles and from laughter to tears. Never forget the special bond we shared together and the individual friendships we all formed with one another. You girls are the most wonderful teammates and friends that we have ever had the pleasure to play with. Remember to never take anything for granted; after all "it's sixty minutes of our lives that we can never get back, so put it all on the field, no regrets!"

We Love You!
Your Captains,
P & J

CAPTAINS

Jennie Williamson - right wing
Pamela Spuehler - center midfield

BOYS SOCCER

Coach Buxton, Joseph Acuek, Randy Bennett, Matthew Brockman, Adam Cove, Joshua Deane, Jeffrey Devine, Patrick Feger, Jason Forino, George Hicks, Stephen Keller, Ben Levy, James Long, Sean Neri, Andrew Richard, Alexander Ricker, Eric Sax, Alexander Shaw, Robert Silver, Caleb Wilson

THE MOMENTS

THE MEMORIES

"It was fun"

JUNIOR VARSITY

Coach Ressler, Benjamin Baltimore, Ross Brockman, Kyle Byrnes, Nicholas Colantuono, Michael Coleman, Samuel DeNormandie, Thomas Hilperts, Zachary Kazin, John Mackinnon, Peter Nhiany, William Pettengill, Willaim Powell, Jeffrey Rand, Matthew Savit, Kyle Shulman, William Silton, Andrew Smith, Nicholas Stanton, Gregory Stiegel, Seth Williams, David Yu

CAPTAINS

Sean Neri - stopper
Ben Levy - center midfield

Guys

After a rough start to the season, the one thing that stood out is how we brought this team together. Regardless of our record, we acomplished many hidden victories with a brand new team, we fought hard for every point, and found a way to rally ourselves when things loked down. Good luck next year!

Your Captains,
Sean and Ben

FRESHMEN

Coach Abadia, Kevin Aravind, Justin Chang, Christopher Donovan, Nicholas Felici, Ryan Flynn, Thomas Howd, Noah MacNeil, James McDermott, Matthew Mills, Andrew Mullaney, Jonathan Pereira, Ian Russell, Daniel Schottenhamel, Daniel Schwartz, Bryce Shulman, Phillip Stein, Jeffrey Stone, Matthew Sullivan, Alan Tam, Steven Tenure, Asher Watson, Ryan Whitney, Christopher Williamson

THE MOMENTS

GIRLS SOCCER

Coach Carillo, Coach Danielle Angueira, Maggie Arnold, Jennifer Bodenstab, Kelsey Bodenstab, Erica Coolbaugh, Kara Evancich, Julie Graceffa, Christine Heerwagen, Kathryn Heerwagen, Sarah Levy, Caitlin McMahon, Madeline Meagher, Angela Noon, Clarissa Odence, Danielle Pomarole, Jane Ricker, Emily Swanson, Rebecca Taylor, Lauren Vecchione, Alyssa Vecchione, Jessica Wagner

JUNIOR VARSITY

Coach Berry, Chelsea Audin, Amanda Casale, Kate Colantuono, Amelia Daniels, Kate Donaldson, Julia Dowling, Laura Frisoli, Meghan Grant, Emily Ham, Laura Hynes, Catherine Ingard, Jaclyn Jarmulowicz, Kathleen Longo, Sally McInnes, Hannah Mode, Leslie Pomarole, Sarah Prozeller, Courtney Vataha, Monica Walker, Jillian Walker, Lauren Westling

FRESHMEN

Coach Asta- Fererro, Julianne Albano, Manal Assil, Krysten Muldoon, Lauren Prince, Julia Van Wart, Emily Vano, Mary Weinburg, Nicole Zais, Erica Canestrano, Lily Steiner, Megan Kim, Jennifer Wright, Anne Wilkinson, Jessica Webb, Rebecca Falender, Amie Fleming, Anna Levy, Rachel Oldfield, Jennifer Waldron, Christina Leonelli

THE MEMORIES

Danielle: How do you prepare yourself for game day?
Danielle P: We have never seen someone wear more tape.
Julie: Do you wear under armor when its sixty degrees.
Emily: Em, can we go boating sometime?
Angela: Work on those parking maneuvers.
Jenny: Next Sud Pizza trip, keep your keys with you.
Sarah: Something is wrong if Sarah is not less than 15 minutes late.
Alyssa: Keep the sour ones to a minimum.
Kara: Was it really a paint ball?
Christine: Are you sure your shins aren't hurting?
Becca: Hold it down in goal next year.
Caitlin: "Shake it like a Polaroid picture."
Maddy: Sean's got an eye on you, watch out!
Kelsey: Good luck with the Lukesta.
Erica: You like to get down and dirty but keep your crushes under control!
Jane: Don't let Erica influence you while we are gone!
Katie: We hope your not scared to drive with Lauren.
Clarissa: Will you be Rookie until your senior year?

ONE BREATH, ONE HEART, ONE TEAM...good luck next year!

CAPTAINS

Well girls, thanks for a memorable season. We have been through a lot and came out on top. We have gone further than any other LS girls soccer team ever has and have had a blast along the way. We will never forget putting specific restrictions on school spirit to avoid any more Erica mishaps, and participating in our quick, breathing exercises before intense games. This season has been amazing, thank you for all the memories. We love you girls!

Love, your captains,
Lauren, Maggie and Jessie

Maggie Arnold - center midfield
Jessica Wagner - fullback
Lauren Vecchione - stopper

BOYS BASKETBALL

Coach Okiwe, Abdul-Hakim Abdullahi, Jonathan Albanese, Alex Burpee, Robert Canning, Christopher Johnson, Troy Johnson, Anthony Jones, Michael Madden, Daniel Pereira, Michael Reich, Christopher Sanford, Jamel Wilson, Travor Wissink-Adam, David Wylen

THE MOMENTS

THE MEMORIES

Hakim "Bullethole keemy" Abdullahi
Jon "Can I get a rusty trombone?" Albanese
Alex "Ball, Ball, Ball" Burpee
Bob "My sister is a superfan" Canning
Chris "I love fruits..." Johnson
Troy "Silent Scud Missile" Johnson
Anthony "Anyone need some lotion" Jones
Mike "I swear its gingerale" Madden
Dan "I did box out coach" Pereira
Mike "His name is dave...yeah" Reich
Chris "SHES OVERRATED" Sanford
Nick "I walk with a limp" Stanton
Jamel "jubs shuddupBBB" Wilson
Trevor "I don't do that" Wissink Adams
David "Gospel Choir" Wylen

Chanelle "Anthony's baby momma" Cromwell
Mike "I should be playing point guard" Capizzi
Ashwin "Where's the party at?" Gargeya

Ben "A la the circle of life" Okiwe
Jamie "this guy is going to be a killer" Boyle

JUNIOR VARSITY

Coach Boyle, Douglas Bradford, Ryan Brown, Aaron Burdette, Shawn Bute, John Carpin, Isaiah Davis, Zachary Kazin, Robert Kindell, Daniel Ollquist, William Silton, Andrew Skelton, Nicholas Stanton, Andrew Williamson

CAPTAINS

Troy Johnson
Trevor Wissink-Adams

FRESHMEN

Coach Gilman, Brendan Beatty, Edwin Bleiler, Amuel DeNormandie, Kyle Gerbe, Carl Jewell, Jackie Laurendeau, Andrew McCarthy, Matthew Miller, Parrish Polk, Benjamin Silton, Jake Wagner, Marcus West, Brian Wilver, Gregory Yuen

THE MOMENTS GIRLS BASKETBALL

Coach Ollqust, Alison Capelloni, Julia Dowling, Derry Earle, Stephanie Flavin, Evangelyn George, Erica Hinteregger, Hillary Jarmulowicz, Kelly Maley

JUNIOR VARSITY

Coach Greeley, Elana Carlson, Jessica Crane, Lauren Cullen, Elizabeth Eustis, Catherine Ingard, Kathleen Longo, Lauren McQuillin, Clarissa Odence, Kristin Phelps, Brittany Phillips, Shandell Saunders, Carolyn Swords

FRESHMEN

Coach Tate, Coach Quinn, Manal Assil, Rae Bradley, Brenna Deck, Rebecca Falender, Jennifer Macone, Melissa Metz, Emily Miner, Katharine Palmer, Natalie Piercey, Lauren Prince, Christine Sinnigen, Emily Vano

THE MEMORIES

Steph "If anyone goes, they're off the team" Flavin
Eva "Ashley, can I borrow your underwear?" George
Derry "I just like turtlenecks" Earle
Danielle "I like to make fun of Derry" Pomarole
Paige "Let's check out the theater" Salvia
Julia "You're so divine I bought you a hat" Dowling
Ashley "I'm a p____" McQuillan
Hillary "What am I?" Jarmulowicz
Erica "he's my best friend!" Hinteregger
Alison "I am a garbage disposal" Cappelloni
Kelly "Let's doggy sack..." Maley
Liza "I'll play," Feldman
Sarah "I'm in a perpetual state of pulling them down" Greeley
Linda "If she's gonna play crap defense," Martindale
Coach "Don't bring that in Nehru" Ollquist

Hey Ballers!
Wow, Ballin' 04, it was an amazing season. Not only did we have a sick record, we had so much fun! Who can forget...trips to Friendly's, "Jeepers Creepers," pasta parties and t-shirt making, the ladder (aaaahhh!!), Liza and Greeley's cookies, Providence, our matching blue shirts, picture taking, hot-tubbing, and the amaaazing Melrose game that brought it all to a close. It was so fun playing with all of you this season. Good luck next year. We love you!
Love your captains,
Eva and Steph

CAPTAINS

Stephanie Flavin
Eva George

BOYS HOCKEY

Coach Doyle, Andrew McCarthy, Theodore Bascom, Robert halliday, Michael Sacknoff, Michael Muldoon, Scott Milley, Christopher nelson, Stevern atton, marc Cullen, Andrew Wilson, Cullen Beatty, John Beebe, Andrew Pheifer, Steven Wilson, Kenneth Hanchett, Jacob Daniels, Thoma Walfron, Guillaume Rousson, Michael Maguire, Eric Pheifer, Zachary Holcomb, John Narcus

THE MOMENTS

THE MEMORIES

Quotes:
Captain Kenny "I just want to try it" Hanchett
Captain Cullen "the bachelor" Beatty
Captain Mike "no one complains when I go down" Maguire
Mike "that's awesome" Sacknoff
Marc "my neck hurts" Cullen
Guillaume "yeah it's French" Rousson
Eric "it's all in the ultra-carb" Pheifer
Andrew/Steve "mix and match" Wilson
Steve "almost famous" Patton
Mike "I plan to take up speed-skating" Muldoon
Jake "I hate overgrown bushes" Beebe
Jake "pre-game ritual" Daniels
Tommy "Spiderman" Waldron
Andy "he tried to choke me" Pheifer
Sean "I wanna be a chip-n-dale" Pike
Brandon "where's the bleach?" Blake
Danny "I can't wait till Saint Patrick's day" Sullivan
Robby "the doctor" Haliday
Teddy "I left the shower dirtier than I entered" Bascom
Scotty "it touched the water" Milley

"So Beatty, how was the parade anyway?" "I am clearly a better person than you." "It was the funniest thing I've ever seen!" "I might not have been born tough but I learned to be tough!" "Maggot!" "Beatty! Beatty! Beatty! Beatty!" "UTB or OTB?" "I love the chip-n-dales coach." "Blake what happened to your hair?" "Beebe don't get lost down there."

JUNIOR VARSITY

Matthew Barrie, Brndon Blake, Matthwe Brais, John D'Isidoro, Owen Griffin, Alexander Gutowki, John Hayes, Daniel Hanaghan, Gregory Loucas, Theodore Meeks, Brian Meyers, Sean O;Niell, Stefan Ostar, Sean Pike, Joshua Savel, Kevin Stansky, Dan Sullivan, Matthew Sullivan, Michael Ting, Michael Tzocaras, Seth Williams, Michawl Wilson

CAPTAINS

Kenny Hanchett
Cullen Beatty
Mike McGuire

~Boy's this season had it's lows and highs but the whole time we kept things positive and fun. The past four years for me (and Cullen and Mike) have been awesome, definitely creating some memories that I will never forget. Whether it was coach Doyle giving us the out-of-control speeches, Coach Elenbaas teaching "toughness,"Coach Studley making us all laugh hysterically, Beatty placing his bets, or everyone just hanging out in the locker room having a good time, it was all a part of a great season.
~Seniors, the past four years have been incredible. Juniors, you guys are in charge next year (but not until then). Sophmores, remember that Teddy is my boy and that Beebe isn't as tough as he tries to be. And...Freshman, you three are gonna' have a few 'nasty' seasons at LS.
~Thank's again guy's for some of the greatest moments of my life, and if there is one things left to say..."Light 'em up!"
Your Captain, Hanch

GIRLS HOCKEY

Coach Ogilvie, Brittany Bascom, Kelsey Bodenstab, Alison Bryant, Alizabeth Catinella, Meredith Church, Amelia Daniels, Courtney Defrancesco, Kayla Defrancesco, Bridgit Griffin, Emily Ham, Jaclyn Hamwey, Carly Leusner, Connie Lu, Jessica Majno, LLindsay Majno, Ashley milley, Lauren Occialini, Alison Occialini, Sarah Perry, Christine Rodigues, Fiona Romeri, Jesse Sacknoff, Pamela spuehler, Hayley VanSteenburg

THE MOMENTS

THE MEMORIES

Quotes:
Jesse "you're the boss" Sacknoff
Pam "I'm superstitious" Spuehler
Ashley "the center of the D-Line" Milley
Lauren "my big, Italian family" Occhialini
Carly "I have a sewing kit in my bag" Leusner
Sarah "you look like a giant Muzz" Perry
Jess "motivational speaker" Majno
Brittany "bench etiquette" Bascom
Meredith "I got in an accident w/ the pizza man" Church
Ali "I think it was me" Occhialini
Bridget "lets be surgeons" Griffin
Kelsey "do you wanna join our colt" Bodenstab
Fiona "3 is my favorite #" Romeri
Christine "whoreys" Rodrigues
Hayley "I know how to pass" VanSteenbury
Lindsay "I'm the bad mooner" Majno
Ali "everyone thinks I have the best smile" Bryant
Amy "welcome to my media" Daniels
Courtney "it's my lotion" DeFrancesco
Kayla "I've got the moves" DeFrancesco
Jackie "I wear my jersey backwards" Hamwey
Liz "I try to hurt the refs" Catinella
Emily "hambone" Ham
Connie "no more injuries please" Lu
Coach Lorie "don't speak just dance" Ogilvie
Coach Laura "I'm having a keg" Muzzola

Welcome to the 2003-2004 LS girls hockey team....real game situation...D-line, S-line, Warm it up line, Maybe someday line...D-MARKEY (this years additions...Hambone +food Court-> changed from fort)..."Juice, is that a male thong?" "Umm Pam, last time I checked it was a sports bra" (Kelsey thought it was a thong too!)...Hootie-Hooo..."Wanna play one of my games?""sure Carly ""Oboshanatintatin!" ...friends them song, nice job Sophs!...Brady bunch theme song, way to go Frosh!..."that means she can't find the door to get out of her dorm room"-Perry...Cellar Dwellers... cactus..."would you rather eat shit or die?"...chill w/ the plastic bags over our shoes day...SPACL-JJ..."on3"-Lorie...the 80's turquoise pumps...Ock's taco-"I thought it was going to look like a noon!"-Bridge...keep eating that tofu Cars...2nd-3rd period speeches by Jess...lucky Watertown rink thanks to Jackie...who needs Blockbusters when you have Amy's house?...Habibee 1-5(our Frosh)...where's Milley?...2-way...ANDOOOOOO...Blister's tanning salon...yoga mats are dangerous!... powerless...head strong i'll take you on...Maria!!-Arlington...floating D...Coach...glitter..."words can't even explain it"-Pam..."STOP undressing!!!"-Juice

This year was awesome ladies, thanks so much for making it so entertaing! Always remember the poop analogy, we are no longer constipated. Way to FSU, keep the inches going... Love your Captains

CAPTAINS

Pam Spuehler
Jesse Sacknoff

WRESTLING

William Anderson, David Antico, Nicholas Antico, Matthew Berg, Evan Biller, Sam Bores, Thomas Boziuk, Daniel Braun, Brian Bruce, John Bush, Andrew Chabot, Brad Chase, Henry Chen, Michael Crowley, Nicholas D'Innocenzo, Koby Elias, Jason Fang, Maxwell Finn, Jeremy Gentel, Eliot Gibbs, Daniel Giorgetti, Tomas Gonzales, Dan Jones, Peter Karian, Christopher Keating, Brian Knight, Adam Lane, Timothy Leggett, Matthew Lynch, John Mackinnon III, Daniel Malkin, Ryan McCann, Nathan Miller, Jonathan Nichols, Jared Nicholson, Justin Nicholson, Andrew Noland, Jason Orlando, Eric Pennington, William Pettengill, Nicholas Rader, Nicholas Rahall, David Rudolf, Peter Ruymann, Matthew Smith, Jesse Smith, Jason Starr, Timothy Stoll, Michael Ullman, Michael Vernacchio, Charles Von Stackelberg, Nicholas Von Stackelberg, Daniel Wald, James Wilkinson, Deron Zambruno

THE MEMORIES

Jason "Wrecked Fanger " Fang
Elliot "I'm score" Gibbs
Brian "Skinny Storm" Knight
Nick "The Penguin" Antico
Christian "Glow in the Dark Charlie. Sheep go baaa" Von Stackleberg
Mat "The Jewler" Lynch
Jeremy "Call an Ambulance" Gentel
Dan "Lard A- Braun
Jarred "No Fun" Nicholson
Nate "Miller meter" Miller
John "Don't put I QUIT in the yearbook" Bush
Dave "Tic Meat, Nevernude, Steph where?" Antico
Kobe "It's me in a wig" Elias
John "One Move" Peterson
Deron "Smiles" Zambruno
Ryan "Gollum/Men in black thing" McCann
Henry "I'm too tired" Chen
Mike "Squints" Crowley
Nick "Small" Rahall
Nico "I'm Christian's Brother" Von Stackleberg
Sam "Card Tricks are Fun" Borres
Andrew "Bert" Chabot
Jason "Ernie" Starr
Matt "British" Smith

CAPTAINS

David Antico
Mat Lynch
Jared Nicholson
Jeremy Gentel

THE MOMENTS

GYMNASTICS

Coach Parks, Emma Boswell, Katherine Braun, Ashley Dillworth, Dan Fairbank, Samantha Koch, Bethany Lataille, Ashley Leger, Gal Lipetz, Serena McNeil, Chelsea Medvedeff, Sarah Nicholson, Rebecca Rose, Lauren Sharkey, Samuel Thomas, Kristen Watkins, Michelle Zebian.

THE MOMENTS

THE MEMORIES

Memories...
"Let me see that tootsie roll!"... we're tough now- 20 minutes with the boys... Chelsea crashing into the vault... "Do you need me Thursday?" "Um, actually, I'm married, sorry to disappoint you"... "You know those guys are single?"-Gal, "Single what?"-Michelle... "Oh you're seniors? I guess the guys will have to take you out for *root beers* then"- Gal, "I have a boyfriend, I'm not a bad girl"- Samantha... Meg setting a good example: "I just wanna go home"... playing telephone during Meg's speech- "A hippo wearing a polka dotted dress" "Don't worry, I was going to wait until after the season" - Emma,

30 minute speech from Meg about difficulties of teen pregnancy*, "Meg I was *kidding*"-Emma ... "Guys I forgot a sports bra"... Chelsea with her camera phone... Eric, the HOT guy (with the girlfriend)... Bethany- don't wipe out on beam... "I only scored a 6.9!"... Sam the muscle man... There's too many more, but thanks for all the great times girls

Ashley "My boyfriend's 21" Leger
Emma "My car door doesn't open" Boswell
Samantha "The little boys want me" Koch
Serena "... on the street corner" McNeill
Michelle "In skating, you do it like this" Zebian
Gal "Pete, Caleb, Adam...?" Lipetz
Chelsea "I was drinking Sprite on New Years" Medvedeff
Sara "I'm not coming exam week" Nicholson
Bethany "Look!" Lataille
Sam "Yea I'm the only boy, but I'm surrounded by 14 barely dressed girls, so whose complaining?" Thomas
Kristen "the bar fell on me" Watkins
Becca "too cool for telephone" Rose
Lauren "It's not like my dad's a coach or anything" Sharkey
Katie "Awesome laugh" Braun

CAPTAINS

It's been an awesome season girls! We managed to work well as a team, accomplish personal goals and compete to the best of our ability. We couldn't work out at school, but hey, at least we got to work out with hot, shirtless boys! Special thanks to the freshmen- your effort and dedication were appreciated! Even though we didn't continue our streak of winning the DCLs, we had a great team and accomplished a lot. Good job girls! Good luck next year! Love, your captains,

Ashley Leger
Emma Boswell
Samantha Koch

BOYS INDOOR TRACK

Eric Adams, Marcus Arthur, Craig Audin, Taylor Berliant, Brandon Blake, Conor Boyle, Mark Bradford, Adam Cove, Nikolas DeFilippo, Christopher Donovan, Benjamin Gossels, Nicholas Grasso, Jeffrey Higgins, Matthew Jennings, Nathan Johnson, Daniel Kamen, Peter Kim, Jaime Lam, Charles Landsman, Stephen Lauer, Noah MacNeil, Christopher Mandonas, Christopher McDonough, Alexander Miller, Daniel Mullen, William Navikas, Karl Nyangoni, Owen O'Connor, Vikas Patel James Ravesi, Craig Rozelle, Eric Sax, Michael Schneider, Eric Schreiber, Daniel Schwartz, Zachary Sheingold, Andrew Smith, Brenton Snodgrass, Michael Stern, Jeffrey Stone, Alan Tam, Matthew Tenure, Steven Tenure, Asher Watson, Benjamin Watson, Christopher Worrell, David Yu

THE MEMORIES

Vikas "Still haven't broaken 5" Patel
Matt "My knee hit my face" Tenure
Chris "I try really hard at track" McDonough
Craig "Team-before-self" Audin
Mike "I;m the strongest kid in school" Stern
Charlie "Where's Chris" Landsman
Chris "Go get me some pasta!" Worrell
Will "Will Navikas" Navkas
Peter "I have more important things to do" Kim
Chris "My shoulder doesn't have tendons" Mandonas
Adam "Huge untapped potential" Cove
And Conor and O'Conor
Andrew "Plain Jame, please" Smith
Dan "My name is still 'Crazy' Mullen
Aaron "Dave Yu" Gerry
Dave "Aaron Gerry" Yu
Nick "Hurdling Gazelle" Defilliop
Karl "Leaping Gazelle" Nyangoni
Alex "Sacrificial Gazelle" MillerTime
Noah "Best frosh. Ever" MacNeil
Brendan "I'm obnoxious!" Blake
Ben "Gossels" Gossels
Ben "Warmp or Jumper Cables?-doubling me up!" Foley

CAPTAINS

Eric Sax
Mark Bradford
Daniel Kamen

Hey guys. We've led a wonderful campaign this season. Our parking lot workouts were truly great. Although Eric ruined our perfect season (that ****) we were still DCL Champions! Sax aso had us glued to our seats at the pasta parties. His movie choices were...inspiring. Afer seeing that stupid gangly guy from Road Trip make a fool of himself, an Aston Kutcher love story, a horrendous skateboarding movie, a werewolves fight vampires, we new it was Eric's time to go. Crazy, we need to find out how the pool tables got into the kitchen. To our trooper Man-D: Thank you for putting the team first and your shoulder surgery second. And Noah, you witll owe V five doll hairs. Oh yeah, some of us need to cath che bus more often.
CHICKS DIG ENDURANCE!
-Your captains

THE MOMENTS

GIRLS INDOOR TRACK

Maggie Arnold Chelsea Audin Sterling Berliant Alice Brooks Amanda Casale Kate Colantuono Erica Coolbaugh Lindsay Donaldson Sarah Donohue-Rolfe Mary Duggan Julia Fuchs Yosha Gargeya Jennifer Garrett Alanna Georges Amanda Glanz Elyse Hannigan Laura Hynes, Alaina Jenkinson Maya Kahn-Woods Kathryn Kazior Sarah Keating Larina Kleynerman Carolyn LaRow Kristen Leahy Malena Lund Stacia Marcelynas Catherine Matthews Sally McInnes Madeline Meager Jessica Merwin Audrey Miller Hallie Moran Jennifer Noce Laura Noce Christina Pennington Leslie Pomarole Lauren Rees Jane Ricker Madeleine Rimpas Julie Sandler Alessandra Sax Allison Shapanka Alison Smith Christine Timmermans Michelle Vasapolle Yun Wang Lauren Westling Katherine Zackin Andrea Zeytoonian

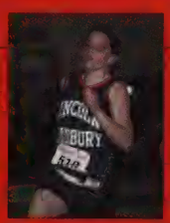
THE MEMORIES

We survived the infamous Candy Hill workouts, we managed to make it back from those painfully cold runs outdoors, and we left it all on the track every chance we got. And oh yea, we finished with a record of 7-1.

Remember the early morning bus rides, Ali nearly missing the bus, Maggie's "slap downs," Pasta Parties (and Eric's terrible movies), Coach McMahon breaking into our locker room meetings, Ali and Jenn teaching Lindsay to "Chop Wood," "Where's Coach Shields?" Risking our lives running down Sherman's Bridge Road, Ali Smith's frostbitten hands, sprints around school, Captains leading the "core" workouts day after day, Chelsea singing in the batting cages, Elyse's perfect pasta party house, "Sally looks like a cheerleader!" and the matching shoes to shirts to shorts etc. obsessions, "I at three eggs and bacon this morning!" -Jane (before the huge state-coaches meet at

7:00 am), Jenn and Ali's fitness center workouts, Lainey's bread... better late then never, finding Nemo, doughnuts after races, long busrides home, Eric's 'secret' love that everyone knew about! Debating wether or not we should wear our spikes as school spirit, "Thanks to you, im not the only one with my hands down my pants" -Jen (in her thank you speech to Lainey), surprising the seniors with cakes and flowers, plyometric workouts with cones and ladders...and don't forget,

"Don't beat no drum!!!" -Mel (Katie...that ones for you)



THE MOMENTS

The season would never have been the same if it hadn't been for each and every one of you. We could always feel the enthusiasm and desire that each of you brought to practice and meets everyday. We can honestly say that the juniors this year have probably set some sort of record for the amount of effort they put into getting the five seniors gifts. For all the success we had in terms of times, distances and points, we also came together as a team in a big way. Whether it was chatting on the bus, trying to get through a run, dining at a pasta party or just sitting in the gym to stretch, we enjoyed all of the time we shared with all you girls. Thanks to everyone for being the fun people you are. Good luck with everything coming your way, and GO L-S!

Love, your captains

CAPTAINS

Maggie Arnold
Alaina Jenkinson
Lindsay Donaldson

SWIMMING & DIVING

Coach Waldron, Alexander Atkins, Christopher Baum, Daniel Berkowitz, Kyle Byrnes, Alexander Campanella, Patrick DeMarle, Peter Kileen, Tyler Krone, Benjamin Lawton, Michael Lombardo, Michael Marolda, Eric Thumma, Jason Thumma, Jeffrey Wurm, Marina Agapakis, Kelly Anderson, Clio Beatty, Kristina Brumme, Lisa Colombo, Abigail Fischer, Amie Fleming, Niki Holtzman, Lindsay Kaplan, Marisa Keller, Lauren Konopacz, Katherine Kramer, Brittany Lawless, Carly Leusner, Nancy McDermott, Stephanie McGrath, Emma Mushnick, Anna O'Connor, Maria Petkova, Erica Reiner, Mallory Ruymann, Martha Shoemaker, Christina Simollardes, Lauren Ting, Alyssa Vecchione, Ashley Wagner, Jennifer Waldron, Sarah Wells, Margaret Wittekind, Alyson Yacobian, Nicole Zais

MEMORIES

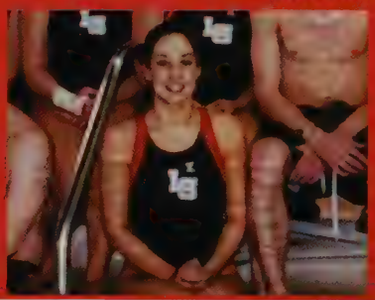
Pyley "stare down" Killeen
Cory "You wouldn't believe what I can do" Byrnes
Eric "Look at that fat" Thumma
Jason "what'd he say if I called him fat" Thumma
Chris "Not that lane PLEASE" Baum
Dan : "I drive worse than I swim" "Victim of the blue moon" Berkowitz
Tyler "Na Zi Vulture" Krone
Ben "The instigator" "Whoa" Lawton
Mike "Girl Zapper-like moths to a flame" "faty" "feisty" "TF!" "God's gonna take away my legs" Lombardo
Kyle "Monkey " "Schizo" Byrnes
Jeff "Bambi" "Talln' Goofy" "Medusa" Wurm
Alex "Speaking privileges revoked" Atkins
Patrick "living Dog Whistle" DeMarle
Mike "Where's my gerbil" Moroldo
Alex "My rump hurts" Lampanella

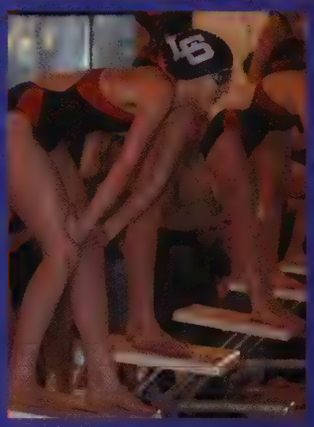
DCL Shirts-do these freshman have any discretion? in the bathroom with two toilets, no stage fright, making cleavage in our bathingsuits, and you know what, it actually worked-kinda, how to do the worm...wurm? How valuable team locker room discussions can be informative in both vocab and usage. "What do you expect I am Beth's sister" -Lisa, I guess we are sitll waiting for the team underwear and snap off thongs, how hot it gets at an all girls, all night DP to Britney, spice girls and lil Kim, and then how to cool off with whiped cream-right Ashley and Burmme? Teaching Nicole to Dance, and by the way which way is London? And does anyone know what/ where the eiffel tower is? The complications of team romance, Love Triangle, if anyone feels left out jsut get with the "queen" in the truck on the way to practice, but don't stop at Dunkin Donits, We can forget those bus rides full of ten fingers, Quick pill: who is worse steph or niki? team sing a longs put in hoarse, phat bands " beeah" between Sud P's, Babicos (no service) and pasa Ps did anyone lose weight? holla to the hairy legs (we appologize to the pedicurists at 90's nails), except for those who actually get some (Steph, Alyssa, Ting) Hey jenni we shave our eyebros for states, hairy armpits? Shout out to the shoulder injuries, talking to your shoulder, decked out in nylons (or jsut regular clothes) for warm up, magnetic poetry left on Abbie's fridge, emergency bathroom trips, how was the team picure? Nancy's rode the thumma train, wheres abbie? probably swimming at 550-right mallory?

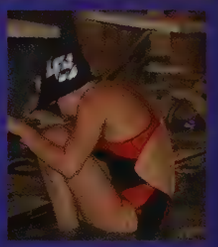
CAPTAINS

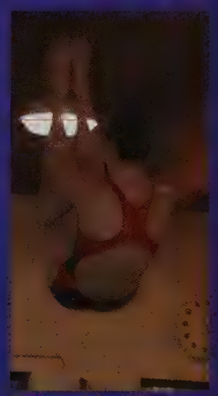
Eric Thumma
Jason Thumma

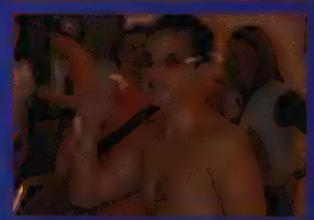
Nancy McDermott
Missing from picture: Abbie Fischer











THE MOMENTS

SKIING

THE MOMENTS

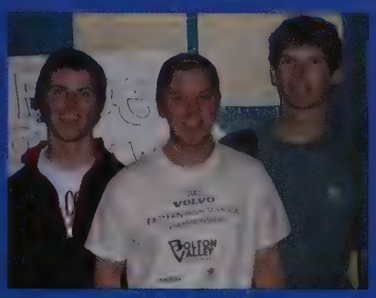
THE MEMORIES

Remember when Steph never came to practice and we didn't know if she was really still on the team, Graham yelled at Jamie for wearing shorts and wouldn't let him race, Jamie was randomly given position of captain halfway through the season, We had to such all the cars in Jamie's driveway as we had bets going on if Dana would hit the fence, Julie and Lauren dressed up as bumblebees, Matt and Jamie dressed up as devils, and Neil dressed as the psycho killer, the lady in the race shack wanted to know what the deal with Fred was..Is he cool or is he really weird? I don't really get him. Lindsey got pissed because we were purposely breaking the gates, we put all the stuff on in the van and confused Graham, Ian ran into the fence after his GS run, the guys won states for the third time in four years! Nobody brought Dana's sweatshirt, Lauren's 360 attempts, all 20 of them, "Stop flossin me dawg!" -Ian, Steph and Dana who ski around, Stiegle almost running into the telephone pole and ending Ian's life (of course he is such a nasty driver), Abby crashed her car and ruined the teams right to drive to practice again, the "illness: that went around during NH race day, Ian breaking his POS skis, Jones; potato gun on his car, the Pessy brothers jumping off the lifts, Dana's Graham impression, Safari hunting, Crosby getting left places without a ride, Graham forgot the X-C team in Weston, Kite boarding, JMS, July I got a job, Dan is the man kline, Sam Hotboxed his truck, Daly "Thank you Mrs. Vecchione."

CAPAINS

Jamie Long - downhill
Andrew Smith - xc
Matt Brockman -downhill

Lauren Vecchione- downhill
Katie Epstien - xc
Abby Kellogg - xc



BOYS LACROSSE

THE MOMENTS

Eric Hagarty, Neil Thompson, Andrew Smith, Christopher Kaczmarsky, Brian Bruce, Trevor Wissink-Adams, Michael Harty, Dana McNally, Andrew Rocklage, Evan Phelps, Robert Halliday, Anthony Jones, Theodore Bascom, Drew Crane, Sean Wright, Jeremy Kolb, Bradley Tunis, James McCann, Michael Capizzi, Benjamin Baltimore, Alec Corliss, Jason Forino, Craig Audin, John Beebe, Justin New, Cullen Beatty.

THE MEMORIES

Coach "that's Swwin, that's Kolb" Vona
Coach "It's like a matrix" Eienbas
Coach "Techno is cool" Paz
Coach "Welcome to my dojo, you can call me Sensai" Belmont

Swhin "Just worry about the stats" Gargeya
Dana "Give me the loot" McNally
Neil "Can't be queued" Thompson
Anthony "L Will Wock You" Jones
Cullen "I love the Pete" Beatty
Jim "You don't know how I flow" McCann
Drew "Can't make the grade" Crane
Evan "Dude, Phelph is so chill dude" Phelps
Chris "Formerly known as Capt." Kaz
Sean "Sir-Prance-A lot" Wright
Trevor "I will annihilate you" Wissenk-Adams
Craig "At least nobody will beat 52 secs now" Audin
Mike "I can shoot better than I drive" Capizzi
Jeremy "Coach Paz, I think you hit something" Kolb
Ben "Show some respect" Baltimore
Andrew "Look out, here I come Jimmy" Rock
Brad "Frosted Mini WHEATS" Tunis
Jason "Pick up your pefes and follow me" Forino
Jake "Whaaaaa?" Beebe
Andrew "You think they'd pimp my ride?" Smith
Robbie "Phelps is so annoying" Halliday
Eric "I play in the net" Haggerty
Mike "I got his back" Harty
Justin "What will coach make him do today" New
Alec "Damn, the shuttle run again?" Corliss
Teddy "I'm watching you Drew" Bascom
Brian "Who needs practice" Bruce

JUNIOR VARSITY

Nicholas Avgerinos, Brendan Beatty, Brandon Blake, Conor Boyle, Aaron Gerry, Justin Hall, Russell Halliday, Peter Karian, Michael McCormick, Alexander Miller, Matthew Mirigian, Jacob Nee, Owen O'Connor, Jason Orlando Craig Rozelle, Matthew Shahian, Dan Sullivan, Andrew Williamson

CAPTAINS

Dana McNally

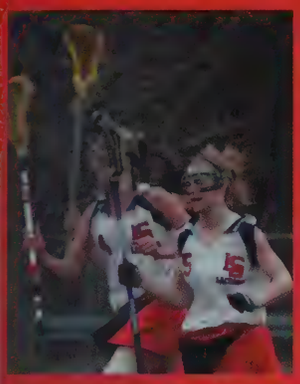
Good luck next year guys.

your captains.

FRESHMEN

Gregory Avgerinos, Steven Baillargeon, Taylor Berliant, Christopher Crowley, Brian Devaney, Ryan Fitzgerald, Gregory Loucas, Peter Lynch, Theodore Meeks, Sean Pike, Michael Pithis, Andrew Reich, Matthew Savit, Peter Schnorr, Benjamin Silton, Blake Staley, Kevin Stansky, Matthew Stranberg, Michael Ting, Nicholas Von Stackelberg

THE MOMENTS GIRLS LACROSSE



Brittany Bascom, Renee Cebra, Amelia Daniels, Danielle Dorey, Molly Fitzgerald, Evangelyn George, Jessica Mattioli, Ashley Milley, Christina Pello, Kristin Phelps, Jesse Sacknoff, Pamela Spuehler, Stacy Strait, Jacqueline Sullivan, Kelly Sullivan, Claire Swanson, Alyssa Vecchione, Jessica Wagner

JUNIOR VARSITY

Chelsea Audin, Jessica Crane, Lauren Cullen, Robin DeSantis, Kathleen Epstein, Lauren Frank, Dana Friedman, Caitlin Jaeger, Malena Lund, Lauren McQuillin, Kaitlyn Messinger, Alison Occhialini, Christine Sinnigen, Alison Smith, Ashley Tomassian, Hayley VanSteenburg, Margaret Walsh, Lauren Westling, Andrea Zeytoonian

FRESHMEN

Bridget Doyle, Rebecca Falender, Alexandra Feldman, Amie Fleming, Shannon Hache, Lauren Hardardt, Emily Hinteregger, David Kim, Carolyn LaRow, Melissa Metz, Emily Miner, Hannah Mode, Anne Niemi, Anna O'Connor, Lauren Prince, Madeleine Rimpas, Carolyn Swords, Jennifer Weingarden, Anne Wilkinson, Jennifer Wright, Nicole Zais

THE MEMORIES

Ashley "it was like a rocket" Milley
JUICE-A-LOOP
Pam "tanner...i'm almost half way there!" Spuehler
Brittany "I wish I was a senior" Bascom
Jessie "I can't find my girl" Wagner
Eva "pick and flick" George
Alyssa "bad attitude" Vecchione
Renee "I'm gonna be crispy" Cebra
Jackie "circus" Sullivan
Kelly "walk away before they see us" Sullivan
Danielle "got batteries?" Dorey
Christina "folded ears" Pello
Stacey "legs" Strait
Molly "my ears are numb" Fitzgerald
Claire "I wear this great" Swanson
[illegible]
Amy "I'm such a goofball" Daniels
Kristin "I'm silent" Phelps

Ando "I won't cheat on my boyfriend again!"
Cabs "(after 9 candy hill sprints) who thought of this?"
Deb "Stay out of the Phillipines

pee alarms anyone? just start saying it now, who stole Molly's towel? Ms. Hodin round 2 for Milley, ... you ony need 5lbs of pressure, thanks Greely, YEA Lund, are you this coordinated? (arms) "we should be called the planeteers not the warriors" - Eva, "WAOOOW" -Wags, you think shes quiet, and then "15, 15, 15, 15" -Danielle. lets walk back, six mile run, orrr Hungy Harry, how do you with a horse? Vibrating alarm clock, only Britt has one of those, dirt D jokes, damn we're hot, AB SUCKS, where is Clairs's cell phone? "Juice, you're not the bitch captain anymore!!" slide milley, slide, you gotta love those 6 am practices.

Thanks for all the memories ladies. we aren't sure how the season ended since we hav e only had three games, but we are 3-0 and we know we will keep up the winning record! Keep it real ladies.

Love your captains.

CAPTAINS

Pam Spuehler
Jesse Sacknoff
Ashley Milley
Britany Bascom

BASEBALL

Michael Albano, Brad Chase, Adam Cole, Daniel Cook, Michael Gannon, William Kaplan, Daniel Legere, Michael Maguire, Christopher McDonough, Christopher Nelson, Todd Norley, Zachary Norley, Eric Pheifer, Alexander Schwartz, Jason Starr, James Starr, Benjamin Tatkow, Gregory White, Andrew Wilson, Steven Wilson

THE MOMENTS

THE MEMORIES

JUNIOR VARSITY

Brendan Blake, Edwin Bleiler, Mark Bradford, Shawn Butte, John Cordo, James Davis, Jesse Doran, Adam Manchester, Benjamin Meitzer, Daniel Ollquist, Guy Pistone, Jeffrey Rand, Matthew Rice, Andrew Skelton, Robert Vasquez

CAPTAINS

Todd Norley
Chris McDunough

FRESHMEN

Christopher Bleck, Nicholas Colantuono, Mark Collins, Nicholas Felici Jr., John Hayes III, Thomas Howd, Jackie Laurendeau, Matthew Miller, Andrew Mullaney, Justin Nicholson, Timothy Porter, Peter Ruymann, Kevin Scanlan, Christopher Williamson, Michael Wilson

SOFTBALL

THE MOMENTS

Kathleen Biggins, Jennifer Bodenstab, Kelsey Bodenstab, Rae Bradley, Alyssa Charsky, Johanna Costello, Laura Fideler, Abigail Fischer, Bridget Griffin, Ashley Kleeman, Kelly Maley, Chelsea Medvedeff, Jennifer Noce, Kate Sherrer

THE MEMORIES

LIST

Still

making

memories

of

cross

time

LIST

JUNIOR VARSITY

Kelly Anderson Amy Crosby Caitlin Cumming Courtney Defrancesco Gabriel Globus-Hoenich Dana Kraus Kayla Oteri Natalie Piercey Sara Shobin Jennifer Simpson Abigail Tatkow Jessica Taylor Julie Triba Jessica Walch Laura F resoli Su.ah Crampton

FRESHMEN

Samantha Abrams, Liza Burkin, Corinne Carvelli, Elizabeth Catinella, Courtney Dill, Clare Engler, Brittany Filker, Carmen Gochenour, Julie Goniwich, Jaclyn Hamwey, Marisa Keller, Nicole Lombardo, Jessica Webb, Alyson Yacobian

CAPTAINS

Jenny Bodenstab -
Kathy Biggins -

BOYS TRACK & FIELD

Eric Adams, Jared Besemer, Christopher Boland, Mark Bradford, Nathan Burke, Cory Byrnes, Alex Calandrella, Justin Chang, Andrew Clark, Benjamin Coyne, Isaiah Davis, Nikolas DeFilippo, Timothy Dingman, Christopher Donovan, Benjamin Gossels, Nicholas Grasso, Nathaniel Greaton, Jonathan Haggerty, Thomas Hilperts, Grant Hornung, Matthew Jennings, Carl Jewell, Daniel Kamen, Peter Kim, Daniel Klein, Noah MacNeil, Christopher Mandonas, Christopher Mallick, William Navikas, Vikas Patel, James Ravesi, Andrew Richard, Derek Richards, Michael Ronner, Ian Russell, Christopher Sanford, Eric Sax, Eric Schreiber, Daniel Schwartz, Jonathan Schwartz, Jonathan Sege, William Silton, Andrew W Smith, John Spinelli, Phillip Stein, Michael Stem, Scott Stevenson, Jeffrey Stone, Patrick Sullivan, Alan Tam, Matthew Tenure, Sleven Tenure, Owen Tryder, Daniel Wald, Asher Watson, Benjamin Watson, William Weddleton

THE MEMORIES

The big news for the boys sprinters and hurdlers was the arrival of the new sprints coach who conducted "beast-mode" training. The team was awesome this year; we took home many top three performances in numerous events. The two Chris' show great potential, while Isaiah proves to be a future L-S star. When it came to sprints, there was no stopping the team.

When it came to field events, the long jump team remained one of the best in the state. The pole vaulters had another stellar year, and likewise triple jumpers and throwers shocked the audience.

The distance team sure is young. Those April monsoons sure were a hassle, but thank goodness we did not drown in the flood thanks to Noah and his ark. And like the distance squads before us, those April showers made us beautiful May flowers. Luckily V the mad man is back in action. Noah is on pace to set the national mile record, and Jennings continues to run faster than the pack during plodding recovery runs. Smithy can just about do everything. Freshmen... we never knew there could be so many of them in one place. Carl sweats a lot but is the man.

CAPTAINS

Mark Bradford - distance
Dan Kamen - middle distance
Eric Sax - sprints

Guys, thanks for an amazing season. Our team was full of talent, and we had a ton of fun.

Your Captains

THE MOMENTS

GIRLS TRACK & FIELD

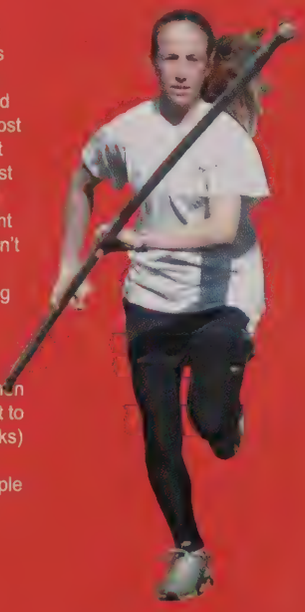
Julianne Albano, Terri Bello, Sterling Berliant, Carolyn Bernier, Katherine Braun, Alison Bryant, Amanda Casale, Kate Colantuono, Brenna Deck, Lindsay Donaldson, Kate Donaldson, Sarah Donohue-Rolfe, Mary Duggan, Christine Duggan, Margaret Durlacher, Gaelen Engler, Shelley Fang, Stephanie Flavin, Julia Fuchs, Yoshe Gargeya, Jennifer Garrett, Alanna Georges, Amanda Glanz, Elyse Hannigan, Laura Hynes, Hillary Jarmulowicz, Jaclyn Jarmulowicz, Alaina Jenkinson, Maya Kahn-Woods, Kathryn Kazior, Sarah Keating, Larina Kleynerman Lauren Konopacz, Christine Lee, Connie Lu, Jessica Majno, Stacia Marcelynas, Sally McInnes, Jessica Merwin, Audrey Miner, Hallie Moran, Emma Mushnick, Laura Noce, Leslie O'Bray, Christine Pennington, Daniele Pomarole, Sarah Prozeller, Lauren Rees, Molly Roderick, Jessica Romain, Fiona Romeri, Julie Sandler, Alessandra Sax, Allison Shapanka, Martha Shoemaker, Christine Stott, Emily Taylor, Julia VanWart, Ashley Wagner, Monica Walker, Jillian Walker, Caitlyn Wasserman, Sarah Wells, Helen Wen, Rachael Wyant, Katherine Zackin

THE MEMORIES

Girls! Where to begin... maybe with practice starting so late! And for the sprinter, ending just as late.

Distance: thanks for all the memories and congrats on an awesome season!! Some things to remember... our recovery run in the "drizzle," Emma ripping her pants, surviving our long distance runs and Mel's speeches (which, no doubt, were even longer), laying out our clothes the day before the race, right down to our "underpants" trips to Mt. Misery, Jess' "slow" runs, stealing shells at the wildlife center and making tons of deposits into the bank!!

Sprinters: You survived the warm up (think about it... it's track and the thing that the majority of the team dreaded most was the warm up!) "I lost count, but it has to be about forty by now." We were most definitely track "princesses" because Coach doesn't want to turn girls into beasts. Don't forget, Stacia = Cat and Julianne = Tatiana, marching and marching and more marching--also the way to stay tough because coach likes making people cry. When we go to meets, don't forget to BYOB (bring your own blocks) Lainey + Fiona = Trouble. Lastly, don't forget how simple the formula is, just SQUAT, PUSH and PULL!



THE MOMENTS

Great season girls! We finished the season strong and showed the league what we could do. We are so proud of everyone that stepped up and stayed focus until the end. But even if you weren't and didn't... you were still so much fun to spend the spring with! You made our final L-S Track and Field season amazing and we will miss you all! Good luck next year!

Love,
Your Captains.

CAPTAINS

Hallie Moran - throwing
Alaina Jenkinson - hurdles
missing :Lindsay Donaldson - distance

BOYS TENNIS

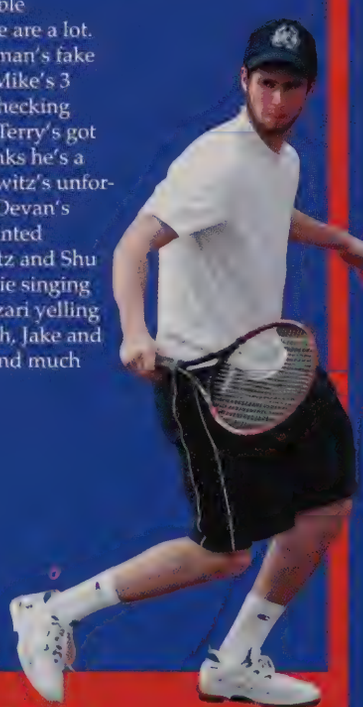
Alexander Atkins, Adam Bazari, Jared Berkowitz, Jared Cameron, Jacob Daniels, Brian Frye, Kyle Gerbe, Brian Glowacki, Clark Hayes, Charles Landsman Max Leinweber, Jacob Levinson, Gary Marcelynas, Michael Marolda, Jonathan Pereira, William Powell, Yakov Rabinovich, Michael Reich, Jeffrey Shuman, Ryan Whitney

THE MEMORIES

Mike "Pink or Brown" Reich
Jake "PB & J Decker" Daniels
Brian "Pain Train" Frye
Clark "We love Terry" Hayes
Adam "Smiley's #1...YEAH" Bazari
Jared "I'm always on time" Cameron
Charlie "This is how we do it" Landsman
Jared "I beat Shuman" Berkowitz
Shu "We want the Shu call" Shuman
Max "I got the 411 on the ladies" Lienweber
Jake "I finally passed my drivers test" Levinson
Yakov "My car alarm won't shut off" Rabinovich
Alex "I want to play Frisbee" Atkins
Gary Marcelynas
Ryan Whitney
Mike Marolda
Brian Glowacki
Jon Pereira
Will Powell
Kyle Gerbe

Coach "UCONN rules" Thuot
Coach "The wall-sit master" Walker

Some memorable moments: there are a lot. including Shuman's fake back injuries, Mike's 3 amigas, Frye checking out the twins, Terry's got SARS, Shu thinks he's a ghostbuster, Bwitz's unforgettable kiss, Devan's Jared chants, tinted windows, Bwitz and Shu fighting, Charlie singing in practice, Bazari yelling during a match, Jake and Frye playing and much more.



CAPTAINS

Jake Daniels and Mike Reich

Although the season is just getting started, we are very excited because we know this is going to be a great year. It does not matter if we win or lose because we always have fun on the side. We have a winning record at this point in time and our team chemistry is impeccable. This has been a very enjoyable and humorous season thus far and we are very optimistic about the rest of he season. We would also like to thank the tennis superfans, Jamel and Clark's girlfriend, who have shown tremendous amounts of support so far. Good luck boys.

From your Captains,
Mike and Jake

THE MOMENTS

GIRLS TENNIS

Clio Beatty, Alice Brooks, Casey Craig, Tanya Dadasheva, Natasha Eilbert, Catherine Ingard Kristen Leahy, Alexandra Levy, Lindsay Majno, Caitlin McMahon, Jacqueline Risser, Lauren Shahian, Michela Stager, Danielle Sullivan, Christine Timmermans, Caroline Wise, Sara Wishner

THE MOMENTS

THE MEMORIES

at Papa Ginos...making Jamey blush...freaky tall girl...fancy pants... ugly pants...suicides... more suicides...aiming for people...awkward meetings with Jamey... Jackie's insults...trying to stay warm...stories... Jamey's hot style... cold carwash= cheap uniforms...Caitlin's focus factor...and don't forget HIT IT!!!

Hey Girls!!!
We know this season hasn't really started yet, but we can already tell that it's going to be so much fun! We have so much talent and we know that we'll go really far as a team. We love you and will miss seeing you every single day. Juniors make us proud!! Good luck next year!

LOVE, YOUR SENIORS!!!

CAPTAINS

Alexandra Levy
Tanya Dadasheva

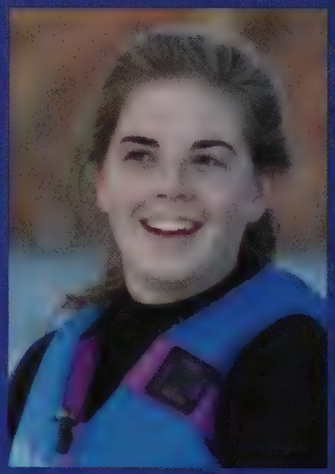
SAILING

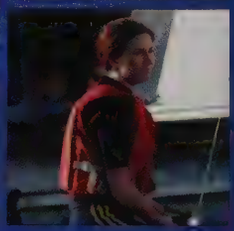
Ashley Arayas, Pooja Balaram, Matthew Berg, Adam Cove, Daniel Dicker, Sara Dicker, Evan Gerbe, Julie Goodman, Brittany Healy, Karen Howard, Kevin Jones, Lindsay Matthews, Catherine Matthews, Maggie Mayer, Brian Moore, Rachel Neurath, Rachel Sennett, Sherry Sybertz, Michael Tzovaras, Abigail Wolf

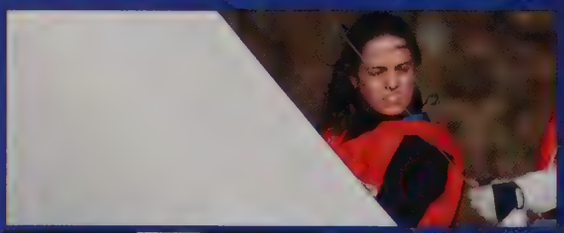
THE MEMORIES

By the time you all read this, we will have an incredible record (for the first time in years ...), won Castine, and schooled every other team at States. Evan has probably fixed hundreds of boats by now thanks to Mike's record number of crashes. A countless number of people will have faced the wrath of the lake's frigid water. And, a good amount of you most likely have experienced being locked in our trailer. Sob's quality sailing advice and our dependable motor never cease to amaze us.

Well, it's been a great season. Just remember:
"You can't run from the wind. You trim your sails,
face the music, and keep going."







THE MOMENTS

CAPTAINS

Lindsay Matthews
Adam Cove

Dear Sailors -

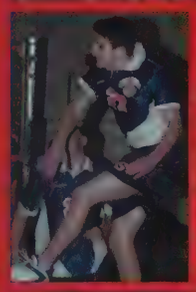
Thanks for all the memories!

Love your cappytains,

Lindsay and Adam

VOLLEYBALL

THE MOMENTS



Joseph Acuek, Christopher Baum, Randy Bennett, Peter Berman, Robert Canning, Jeffrey Devine, Jason Haber, Samuel Holbert, Stephen Keller, Robert Landry, John Letizi, Jonathan Mutch, Nicholas Noyes, Kyle Shulman,Robert Silver, Adam Siskin, Samuel Sundborg, Nicholas Szathmary

THE MEMORIES

Still

making

memories

at

press

time

JUNIOR VARSITY

Alexander Chu, Patrick DeMarle, Nikhil Mehta, Daniel Meretzky, Jeffrey Sheehan,Jeffrey Sheehan, Matthew Smith, Cortlan Vitz

CAPTAINS

Jonathan Mutch - left hitter
missing : Reggie Silver - libero

Best Buddies

Advisor: Jennifer Reen

Members: Ellie Miller, Liz Coleman, Beth Young, Julia Canestraro, Amanda Mullin, Paige Salvia, Mary Duggan, Terri Bello, Alanna Pithis, Brooke Simon, Joe Mills, Rebecca Fine, Ben Halsband

Colors

Advisor: Bill Ray

Members: Jackie Forman: president, Laura Butkus, Amanda Bowen, Tess Palin, Kristin Phelps, Evan Phelps, Abby Meeks, Maggie Mayer, Tina Chen, Pooja Balaram, Kelly Daniels, Shalayah Coleman, Matt Moore

Flute Choir

Advisor: Kathleen Berger

Members: Katherine Braun, Lisa Duke, Dana Friedman, Nicole Haartz, Nicole Hurley, Nicole Johns, Sarah Mele, Amanda Moritz, Elizabeth Peirce, Kristen Watkins, Lauren Westling, Julie Wood

DYAD

Advisor: Fred Walker

Members: Abby Tatkow, Maya Kahn-Woods, Adam Lane, Alex Gutowski, Jimmy Davis, Jared Berkowitz, Mike Schneider, Mike Coleman, Prashanth Gubbala, Eric Schreiber, Liza Burkin, Jeff Shuman, Chrissy Lee, Emily Stone, Peter Kim, Laura Arellano-Weddleton, Chrissy lee, Emily Stone, Peter Kim, Jake Levinson, Gaelen Engler, Nanxi Ling, Samantha Abrams, Laura Arellano-Weddleton, Laura Bergstein, Katy-Marie Conover, Jon Crosby, Dan Giorgetti, Julie Goodman, Alaina Jenkinson, Rebecca Rose, Martha Shoemaker, Christine Sinnigen, Kristen Watkins, Stacey West

Quote: DYAD is a word that means "pair". Symbolically, it represents the bringing together of the two towns Lincoln and Sudbury.

German Club

Advisor: Joan Campbell

Members: Whitney Deck, Nick Rahall, Abby Kellog, Valerie Roche, Rob Loomis, Phoebe Macneil, Alex Schwartz

Quote: "Deutsch macht spass"

Forum

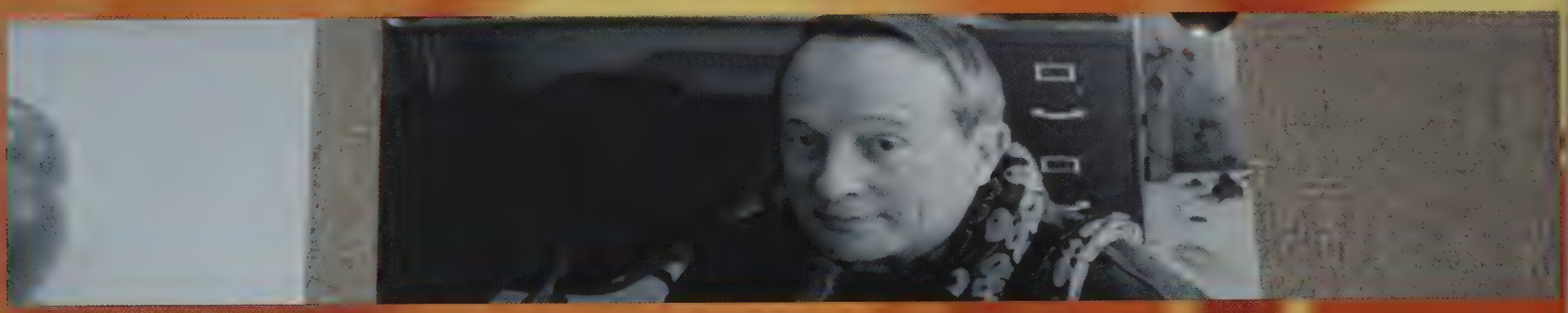
Advisor: Bill Schechter

Members: Jason Haber, Dan Kamen, Gowri Aragam, Eric Pheifer, Maggie Arnold, Lisa Roughsedge, Mark Bradford, Kate O'Bray, Alex Sheff, Amanda Outly, Gerald McElroy, Lauren O'Bray

Fountain

Advisor: Bill Ray

Members: Alison Cichowlas; Editor-in-chief, Christine Bachman, Laurel Bell-Krasner, Melanie Bender, Ana Caras, Chris Cheng, Brian Gershon, Ashlee Hazeltine, Marissa Herzog, Amber Kafalas, Lily Karian, Emily Mele, Matt Moore, Cate Pickering, Norah Pope-Lance, Erica Roper, Meaghen Sharkey, Lauren Singer-Katz, Marie Smith, Marissa Tonelli, Dania Tonelli, Maggie Walsh



French Club

Advisor: Kare Fritsche

Description: To learn about French culture and that of French speaking countries, to attend French cultural events, such as Les Miserables, Cirque de Soleil, etc and to do charity projects for Haiti, a French-Creole speaking country, we have helped an orphanage there for over fifteen years and we have raised money for operating room lights for a hospital there last year. We hope to provide the EKG machine for the hospital there.

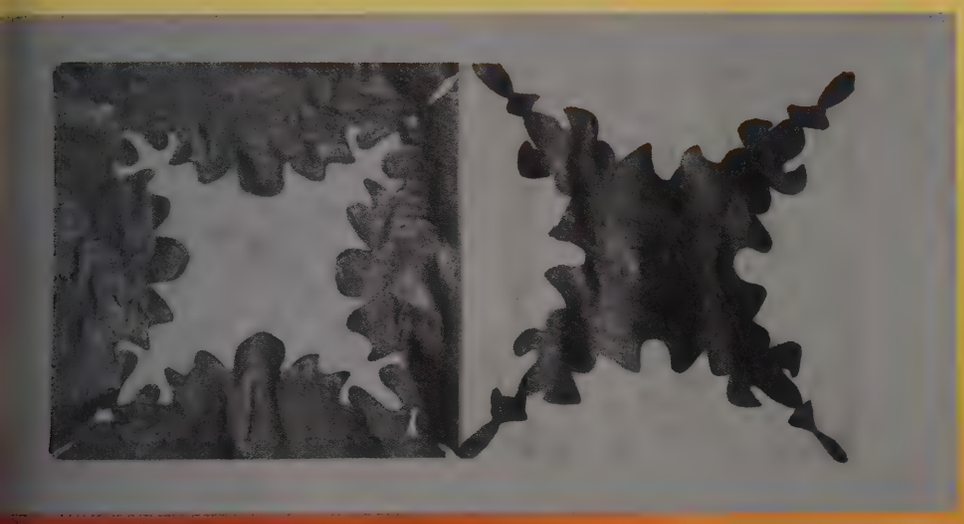
Quote: "On ne voit bien qu'avec le coeur; l'essentiel est invisible pour les yeup." -St. Exupéry

Members: Prithui Balaram, Allie McLellan, Sam Abrams, Jenny Wright, Yosha Gargeya, Dana McNally, Henry Chen, Ashwin Gargeya, Pooja Balaram, Gerald McElroy, Kevin Jones, Nora Lewitus, Nancy Fang, Tim Leggett, Tommy Hilperts, Rachel Neurath, Brendan Vitz, Justine Pang, Peter Kim, Katie Epstein, Dana Kraus, Natasha Eilbert, Lily Karian, Caitlin Klinger, Madeline Welsh, Jack Darcey, Shaina Low, Brie Hurd, Sherry Sybertz, Jillian Walker, Kelsey Bodenstab, Malena Lund, Emily Mirer, Alex Campanella, Emily Vano, Lindsay Kaplan, Jaclyn Jarmalowicz, Julianne Albano, Rebecca Falender, Brendan Gilroy, Michael Wright, Dana Lampert, Eva George, Steph Goldman, Nanxi Ling, Svetlana Turova, Clio Beatty, Nalini Margaitis, Kyle Shulman, Amanda Brower, Sam Bores, Liz Corbett, Sarah Baumgardner, Jeff Goodman, Alex Hamney, Brittany Bascom, Sarah Wells, Adam Manchester, Hanah Chapel, Katie Palmer, Brendan Quinn, Christine Stott, Alice Brooks, Kelly Fitzgerald, Jessica Merwin, Aaron Gerry, Emily Ziobrowski, Catherine Ingard, Amber Kafalas, Dania Tonelli, Miles Bienner-Peltz, Laura Hunter, Alex Cassiotti, Brian Faye, Alex Schwartz, Ali Hendelman, Amanda Moritz, Molly Deacutis, Jack D'Isidoro, Christine Rodrigues, Nick Cane, Ben Meltzer, Shannan Casey, Maya Bloom, Alex Feldman, Hannah Mode, Marissa Herzog, Kelly Fitzgerald, Annie Wilkinson, Anna O'Connor, Amy Schultz, Bridget Doyle, Shannon Hache, Valerie Roche, Sam Sundborg, Evan Phelps, Liz Fell, Jenny Bodenstab, Felix Lufkin, Will Chen, Renne Cebra, Dan Wald, Sam Adams

Freshman Steering Committee

Advisor: Eleanor Burke

List of members: Abby Tatkow, Alex Feldman, Angela Zeng, Anne Nieni, Audrey Rogers, Brandon Blake, Bredan Beatty, Brian Glowacki, Brittany Phillips, Caitlin Whitehouse, Carmeron Jackson, Carolyn LaRow, Chris Crowley, Cori Carvelli, Divya Munjal, Elana Carlson, Heather Zaring, Jen Garrett, Jenn Simpson, Julie Goodman, Justin Nicholson, Kate Sauter, Katie Dahlgren, Kayla Oteri, Kendra Koop, Krissy Leahy, Laura Bergstein, Larina Kleynerman, Laura Noce, Lauren McQuillin, Lee Syatt, Leslie O'Bray, Liz Catinella, Liz Elfast, Maddie Rimpas, Martha Shoemaker, Matt Miller, Maya Kahn-Woods, Megan Kim, Melissa Metz, Mike Pithis, Owen Griffin, Raychelle Hoffman, Remy Weinberger, Sarah Morse, Tracee Hocking, Tyler Tsugita



Gospel Choir

Advisor: Nicole Stewert

Members: Chris Clarke, Dave Wylen, Thomas Dichter, Billy O'Brien, Becca Taylor, Amanda Casale, Shakiena Phifer, Shanell Saunders, Cherelle McKoy, Gianna Stewart, Sam Abrams, Nia Ferguson, Anna Germanotta, Ashley Carpenter, Tavianna Williams, Vynelle White, D'Anna Byrd, Tamera Brooks

Games Club

Advisor: Lynne Hunter

List of members: Claire Guthy, Eric Driver, Matt Natoli, Madeline Lee, Eli Miller, Kevin Winston, Ben Halsband, Rebecca Fine, Genevie Barco, Amber Postell-Reynolds, Megan DeMeyer, Julie Gonowich, Joe Millsz

Description: The Games club provides a forum for a fun, loosely structured environment where students may interact and make new friends though playing games. The focus is learn new games, play old games, follow rules, agree to bend rules and develop strategies to improve your "game". Verbal and non-verbal games are played such as Guess Who, Pictionary, Mood Game, Scattegories, Tabu, Outburst, Charades etc.....

Quote: "You can discover more in a person in a hour of play, than in a year of conversation." -Plato

International Connections

Advisor: David Hosford

Members: Minh Quang Nguyen, Haakon Devold, Rob Loomis, Rune Aabo, Maggie Mayer, Anjuli Wagner, Michaela Precourt, Leo Soliman, Paul Soliman, Svetlana Turova, Gerald McElroy, Charles Aleu, Kuol Acuek, Pooja Balaram, Tanya Dadasheva, Maria Babayan, Asuka Imogawa

Junior Steering Committee

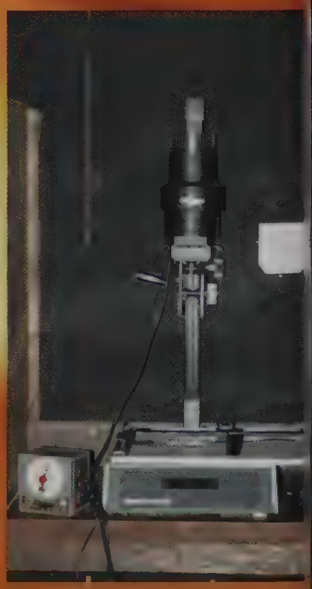
Advisor: Leslie Gray

Members: Brittany Bascum, Alyssa Vecchione, Nick Rahall, Whitney Deck, Yun Wang, Gaelen Engler, Anson Biller, Charlie Gimber, Randy Bennett, Bailey Heaps, Chris Baum, Alec Ellworth, Kevin Jones, Ashley McQuillin, Jason Forino, Julia Dowling, Mike Crowley

Jazz Band

Advisor: Kathleen Berger

Members: Prithvi Balaram, Matt Berg, Doug Bradford, Tom Hebble, Jim Kelly, Jaime Lam, Mike Lombardo, Jacob Rathjens, Mike Taylor, Taylor Berliant, Adam Chao, Anna Simon, James Starr, Darren Agarwal, Lisa Duke, Amanda Moritz, Jacob Baldassini, John Besemer, Rob Halliday, Russell Halliday, Steven Tenure, Eric Thumma, Chris McCarthy, Jason Thumma, Casey Gruttadauria, Brendan Quinn, Chris Clarke, Mike Muldoon



L-S Dance Troupe

Advisor: Jaime Wong

Members: Erin Bonney, Sarah Westbrook, Elizabeth Corbett, Rachel Whitney, Maddie Bacon, Leela Wagner, Sarah Dicker, Aileen Kline, Lily Steiner, Ellie Simburg, Ben Page, Bruno Seraphin, Mike Wright, Anjuli Wagner, Amy Saint, Laura Houpt, Kathryn Kazior, Ian Sanders-Fleming, Eva Fowler, Julie Sesnovich, Tess Zinnes, Rachel Sillman, Katelyn Porter, Allie McLellan

Description: Danced by talented students, choreographed by students, winter and spring performances

Quote: "Our greatest glory is not in the falling, but in the rising every time we fall." -Confucious

L-S Film Society

Advisor: Paul Sarapas

Members: Sandy Lincoln, Jimmy Roach, Jeff Stone, Adam Echouafni, Andrew McLellan, alex casciotti, Nora Pope-Lance, Yanna Jaffe, Jimmy Roach, Dan Diker, Jim Kelly, Patrick McCarthy, Michelle Markowitz, Anna Ferris

Description: Any informal club who watches and discusses movies

Quote: "Keep those awesome movies coming!"

L-S Rototics Team

Advisor: Rick Wise

Members: Scott Cohen, Richard Cooper, Derek Duval, John Pringle, Dave Sliski, Alison Cichowlas, Brian Chen, Aaron Snyder, Brendon Vitz, Prithvi Balaram
Missing from pic:
Chris Drake, Ross Schultz, Felix Lufkin, Alex Lieblein, Dan Duval, Zori Babroudi, Owen Tryder, Mark Zaring, Peter Killeen, Dan Meretzky, Kevin Jones

Description: This is our 3rd year and we supposudley have a better robot. It would be nice if you joined the team, we need more people. it is fun, we do stuff, involving robots, as a side note, your parents could fork over some cash.

Math Team

Advisor: Debra Bieler

Members: Alex Isakov, Anna Simon, Kevin Lui, Peter Ralli, Willy Chen, Yakov Rabinovich, Alison Cichowlas, John Pringle, Adam Chao, John Nesky, Alex Vai, Benjamin Gossels, Chris Cheng, Johnathon Mueller, Andy Liang, Alex Schwartz, Yuan Chao, Minh Nguyen, Jay Chen

Description: The Marine Life Committee raises money to donate to the National Marine Life Committee. This organization is profit free, and works to help marine life in New England. One major problem is the large number of beachings, more live whales, dolphins and turtles come ashore in Cape Cod than anywhere else in North America. There are plenty of people to help in rescue attempts but too little aquarium space. The money raised by the MLC goes towards the Rehibilitarium, a state of the art facility that will be made especially for beached marine animals that need special attention before they can be let back into the wild.

Marine Life Committee

Advisor: Tom Danko

Members: Alaina Jenkinson, Pam Spuehler, Ashley Milley, Lauren Vecchione, Stacey West, Katy Conover
Missing from Pic:
Danielle Angueira, Amanda Kerns

Quote: "It's fun to save dolphins."

MLK Action Project

Advisor: Joanna Crawford

Members: J D Bean, Jason Bello, Margo Bossom, Amanda Brower, Danielle Diarbakely, Thomas Dichter, Yana Jaffe, Amanda Kerns, Katie Kindick, Gerald McElroy, Sarah Michelson, Bruno Seraphin, Jennie Williamson, Ben Baltimore, Alec Ellsworth, Danielle Weisse

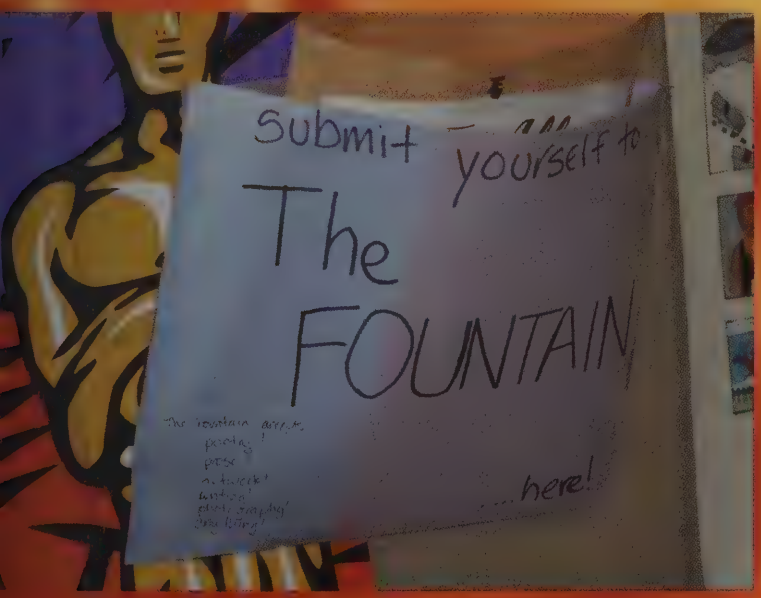
Description: What is the MLK Action Project?
"Think for yourself, but also think of others."
We ARE the "thinking of others" part.
MLKAP helps students take advantage of many volunteer opportunities, in the Boston area and beyond. MLKAP cares about social justice for all who are oppressed and dispossessed...the homeless, the hungry, the sick, the elderly, the disabled.
"--I can never be what I ought to be until you are what you ought to be." -- Dr. Martin Luther King Jr.

Model U.N.

Advisor: Lori Hodan

Members: Alex Casciotti, Alex Scheff, Ali Sternberg, Alison Shapanka, Amanda Brower, Amanda Outley, Ashley Arayas, Brian Frye, Cadence Hardenberg, Cate Matthews, Christine Pennington, Dana Schwartz, Elizabeth Deirce, Elliot Bell Krasner, Erica Hinteregger, Galen Engler, Helen Desrochers, Jenny Wright, Jon Kurland, Julia Johnson, Katie Epstein, Lauren Konopaz, Libby Boymel, Lindsay Matthews, Maya K-W, Meg Grant, Megan Kim, Molly Schultz, Nalini Margaitis, Nancy Fang, Nicole Lombardo, Rachel Neurath, Sam Mueller, Samantha Shertell, Sammy Adams, Sara Nicholson, Sarah Donahue-Rolfe, Sarah Keating, Stephanie Goldman, Victoria Chen, Yana Jaffee, Yosha Ellsworth

Description: The Model UN club at L-S gives students a chance to voice their opinions on the world's political challenges and current issues. Each week members from each grade meet with advisor Ms. Hodin and discuss world problems. Right now, they are planning for their national competition in New York in March. There, 44 students will represent three countries and work with students from across the U.S. and worldwide. Student preparation includes researching international governmental policies and current events. Students must write position papers which articulate their country's opinions and solutions to pressing conflicts. Students will then express their country's interests and priorities in formal debate and informal caucusing. One goal of this conference is to pass UN resolutions which address serious conflicts facing our world. The L-S Model UN team is putting their heads together to solve real world problems using diplomacy and debate. All students are welcome to join in the discussion.



Outdoors Club

Advisor: Dan Damelin

Members: Chris Sege, Jon Sege, Natasha Eilbert, Rachel Neurath, Ian Sanders-Fleming, Vivienne Brand, Eva Fowler

Orchestra

Advisor: Kathleen Berger

Members: Elizabeth Agamah, Eric Chi, Aaron Levine, Peter Lynch, Jessica Majno, Nalini Margaitis, Mike Marolda, Jessica Merwin, Krysten Muldoon, Andrea Zeytoonian, Maya Bloom, Greg Avgerinos, Caitlin Klinger, John Letizi, Nick Avgerinos, Matt Mirigian, Jason Thumma

Senior Steering Committee

Advisor: Scott Carpenter

Members: Chris McDonough, Jared Nicholson, Alaina Jenkinson,Todd Fickes, Stacey West, Amanda Kern, Kristen Dacey, Marc Cullen, Dana Lampert, Stephanie Canning, Kate O'Bray, Lauren O'Bray, Anna Banerjea, Joe Mills, Kristina Brumme

SADD

Advisor: Stephanie Stein

Members: Alyssa Vechine; SADD president, Jen Grasso; Couse President, Dana McNally; Co-president, Steph Canning; Co-president, Meagan Cappalloni, Beacky Feldman, Ashwin Gargeya, Emily McCormack, Danielle Pomarole, Sarah Crampton, Jackie Doyle, Julia Fuchs, Meg Grant, Laura Hunter, Tim Leggett, Nora Lewitus, Caitlin McMahon, Rachel Neurath, Sterling Berliant, Shawn Butte, Molly Deacutis, Jack D'Isidoro, Stephanie-Globus Hoenich, Maddy Meagher, Jes Milberg-Haydu, Dan Ollquist, Leslie Pomarole, Sarah Shore, Danielle Sullivan, Rachel Whitney, Jason Bello, Catherine Boland, Johanna Costello, Chanelle Cromwell, Bridget McDermott, Christina Merullo, Kate O'Bray, Lauren O'Bray, Amanda Bowen, Bobby Canning, Renee Cebra, Hannah Chapel, Kelly Daniels, Mary Duggan, Jason Fazio, Ben Lawton, Janelle Lopez, Ali Sternburg, Dana Swartz, Terri Bello, Alice Brooks, Alison Bryant, Hannah Caruso, Elyse Hannigan, Catherine Ingard, Amber Kafalas, Candice Lee, Tara McDermott, Jennifer Noce, Courtney Vataha, Chelsea Audin, Leslie O'Bray, Meghan Trefry, Lindsay Donaldson, Kara Mullaney, Sarah Perry, Kristin Spinosa, Ben Baltimore, Laura Butkus, Jackie Doyle, Sarah Gentile, Dana Kraus, Laura Messenger, Jackie Sullivan, Kate Donaldson, Caitlin Jaegar, Ashley Tomassian, Ashley Wagner, Alex Feldman, Audrey Miller, Julia Graceff, Marissa Henaghan, Andrew McCarthy, Clio Beatty, Jimmy Lesko, Alyssa Martino, Ashley McQuillian, Erica Reiner, Brooke Simon, Kelly Sullivan, Bridget Griffin, Julia Jannsen, Bethany Lataille, Lindsay Majno, Emma Nathanson, Bryanna Seymour, Marissa Keller

Select Jazz

Advisor: Kathleen Burger

Members: Matt Berg, John Besemer, Jim Kelly, Anna Simon, Mike Taylor

Snowboard/Ski Club

Advisor: Alison Sanders-Fleming

Members:Gina Giambalvo, Andrew Mcclellan, Brian Frye, Ian Sanders-Fleming, Lee Morgan, George Massey, Micaela Precourt, Briana Gochenour

Description: The snowboard/ski club goes to Wachusetts ski area every two weeks, weather permitting, from December to March on Friday afternoons, with groups of 4 to 10 students.

Sophomore Steering Committee

Advisor: Tom Danko

Members: Laura Deshmuk, Meghan Kennedy, Jess Taylor, Bethany Thompson, Ashley Tomassian, Christine Timmermans, Andrea Zeytoonian, Maddy Meagher, Caitlin Jaeger, Danielle Sullivan, Lauren Westling, Emily Ziobrowski, Kate Sherrer, Amanda Glanz, Kate Woodard, Sarah Wells

Science Club

Advisor: Doug Grant

No Roster Aviliable.

Spanish Club

Advisor: Kim Schultz

Members: Laura Deshmuk, Meghan Kennedy, Jess Taylor, Bethany Thompson, Ashley Tomassian, Christine Timmermans, Andrea Zeytoonian, Maddy Meagher, Caitlin Jaeger, Danielle Sullivan, Lauren Westling, Emily Ziobrowski, Kate Sherrer, Amanda Glanz, Kate Woodard, Sarah Wells

Description: Introduce people to Spanish culture, through music, movies and newspapers

Quote: ¡Viva el club de español!

WYAJ-FM

"Hopefully by the time you read this, you will be able to hear us!"

Advisor: Paul Sarapas

Members: Matt Natoli, Valerie Roche, Phoebe MacNeill, Becky Sandler, Will Weddleton, Tyler Baker, Esau Reid, Lindsay Matthews, Peter Boswell, Jeff Stone, Scott Sheehan, Brittany Filker, Julie Devine, Ale Casciotti, Nick Szathmary, Eric Pennington, Peter McGarthy, Tom Rhodes, Jeff Sheehan, James Kelly, Patrick McCarthy, Michaela Precourt, Adam Echouatni, Karl Nyangoni, Sam Abrams, Brendan Blake, Jeff Devine, Ben Weiler, Andy Richard, Dan Kamen, Marie Smith, Casey Gruttaidaira, Jonathan Rahardja, Sam Chandler, George Sauter, Pete Wade, Laura Deshmuk, Meghan Kennedy, Rachel Garabedian, Rachel Sillman, Katelyn Porter, Emily Stone, Sarah Westbrook, Sam Holbert, Mike Gannon, Adelle Franchek, Mary Weinberg

Young Women's Leadership Committee

Advisor: Naomi Rosenthal

Members: Katie Dahlgren, Amie Fleming, Briana Gochenour, Aileen Kline, Megan McPhee, Leslie O'Bray, Anna O'Connor, Lizz Plotts, Amy Schultz, Abby Tatkow, Hannah Chapel, Ali Sternburg, Laura Sutton, Gowri Aragam, Tina Chen, Lesley Kline, Maggie Mayer, Laura Bergstein, Julie Goodman, Lindsay Kaplan, Vicky Chen, Sara Dicker, Larina Kleynerman, Aziza Hussain, Leslie King, Cadence Hardenbergh, Rachel Whitney, Amanda Moritz, Marina Agapakis, Danielle Diarbakerly, Nancy Fang, Julia Fuchs, Rachel Neurath, Pooja Balaram, Libby Boymel, Maddie Bacon, Maya Kahn-Woods, Connie Lu, Katie Epstein, Jennie Williamson, Amy Wong

Speech and Debate Club

Advisor: Tom Danko

Members: Laura Arellano-Weddleton, Pooja Balaran, JD Bean, Elliot Bell-Krasner, Andy Bender, Libby Boymel, Yuan Cao, Adam Chao, Kristin Dacey, Tom Dichter, Dana Lampert, Lindsay Matthews, Maggie Meyer, Justine Pang, Rachel Sennett, Bruno Seraphin, Christina Simollardes, Rachel Sletzinger, Sarah Sletzinger, Carolyn Wilde, Abby Wolf, Peter Kim, Katie Kindick, Nanxi Ling, Alana Pithis, Alli Sax, Laurel Bell-Krasner, Terri Bello, Jared Berkowitz, Beth Francis, Becca Romash, Becky Sandler, Kate Sherrer, Madeline Welsh, Larina Kleynerman, Taylor Berliant, Kevin Liu, Alex Isakov, Ted Griswald, Will Weddleton, Nick Grasso, Peter Ralli, Ben Gossels, Connie Lu

Officers:
Kristan Palmer, Sarah Harvey, Lizzie Sletzinger, Jason Bello, Helen Wen, Gerald McElroy, Kristin Loughry

Young Democrats Club

Advisor: Ned Banta

Members: Elliot Bell-Krasner; President, Stephanie Goldman; Vice-President, Yana Jaffe, Alex Casciotti

Asian Cultures Club

Advisor: Vicky Caburian

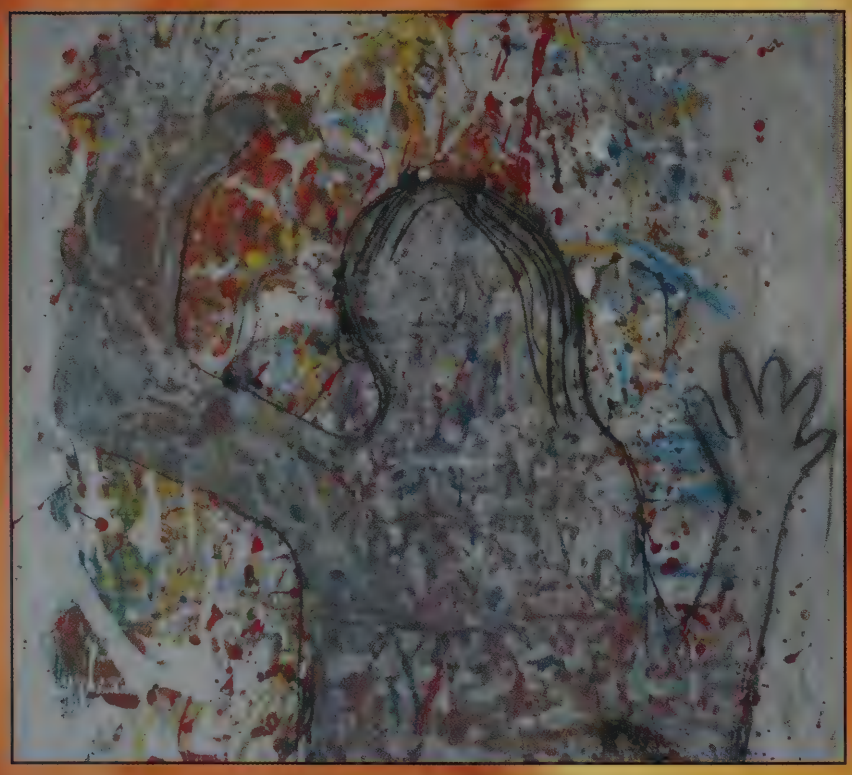
Members: Caroline Miller, Danielle Boot, Yuan Cao, Eric Chi, Kevin Winston, Jessie Wong, Jamie Lam, Hillary Lockhart, Aaron Levine, John Brandon, George Sauter, Daisuke Tanaka, Andrew Hall, Dan Morgan, Michael Pearson

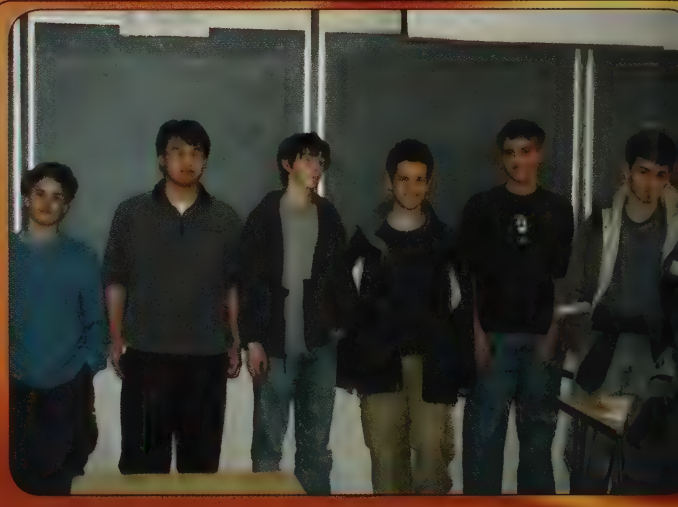
Quote: "We eat our way through Asia!"

L-S Website

Advisor: Nancy Errico

Members: Alison Cichowlas, Kathy Biggins, Yuan Cao, Jeremy Brown, George Massey





Strategy Games Club

Advisor: Yuan Cao

No Roster Available

Student Senate

Advisor: David Grace

Members: Marina Agapakis, Will Anderson, Anson Biller, Adam Cole, John Cordo, Jess Crane, Tess Curran, Amy Daniels, Jackie Doyle, Jason Forino, Dana Friedman, Ashwin Gargeya, Jeff Goodman, Jon Kurland, Dana Lampert, Jared Nicholson, Evan Phelps, Mike Reich, Sarah Shore, Jackie Sullivan, Peter Jones, Anthony Jones, Christopher Worrell, Andrew Reich, Brendan Beatty, Carl Jewell, Karl Nyangoni, Abby Tatkow, PJ Schnorr, Justin Nicholson, Cadence Hardenbergh

Description: Every Wednesday, the Student Senate meets during ACA. Under the direction of Presidents Jared Nicholson, Mike Reich and Advisor Mr. Grace, student senators strive meet to address our concerns. Their overall goal, said Reich, is "to increase our presence in the school, interact with the students and then react to their comments to try to solve whatever problems they have." Currently, they're working on a survey concerning the new schedule, an A- Bill, which would make seniors with an A- average exempt from a final exam. The Senate is also responsible for a survey declaring the Senior Dress-Up Day winner and for the dance that took place on November 7th. Working with the faculty, the Senate addresses issues brought up by the students. Questions or concerns? Talk to a senator or stop by the meetings. Both presidents encourage everyone to get involved.

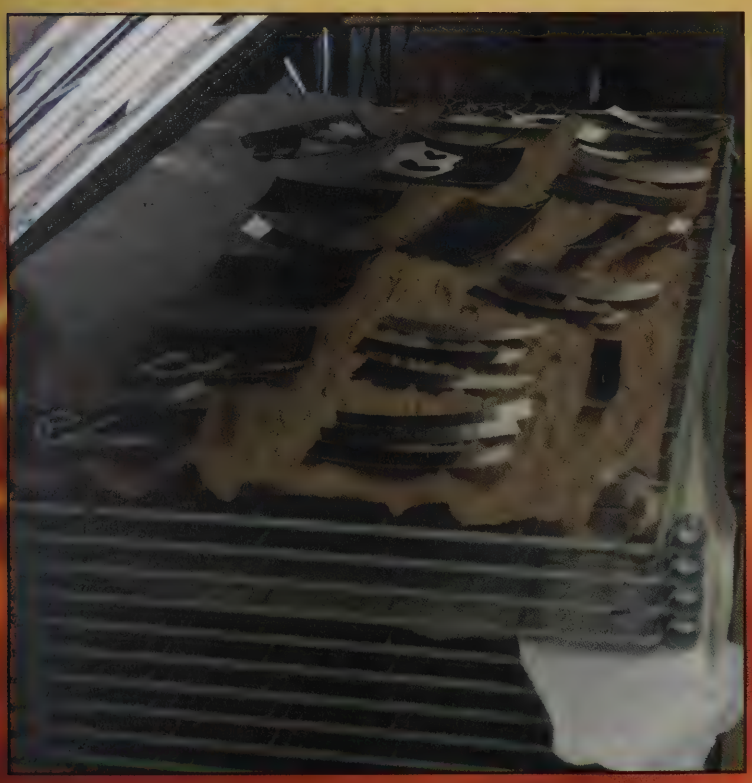
Drum Circle Club

Advisor: Jon germanotta

Members: Molly Roderick, Ashlee Hazeltine, Jeremy Miller, Gary Zelyakovsky, Rebecca Swanger

Description: The drumming ensemble is an activity which started four years ago by drama teacher, John Germanotta, which explores different rhythms through the process of improvisation. After having been taught how to play their percussion instrument, each person "owns " a piece by starting it with a simple, steady beat. When their rhythm is established, the other musicians join in, creating an intricate, complex sound. We perform several times in a semester, playing at coffee houses, battle of the band functions, the MLK assembly, and other gatherings. The number of students involved in the ensemble varies. We have had as many as 16 and as few as 4, but interesting sounds have always been produced. Most importantly, we have a lot of fun.

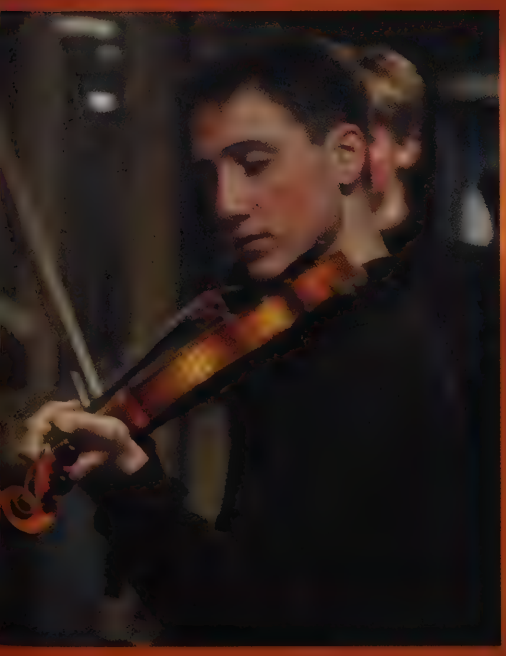
Quote: "I don't want to work, I just want to bang on the drum all day!"



Concert Band

Advisor: Kathleen Burger

Members: Flute: Chelsea Audin, Lisa Duke, Maggie Durlacher, Dana Friedman, Nicole Haartz, Nicole Hurley, Amanda Moritz, Kristan Palmer, Elizabeth Pierce, Lauren Westling,
Oboe: Kathryn Kazoir, Jillian Walker
Clarinet: Adam Chao, Amanda Glanz, Megan Kim, Nicole Lombardo, Allison Stack
Bassoon: Jake Rathjens
Tenor Saxophone: Taylor Berliant, Anna Simon, James Starr
Alto Saxophne: Pritvi Balaran, Matt Berg, Doug Bradford, Lisa Colombo, tom Hebble, Peter Jones, Jim Kelly, Jaime Lam, Mike Lombardo, Michael Taylor, Doug Yuen
Baritone Saxaphone: Darren Agarwal
Trumpet: Jacob Baldassini, John Besemer, Rob Halliday, Chris McCarthy, Katie Palmer
French Horn: Peter Kim
Tuba: Eric Procopio, Eric Thumma
Percussion: Chris Clarke, Dan Glanz, Casey Gruttadauria, Asuka Imagawa, Mike Muldoon, Jeremy Murray, Jesse Shusman, Greg Yuen



Small Jazz Ensemble

Advisor: Kathleen Burger

Members: Casey Gruttadauria, Matt Berg, Chris Clarke, Jim Kelly, Chris McCarthy, Matt Moore

Men's Chorus

Advisor: Deborah Smith

Members: Daniel Asadorian, JD Bean, Jon Besemer, Sean Crow, Jack Darcey, Eric Driver, Peter Kim, Lee Morgan, Steve Patton, Brendan Quinn, Ian Sanders-Fleming, Ben Sheff, Jesse Shusman, Reggie Silver, Kevin Verni, Michael Wright, Sean Wright

Harmony

Advisor: Deborah Smith

Members: Laura Bergstein, Amanda Bramberg, Vivienne Brand, Adrienne Calandrella, Ashley Carpenter, Amanda Casale, Alison Chichowlas, Audrey Collins, Arielle Costello, Clare Engler, Eva Fowler, Claire Guthy, Rachel Haberman, Ashlee Hazeltine, Brittany Healy, Christine Loughry, Catherine McTyre, Melissa McTyre, Sara Nicholson, Michaela Precourt, Christine Spinelli, Ali Sternburg, Brooke Tocci, Jessica Trovato, Emily Vano, Anjuli Wagner, Leela Wagner, Nicole Zais, Heather Zaring, Andrea Zeytoonian

The Book Club

Advisor: Rebecca Carr

Members: Melissa Macphee, Rachael Wyant, Sarah Weastbrook, Katelyn Porter, Natasha Eilbert, Carly Leusner, Eric Driver

Description: The Book Club selects books that everyonein the club wants to read. If there is a current movie of the book we are reading, we have movie nights. We eat popcorn while watching the movie. We also do community service projects and raise money for the "Reach out and Read" program.

Concert Choir

Advisor: Deborah Smith

Members: Maggie Arnold, Daniel Asadorian, Danielle Aucoin, JD Bean, Jon Besemer, Maya Bloom, Amanda Bramberg, Evelyn Brand, Viviene Brand, Gabe Brooks-Harris, Liza Burkin, Erica Canestaro, Leah Carolan, Amanda Casale, Chris Clarke, Audrey Collins, Arielle Costello, Amy Crosby, Amy Daniels, Jack Darcey, Mieke Debecuckelaer, Chris Donovan, Eric Driver, Clare Engler, Shelley Fang, Rebecca Fine, Abby Fischer, Dana Friedman, Lcuy Green, Casey Gruttadauria, Claire Guthy, Rachel Haberman, Ashlee Hazeltine, Brittany Healy, Ian Holmes, Brittany Hurd, Nicole Hurley, Peter Kim, Dana Kraus, Christine Leonelli, Alexandra Levy, Anna Levy, Shainia Low, Jessica Majno, Ali Mandelkorn, Chris McCarthy, Catherine McTyre, Melissa McTyre, Emily Mele, Sarah Mele, Amanda Moritz, Kandance Nadelberg, Sarah Nicholson, Benjamin page, Katie Palmer, Kristan Palmer, Brittany Phillips, Alana Pithis, Michaela Precourt, Brendan Quinn, Rachael Ralby, Jaqueline Risser, Alexandra Russ, Mallory Ruymann, Ian Sanders-Fleming, Julie Schuerhoff, Anna Simon, Ali Sternburg, Carloyn Swords, Stephanie Tan, Brooke Tocci, Meghan Trefry, Jessica Trovato, Emily Vano, Kevin Verni, Christa Walsh, Helen Wen, Sean Wright

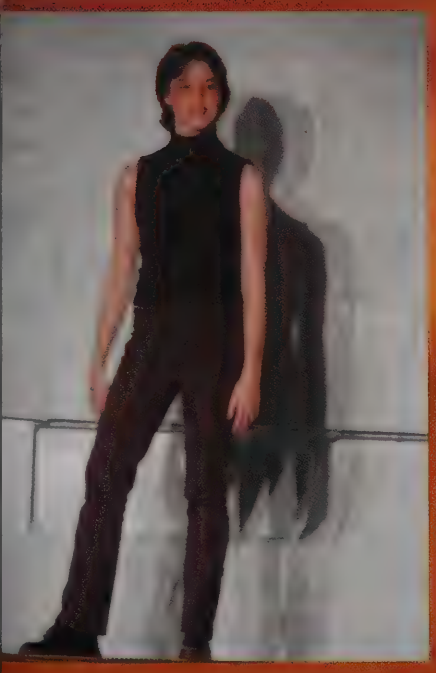
Too "Cool" For DYAD (We Contacted Them A Multitude of Times But to No Avail):

Drama
Recycling Club
The Seinfeld Club
GSA (Gay/Straight Alliance)
Students For a Free Tibet
F.A.C.T.
Breaking Barriers
Amnesty

Vocal Jazz

Advisor: Deborah Smith

Members: Daniel Asadorian, Gabe Brooks-Harris, Audrey Collins, Jack Darcey, Mieke Debeuckelaer, Ian Holmes, Peter Kim, Catherine McTyre, Melissa McTyre, Kandace Nadelberg, Sara Nicholson, Benjamin Page, Alanna Pithis, Brendan Quinn, Ian Sanders-Fleming, Jessica Trovato, Anjuli Wagner, Christa Walsh



Chamber Singers

Advisor: Deborah Smith

Members: Maggie Arnold, Maya Bloom, Amanda Casale, Audrey Collins, Arielle Costello, Jack Darcey, Chris Donovan, Rebecca Fine, Rachel Haberman, Ian Holmes, Jessica Majno, Ali Mandelkorn, Catherine McTyre, Melissa McTyre, Sara Nicholson, Benjamin Page, Brendan Quinn, Jacqueline Risser, Ian Sanders-Fleming, Jessica Trovato

Peter,

CONGRATULATIONS!

We are so proud of you!

Love, Mom, Dad & Amy

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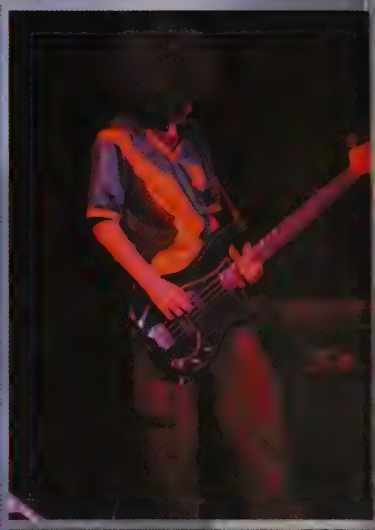

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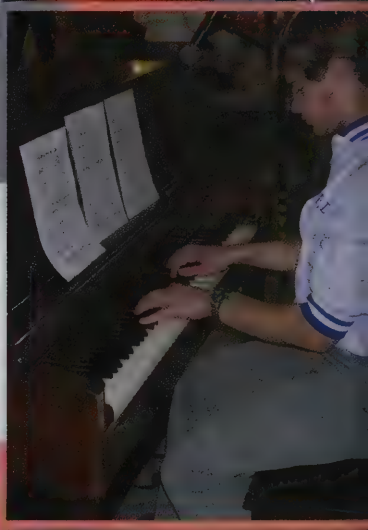
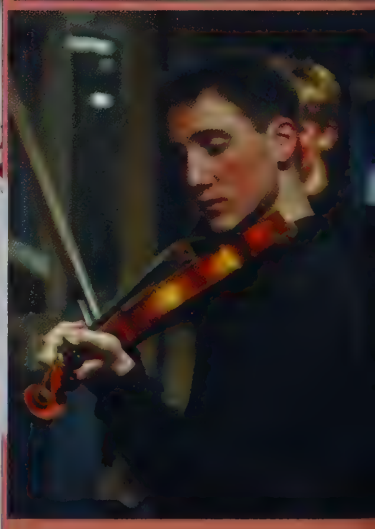
Cowboy, dreamer, patriot, football star
We're behind you, Alex, wherever you are!
We love you!
Mom, Dad, and Jackie

Congratulations
Jackie!
We love you and are so proud of you.
You have always been a wonderful daughter and sister. Go confidently and follow your dreams.
You're more than I ever expected!
Love,
Mom and Anna





DYAD '04 MAGAZINE
NATIONAL

Road to the White House

After a surprise, come-from-behind win in the Iowa Caucus, Senator John Kerry of Massachusetts has charged ahead of the other Democratic candidates to win primaries and caucuses east to west. Former leader, Governor Howard Dean of Vermont's campaign has been slipping ever since the ugly bickering he engaged in with Representative Dick Gephardt of Missouri. Voters' doubt of his abilities increased after his mad (or was he happy?) speech after he took third place in Iowa.

Along with Kerry, Senator John Edwards from North Carolina has also benefited from Dean's downfall. Slowly, his campaign is picking up the momentum to challenge front runner Kerry. His two Americas speech about the division between the rich and the ordinary people is compelling, drawing in not only Democrats but also some Independents and Republicans.

When asked, the voters say that the most important thing about the Democratic candidate is his ability to beat incumbent George W.. Bush in the fall election. Primary results so far have shown that voters believe Kerry is the strongest against Bush. Democratic leaders are already projecting Kerry as the nominee.

Going into Super Tuesday, it is really a two man race between Kerry and Senator John Edwards of North Carolina. There is talk that Edwards is willing to accept the vice presidential nominee if he loses to Kerry.

However, George W. Bush, the Republican incumbent, his support is still formidable. Many Americans believe that he has done the best job that he could have. After all, Saddam Hussein is captured, terrorists are thinking twice before acting, countries, like Libya, are coughing up their nuclear weapons, and the economy is slowly turning around. Moreover, he has more than $100 million in his treasury while Kerry has only a quarter of that.

So who will win? Right now, it is anyone's guess. What experts will say is that the road to the White House will not be a breeze.

9-11 Memorial Design

September 11, 2001, four US planes were hijacked by terrorists and crashed into the World Trade Center, the Pentagon, and a field in Pennsylvania, killing almost 3,000 people.

Just this year, a jury has selected a memorial design to pay homage to the tragedy and its victims and families. The winning design, "Reflecting Absence", is by Michael Arad and Peter Walker, working with the Lower Manhattan Development Corporation. The memorial is a grove of trees above two reflecting pools that trace the outlines of the World Trade Center. Visitors would descend within the tower's footprints to the space underground where names of victims from 9-11 and from the 1993 terrorist attack on the twin towers are inscribed.

The jury's chairman, Vartan Gregorian, said the winning design "has made the gaping voids left by the towers' destruction the primary symbol of loss," and that the memorial "expresses both the incalculable loss of life and its regeneration."

Haiti

In February, tension between the government and armed rebels reached a peak when the rebels and the United States managed to pressure the president, Jean-Bertrand Aristide, to step down. Many of the armed rebels who rose up in Haiti are former members of the feared Haitian Army, which was disbanded after Aristide was elected.

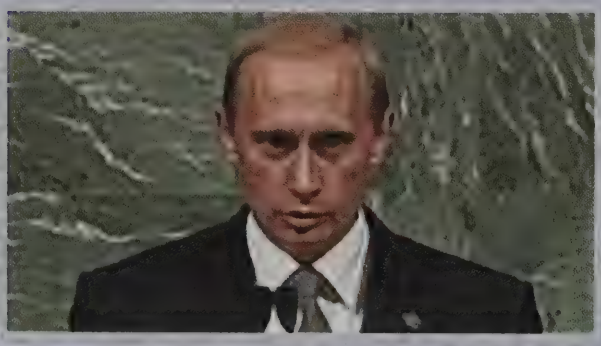
In early March, Gerard Latortue and Boniface Alexandre were chosen by a US-backed council as the new interim prime minister and president. However, many Haitians, especially the poor, want their first democratically elected president back. The Haitian government has traditionally supported the rich over the poor, and Aristide's pledge to help the poor made him their champion. The US has troops in Haiti right now, but they plan to hand Haiti to UN forces in June. The US has a long list of military occupation in Haiti. The first occupation lasted from 1915 to 1934.

Taiwan

In Taiwan, the two men vying for the presidency were complete opposites. President Chen Shui-bian supported Taiwanese independence while his challenger, Lien Chan of the Kuomingtan, supports returning Taiwan back to China. On February 28, in a huge campaign tactic to boost support for Chen Shui-bian, the government supported an anti-China protest. An estimated 1.2 to 2.5 million people joined hands to form a 300 mile human chain in this protest. The people power display was designed to give Chen a lead in the tight race for the March 20 presidential election.

Russia

Russian president, Vladimir V. Putin, was certain to win reelection in the March 14 election. The only drama was created by challenger Ivan P. Rybkin, who disappeared in February for a few days. He resurfaced in Kiev and flew to London, saying he had been drugged, kidnapped, and was forced to be in a compromising video.



Although prosecutors have opened a criminal investigation into his disappearance, many dismiss his claims because of lack of evidence. Government officials supporting Putin have declared that Rybkin's wild tale is nothing more than a political stunt.

Afghanistan

With all the Talk about Iraq, what ever happened to the other war? Two years have passed since the US and the UN ousted the Taliban in retaliation for the September 11 attacks. The Bush administration has pledged billions of dollars and thousands of troops to the fight for democracy in this war-torn country. Some people have gained more rights; some women have abandoned their burqas for jeans, and young girls have gained rights to continue their education. However while the Afghans have been freed from the oppressive Taliban rule, they are still plagued by violence and unrest. There are more than a dozen major regional warlords, who were given their power when the US handed them control of certain territories. While some are building schools and paving roads, they are also killing both Taliban and US sympathizers and stealing land to grow drugs. UN experts predict that this year's crop will yield 3,600 tons of opium- 75% of the world's heroin. Afghanistan's first free election is scheduled for June, but only 9% of eligible voters have registered, and Taliban rebels have threatened anyone who plans to vote. Many Afghans believe that the US will run out of patience and pull out of the war, leaving them vulnerable to possible anarchy. Let's hope for the Afghan people that the US has a long enough attention span to help them be self-sufficient.

Spain

March 11 was the worst terrorist attack in Spanish history. At least 10 bombs exploded during rush hour today in three commuter trains in Madrid. Around 200 people are dead, and thousands are wounded.

Spanish authorities blame the Basque separatist group, ETA, though some claim the attacks were by al-Qaida. The bombing occurred just a few days before the March 14 general elections. The government declared a three-day mourning period but said elections would proceed as scheduled. If ETA is found guilty, it could boost support for Mariano Rjoy, Prime Minister Jose Maria Aznar's hand picked candidate. Both have supported tougher crackdowns on ETA activities. However, if the attacks are believed to be by al-Qaida, that could cause voters in the election to draw their attention to Aznar and Rjoy's unpopular decision to endorse the US-led invasion of Iraq.

However, the people of Spain are focusing their attention more on helping each other to recover from this tragedy. The day following the attack, millions of Spaniards poured into the streets, demanding arrests and consolation.

Red Sox

2003 looked like the year for the Red Sox. The year when they would finally go to the World Series and win for the first time since 1918, when Babe Ruth was still with the Sox. Arizona gave Bostonians and fans all over hoped that this was the year when the curse would be broken.

Then came the Yankees…

Tension was so high that fights broke out. One of the most memorable events occurred during Game 3, when instead of focusing on the game, the two sides took out their frustration on each other- with their fists. Luckily for Red Sox fans, no Sox players (shall we dare mention Pedro hurtling a Yankee coach?) was banned from playing any more.

However, prospects looked good for Sox fans. A 9-6 win in Game 6 seemed an auspicious sign for Game 7. Game 7 would be a showdown between Yankee pitcher, Roger Clemens, and Sox pitcher, Pedro Martinez.

Late in the game, the Red Sox with a 5-2 lead seemed destined for the World Series against the Florida Marlins. Then came the 8th inning when the Yankees scored 3 runs and the 11th inning with Aaron Boone's surprise homerun. The curse of the Bambino still lives.

Happily for Sox fans, there is consolation. The New York Yankees lost in Game 6 to the Florida Marlins.

As for Sox fans? Cowboy up! Maybe next year…

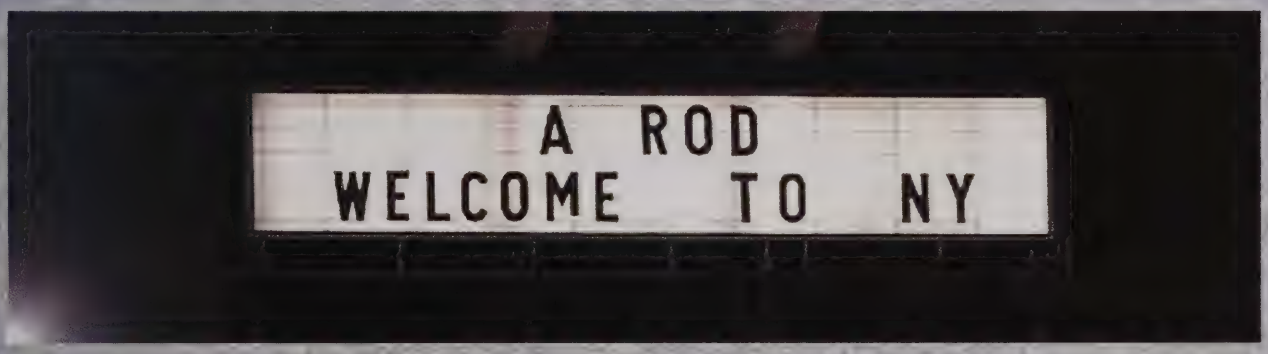
Super Bowl XXXVIII

Superbowl this year, held in Houston on February 1, 2004, is all but synonymous with Janet Jackson and Justin Timberlake's fumble during half time. Added to that, a streaker had to be tackled after the music performances. Enough complaints were received to make every station wary of potential mishaps. This year's Grammy and Oscar award shows will be delayed a few minutes so the networks can catch and censure rated R moments. Nevertheless, the commotion during half time did not take away from the excitement of the game.

The Carolina Panthers and New England Patriots remained scoreless until the last few minutes of the 2nd quarter. The Pats pulled ahead, 14-10 as the first half ended. The scoreless

A Rod Deal

After losing to the Yankees in Game 7 in the American League Series, the Sox cried out for change. Terry Francona replaced manager Grady Little. Pitchers Curt Schilling and Keith Foulke were added. All that was needed was A-Rod. However, the acquisition to get the consensus best player, Alex Rodriguez from the Texas Rangers, was turned down by the baseball union's No, 2 official, Gene Orza. Now, instead of A-Rod coming to Boston, he's going to the Yankees. Despite Rodriguez now being the best shortstop in the Yankees, he will be moved to third base. Captain and shortstop Derek Jeter remains at shortstop. As Yankee General Manager, Brian Cashman, said, "You go with the man who brought you to the dance, and you stick with him. Derek Jeter continues to get us to the dance. You don't mess with success." The Rangers are giving the Yankees not only A-Rod but also $67 million, while NY gives them Alfonso Soriano and a player yet to be named. The $67 million exchange has got even Commissioner Bud Selig worried about what this could mean for future transactions. Red Sox players have declared that this is only a slight set back and it will only make them play harder and better.



3rd quarter led to a frenzy of scoring in the 4th quarter. With one minute left, the two teams were tied with 29 points each.

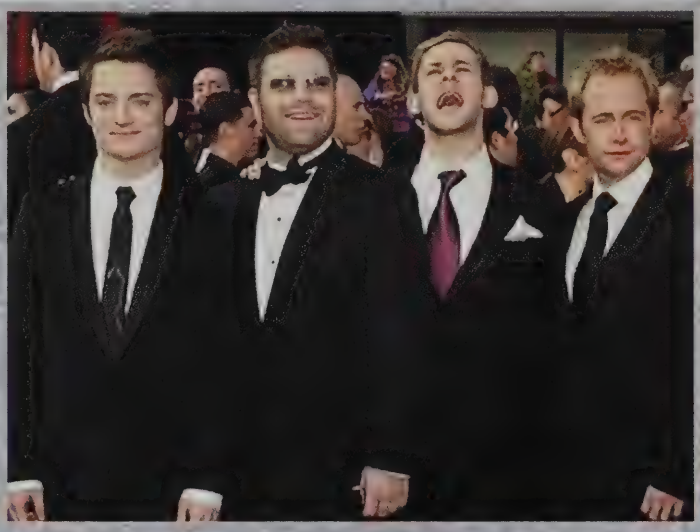
A few seconds left, the Pats decided to go with No. 4 Adam Vinatieri's trusty old foot. Two years ago, he won the game by a kick against the St. Louis Rams. The Pats needed him to repeat that to win the game. Could he do it again?

He did. With a 41 yard field goal and 4 seconds left, he led the New England Patriots to a 32-29 win over the Carolina Panthers. Says Vinatieri," I can't tell you how nice it was to see that one go right down the middle. It's just as good as the first one, maybe better. Most people don't even get an opportunity to play in this game let alone have the opportunity to put the last points on the board. I'm just so very fortunate to be on such a great team and put the icing on the cake."

Oscar Night

The Lord of the Rings: The Return of the King was lord of the 2004 Academy Awards, winning 11 Oscars, including Best Picture and Best Director. This ties Titanic and Ben Hur for the most won Oscars.

Other winners:
Best Leading Actor: Sean Penn (Mystic River)
Best Leading Actress: Charlize Theron (Monster)
Best Supporting Actor: Tim Robbins (Mystic River)
Best Supporting Actress: Renee Zellweger (Cold Mountain)
Best Animated Film: Finding Nemo

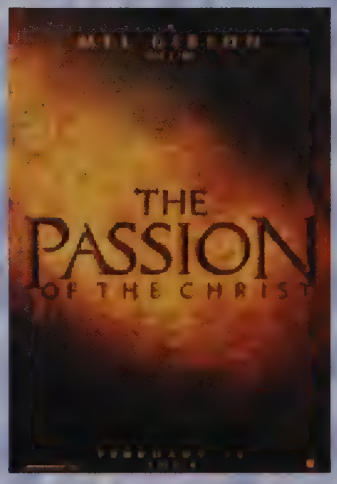


The Passion

The Passion of the Christ, just recently released on Ash Wednesday has lately been the focus of great controversy over the content featured in the movie and how it was displayed. The director Mel Gibson depicts the last 12 hours of Jesus's life in only 2 hours.

Opening on more than 3,000 screens world wide and generating more than $30 million in a single day of release tops Peter Jackson's debut of *The Lord of the Rings: The Return of the of the King.*

The movie has many religious movie goers flocking to the theater to be apart of this monumental film. Many of them are going in groups to witness the film and many to find a better understanding of the last few moments of his life.



Crazy for Reality

This year has been the year for reality TV shows. They have ranged from makeover shows to vying for a job. Here's a look at some of the shows:

Simple Life
Pampered socialites, hotel heiress Paris Hilton and her best friend, Nicole Richie, struggle to make do in a small town (population: 817), cleaning chicken coops and milking cows. Their antics range from breaking curfew and pole dancing to trying to pick up married cowboys. Their outrageousness makes for a hilarious half hour.

Bachelorette
Former *Bachelor* contestant, Meredith Phillips, chooses her future husband among 25 eligible bachelors. The men range from horse breeders to metrosexuals to can't-stop-talkers to bad kissers, all with one goal: winning Meredith's heart and hand. She finally chose Ian who opened up his heart and proposed.

America's Top Model
Supermodel Tyra Banks and 3 others judge the 12 women competing for America's Top Model. The winner will get a contract with IMG Models (the company of Tyra Banks, Heidi Klum, etc), the cover of a Sephora catalogue, and a fashion spread in "Jane" magazine. This modeling boot camp show not only tests runway beauty, but also features them crying, bickering, and the betrayals.

The Apprentice
16 candidates, including Ivy League MBA graduates and entrepreneurs with no college education, compete for a $250,000/year job with the Trump Organization. They are split into two teams, Protégé and Versacorp. Each week, they will have to complete a task (renting an apartment, marketing a new product, etc). The winning team members will receive a lavish reward, but one member from the losing team will be fired.

Queer Eye for the Straight Guy
Queer Eye is not your ordinary makeover show. These experts deal not only with fashion, but also with food and wine, interior design, grooming, and culture. The Fab 5 consists of a team of 5 gay men who transform drab straight men to become simply fabulous.

METCO

After two forums held at the Brooks School in November, it was decided that the Lincoln METCO program will be kept. Following the first forum, Lincoln teachers and School Committee members estimated that the cost of METCO for 2003 would be $400,000, making up 5.3% of the school budget. Because METCO provides Lincoln schools with 12.5% of its students from Boston, which is more METCO students than any of its surrounding towns, it would be difficult to abandon the program. An estimated 250 participants, including Lincoln and METCO parents, town officials, and students attended the second forum. They broke into groups to discuss the matter, which inspired them to keep and support METCO. Due to financial concerns, residents believed they should integrate METCO into Lincoln's town and school budget rather than keeping METCO entirely separate. To demonstrate commitment, they considered pressuring the Board of Education, governor and legislators to better support METCO. There were also suggestions to persuade and encourage residents to cultivate diversity, and continue the discussion of the matter beyond the meeting. Over 100 teachers from Lincoln-Sudbury Regional High School signed a letter in support of the Lincoln METCO program.

Gay Mar-

On February 3rd, 2004, the Massachusetts Supreme Judicial Court ruled, 4-3, that laws prohibiting gay marriage was unconstitutional. The court gave the state legislature 6 months to rewrite the state's marriage laws to include same sex marriages.

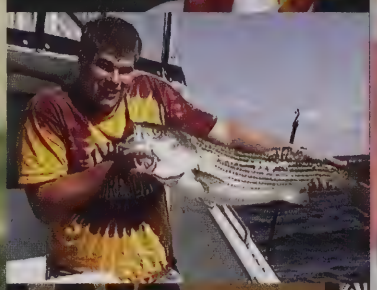
Prior to this decision, Vermont was the only state that allowed same sex couples to marry with the full rights and benefits that heterosexual marriages have. Even then, Vermont calls them civil unions, not marriages.

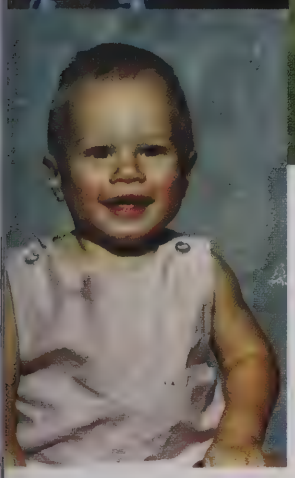
Governor Mitt Romney and President George W. Bush have both condemned this decision. Bush said, "Marriage is a sacred institution between a man and a woman. [This] decision ... Violates this important principle. I will work with congressional leaders and others to do what is legally necessary to defend the sanctity of marriage." However, Romney said that he does support basic civil rights to "nontraditional couples."

There is a push, led by Republicans in Congress, to pass a federal constitutional amendment to outlaw same sex marriage. Supporters of this amendment believe that allowing gay marriage will destroy the sanctity of marriage and lead to legalization of polygamy. This amendment is supported by the Catholic Church. Boston Archbishop Sean P. O'Malley urged Catholics to protect marriage and urged both lawyers and the clergy to "live your baptismal commitment. Use your wisdom to defend the truth, to defend marriage. Do it with a passion and do what is right."

Serial Killer

Three female bodies were found in the towns of Hudson and Marlbough. Two of the bodies were found within 100 yard of each other. The words serial killer begins to circulate as people living in the surrounding towns felt unsafe. September 24, 2003, was when the first body was found tests revealed that it could have been there for as many as three years. The body, which remains unidentified was found by a group of students clearing a trail for a bike path. The second body, identified as the third body was found on March 3rd, 2004. Identified as Dinelia Torres, police found that she was buried from three to nine months previously. Police speculate that these three murders could possibly be linked to others in the Hudson/Marlborough area with the killer still at large.





Christian,

You've been a thrill to watch as you've grown up. Congratulations!

We are so proud of you,

Mom, Papa and Nico

2004

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JON,

MAY YOU NEVER LOSE YOUR SPARKE AND CONTINUE TO CELEBRATE LIFE! CONGRATULATIONS ON ALL YOUR ACHIEVEMENTS.

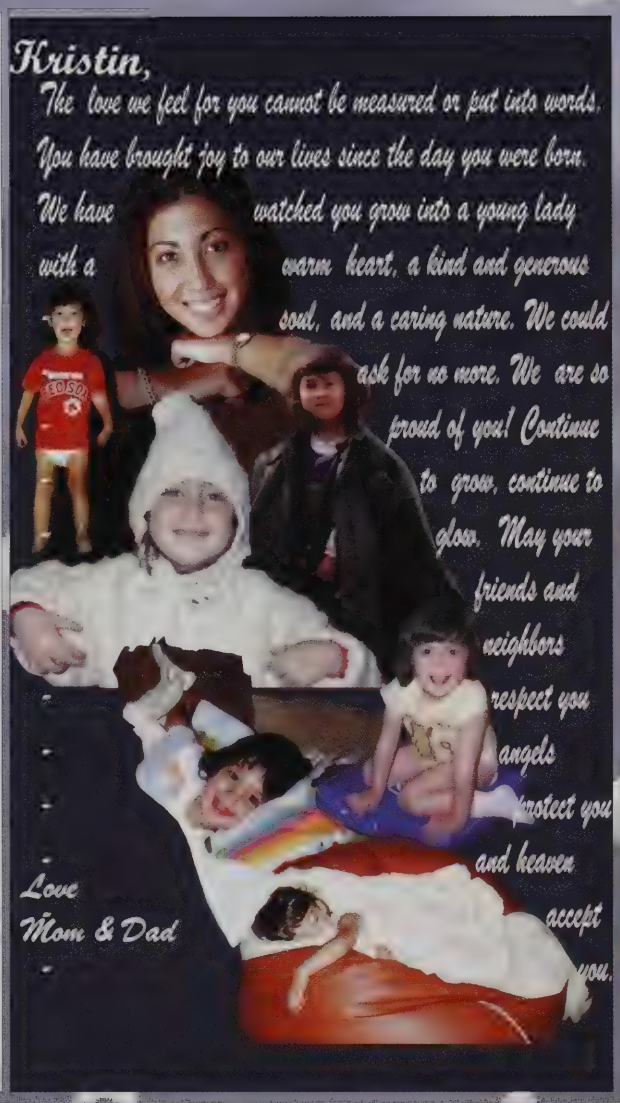
LOVE,
MOM, DAD & DAN

The Longfellow Club

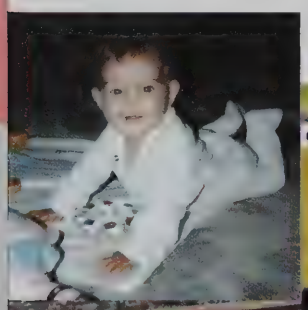
www.longfellowclubs.com

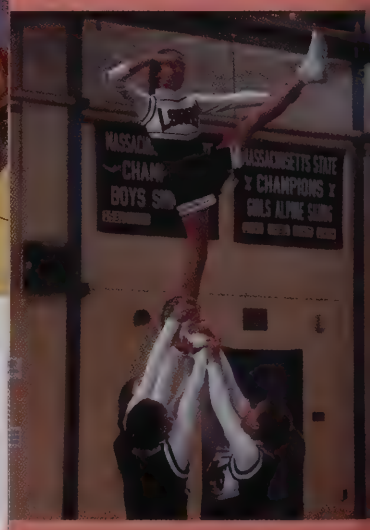
508-358-7355

Congratulations Class of 2004!



Each day more beautiful, more mature, more accomplished.
Each day already missing our little girl,
now a young woman almost on her own.
Dream big dreams. Build big castles.
Call home when you can.
Love, Mom and Dad



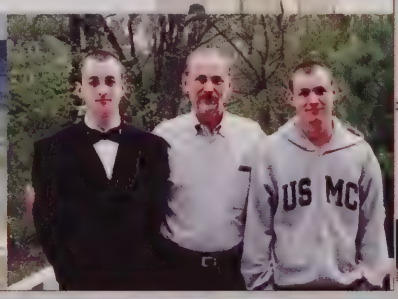


Jenny,
With your shoes tied tight, you are ready to face the world. But no matter how big that world may be, remember that I will always be your little sister and will never be farther then a phone call away. I love you, good luck next year and years to come!
Bon Voyage... Kelsey

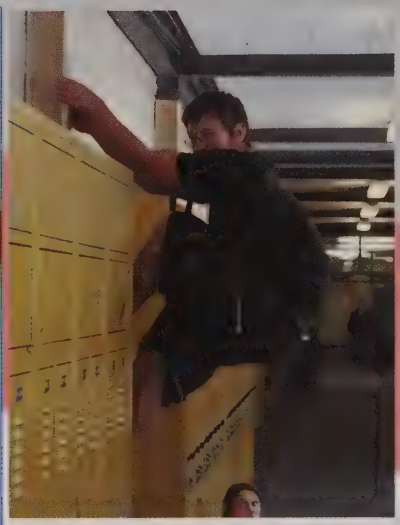
JON MUTCH

Congratulations to our wonderful son, Jon
who is special to us in so many ways.
Our love goes with you wherever you go.
Good luck!

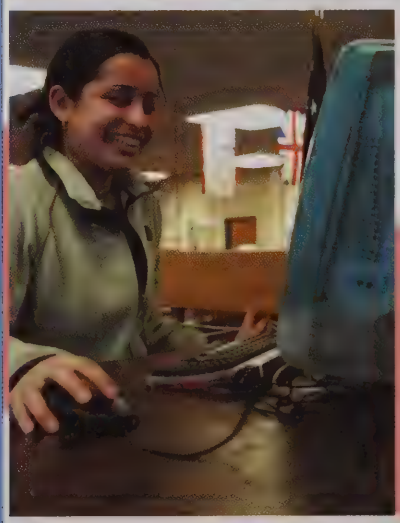
Mum, Dad, Lydia
and James
xxxx



Eighteen years ago
we were blessed
with a beautiful
baby girl...

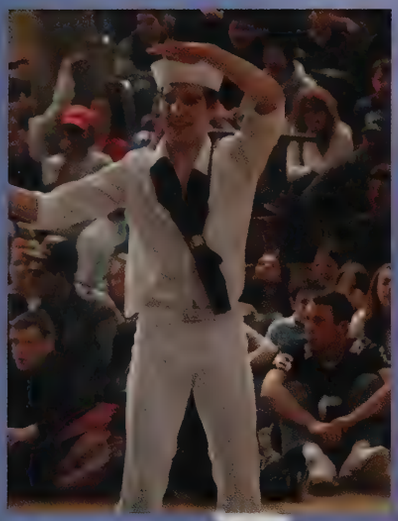


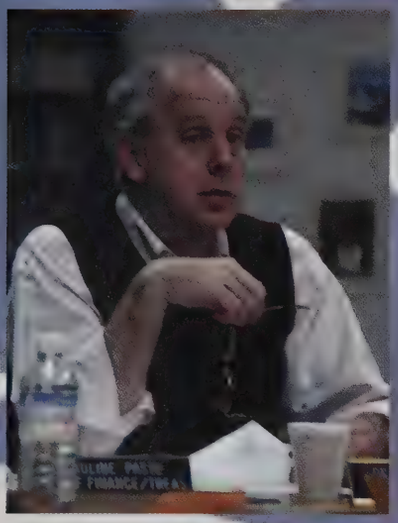
And now we've
been blessed
with a beautiful
young lady...



With love and wishes for a
future full of health
and happiness

Love,
Mom, Sam and Tammy





Jackie - You, from the beginning - always a winner, always a leade always doing the right thing. So full of proud love for you!
-Dad

"JJ - You're my favorite sissy."

"Anna - You're my only sissy."

Either way, you're the best!
-Anna

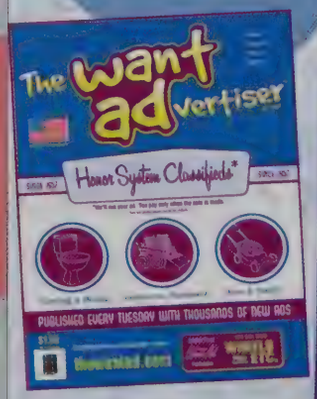
Jackie - You are extremely nic and very generous. Congratulation and you will g great places!
-Brian

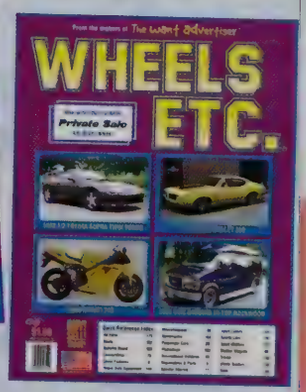
Jackie - With a sharp and thoughtful mind, a heart for others, and actions to make this world better - you are pure inspiration. Lucky me to have you in my life!
-Laurie

CONGRATULATIONS

Class of 2004

from all of us at





thewantad.com

Congratulations Michael!
We are very proud of all that you ha achieved. We know everything you accomplish in the future will be grea
We love you,
Grandmom & Granddad

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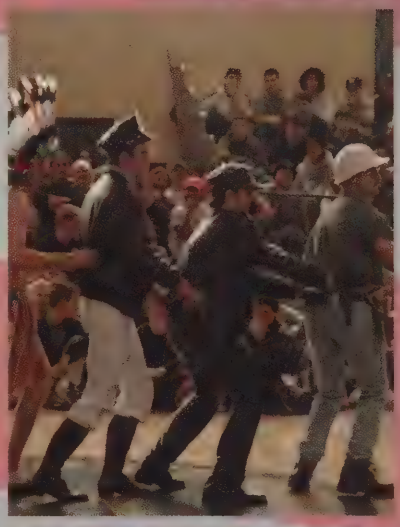
Dear Felix

We love you more than we can say.
We believe in your talents, strengths and resolve.
Walk tall and follow your innermost dreams.
We are here for you.
With love from Mom and Sophia

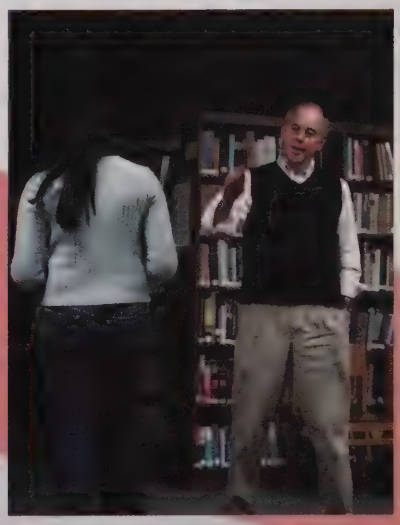


Drew

Work hard to get what you want, then take the time to enjoy it. We are so proud of who you are now, and who you will become.

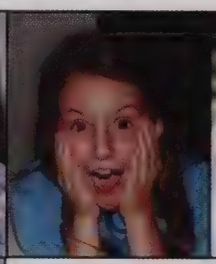
Love,

Dad, Mom, Jessica, Brent, Shelby



CONGRATULATIONS
Adam

Love,
Mom, Dad, & Bann

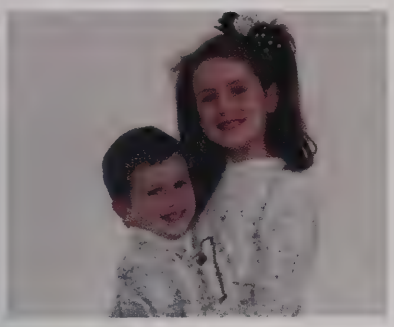


Special is a word that is used to describe something one-of-a-kind,
like a hug or a sunset or a person who spreads love with a smile or kind gesture.
Special describes people who act from the heart and keep in mind the hearts of others.
Special applies to something that is admired and precious and which can
never be replaced.
Special is the word that best describes you.

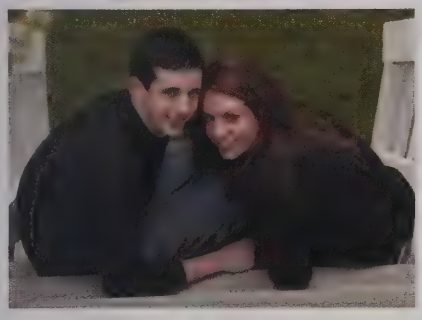
Dear Stephanie,
We are so proud of you and all that you have accomplished. You are an amazing young woman. You have succeeded in achieving the lofty goals you set for yourself and we know that your success has only just begun. Always remain true to the person you are. Follow your heart, it will lead you in the right direction. We love you more than mere words can express.
Love, Mom, Dad, and Bobby

Stephanie,

that was us then...



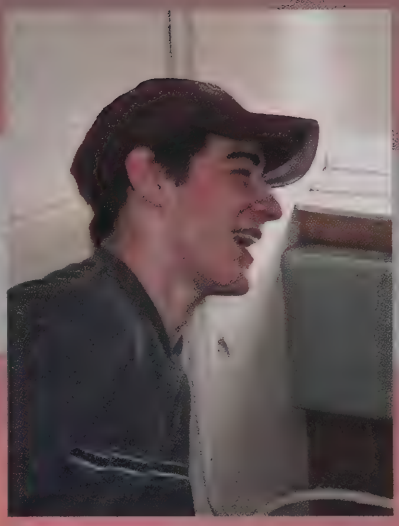
this is us now...



Still Best Friends...

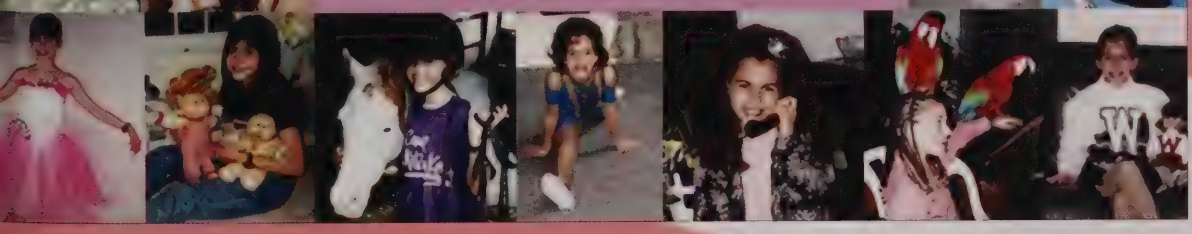
Dear Tesh,
Congratulations! I am so proud of you. I hope all your dreams come true, you deserve it. Distance will never change the closeness between us. I'm really going to miss you.
Love, Bobby

Catherine,
You should be proud about being in the class of 2004; it will be the ***happiest*** *class since 1918!!*
Keep the dream alive.
Andrew and Neil



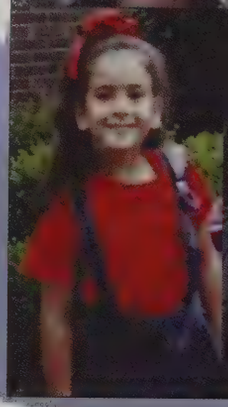
Dear Stacey,
You have always been a constant source of joy, laughter, love and pride. We are in awe of the beautiful, intelligent and passionate woman you have become! The future is yours. Spread your wings, set your goals and soar to new heights. Follow your yellow brick road!
With much love,
Mom, Dad and Joshua

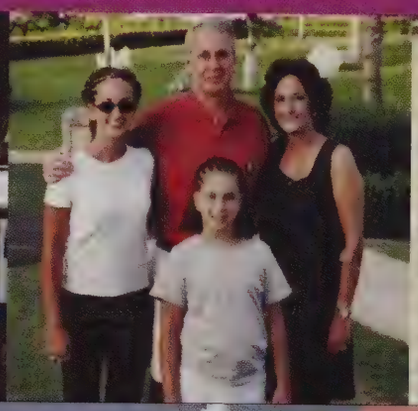
"The journey in between what you once were and who you are now becoming is where the dance of life really takes place." –Chicken Soup for the Teenage Soul
"The future belongs to those who believe in the beauty of their dreams." –Eleanor Roosevelt



AMANDA

WE ARE SO PROUD OF YOU. YOU ARE A SHINING STAR. THE WORLD IS WAITING FOR YOU. FOLLOW YOUR DREAMS AND ENJOY EVERY MOMENT. CONGRATULATIONS.
WE LOVE YOU ALWAYS,
MOM, DAD AND NATHALIE





Christina

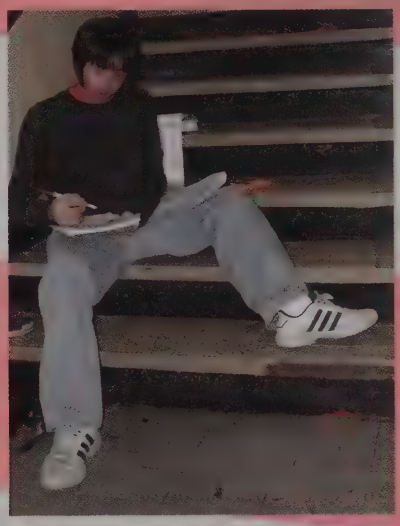
We are so proud of the wonderful person you have become and how much you accomplished along the way. You are caring, spirited, warm and mature. You have brought endless joy into our lives. Step forward and live your dreams, experiene life, believe in yourself and grow. May you find hapiness wherever you turn. We love you always and forever,
Mom, Dad and Nicholas

Lauren,
You have been blessed with many
ts and talents, and we have been blessed
watch you grow over the past 18 years.
May you always stay focused on what
is truly important.

Love, Mom and Dad

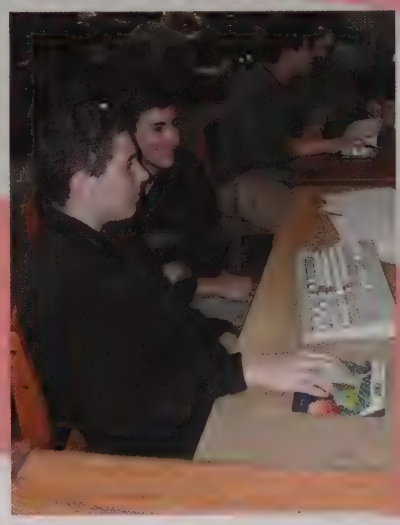
Lauren,
We are so proud of you, and we know
you will be successful in whatever you do!

Love, Heather and Matt

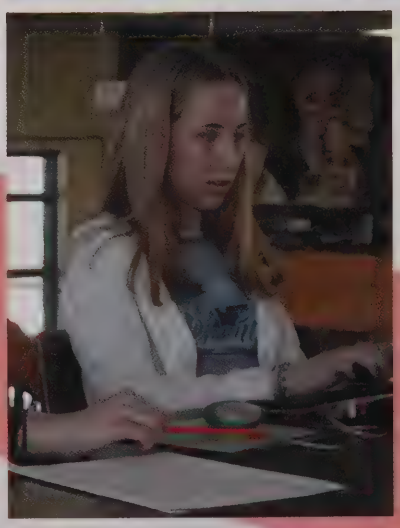


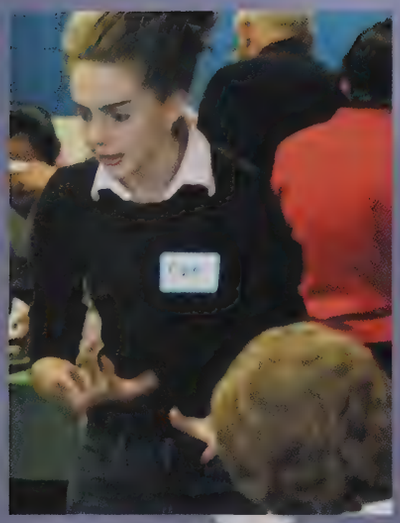
The future belongs
to thise who belive
in the beauty of
their dreams.
-Eleanor Roosevelt

Sarah,
Your warm smile
and generous
heart
your passion for
living-just a few



reasons why.
we are so proud of the
beautiful
Person you are.
Congratulations.
Love,
Mom, Dad
Sam and Alex

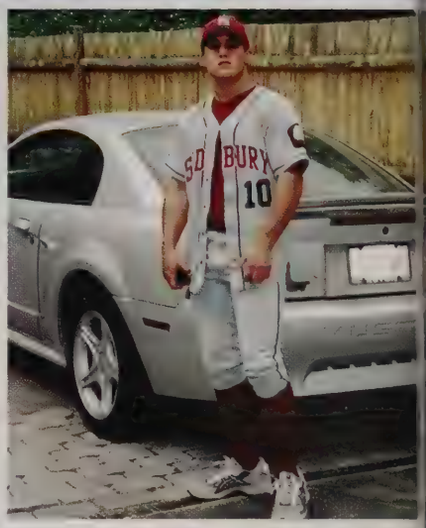


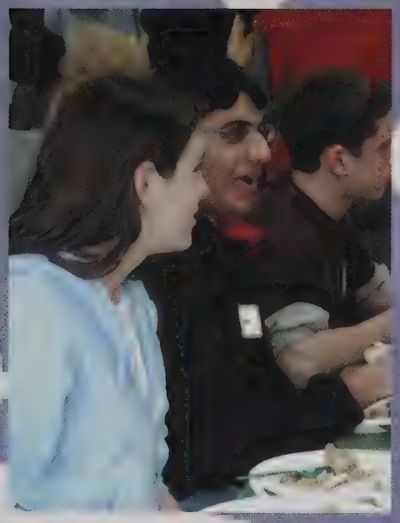


Destiny is not a matter of chance, it is a matter of choice; it is not a thing to be waited for, it is a thing to be achieved.

—William Jennings Bryan

DAVID





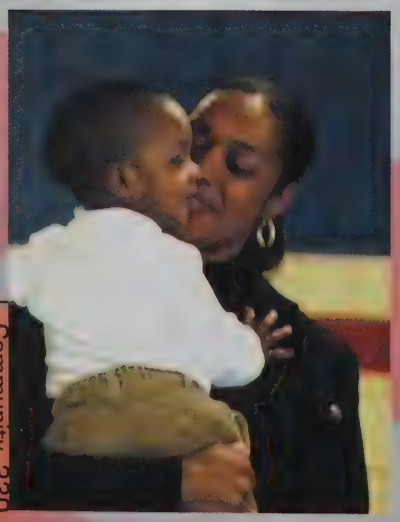
Michael Korklan Leonard

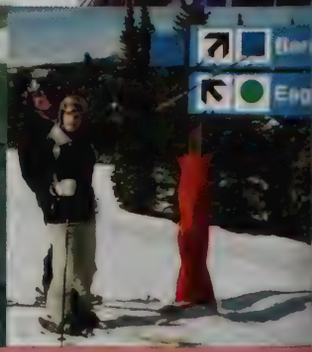
With all our love and admiration, Mom, Dad, Julie, Lang, Maria, Gabby, Ally, Auntie Paula, Jay, Bubbe, Zayde, Chili, and Ruby

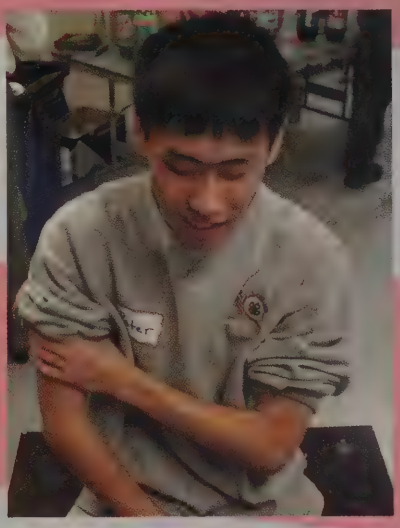
David,
Congratulations! You make us proud. You are our shining star

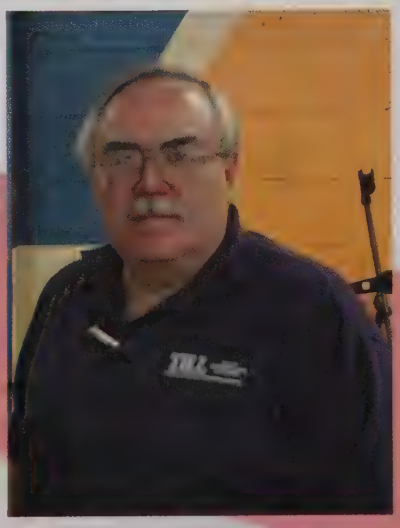
Our love always,
Mom, Mike and Nick

Dearest Michael,
Your fun loving nature, wonderful smile, and amazing athletic ability, has provided us with lasting joy. Dream big and keep your mind on the goals in front of you. Your family will always be by your side and may God bless you.
We love you with all our hearts,
Mom, Dad and Jules









"The journey is the reward."

Taoist saying

Congratulations Pete!

Mom, Papa, Amanda & Angel

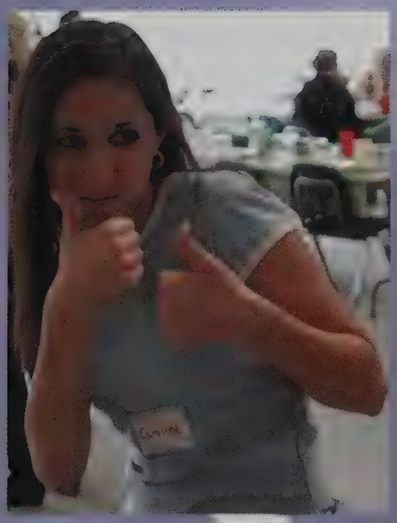
Pete Wade, Class of '04

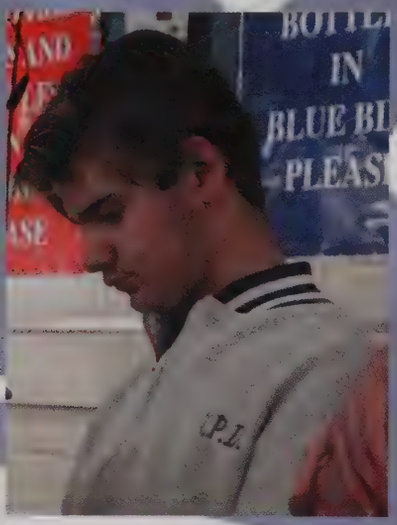
CONGRATULATIONS ANDY!

We are so very proud of you. Good luck!
We love you,
Mom, Dad, and Rachel

And all that's best
of dark and bright
Meet in her
aspect and her
eyes...

To Abby-
With love, pride and affection,
Mom, Dad and Dan





DAN KAMEN 2004

I am waiting for my case to come up
and I am waiting
for a rebirth of wonder
and I am waiting
for someone to really discover Ameri
and wail
and I am waiting
for the discovery
of a new symbolic western frontier
and I am waiting
for the American Eagle
to really spread its wings
and straighten up and fly right
and I am waiting for the Age of Anxie
to drop dead
and I am waiting
for the war to be fought
which will make the world safe
for anarchy
and I am waiting
for the final withering away
of all governments
and I am perpetually awaiting
a rebirth of wonder

(from I AM WAITING by Lawrence Ferlinghetti)

LESLEY

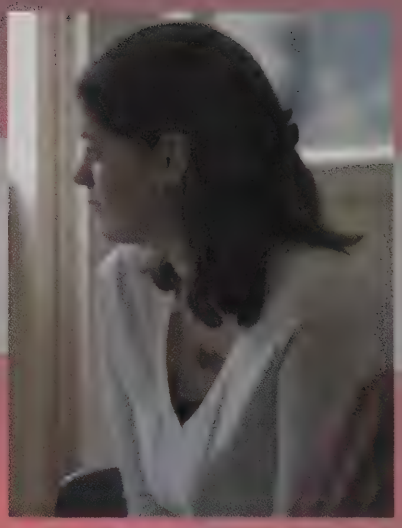
Once upon a time with Lesley,

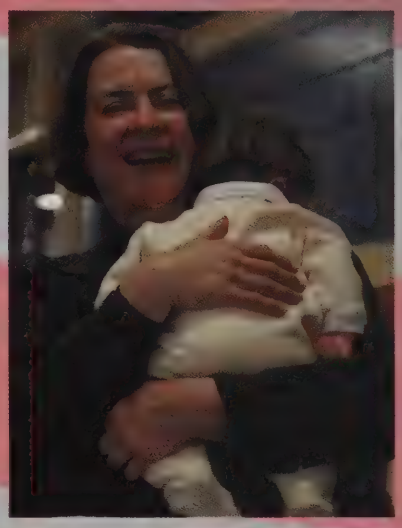
we overheard:

theyellowshovelismine; helloatkinsonpool; we
dontknowany1here(ia); havemercy; talltrees; ope
house? rat! nitenite2; ilikechicken; wanna play?
butidontwantalearnhow2rideabike; gointotheNec
eggytost; squishies; not Francesagain! ladeetram
ChezIggy; notthebeastpillow; look@iggysface; ju
parkovathere(gitw); chocoblox; warren!
askingforhelp&directions@USairports

CarpeDiem Les! M/P, Laur/Ace/Olive

"After all, tomorrow is another day"
~S. O'Hara, GWTW~





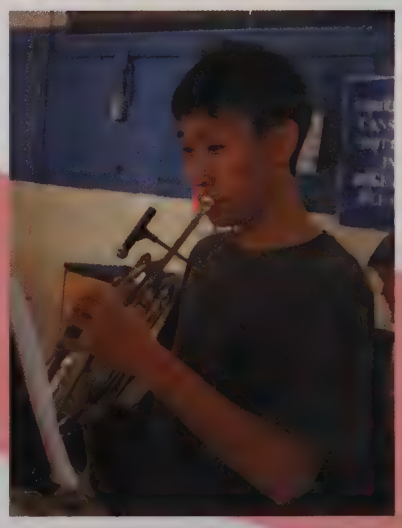
Blessed child, you have filled this house with happiness and laughter.
Your kind nature overflows to everything around you.
You make life fun and we love you with all our hearts.

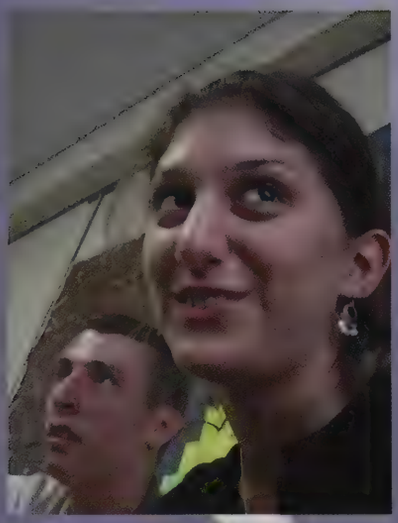
Love,
Mom, Dad, John,
Cassie & Annabelle

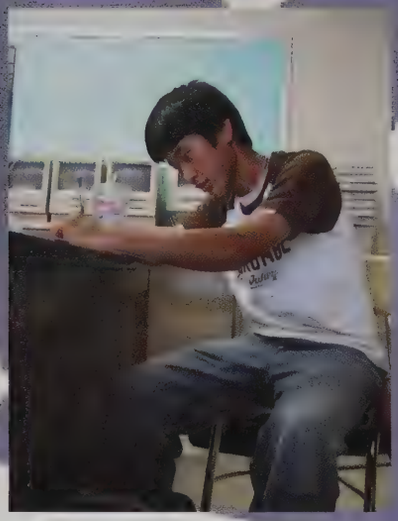
Congratulations Chris

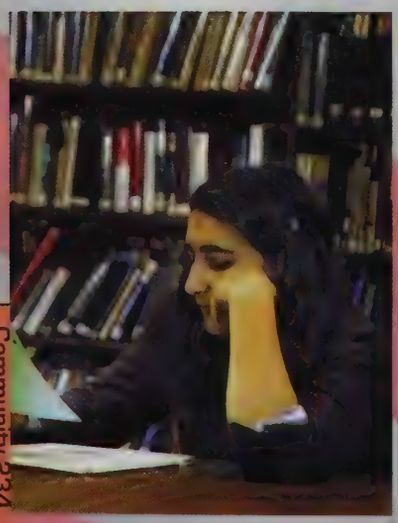
You are a wonderful son and a great brother who has always brought so much joy to our family.
Who you are is so much more important than what you do.
Follow your heart and your dreams.
Always remember how proud we are of you and how much we love you.

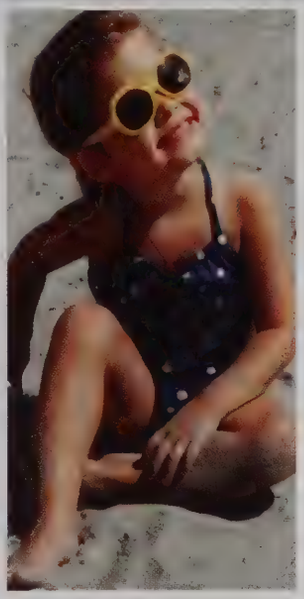
Mom, Dad, Courtney and Chelsea











04'

Kara,
High School came and went so quickly. We are so proud of your accomplishments. Enjoy the next four years... work hard and stay focused. Your determination is your strength. Apply yourself and you will be rewarded. We love you! Mom and Dad xoxo

Irish Blessing
'May you always have
Walls for the winds, A roof for the rain,
Tea beside the fire, Laughter to cheer you,
Those who love near you,
And all your heart might desire.'

Kara,
Congratulations! We are so proud of you & always here for you. Good luck next year! We love you..
Erin and Andrew

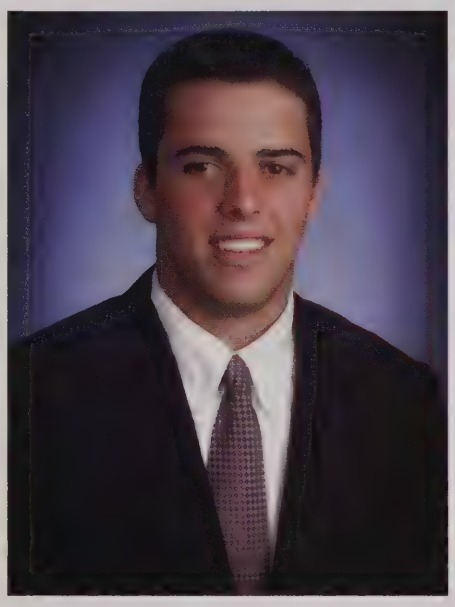
TODD

We are so proud of all that you have accomplished and the special son and brothe that you are. Always remember to follow you heart and never give up your dreams

We Love You, Mom, Dad, Zack & Ashley

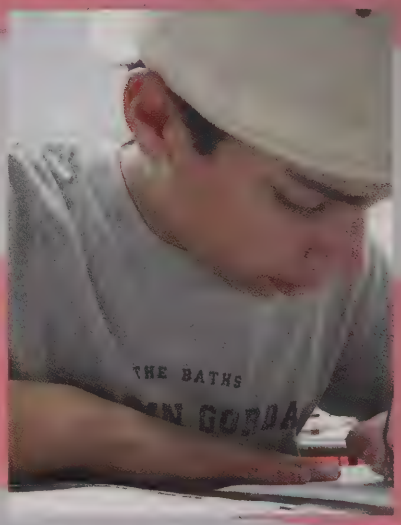
DANA,

Our little "Chucky" is all grown up! Congratulations on your many successes; We are so proud of what you have done and who you are. You have an exciting life ahead of you, and we will be there to support and applaud you every step of the way.



Much love,

Mom, Dad,
Brooke, &
Geff

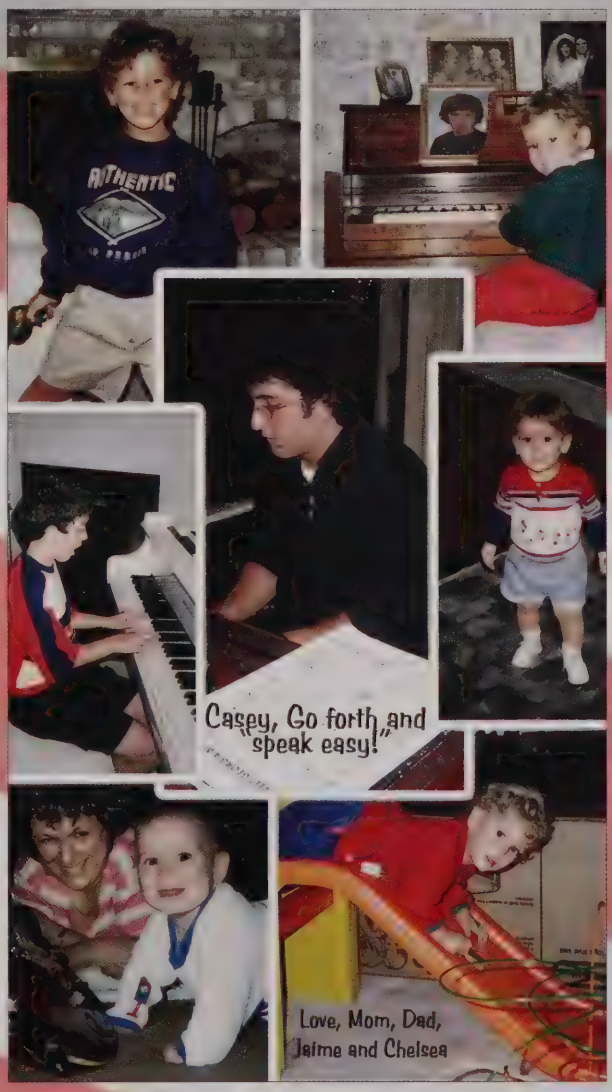


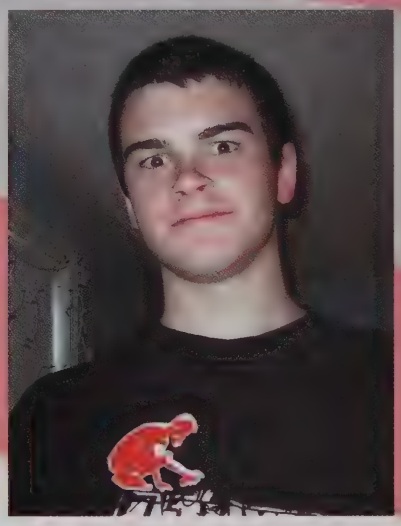
STEVEN-

We are so proud of you and the wonderful young man you have become.

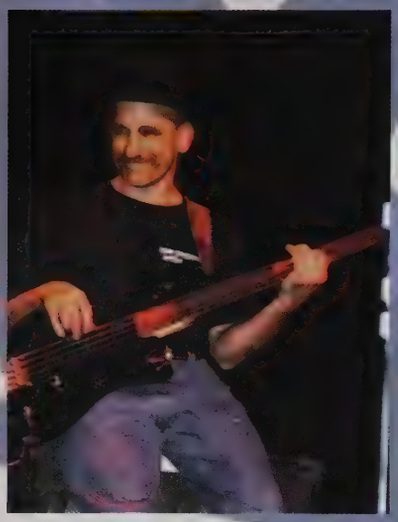
May you bring as much happiness to the lives of others as you have to ours. We love you!

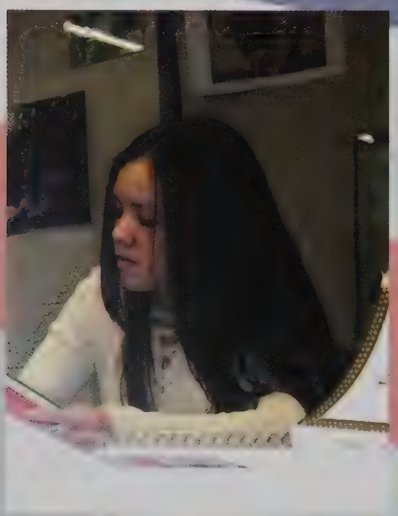
Mom, Dad
& Michael



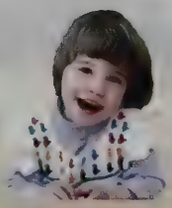


Marissa,
As you began life's journey always remember
to listen to your voice within.
May you find the road that lies ahead paved
with health, happiness and good friends.
We love you,
Mom, Dad and Dan XOXO

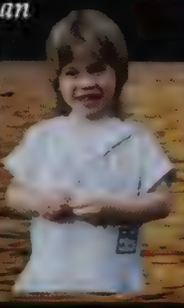




Carolyn,
Our treasured angel
who brings us and
our family love and
spirit. We are so
proud of you for all
you have achieved
and all that you have given to others.
Now is the time to continue being true to yourself.
Although the next phase of life may be bumpy at times, you can
handle it. May the next level be filled with success and new adventures.
We love and adore you,
Mom, Dad, and Philip

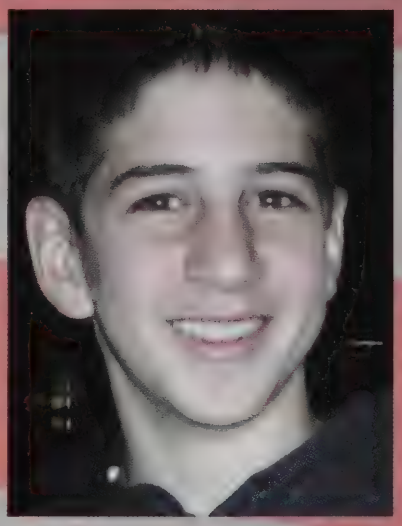


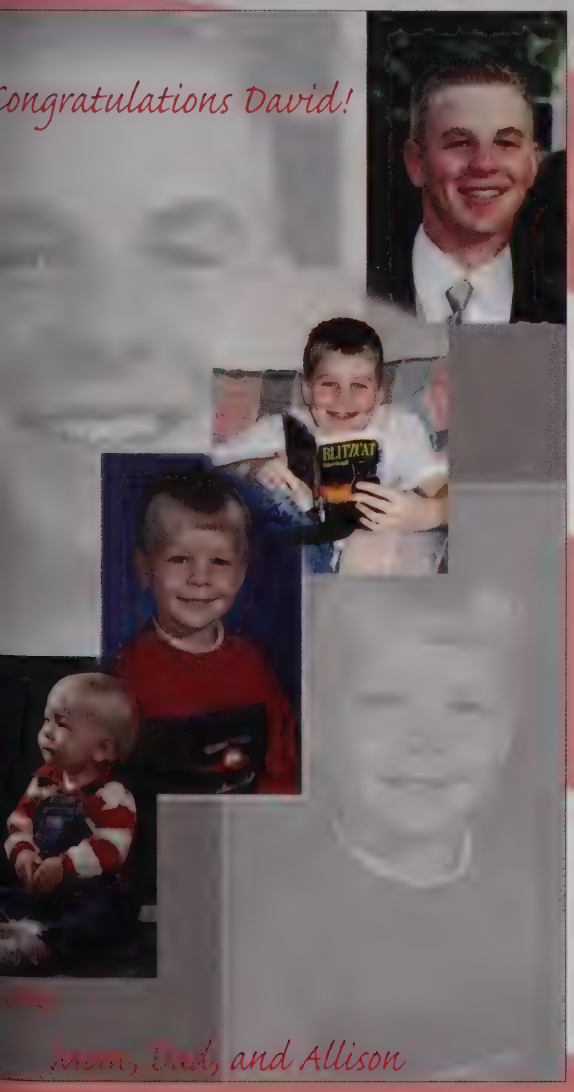
"Twenty years from now you
will be more disapointed by
the things you didn't do than
by the ones you did do.
So throw off the bowlines.
Sail away from the safe
harbor. Catch the trade
winds in your sails.
Dream. Discover."
-Mark Twain



Throughout your years in Sudbury, Matt, you have shared much happiness with your family and your friends. During summer vacations in Ogunquit and on Martha's Vineyard; during ski trips to Maine, or Utah, or Lake Tahoe; you have always been appreciative of the joys of being among people about whom you care about, and who in turn care about you. You are a genuine friend to everyone you meet, respecting all of the differences that make up a single person, and always looking for the opportunity to build new relationships with old and new acquaintances alike. Your future seems to be well centered and guided by your natural talent for music transcription and music creation. You have always been comfortable in environments that are compatible with your artistic and musical talents and abilities, whether it's performing an importu rendition of the Titanic movie theme to an assembly of middle school students or working at Sam Goody's music store. As you begin an academic future at a school that will help you to harness your talent, we encourage you to follow your dreams to produce music for the world to appreciate. We are all psyched about your graduation from L-S and wish you well in this college adventure. And as you work in life to make your dreams come true, stay true to your heart, Matthew, because you have a very, very good one!

With love,
Mom, Dad, & Jess





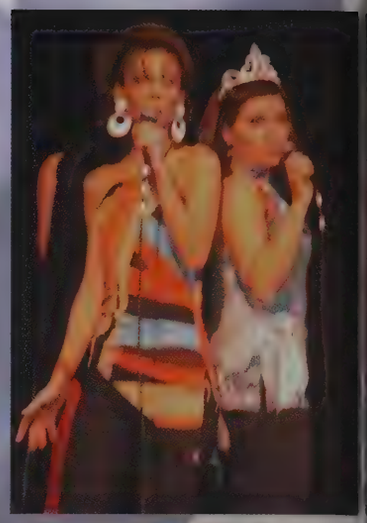
JAKE..APPLE PIE...HAMMY...FREDDY...
ICE HOCKEY...FILET MIGNON..SHAKES
WHITE'S POND..16,7,19..FIJI..TENNIS
BREAKFAST..P.K.B..GAS GRILL..PASTA
MOM'S COOKING..WALK TO SCHOOL
LATE CLASSES..WE ALWAYS HAVE FUN
WITH YOU...

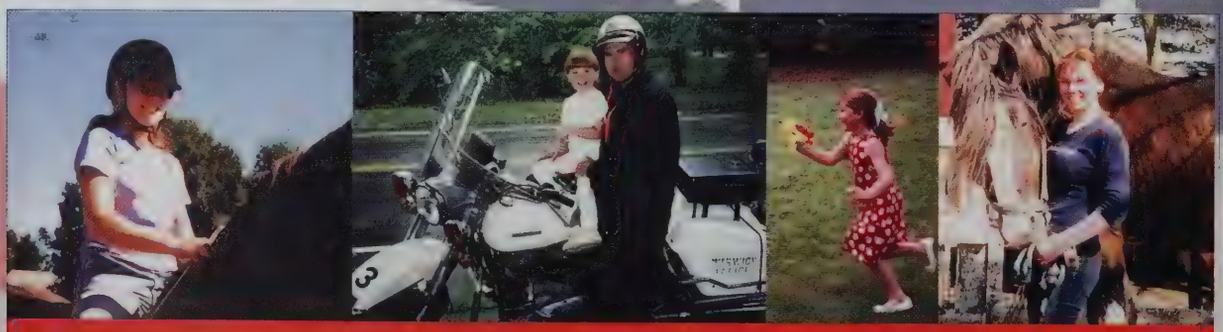
LOVE MOM . MIKE . SAM . FRED DOG

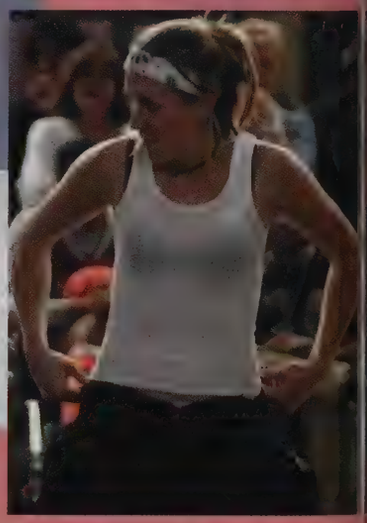
Pam

If you could see through our eyes,
we wonder what you'd be feeling right now.
Because we can see you as you really are -
talented, detemined, compassionate and kind.
You have many special qualities and many gifts to share,
more than you even know.
We see you achieving everything
you choose to achieve.
We see you being exactly who and what you want to be.
Look through our eyes for an instant
and you'll see yourself conquering all limitations.
Look through our eyes and see who you really are
and what you are capable of.
You can accomplish anything, Pam.
We know you can!

With all our love, pride & affection,
Mom and Dad

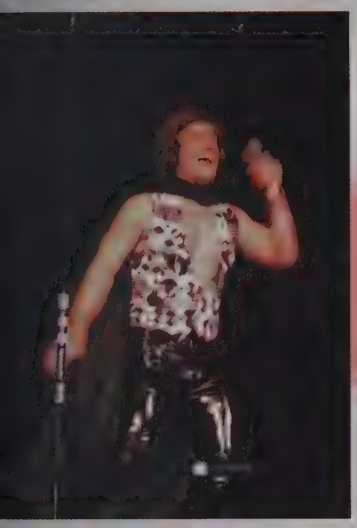






CONGRATULATIONS KIMMIE!

Dear Kimmie: You are a beautiful person inside and out, and we are extremely proud of you. May your future be filled with peace and happiness. Always follow your heart, and may all your dreams come true!
Love, Mom, Dad, Jessie and Jeff



Hey Pammy,

I bet you are worried about what I am going to write because every once in awhile I like to embarrass you. Since this message will be read by thousands of people over the years, it seems like a prime opportunity for me to tell about the time you broke your arm playing the fast-paced and very intense game of....badminton! Or, maybe the time you pre-licked your silverware at the table so I wouldn't steal your seat! Don't worry, these stories are safe with me. I don't know where the time has gone. It seems like only yesterday we were lip-synching to "Surfin' USA" by The Beach Boys. You have grown up into an amazing person. You are always happy and you have so much going for you. I am so proud to be able to say that you are my sister. Over the years I have probably beat you up more times than I have said "I love you". But now, seeing as you could probably beat me up instead, I will choose the

less violent approach. I love you so much, Pammy. Please remember this....You will always be my little sister and I will always be your older brother. Because of this we will always be here for each other. Congratulations on your graduation. I am so proud of you.

Love, Arj

"And from that day on, little sister and big sister both took care of each other, because they had learned from one another and now they both knew how."

DANIELLE

Congratulations! I am so proud of you! Stay true to yourself always and follow all your dreams, for I know that you have the passion and perseverance to make them all come true. It is an incredible honor to be your big sister; I will be here for you forever! Best of luck, and always remember how much you are loved.

Loves, hugs, and a kiss for good luck!
Nicole

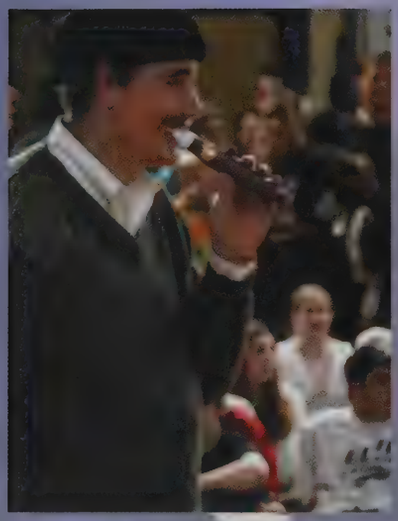
P.S. Shelly and Two-Shell would be so proud!!!

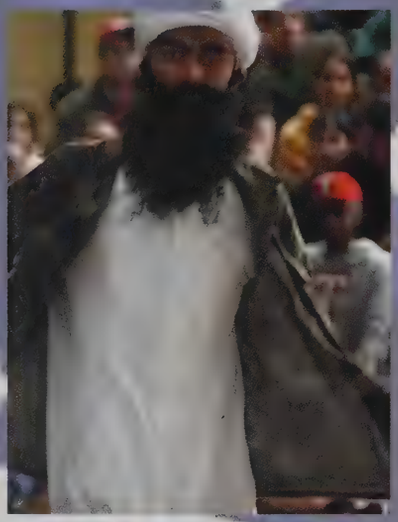
Dearest Marissa,

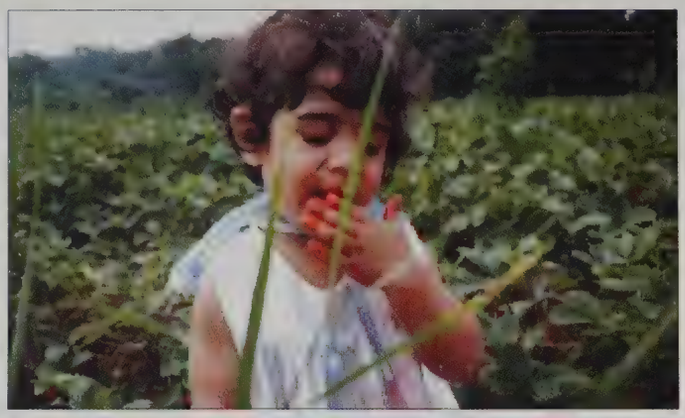
You have always given us so much joy and pride. You've succeeded in so many ways, and we know you will continue to do so. We are so excited about the wonderful possibilities that await you. Enjoy them all to the fullest. Know that we will always be here to support you!

We love you so much!

Mom, Dad, and Keith







Some say, "Reach for the stars."

We have one already.

Very few achieve in a lifetime
a small speck of what you have already.
The strength of your faith will bring you
to greater heights, most definitely.
May He shower His blessings on you,
and keep you in His shadow constantly,
to help you be a beacon to humanity.
Amen.

We love you and are very proud of you.

Love,
Daddy, Mummy, Sofia, Farah & Mohamme

We ♡ You... Bunny Boo

Dear Jennie Kate,

We are so proud of who you are becoming ... Delight in simple things. Cultivate good character. Cherish and create beauty. Above all, rediscover wonder.

Love, Mom, Dad & Andrew Trevor

Good luck at Tufts J-Bo. I'll miss
kary a ton.
Love, your best brother

Anna,

Congratulations! We are so very proud of the person you've become. You are a wonderful daughter and caring sister. May your determination, wit, and wisdom help you fulfill all your dreams..... And keep on dancing!

Love,

Mom, Dad, and David

Congratulaions Adam!

We're proud of you!

Love,
Mom, Dad,
Aliza and Jacob

LAUREN "MARIE"

Our great joy has been to watch you blossom into an exceptional young woman with an unmistakable identity. your spirit, motivation, and wonderful personality have guided you to excel while maintaining strong friendships and having fun. We are immensely proud of you and love you very much.

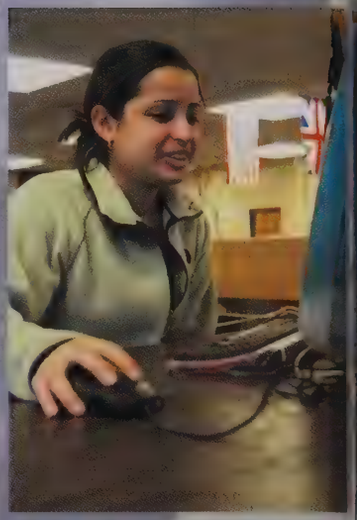
"A kiss for good luck and you're on your way!"
May we always be an integral
part of your journey ahead.
Love
Mom, Dad, Tara & Alyssa

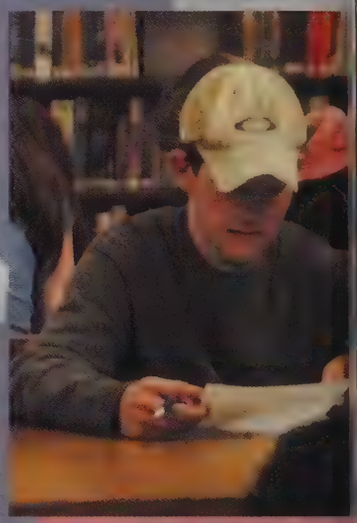
DANIELLE

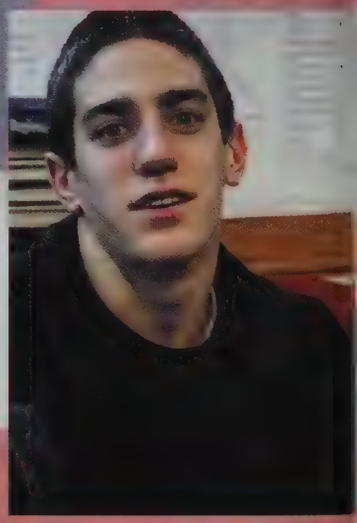
For the past 18 years you have filled our lives with love, admiration and unimaginable pride for all you are and everything you do.
It has been an absolute joy watching you grow to become a beautiful, toughtful, intelligent woman.
We treasure the memories of your sensational soccer season. We will always be here for you.
The journey has just begun and the road is yours to embrace. May each new day bring you adventure, peace and happiness.
Congratulations on an exciting and successful High School Career.
We love you very much.
Mommy + Daddy

♥♥♥♥♥♥

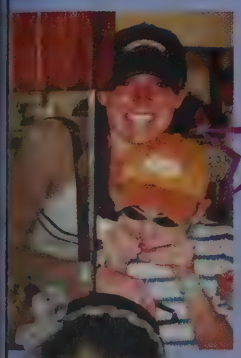
♥♥♥♥♥♥







Our Alaina.

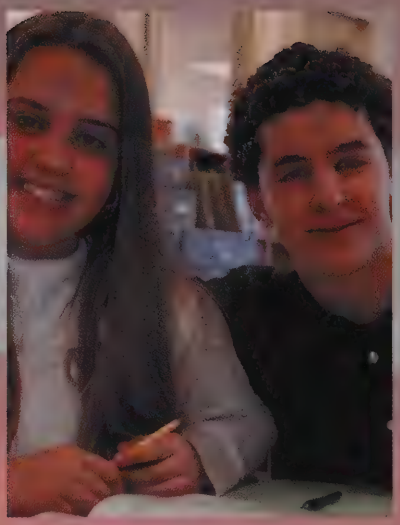


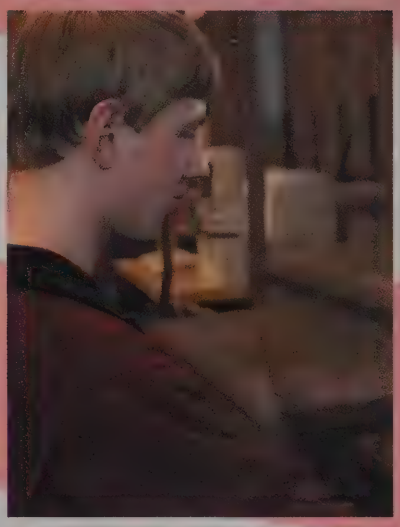
May the good Lord be with you
Down every road you roam
And may sunshine and happiness
Surround you when you're far from home
And may you grow to be proud
Dignified and true
And do unto others
As you'd have done to you
Be courageous and be brave
And in my heart you'll always stay
Forever young.

May good fortune be with you
May your guiding light be strong
Build a stairway to heaven
With a prince or Vagabond
And may you never love in vain
And in my heart you will remain
Forever young.

And when you finally fly away
I'll be hoping that I served you well
For all the wisdom of a lifetime
No one can ever tell
But whatever road you choose
I'm right behind you, win or lose
Forever young.
R Stewart

We love you and are so proud of you Lainey.
Love Mom, Dad, Brad and Will





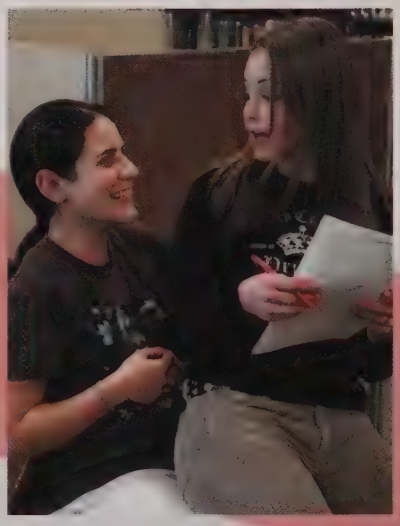
and goodnight m

Brian --
Congratulations on your many accomplishments.

We are all so proud of you!!

Love --
Mom, Dad,
Sarah & Christine

Kristina,
Do not follow where the path may lead
Go instead where there is no path
and leave a trail!
We're proud of you and love you lots -
Bear, Mom, Kurt, Morms, Morfs & Maggie



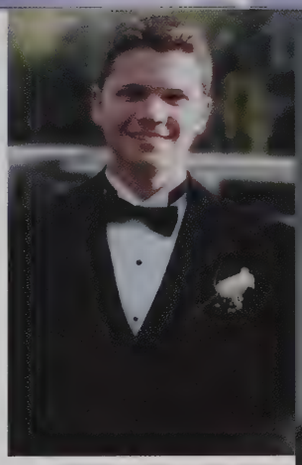
Jeff,

We are so very proud of you. Your perseverance, your innate sense of knowing what's right, your honesty and your kindness make you the wonderful person you are today.

"Never get too up and never get too down."

Follow your dreams and be happy with your choices and you will continue to be a success.

We love you,
Mom, Dad, Julie



(and Fluffy, too)

Emily,
Looking forward to the times ahead and we'll always remember the times we've shared.
Love you, Mom, Dad, Claire and Annie

Congratulations Rachel!

It has been our pleasure to watch you grow from our precious, precocious little girl with a heart of gold into a beautiful, loving, caring, compassionate, honest, fun-loving, and altruistic young woman.

As you venture off to college and then off to travel the world may your life always be blessed with love, joy, peace, happiness, good health, fulfillment and may all your hopes and dreams come true.

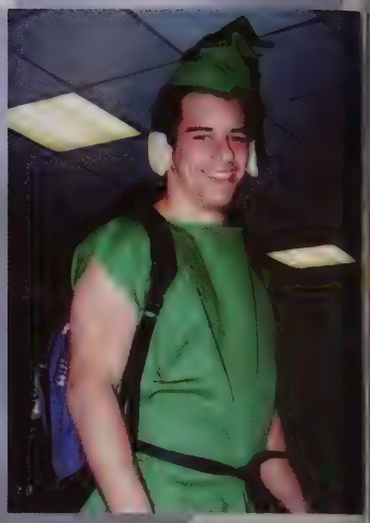
We are so very proud of you and love you very much.

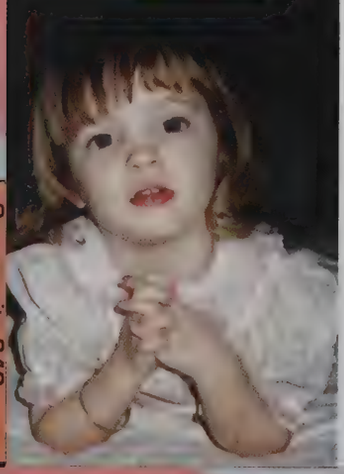
Love Always,
Mom, Dad & Matt

Emily
Our Baby
Congratulations!

Always believe in yourself
and remember
we love & cherish you
more than you will
ever know!

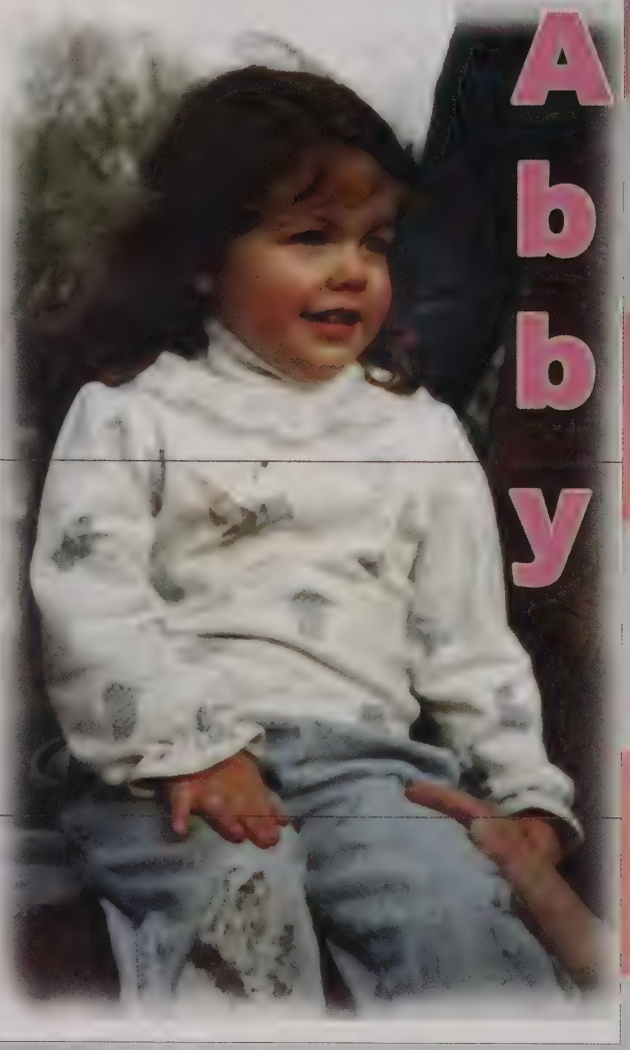
Love,
Mom & Dad
Elissa & John, Jr.





Go Catherine!!
Go Pats!!
Go Red Sox!!
We know you're a
winner-
Congratulations!

All our love,
Mum and Dad



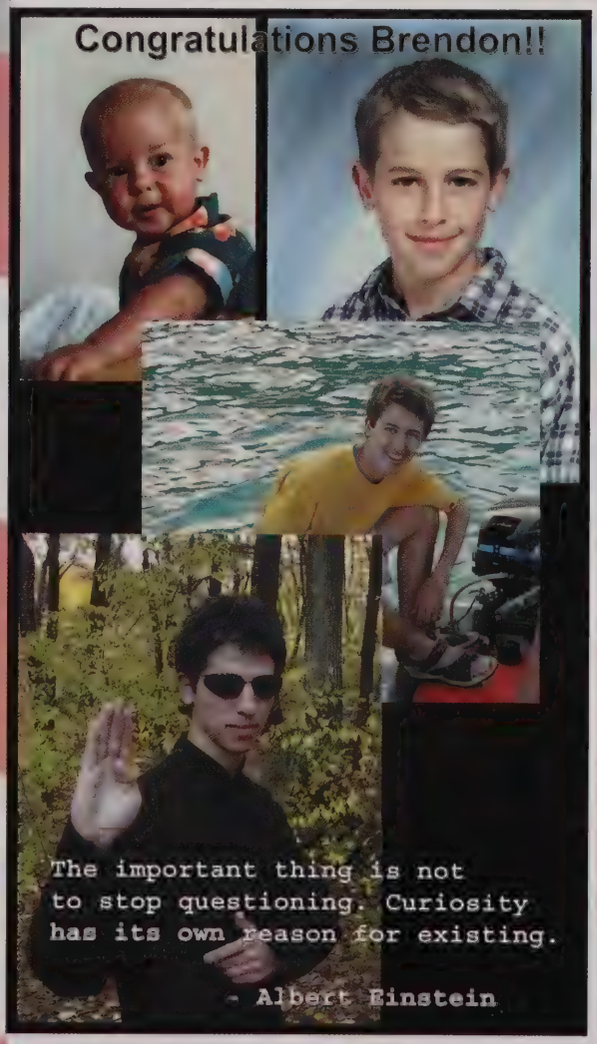
Behave
Muchacha!

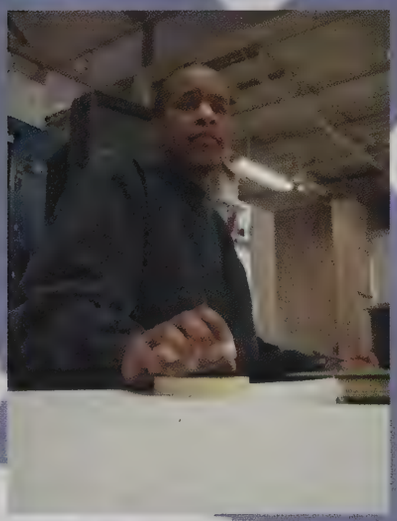
Don't do anything
Slims wouldn't do!
Boom Boom's
on your tail!
"...If you keep on
dancin' you'll never
grow old"

XXXOOOO

We never know how high we are
Till we are called to rise
And then if we are true to plan
Our stature touches the skies.
- Emily Dickinson

Congratulations Lauren!
Love always,
Dad, Matthew, Hilary,
Pepper & Mom





Danielle

"All dreams can come true if you have the courage to pursue them."
~ Walt Disney

#18

We are very proud of you, keep dreaming!

Love,
Mom & Dad

"Pomarole Pride"

Dual County League Champs
North Sectional Champs
Eastern Mass. Champs
Massachusetts State Champs
2003

Danielle

For the past 16 years you have been the best sister anyone could ever ask for. I am so proud of you and all you have accomplished. You are, and always will be my best friend.

Good luck in everything you do and always remember just how much you are loved.

~ Leslie

"You just hurt my one and only feeling!"

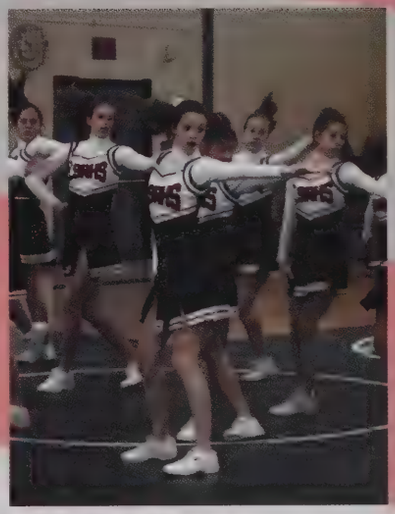
Ashley

Congratulations!
We are very proud of you.
Follow your dreams and above all be happy

Love
Mom, Dad, Nan, Dean, Panny and Willy

You have brains in your head!
You have feet in your shoes.
You can steer yourself in any
direction you can choose.
You're on your own. And you
know what you know.
And YOU are the guy who'll
decide where to go.
-Dr. Seuss

Sean-
We have loved every minute watching
you grow. We wish you love, laughter
+ happiness wherever life leads you.
Love Always,
Mom + Dad



Congradulations Guillaume!

We could not be more proud of the person you have become. Continue to make good choices and remember we love you dearly.
xoxo

Yahoo!

Congratulations Alex!
We love you!

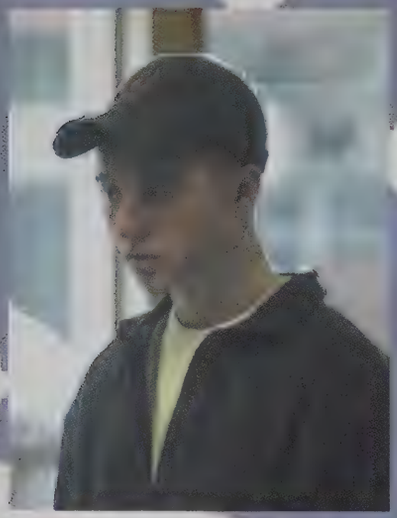
Mom, Dad, Liz & Jane

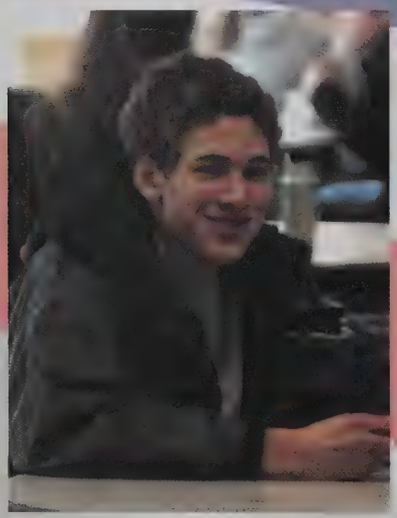
May you grow up to be righteous, May you grow up to be true, May you always know the truth And see the lights surrounding you. May you always be courageous, Stand upright and be strong, May you stay forever young, Forever young, forever young, May you stay forever young.

Eric Pheifer

Dear Eric,

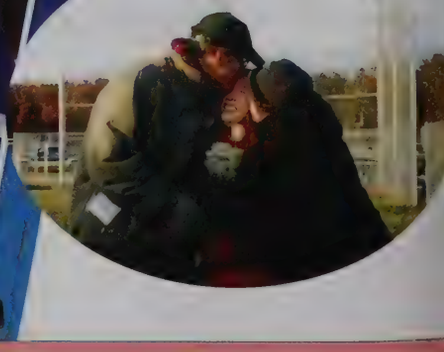
Your positive attitude and Sunny deposition will take you far in life. We are so proud of you and love you so very much.

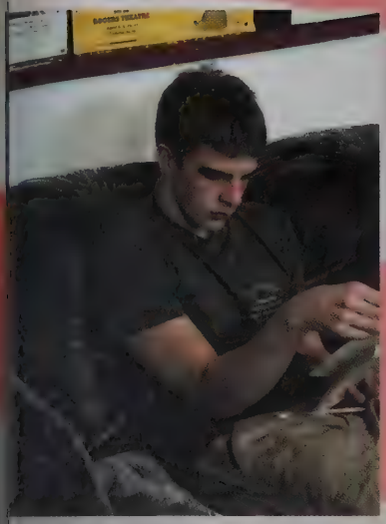


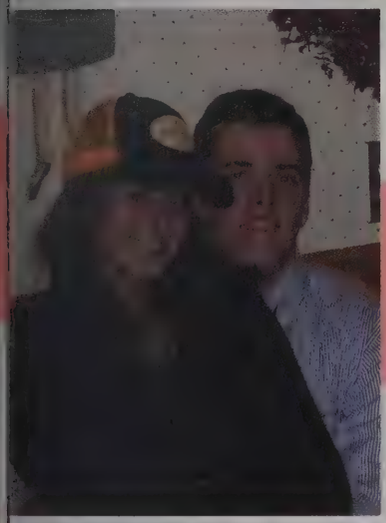


Congratulations
Goaliegrll
We're so proud
of you!

Love
Mom Dad Ben Emily
& Sadie





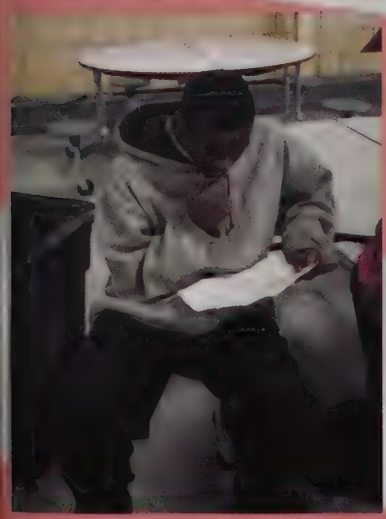


Jenny, Jenny, Jenny
Just because...
Every day you bring us sunshine,
Never ending joy,
Nonstop silliness, and a beautiful smile.
Incredible amounts of heart with plenty of
Fun-filled laughter...
Each of us is proud and gratefully
Reminded of how lucky we are to have you in our lives.

Congratulations!!!!! May you find much love and happiness around each and every corner.
With all our love always, Mom & Dad xoxoxo...Bailey

Jenny, I can't believe my little sister is going off to college. I wish you the best of luck; remember to always follow your dreams and know that I am only a phone call away. I love you.
Love always, Kristin xo

Congratulations Jen for four good years and a bright future to come. Good luck and always keep your head up.
Much love, Curt



To our dear Amy:

Thank you for the joy, the love
and the laughter.
For everything you bring to
the lives of others-
CONGRATULATIONS.
We could not be more proud
Our love now and always,

Mum, Dad, Katherine
and Jonny

A
M
Y

Hey Dan,

YOU MADE IT!!!

Congratulations!

We have treasured every moment of the last 18 years. You have made us very proud with your many accomplishments—on the water, on the slopes, in school and at karate. Your strength, courage and compassion will take you anywhere you want to go in life. May all the rest of your years be at least as happy as these have been.

Have fun...!

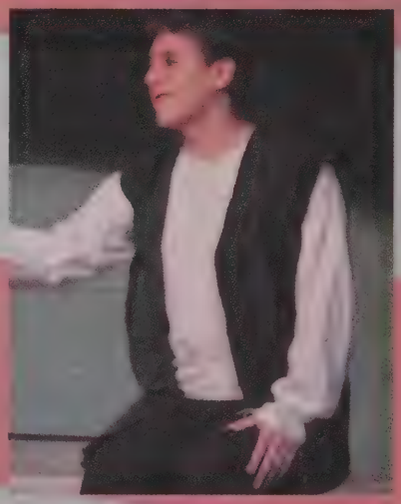
Love,
Mom, Dad, and Justin

Magical, memorable, sometimes outrageous moments that could only happen
with
Abs
talking and snorkeling in cayman
Skiing in Austria - "I don't want to die
New Year's Eve in NYC - Tiaml Tia
Eating spaghetti as a life threatening event
Walking the city streets with a hot cup of mocha
Practicing the violin
Pulling Matt's tooth out on a nice family
Carrying J everywhere
"Carol me"
Driving the 'burban backwards in boston
walking with J to the donut store in wellfleet
drawing stars, tying shoes and riding a two-wheeler
"enough is enough"
"the sun makes people happy"
"you lost me"
"ouch,Matt,stop"
"I do it self"
watching shows, making milkshakes
Cab-riding in cancun
Laughing REALLY hard - built-up shoes, cooking shows in London, hearing
aids

10 reasons we all love Abby

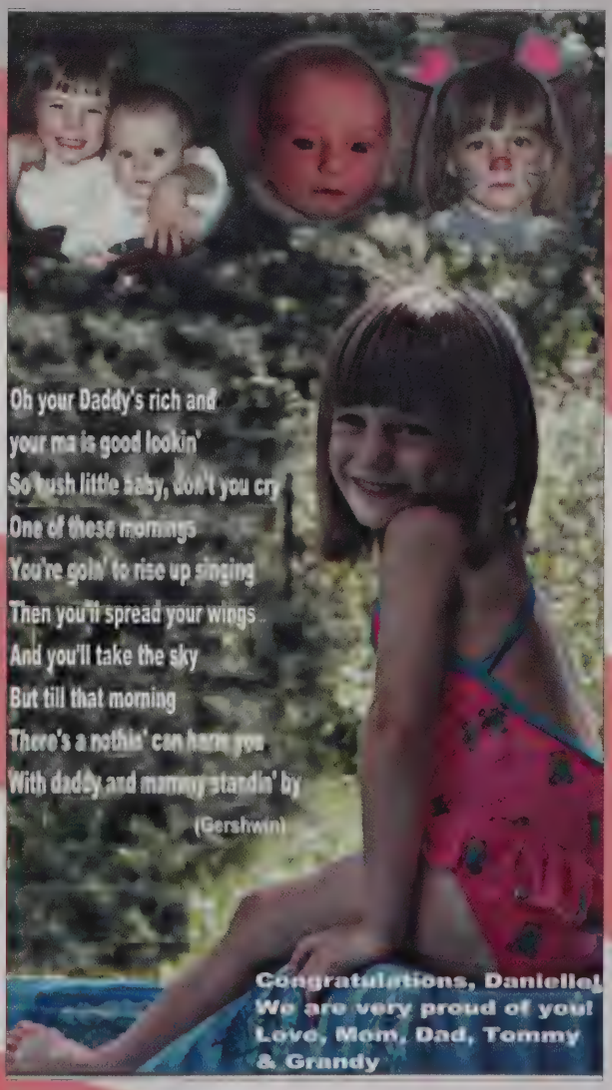
She is gutsy
She has taught us to see the best in everything and
She never whines- even after 41 hours on an airplane
she makes the best of every situation
She loves the people who need it the
She has a great belly laugh
She is kind
She always sings in the car
she never quits
She has made us better people

We love totally, idjit. congratulations!

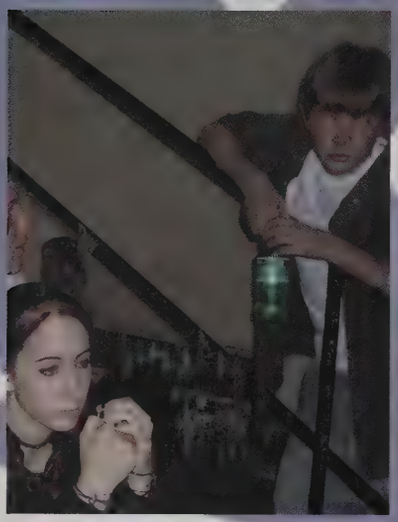


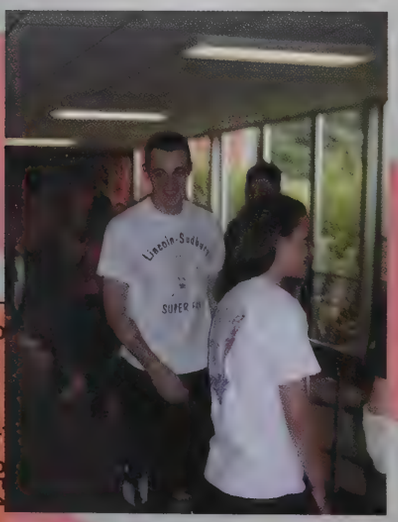
CONGRATULATIONS
BEN

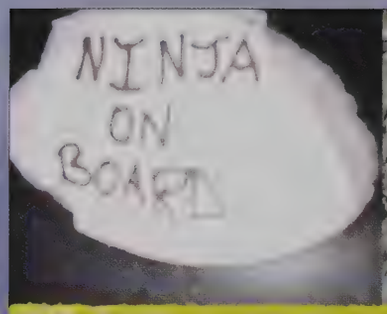
We have had a wonderful 18 years with you. We're excited to see what comes next! Love from Dad, Mom

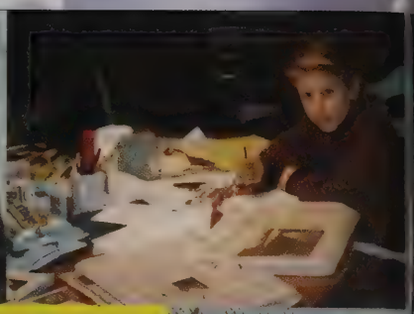


Good Luck Class of 2004!!!









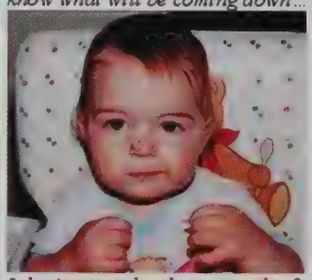
"Bruno, wake up! Are you up yet? Get up!

It's time for school!

Get up! You'll be late! Get up!"

Michael

Michael... keep a fire burning in your eye, pay attention to the open sky, you never know what will be coming down...



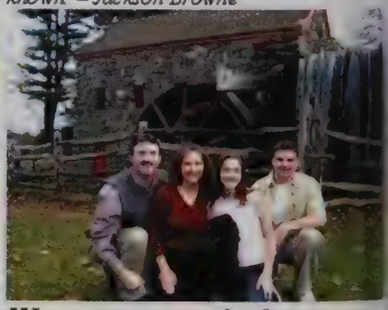
I don't remember losing track of you, you're always dancing in and out of view...

I must of thought you'd always be around, don't let the uncertainty turn you around, just do the steps that you've been shown...

by everyone you've ever known...

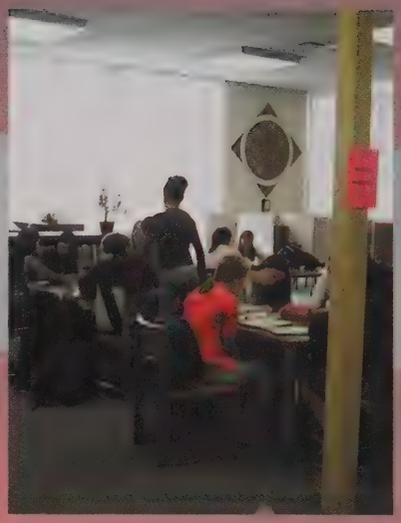
go ahead and grow some seeds of your own and sometime between the time they arrive and the time they've grown...

may lie a reason you are alive you've never known. – Jackson Browne



We are so proud of you, Congratulations!

Love,
Mom, Dad and Krysten



CONGRATULATIONS

Dear Kevin,

Your sense of humor, your incredible kindness, your phenomenal talent, your strength of character... You continue to amaze us every single day. We are so proud of the man you have become and you are loved and respected more than you can imagine.

Mom and Dad

Congratulations Jess!

We are so proud of you. May you always have as much happiness as you have brought to us. Follow your dreams, honey, and trust in our love and support in all you do.

Love, Mom and Dad

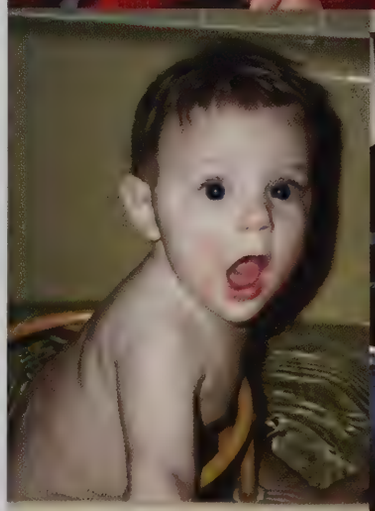
Congratulations ***Cara!***

We're proud of all you've done and are excited about your future!
Love,
Mom, Dad, and Elisa
and all the Kramers, Levins, Musmons & Minskys

Kristin

e memories come flooding back:
Pookila Anne
WCDA – Little Orphan Annie
anny the Dark Green Dinosaur
Little Smudge
l ll get you my pretty, and your
little dog too!
o "Fur Balls", lets not miss this
opportunity!
The Coyote s
Rye Beach
Go Cats Go!
Yankees & Giants
SUMC - God Squad
Guzzleville
The Prom
"Come on inside"
Blue Bells
ristin, you never chose the easy
road,
u always chose the RIGHT road.
Ve are so proud of you, and the
beautiful
woman you have become.
his is only the beginning of the
great adventure.
CONGRATULATIONS!

Love,
Mom, Dad, and Matt



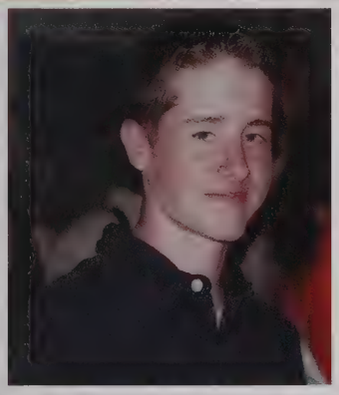
Caitlin

This is a story passed down thru the years
Of a girl who would say she needed her tears
Ask her for stories of socks, gardens
and bites on the thighs
And she will tell you of drama - the low and the high

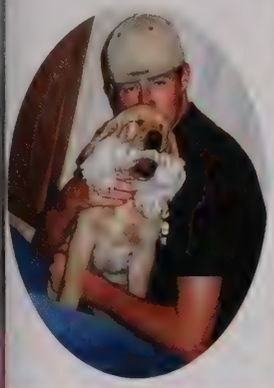
Perhaps what we have all mostly felt
Is Caitlin is a gal true to herself
When times were tough in class or in the field
She made good decisions with the cards she was dealt
She volunteered quite a bit and adopted good causes
Realizing that each of us had a bit of the "Clauses"

As she moves on from a town in the Metrowest
We wish her a life filled with grace, joy and class
We know she will find success in her upcoming years
For she is a gal who still needs her tears -
For tears are for times when sadness or
joy make us cry
They're the symbol of life given a good honest try.

WE LOVE YA CAITLIN!
Dad, Mom, Jordan, Sam, Hannah and Martha
(Go Katey-Bob!)

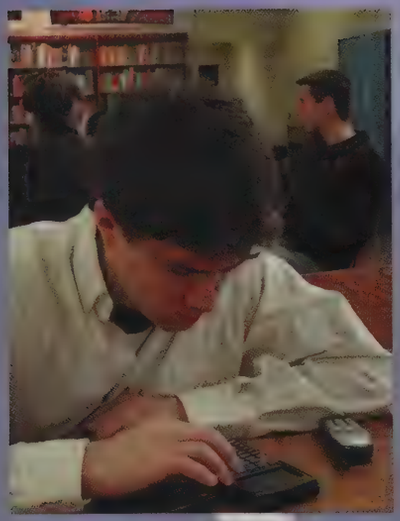


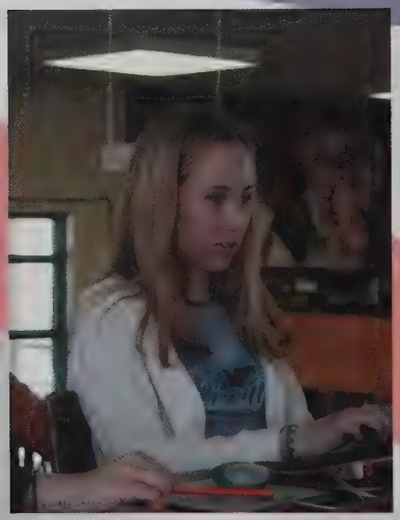
CONGRATULATIONS JIM!
WE ARE VERY PROUD OF YOU!!
ALL THE BEST TO THE
CLASS OF 2004.
Love,
Mom, Dad, Ryan, and Brendan

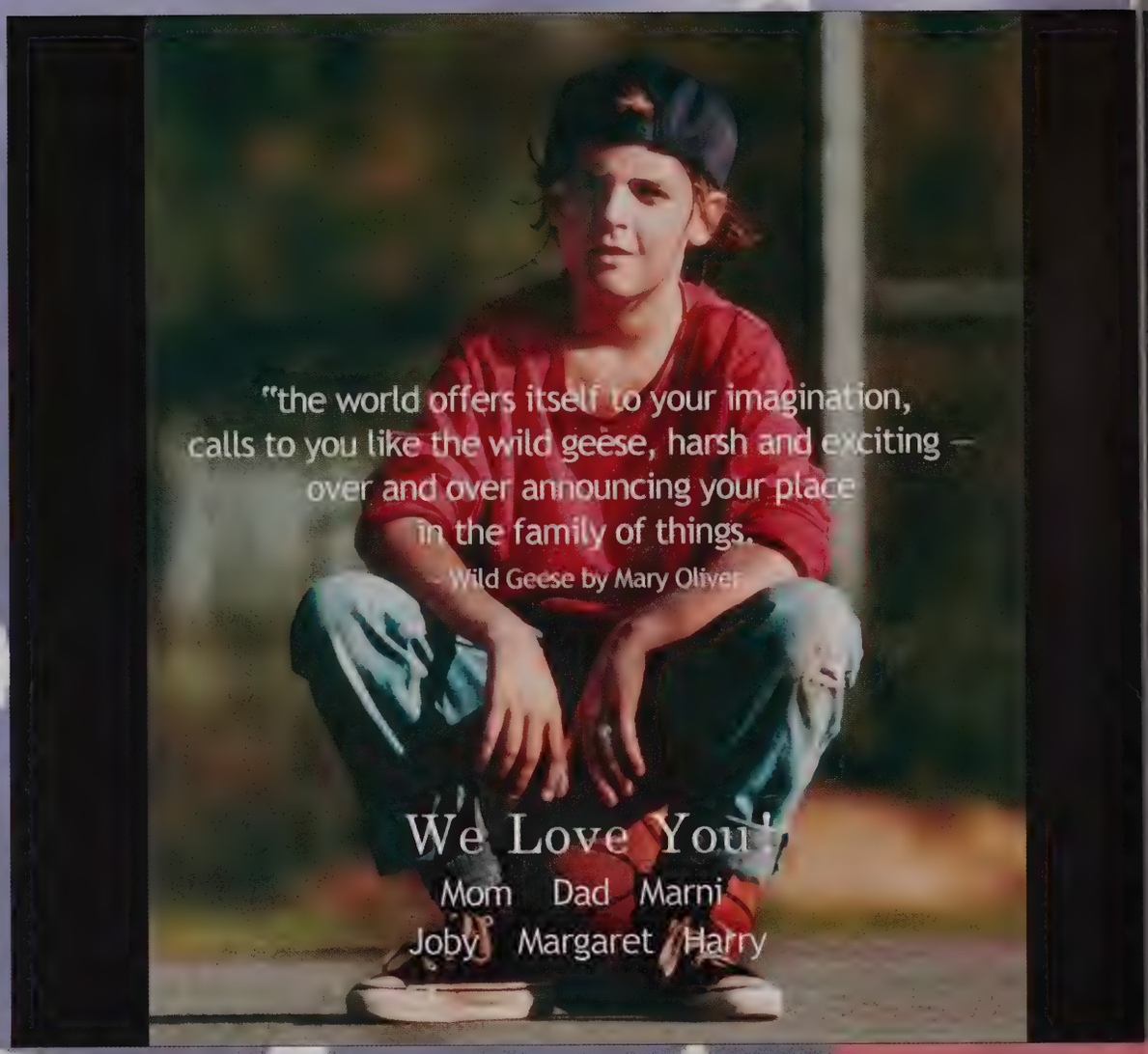


It's all over! We Made it!

Jay, we love you and wish you the best always. We don't know what path in life you will choose, but we do know you will pursue it with humanity and integrity.
Congratulations
Mom and Dad



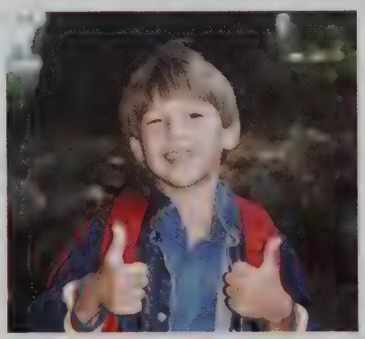




Sam

"Twenty years from now you will be more disappointed by the things that you didn't do than by the ones you did do. So throw off the bowlines. Sail away from the safe harbor. Catch the trade winds in your sails. Explore. Dream. Discover."

~ Mark Twain ~



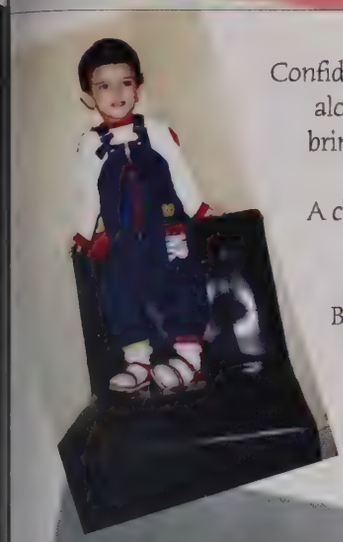
With lots of love! Mom, Dad and Abby

POOJA

Confidence, determination and enthusiasm
along with your ability to smile and
bring happiness to others have made
you what you are-
A charming and wonderful daughter
and a caring sister.

Believe in your dreams and they
will come true.

Love always,
Mum, Dad and Prithvi



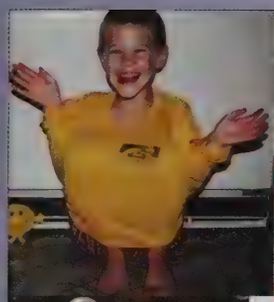
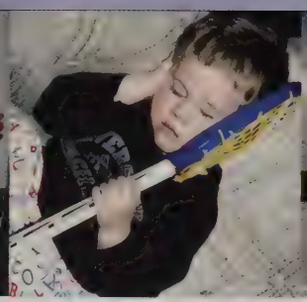
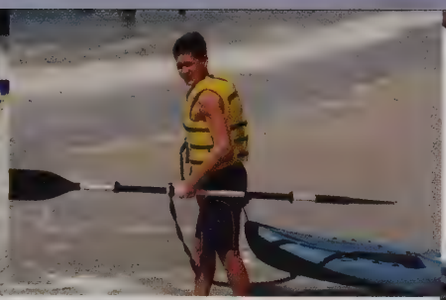
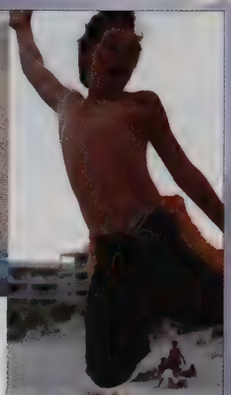
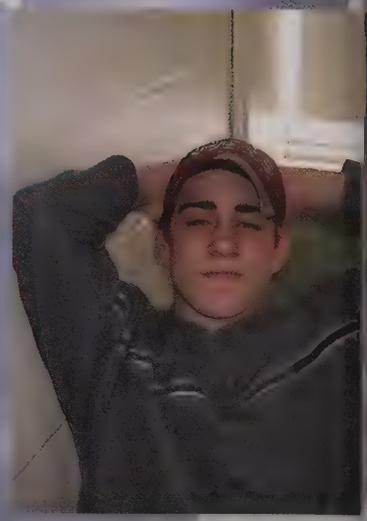
'ear Angela,

We can not believe you are our last child 'aduating. We will all be so lonely next year ut we won't miss the countless trips back to -S in the morning with forgotten assign-ıents and lunches or the daily trips to udbury Pizza for subs before dinner.

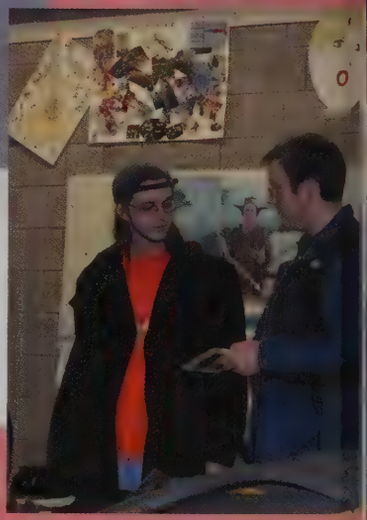
What we will miss, Angie, is the sheer y of living everyday with a young lady who not just beutiful on th outside but so very eautiful on the inside. Good luck in all your ndeavours and never forget the stars and umber two is toast.

ove,

Iom, Chris, Kate, Dad, Matt and Mary Jane

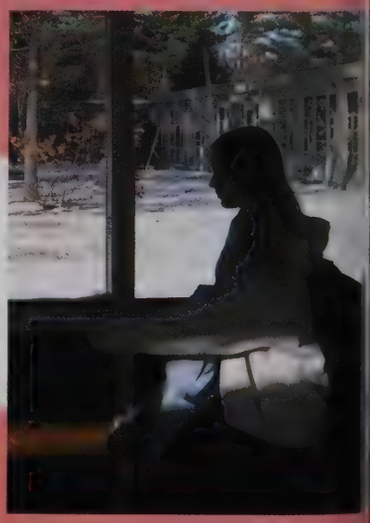
Craig,
It's been a great ride...
May your dreams take you far.
We love you always-
Mom & Dad



Lauren

I should've been in pictures....
I could've been a star...
And a star you are to your family and friends. Your smile and kindness bring joy to so many. Life is not a destination but a journey, so enjoy the ride! Love you. Mom & Dad

L-O-V-E...It was made for you and me.. Thanks for the chats. -Leslie



Carly,

You are our sunshine... with determination to achieve your dreams around the world and a mysterious smile.

We are proud of you... Congratulations!

Love,
Dad, Mom, Raquel, Chelsea, Phoebe & Frasier

"May you build a ladder to the stars and climb every rung."
-Bob Dylan

Dear Ryan,

The last 18 years have flown by.
They were a wonderful journey we got to share with you. You have grown into a man and we are proud of you and all you have accomplished. We send you off to college with joy and sadness. Sad that you are leaving us, joy for all you will have in your future.

Congratulations and much Love,
Mum and Dad

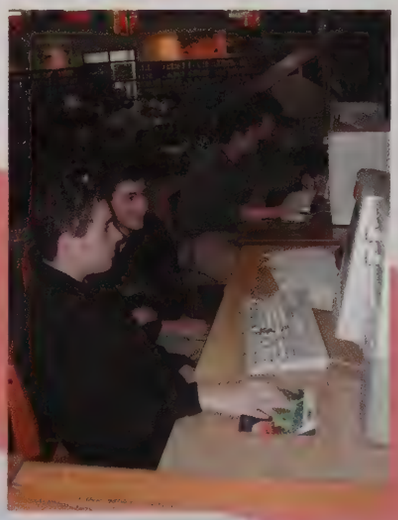
Kate

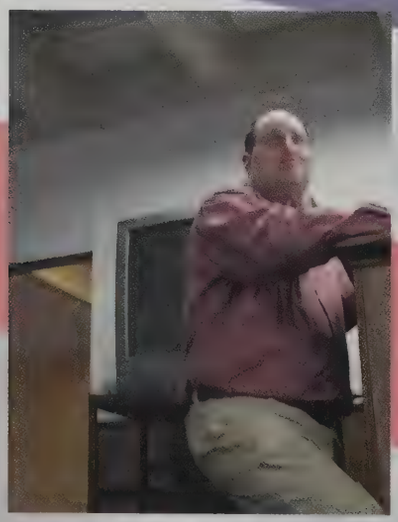
You are so many special things; bright, fun, kind, caring. Keep all of those qualities and continue to be the wonderful person that you are. Follow your heart to wherever you find your dreams.

Love you. Mom & Dad

Lauren, pass me the newspaper!

Kate; I will miss your clothes, your car, and your cash. Oh, and you too! Now I'm top dog. Love ya. Leslie





E – embark on a new journey

R – remember we are always behind you

I – imagine yourself wherever you want to be

C – conquer and overcome

A – a moment lasts a second, while memories last forever

Congratulations and Good luck!

Love,

Mom, Dad, Andrea, Amanda and Serena

Jason

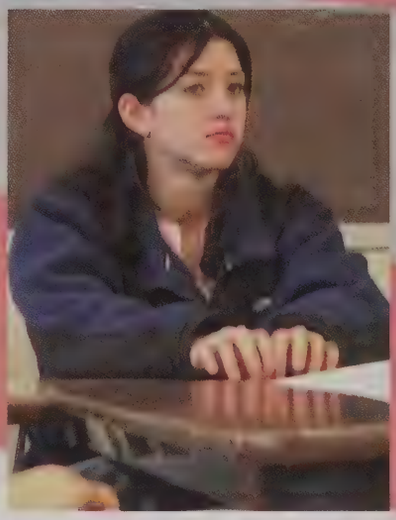
Congratulations on all you've achieved! We're proud of you.
Love,
Mom, Dad & Shelley

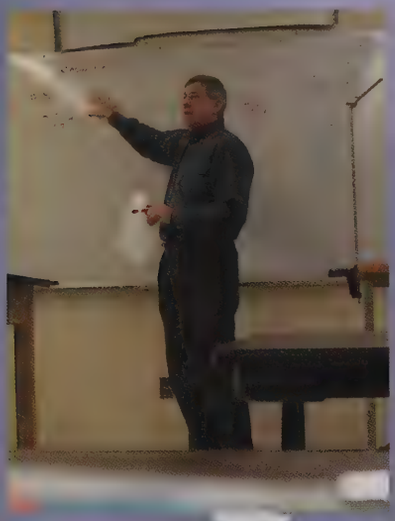
Cory,
This part of life's journey hasn't always been easy, but you have perservered and grown along the way. You are a talented and kind young man and we are very proud of you as you go forward, be true to yourself and dream big!

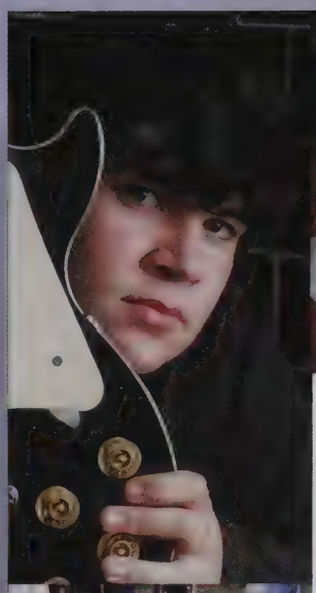
We love you,
Mom, Dad, Taylor, Brendon and Kyle

Lauren,
Wishing you success and happiness in the next phase of your life. Will miss your company.

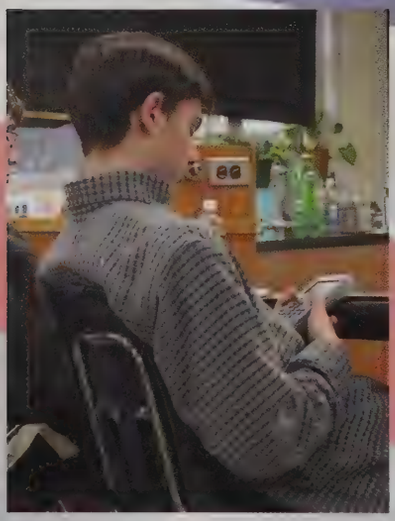
Love,
Mom, Dad &
Michael.





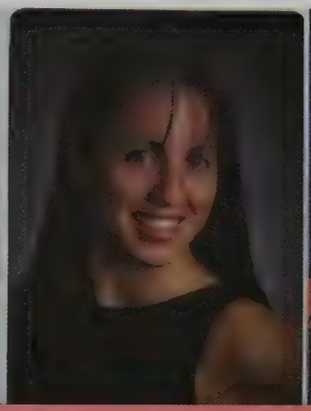


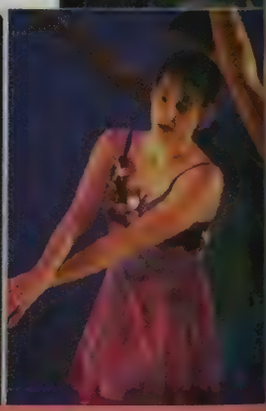
Congratulations Chris!
Since the day you were born, our lives have been filled with love, pride, and fun. Remember- as you embark on this journey called life that we will always support you and cheer you on. You can do whatever you set your mind to. Follow your dreams, and your passion, and to yourself remain true.
To yesterday, today, and many, many tomorrows.
We love you always,
Mom, Dad, Jon, Beth,
Memere, Pepere, Grandma Alice,
Grandpa Tom, Catie, Maeve, Sean, and Aidan



Congratulations!
We are so proud of you Gal,
of what you have accomplished in the past four years and the person you have become.

We love you so much
Mom, Dad, Niv & Matan.



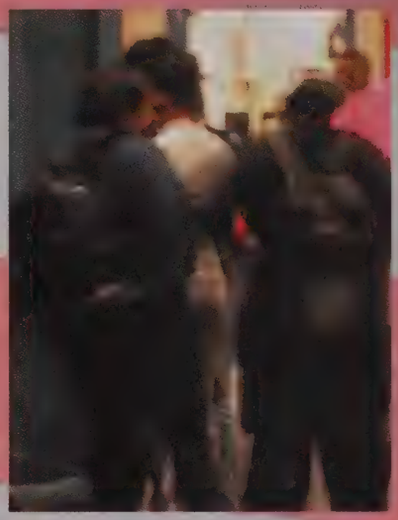


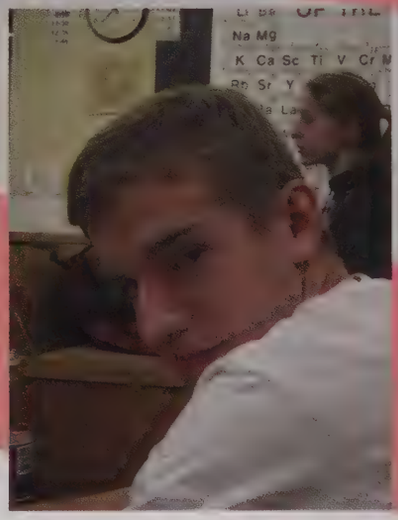
When you walk through a storm
Hold your head up high
and don't be afraid of the dark
At the end of the storm
Is the golden
And the sweet silver song of a lark

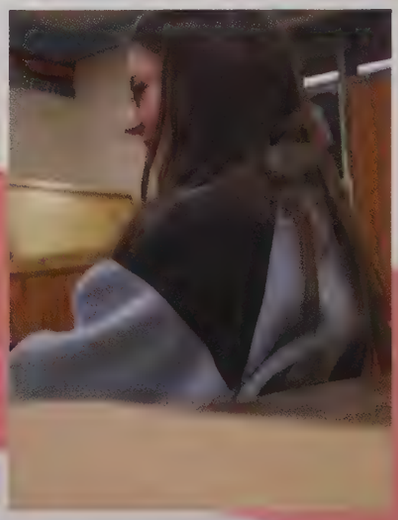
Walk on through the wind
Walk on through the rain
Tho' your dreams be tossed and blown
Walk on, walk on
With hope in your heart
And you'll never walk alone
You'll never walk alone

To Ian,

With Love from Mom, Dad, Jenny
and Stefanie







Patrons

Hatch and Sons
Automotive, Inc.

Sudbury Taylor
Rental

Ken's Trains

Without whom this year-
book would not be possible

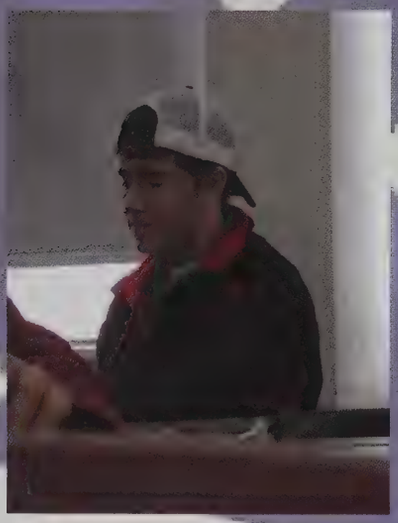
Congratulation Alex!

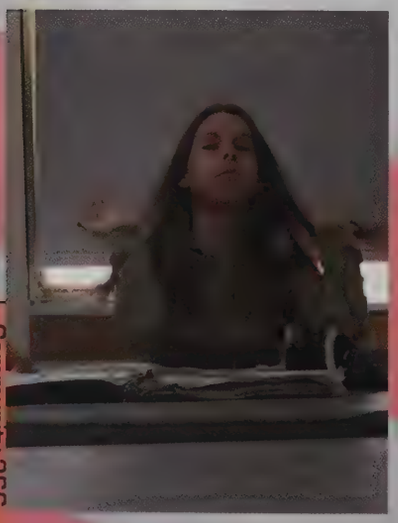
May you always catch
What you fish for
In the great pond of life!

We love you always,
Mom, Dad, and Marissa

"the fight is won or lost far away from witnesses- behind the lines, in the gym, and out there on the road, long before [you] dance under [the] lights."

-Muhammad Ali





Congratulations Sarah!
What a great opportunity this is to be part of your memories of high school. This gives us a chance to tell you how proud we are to be your parents. We have tried to give you the tools and resources you will need to travel through the next journey of your life. We have really enjoyed and will always cherish all the times and special moments as you have grown up in the first 12 years of school. We have also enjoyed your friends (most of them) and watched how you have handled your self. This whole book wouldn't be large enough for us to express how we feel about you. What ever the future brings we will always support and love you!
May God Bless You
With all our love,
Mom and Dad

Hey Sarah
Glad to see that you finally got somewhere, ONLY KIDDING.
I'm proud to have you be my sister. Stay strong never under estimate your ability to achieve your goals Love always your Big Brother.

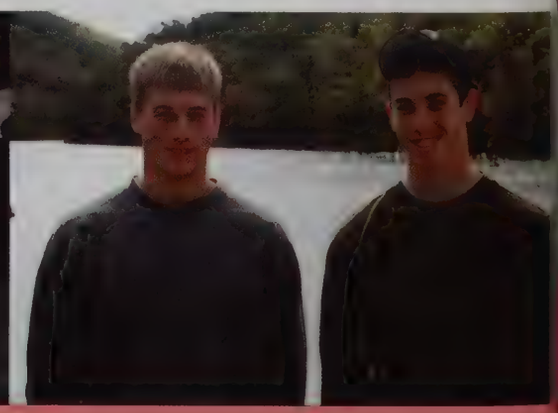
You have always been there for me. You have been a great sister. Good Luck! Love you always
- your cool sister!

I'm going to miss you mor then any normal sibling should, but we all know th I'm not normal. I love you Jenny

CONGRATULATIONS EVAN!

We've always marveled at your ability to see the good in all situations. Your optimism and desire to achieve wil help you throughout your life. Keep your sense of humor and that wonderful smile. We're proud of your integrit and the person you've grown to be. Remember that we'll always be there for you and love you very much.
Love,
Mom & Dad

Evan, good luck next year as you head off to college. You will face a lot of challenges, but if you stay focused o what is important, then all the partying will be that much better in the end. You have always been successful if you put your heart into what you're doing. Have goals, and pursue those goals with all of your effort.
"Your heart if free, have the courage to follow it."
Love, Bryan

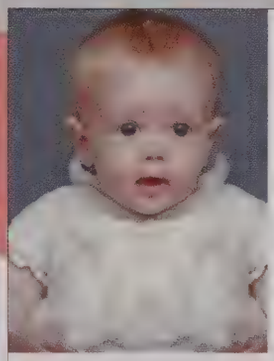


MATT

You continue to amaze us
with your caring spirit,
your curious mind, and
your wonderful wit.

The best is yet to come!

We love you,
Mom, Dad and Ryan



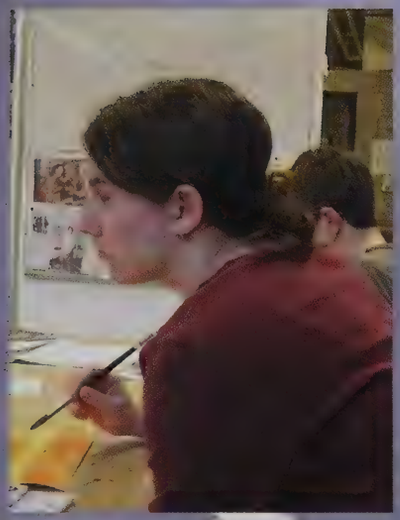
LAUREN,

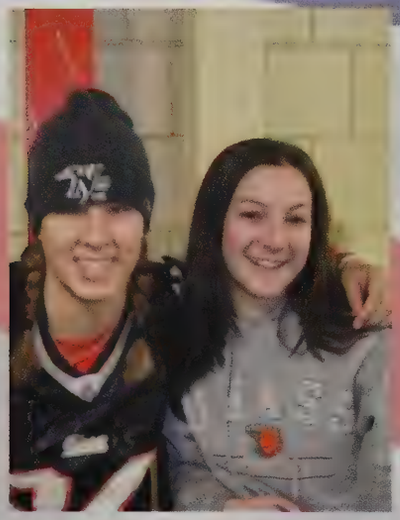
"THERE IS A ROAD,
NO SIMPLE HIGHWAY,
BETWEEN THE DAWN
AND DARK OF NIGHT.
AND IF YOU GO,
NO ONE CAN FOLLOW.
THAT PATH IS FOR YOU,
YOUR STEPS ALONE."
-GRATEFUL DEAD-

LOVE,
MOM, DAD & KATE

Congratulations Stacia!

You have made us very proud.
We love you very much.
Mom and Dad





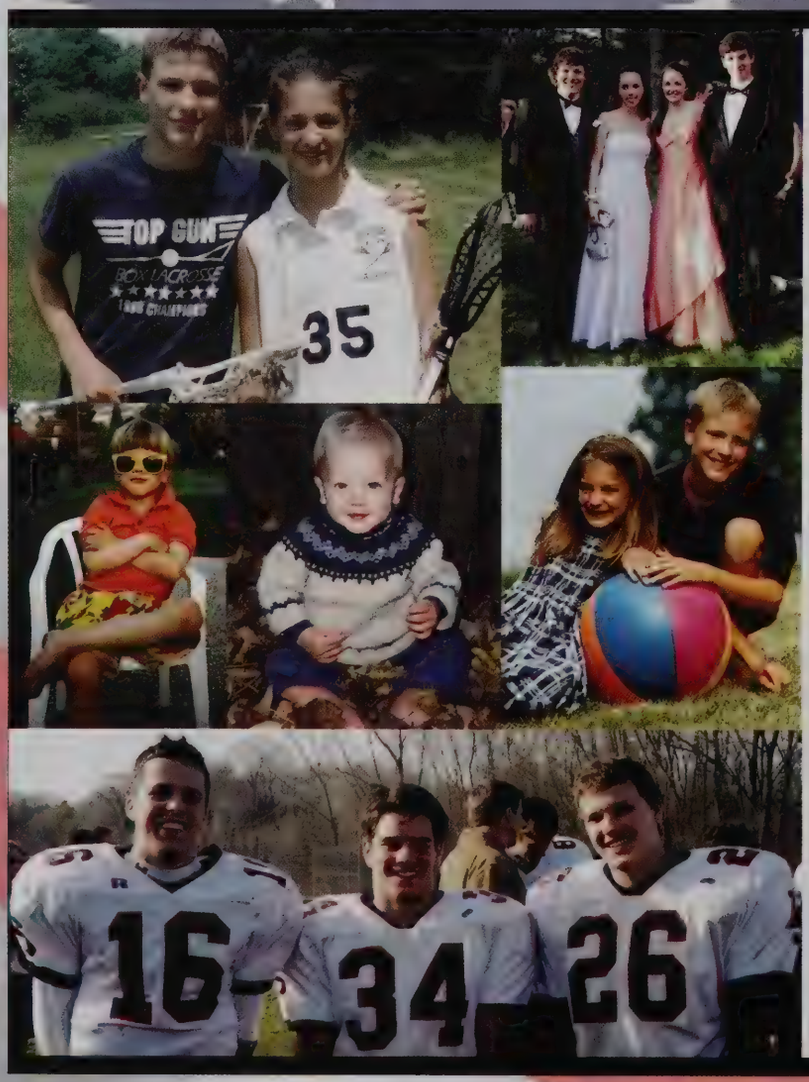
Congratulations Lauren!

Lauren,
Words cannot describe how proud we are of you. We can still remember every detail of your first day of school, waiting for the bus with your little back-pack... now look at you, graduating from L-S... You've grown up to be an amazing young lady with a bright future ahead of you. Congratulations as you begin the next phase of life's journey.
All our love, Mom and Dad

Lauren-
Lovely, astonishing, understanding,
Responsible, enthusiastic, nice.
That's my poem. Have a great day.

You are my support and my best friend...you are my memories, my dreams, and my future. Thank you for filling my life with laughter and love...it has helped me in ways you may never know. I love you.
Your sister, Alison

(P.S.-Give us a call now and then, yah Big Hoot!)



"Time it was, and what a time it was. A time of innocence, a time of confidences. Long ago it must be... I have a photograph to preserve your memories."
-From "Bookends"; Paul Simon

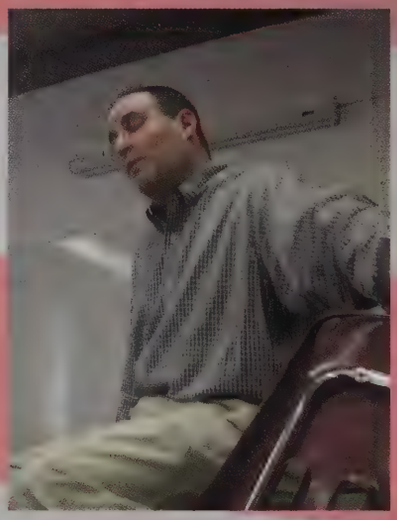
Dear Evan,
You've made us so proud. Your strength, thoughfulness and tolerance astounds us more each day. Please remember that wherever you are, whatever you do, out love and support is with you.
Mom, Dad, and Kree

Your wonderful and unique personality has never stopped impressing me. I really look up to you Ev, thanks for being the role model I needed.
Love always,
Kricket

Congratulations
Abbie!
We are so proud
of you.

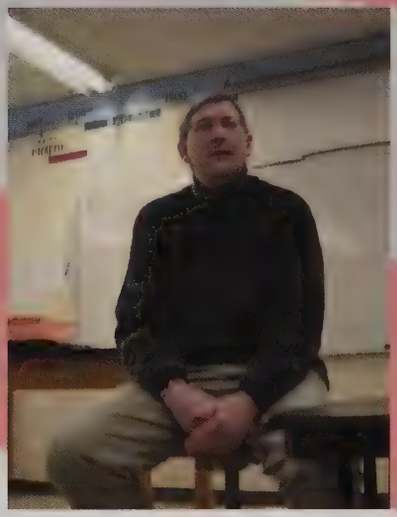
Love

Dad, Mom and
Jamie



Congratulations Lindsay!

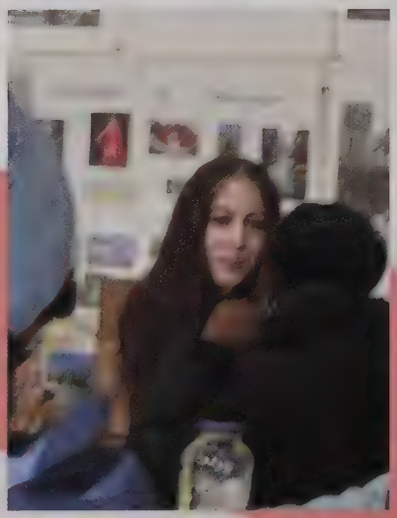
Sailor Girl
Guadix
Monk
Tabor
Lifeguard
Stalinist survivor project
Mortessori
yay-yay
Greenwood Swim Team
Salsa red camry
Odyssey Expeditions
Solar sprint
Cayman Diving



We are so very
proud of you!
The future is yours.

All our love, always.

Mom, Dad, Cate,
Tucker, & Riley



*"First say to yourself what you should be;
and then always do that you have to do."*

MAGGIE - YOU HAVE ALWAYS HAD A UNIQUE SENSE OF STYLE

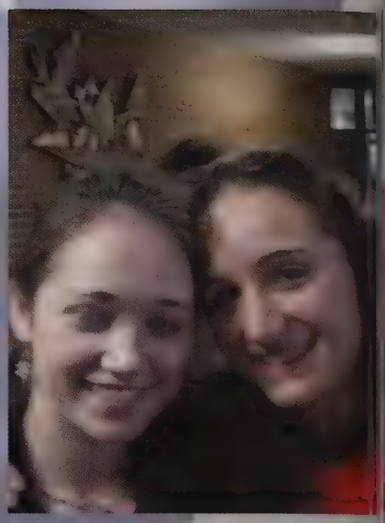
FLAIR FOR FASHION... PASSION FOR LIFE... INSPIRING... DON'T EVER CHANGE!
MUCH LOVE ALWAYS MOM DAD LUKE

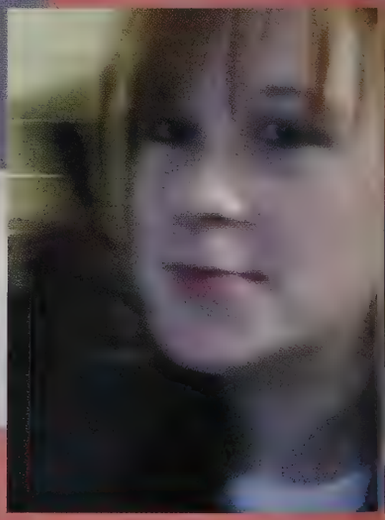
Rachel, Sarah and Elizabeth -

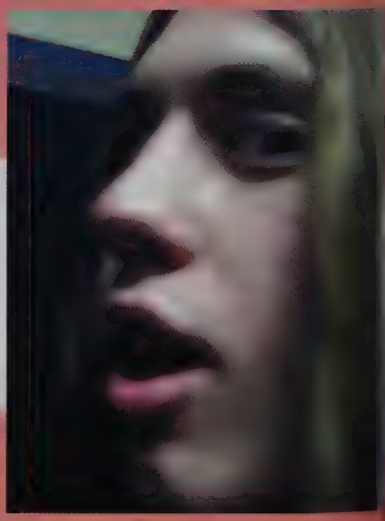
You did it!!
It has been quite a journey and you have all succeeded marvelously.

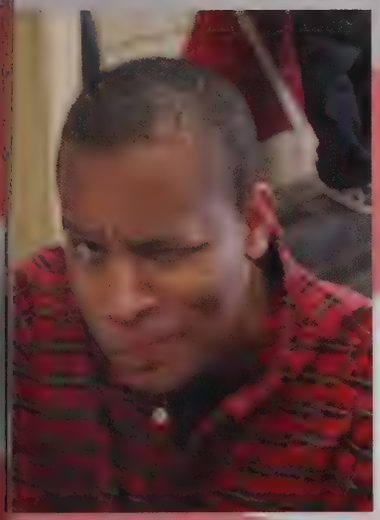
We all love you.

Mom, Uncle Marty, Aunt Molla, Jussi, Lisa, Uncle Steve, Aunt Judy, Samatha & Gregory









Congratulations Libby!

You are our shining star. Your character, personality, passion, and inner beauty will take you far.

Love,

Mom, Dad, and Ben

Creative Goldsmith

Erin Boyce
593 Boston Post Road
Sudbury, MA 01776
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Congratulations Class of 2004!

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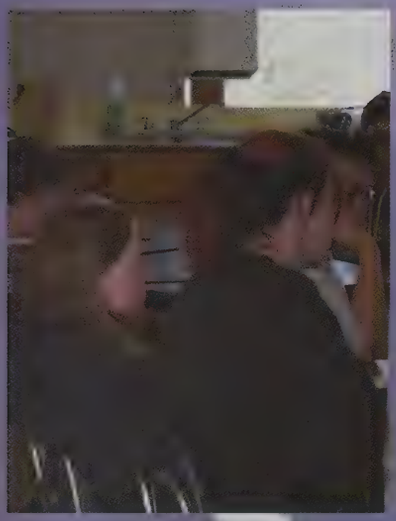
Congratulations Kate!

You have grown from an innocent and happy little Katie,

to an adventurous and positive Kiki,

to a perceptive, determined, and jubilant Kate!

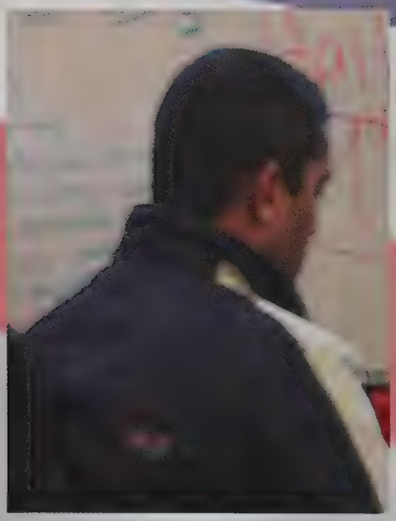
Follow your heart...
Love - Mom, Dad, & Alex



From wanting a pair of cleats at the age of 7 because you liked the way they looked, to becoming a soccer all-star, state champion andexcellent student at the age of 17, you have learned the meaning of hard work, determination and integrity on and off the field. We are proud of your accomlishments and decisions. "You've come a long way baby." Continue to be the great person yourare. With all our love bomber!

xxoxxo

Mom and Dad

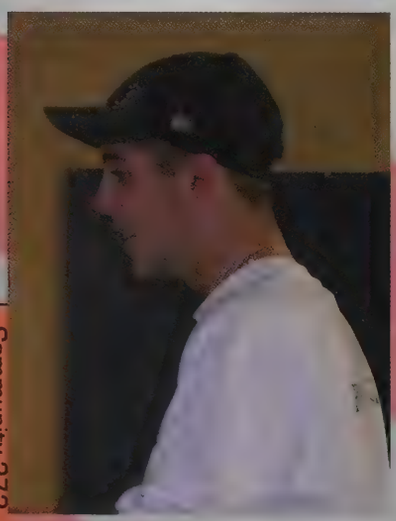


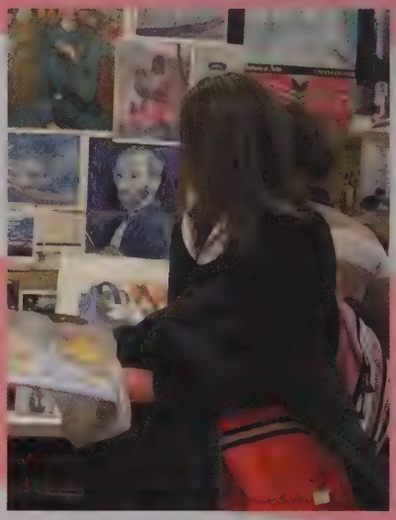
Amanda

*"To **laugh** often and much, to win the **respect** of intelligent people and the **affection** of children, to earn the **appreciation** of honest critics and endure the betrayal of false friends, to appreciate beauty, to find the **best** in others, to leave the world a little bit **better**, whether by a **healthy** child, a **garden** patch... to know even one life has **breathed** easier because you have lived. This is to have succeeded!"*
- Ralph Waldo Emerson

d.) All of the above

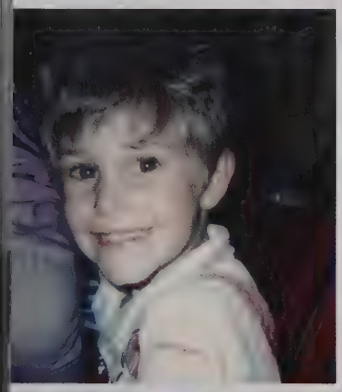
Love,
Mummy, Dad, and Moc



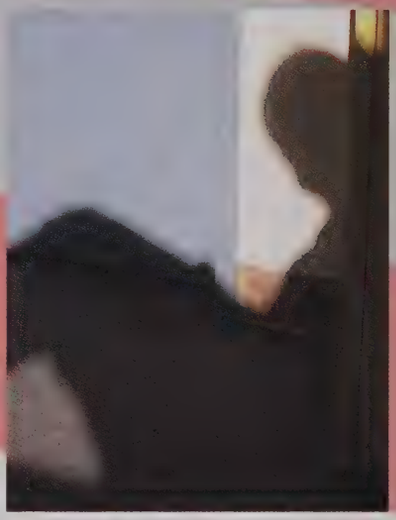


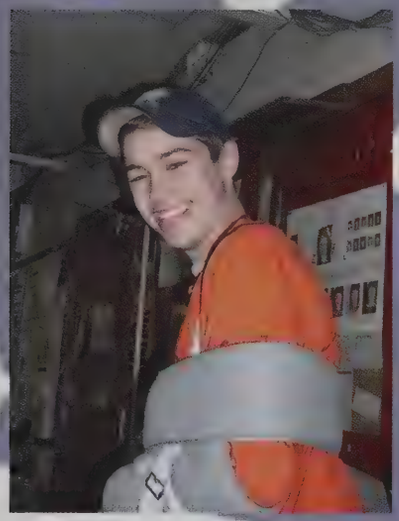
Michael James:
You have filled out hearts with pride and joy...
Good luck and god bless.
Love,
Mom and Dad

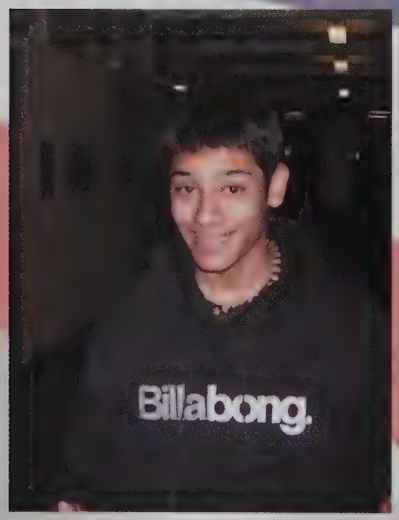
Congratulations
Chase!

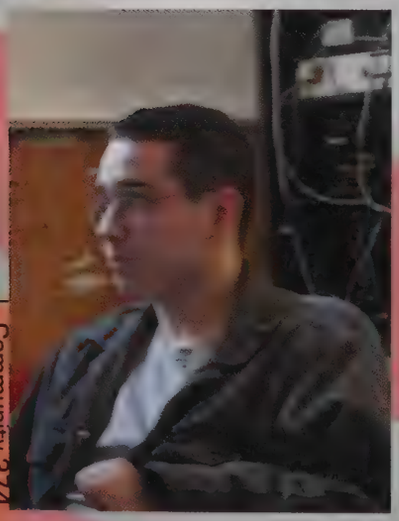


We are so proud of you.
Love,
Mom, Dad & Hayley









Trevor,

From Pipsqueak to Play Maker,
What a Ride!
Thanks for the Memories.

Love,
Mom & Dad

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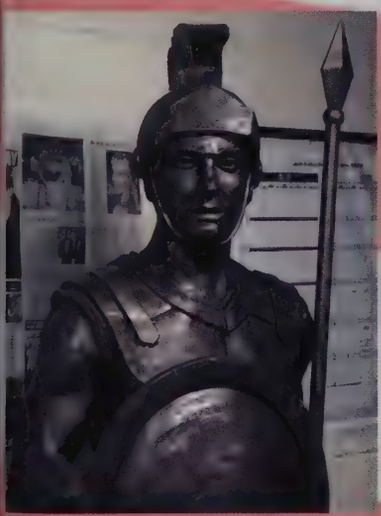


Dear Jamie, our CJ Sunshine,

CONGRATULATIONS!! YOU DID IT!!

As this part of your journey ends, we thank you for bringing inexpressible joy and your uniquely colorful presence to our family!

Thank you for your determination - raising parents isn't easy and we couldn't have asked for a more wonderful and amazing son than you for the task!

The challenges and changes of another new beginning are calling you!

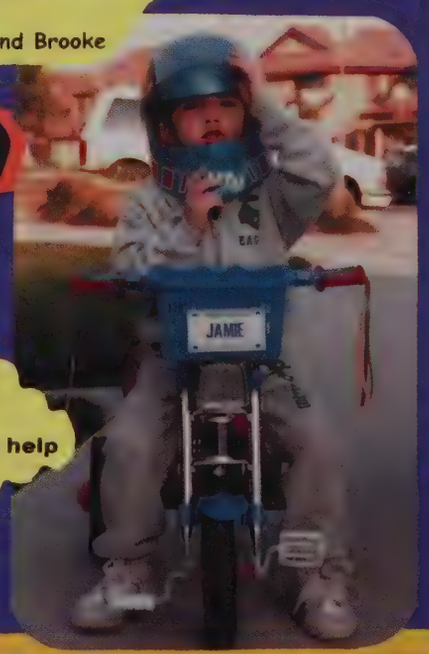
May all your dreams come true!

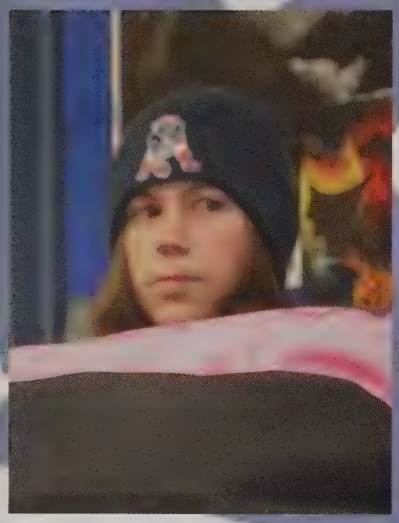
Love,
Mom and Dad and Brooke
xxxooo

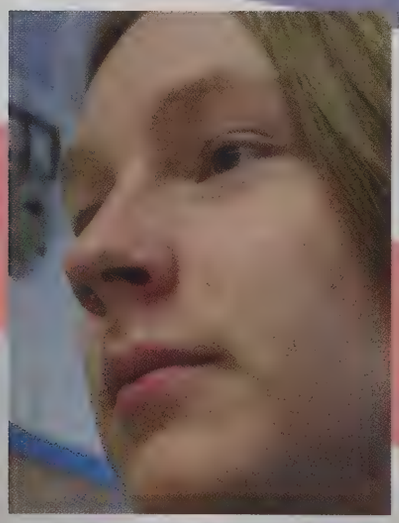
Jamie Simon

LIFE IS LIKE A RACE CAR

You are the driver
Remember, the choices are all yours!
You have lots of power if you keep your tank full
Remember God
You can endure the bumps if you go slower
Remember, safety first
If you blow a gasket, your pit crew is always there to help
Remember your family supports you in all you do!
May your ride take you to wonderful places!
Remember, we love you!
Now race toward the prize that matters!
Remember Philippians 3:14





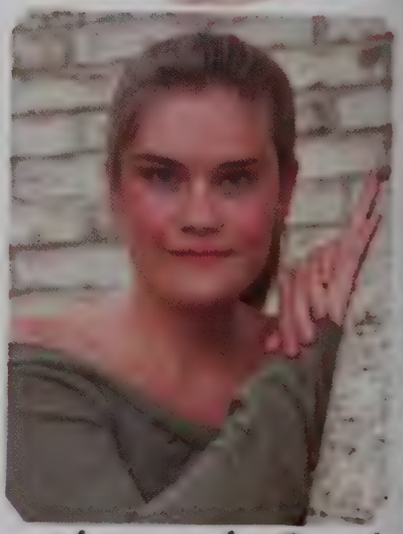


Liz, We are so proud of you. Remember these wonderful days as you move on to the challenges ahead of you and know we will always be your #1 fans.
Love, Mom, Dad, Chris & Tim

To our lucky Christmas girl

You are the sunshine in every day. You were born

to make a difference in the world, and we get to watch.



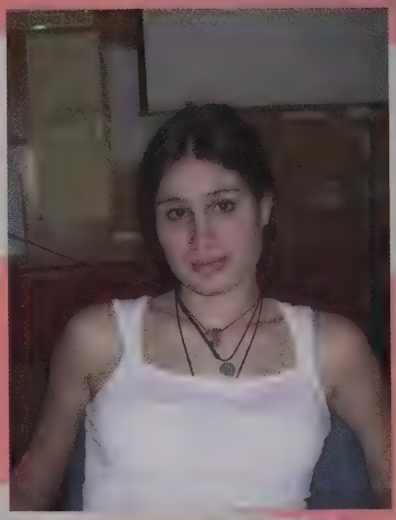
Happiness

Always,

ATT, Mom, Dad, and Corie

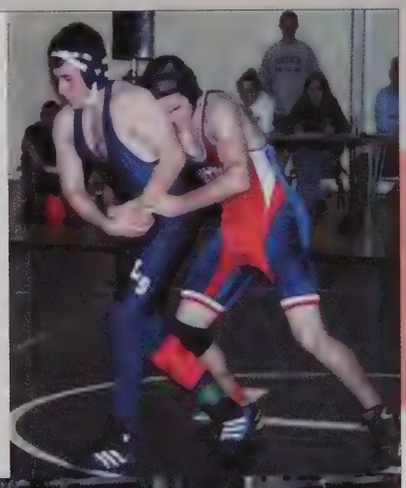
Dear John,
Congratulations on your graduation. We are so proud of you. You have experienced things that few others have. Sometimes life events occur that are unexpected and life changing; such as the tragic death and loss of your brother, Andy. We all love you so much. Andy will be watching over you always.
Love,
SEMPER FIDELIS
Mom, Dad, and AJ

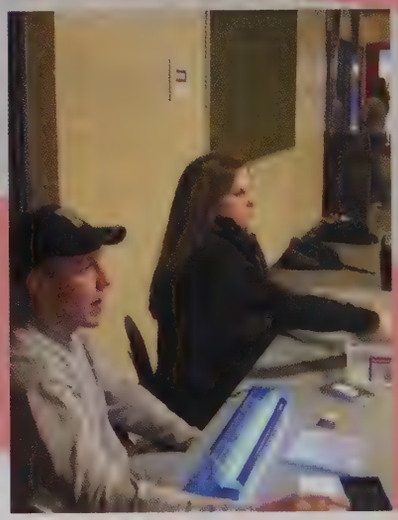
"Two roads divergered in a wood and I...I took the one less traveled by, and that has made all the difference."
-Robert Frost

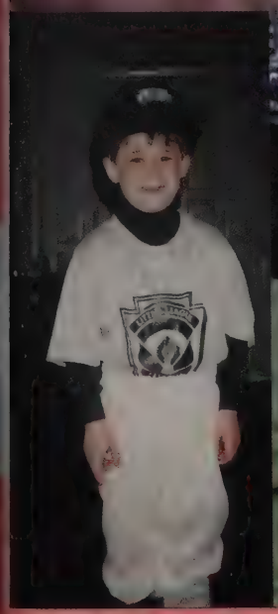


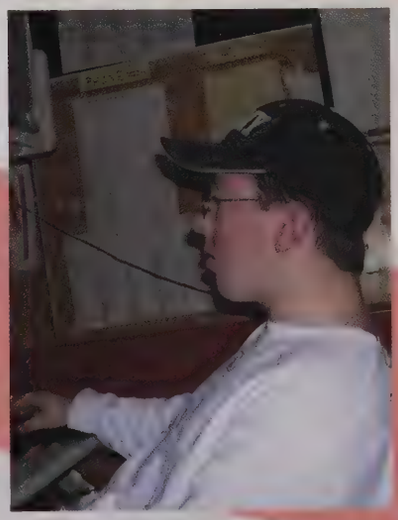
Congratulations
Nate and the Class of '04!!

Love,
Mom, Dad, Matt and Dana







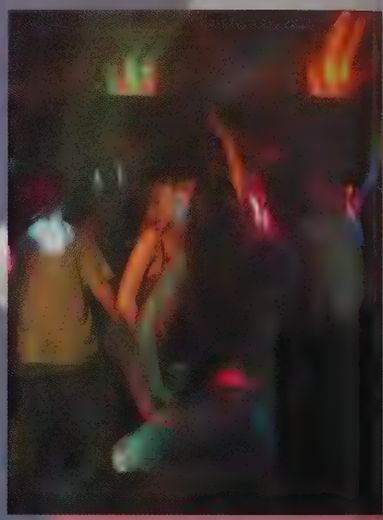


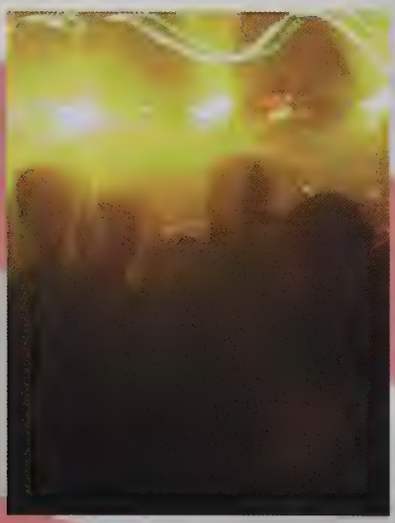
Congratulations Brad!

You made it! It hasn't always been easy, but it has been fun!

On to the next challenge!

Love
Mom, Dad, Heather & Gram
(Cody & Gunner too!)





Ashley Jewell Milley

Born February 11, 1986

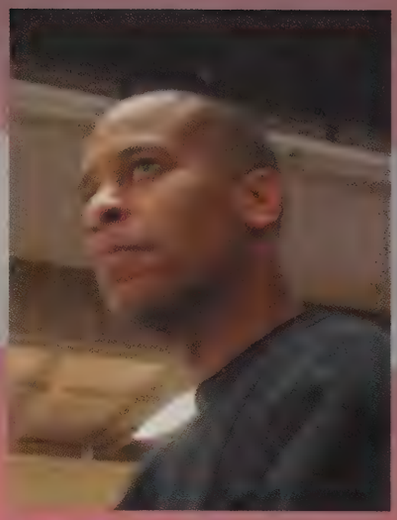
Dolly, When I first heard this song I knew I would save it for your page in your yearbook. It reminded me so much of you and who you are...I showed the words to Daddy and he had the same reaction. So this is to you...Our dolly, sunshine, love of our lives...

I Hope You Dance...
Words by Mark Sanders and Tia Sillers:

I hope you never lose your sense of wonder
You get your fill to eat but always keep that hunger
May you never take one single breath for granted
God forbid love ever leave you empty-handed
I hope you still feel small when you stand besides
the ocean
Whenever one door closes, I hope one more opens
Promise me that you'll give faith a fighting chance
And when you get the choice to sit it out or dance
I hope you dance...I hope you dance...
I hope you never fear those mountains in the distanc
Never settle for the path of least resistance
Livin' might mean takin' chances but they're
worth takin'
Lovin' might be a mistake but it's worth makin'
Don't let some hell bent heart leave you bitter
When you come close to sellin' out, reconsider
Give the heavens above more than just a
passing glance
And when you get the choice to sit it out or dance...
I hope you dance...I hope you dance

Ash, we know you will always choose to dance. You are so full of life and laughter. We als o know that there are other sides to you. On the outside, everyone sees the light and merriment you offer to all those around you. There is also the softer, quieter side when you are caring for, listening to, or supporting a friend who needs somebody to lean on. We've seen you be that somebody whom everyone turns to. You are truly a gift from God and we are so proud of the young woman you have become. We love you and will always be here for you.

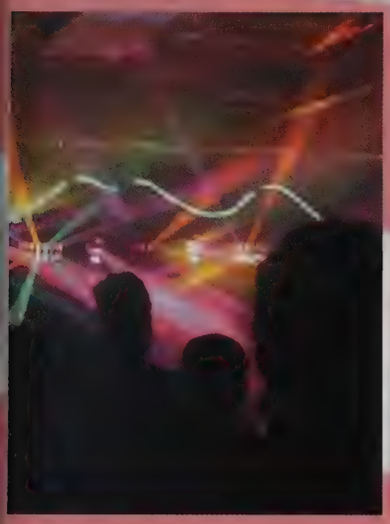
Love, Mom, Dad, StevenJohn, and Scott

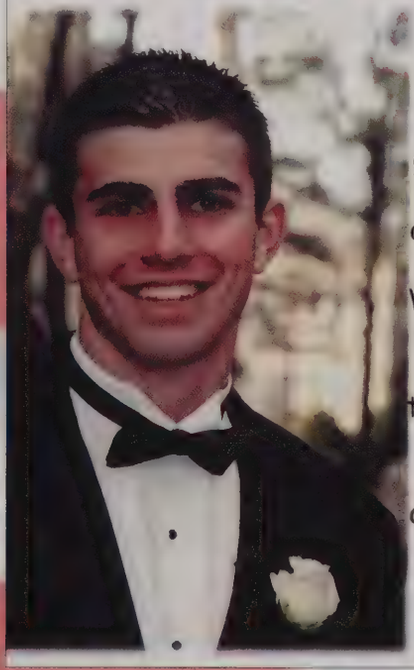


The future belongs to those who believe
in the beauty of their dreams.
E. Roosevelt

Thanks for all the memories you have
given us. We are proud of you and the
person you have become.
We love you.
Mom & Dad

Way to go Dan, you finished high school.
We know you will continue to do well
next year. Just one question, who is going
to be waking you up in September?
Love, Jon & Nick

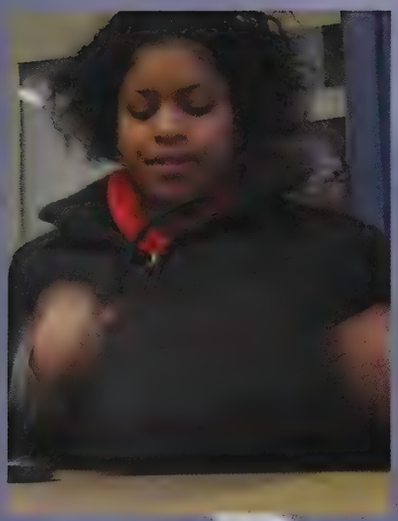


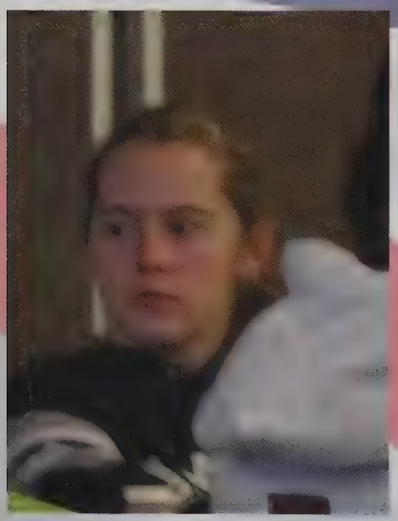


Michael,

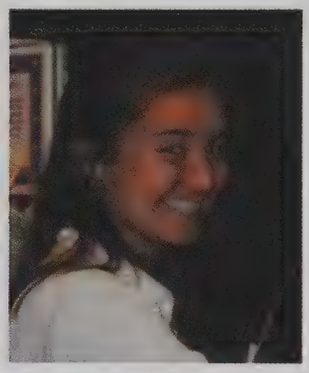
Enthusiasm, honesty, integrity, hard work and an ability to make friends of all ages wherever you go, are all traits of yours that we admire. Your positive spirit, amazing energy and terrific sense of humor will serve you well. We've been so proud to guide your wonderful journey through childhood. As you set off to discover the passions that will become your future, remember to be true to yourself and know that our love and support will follow you always.

We love you,
Mom, Dad and Andrew





Congratulations Amy.



Life is about not knowing,
having to change,
taking the moment and
making the best of it,
without knowing what's
going to happen next.
Delicious ambiguity.
Gilda Radner

With all our love,
Mom, Dad & David

Dear Brigit,
The house will just
not be the same without
you next year...it has
been so much fun
watching you and your
friends during your years
at L-S. We will miss them
all. I hope college is just
as great for you.
Love, Mom, Dad, Tara,
Grace, Jack, Sam, Rose

"Be the change you want to
see in the world."- Gandhi

Congratulations to the class of 2004

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Some men see things as they are and ask why?
Others dream of things that never were and ask why not?
By Robert Kennedy.

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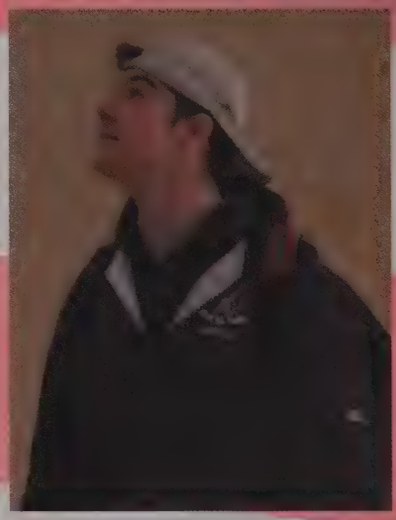
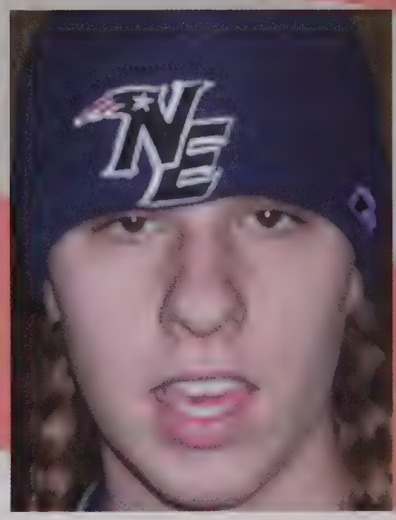
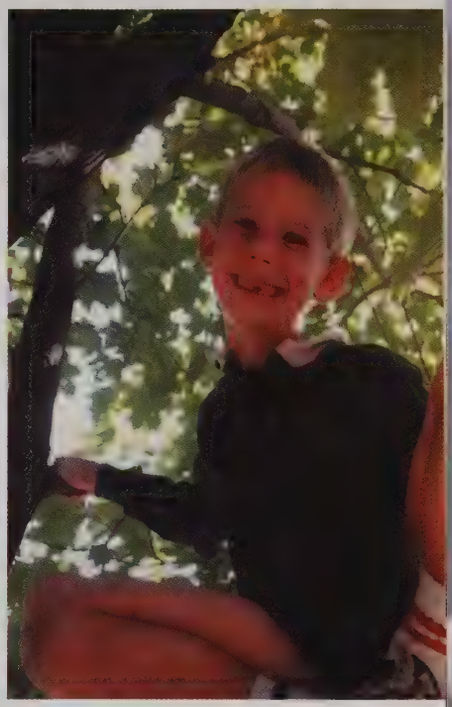




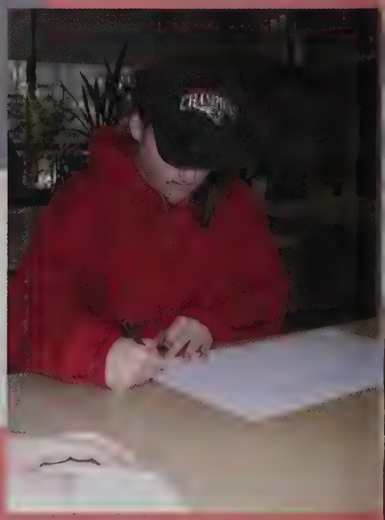
CHARLIE LANDSMAN

BE THERE FOR YOU

AS YOU CLIMB THROUGH LIFE WE WILL ALWAYS



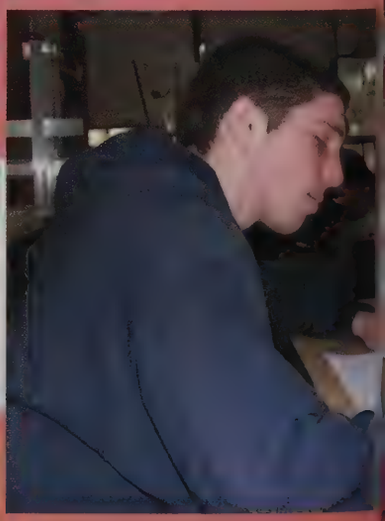
LOVE, MOM DAD SAM,TEDDY, AND ELLIE



Keep forever a song in your heart and may all your wishes come true.
You've earned it!
Love, Mom & Dad

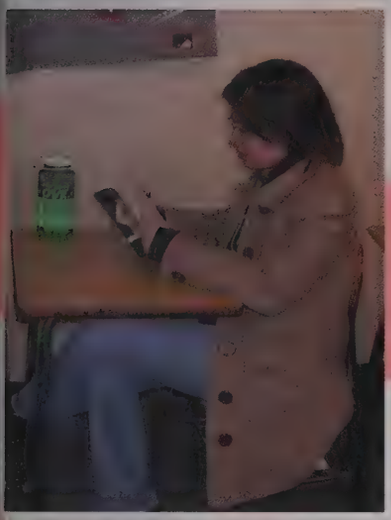
Beck:
I hope being my sister will always be an adventure
...a little bit scary but a whole lot of fun!
Love, Shane

Beck:
You can see how proud I've always been to be your sister ... and how you continue to astound me every day.
Love, Mikel

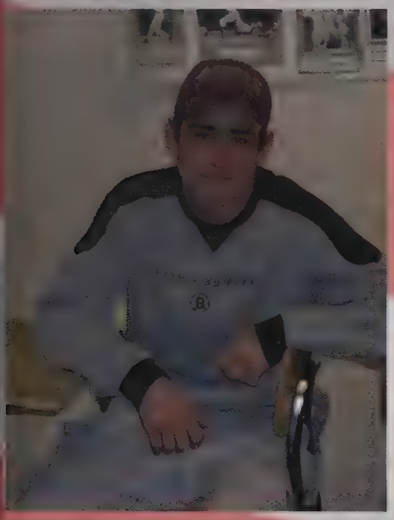


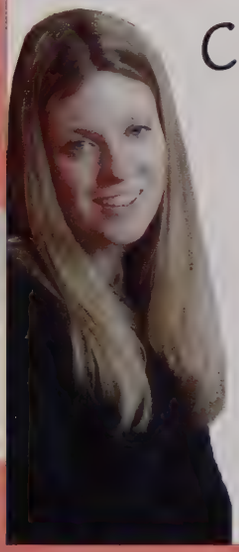
NANCY

You are an extraordinary daughter, a loving sister, a true friend, and a terrific student athlete. We are so proud of all you have become.
Keep smiling!!
Love, Mom and Dad



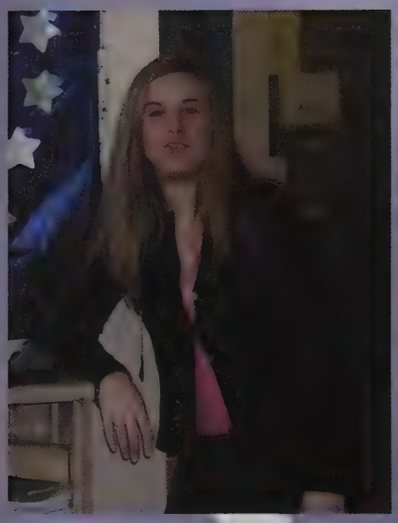
"Be who you are and say what you feel, because those who mind don't matter and those that matter don't mind." - Dr. Suess
You are the best, Nancy!
Love, Kristy

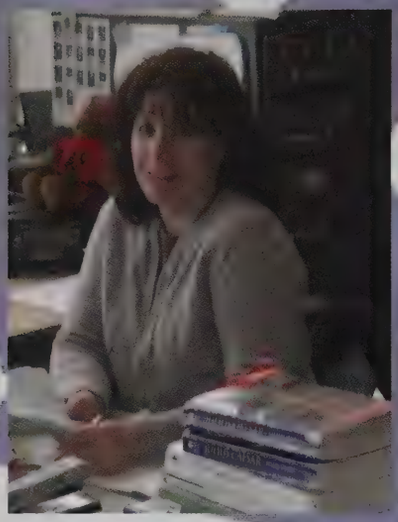




CONGRATULATIONS
MARISSA

THE GREAT ADVENTURE CONTINUES.....YOU'RE THE REAL DEAL
.....A GIFT TO THE WORLD.....OUR TREASURE ALWAYS.....
WE LOVE YOU VERY MUCH XOXO
MOM DAD & MIKE





From our sweet little girl to a beautiful young woman, you have brought us joy and happiness every step of the way. We are very proud of you. We love you very much.

Congratulations, Meggi !!

Love,
Mom and Dad
(Alison and Lauren too.)

Sara -

You are a wonderful, caring daughter and a great sister. You have also grown into such a lovely, warm and sensitive young woman.

We are certain that you will make your mark on the world - perhaps you will become that awe-inspiring teacher who really makes a difference in her students' lives.

We love you so much and are so very proud of you! We wish you all the success and happiness in the world.

Love,

Mom, Dad and Andrew

Congratulations Christopher!

Another turning point
A fork stuck in the road
Time grabs you by the wrist
Directs you where to go
So make the best of this test
And don't ask why
It's not a question
But a lesson learned in time
-Time of Your Life, Green Day

"Since baseball time is measured only in outs, all you have to do is succeed; keep hitting, keep the rally alive. You remain forever young."
-Roger Angel

Chris,
We are so proud of who you are and your commitment to excellence in all that you do. Congratulations on 4 great years! Reach for the stars.
Love,
Mom & Dad

Loving

Curious

Adventurous

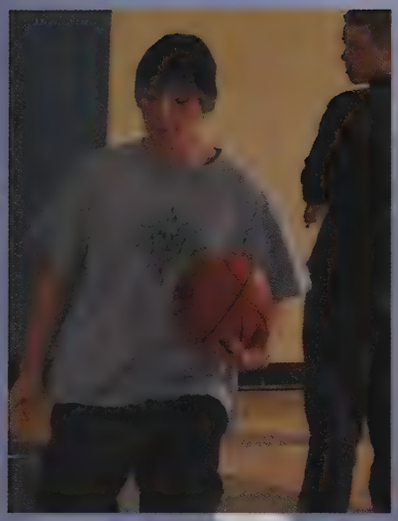
Alex

We are so proud of everything you have accomplished. We love you for who you are. We will be there for you always. May your journey be filled with compassion, love, light and joy!
Always,
Mom, Deb, Dad, Virginia, Ben, and Noah

Passionate

Thoughtful & Wise

Loyal



Jamie Long

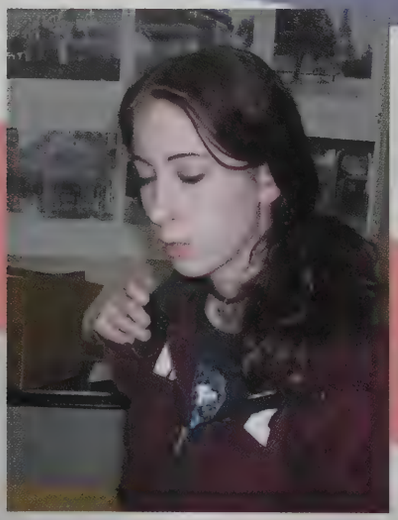
Always wear a smile...

follow your passion...

believe in yourself....

work hard to achieve your dreams.

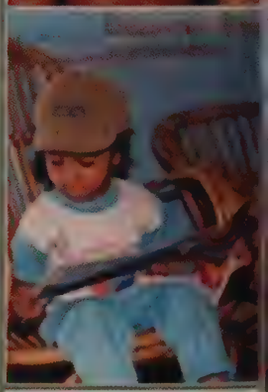
Love, Mom, Dad, Christina, Alissa & Geoff



Dear Prashanth,

In all the places we have been, you have found a place to call home. In all that you have wanted to become, you have found something you love to do. We hope you will have many adventures in college. May God guide you in every step you take.

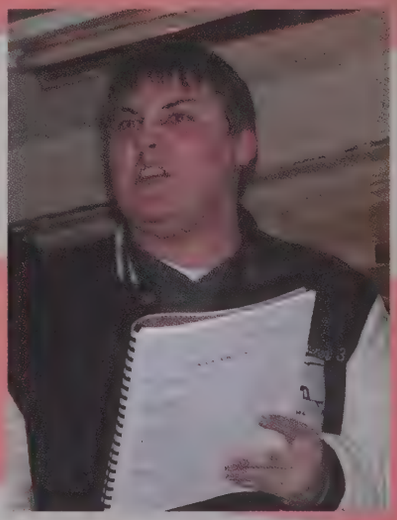
Love,
Dad, Mom, & Sis



GOODLUCK!

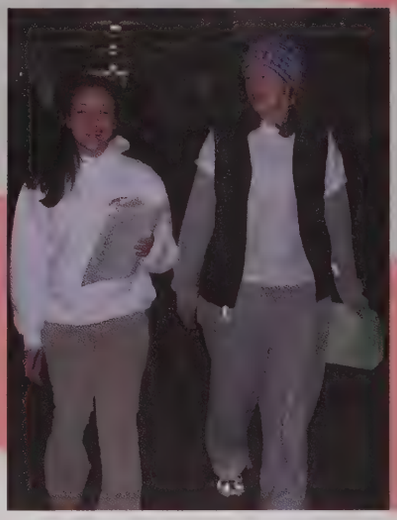
Soar
Leah
Soar

We love you!!
Love,
Mom, Dad, Johanna,
Sara



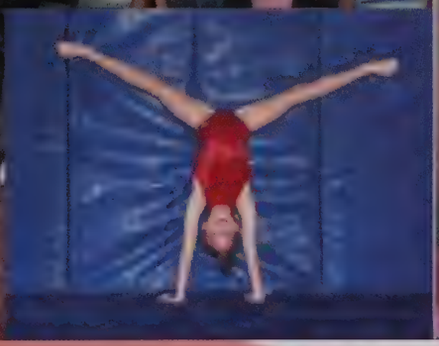
EMMA

You have given us 18 years of Joy! We are proud of you.
We are excited for you as you go out into the world ...



But we will miss you!
Love,
Mom, Dad and Peter

Teach us delight in simple things,
And mirth that has no bitter springs.
-- Rudyard Kipling --



Dearest Kathryn Grace,

Your name describes you perfectly. Congratulations! We are very proud of you. You have accomplished so much and we know your charm and intellect will serve you well. We love you.

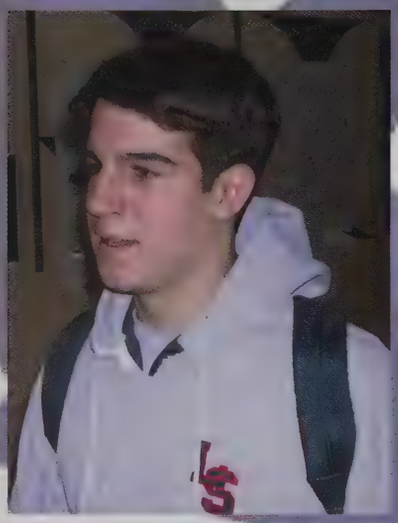
Mom, Dad, Chris & Ali

Congratulations

class of 2004!

From the DYAD Staff

(and ...have fun at graduation!)



SARAH H

"As you spread your wings and fly on your own:
Hold fast to your dreams...
Follow your heart...
Explore without fear and
Believe in yourself..."

We love you

CONGRATULATIONS
LOVE,

MOM, DAD & JENN

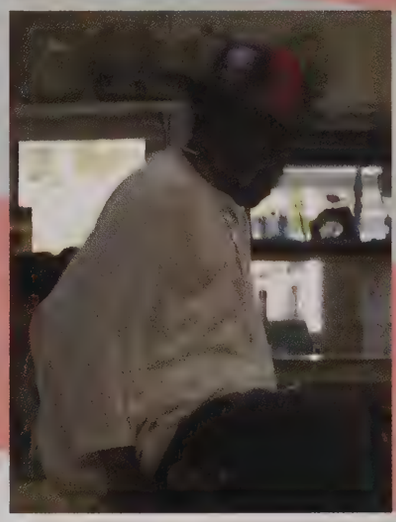
Elliot,

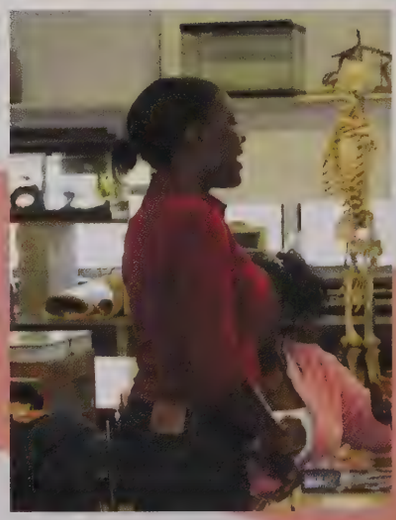
"We grow great by dreams...Some of us let these great dreams die, but others nourish them and protect them; nurse them through bad days till they [flourish]; bring them to the sunshine and light, which comes always to those who sincerely hope that their dreams will come true."
-Woodrow Wilson

DYAD: What it Took

It took over 20 people hundreds of hours and many missed deadlines to get this book into your hands.

Lainey working until the morning, Fred kicking out trouble makers, Sudbury Pizza, the radio, iTunes, our 800 watt stereo, food, Sophomores, deadlines, food cabinet, "Why aren't there any pictures?" Sophomores, the quotes, time, Mark, yes you Mark, getting caught on the roof, "looking" at the new school from the inside, have to pack everything, Sophomores, not having a car, the AC, the heater, Jared, Adam, Mike, Jeff, maybe Alex, "Hey where's Stacey?" no freshmen, not getting proofs back, Mac OSX privileges, Saturday chocolate cravings, running out of time, fire, the camera's, Fred in a bad mood, uninvited guests, basketball games, being injured, ice, the refrigerator, not having enough pictures, picas, the server crashing, Scanners, Eric (not S), this, Chuck the dog, Chuck in a bad mood, melting ice cream outside the window and its consumption, food locker combination, moving the couch, the water bandit, Jesse and his "Security," the mess, "STOP THE PRESSES!!!" "Dan, we can't change that in the eleventh hour!" ELLIOT, and most of all the Sophomores.





DYAD

The Final Deadline

If you have ever stepped into the DYAD office, you may have caught a taste of what life as a "bookie" is all about. We eat from the food locker, we drink from the Poland Spring fountain, we sleep on the couch and we work, work and work. For some, it is a home away from home...and for others, more like an actual home (Lainey). Over the years, the DYAD office has acquired quite a personality and with each passing year becomes more alive.

Yearbook Staff:

Laura Arellano-Weddleton: Senior Staff
Prashanth Gubbala: Dyad On Disc EIC / Senior Editor
Alaina Jenkinson: EIC
Stacey West: EIC
Katherine-Marie Conover: Junior Staff
Gaelen Engler: Junior Staff
Daniel Giorgetti: EIC
Kevin Harvell: Business Manager
Peter Kim: Junior Staff
Christine Lee: Junior Staff
Jacob Levinson: Junior Editor
Nanxi Ling: Junior Staff
Emily Stone: Junior Staff
Jared Berkowitz: Faculty/Staff Editor
Michael Coleman: Sophomore Editor
Jonathan Crosby: Photo-Editer
James Davis: Sophomore Staff
Alexander Gutowski: Freshman Editor
Adam Lane Sophomore: Editor
Ben Meltser: Activities Staff
Michael Schneider: Activities Staff
Eric Schreiber: Activities Editor
Samantha Abrams: Freshman Staff
Laura Bergstein: Freshman Staff
Liza Burkin: Freshman Staff
Julie Goodman: Freshman Staff
Maya Kahn-Woods: Freshman Staff
Rebecca Rose: Freshman Staff
Martha Shoemaker: Freshman Staff
Christine Sinnigen: Freshman Staff
Abigail Tatkow: Freshman Staff
Kristen Watkins: Freshman Staff
Jeffrey Shuman: Unproductive Staff

DYAD on Disc Staff:

Sam Smith: Senior Editor
Devin Wambolt: Staff
Katelyn Porter: Arts Staff
Jason Orlando: Sports Staff
Andrew Reich: Sports Staff
Jonathan Pereira: Sports Staff
Nicholas Roopenian: Sports Staff
Ryan Whitney: Fall Sports Staff
Thomas Howd: Fall Sports Staff

"I'm not threatening you, I'm making a statement of fact." -Fred

"Whoever comes... I'll give them a special tip." -Dan (in a seductive voice)

"What is the difference between hard-core and regular." -Fred

"Rule #1, never listen to Jared for any reason about anything!" -Chuck

"I don't know what we are going to do with that, but we'll think of something very childish to do." -Fred

"It's like Charlie's Angels!" -Kevin (while Lainey, Dan and Kevin talk to Fred on speaker phone.)

"Which of the two would be your first?" -Jared "Same time!" -Dan

"No, I'm NOT the Pilsbury Dough Boy." -Dan

"I collect fat for a living." -Dan

"Where is Stacey?" -Everyone

"These are so good I just want to stuff it in my face!" -Jesse

"Are you gonna eat that?" -Jesse

"Can I have a Gusher?" -Jeff "You aren't worthy of a Gusher." -John

"I have seven keys to this place and none of them work!" - Kevin

"I am positive there is a loophole in the law that makes it legal to kill someone." -Dan

"There's a DYAD handbook?" -Dan

"I think I've seen my aunt in that." -Jesse (while looking at Lainey's Lingerie magazine)

"WAIT, WHEN WERE YOU LOOKING AT LINGERIE!" -Dan

"Shaga-dill-ic." -Fred

"Katy, we don't have any quotes..." -Lainey "That's because we are smart enough not to say stupid things around idiots with pens." -Katy

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LINCOLN SUDBURY HIGH 2004

DYAD

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